



# ODE CNP CACFP Menu Form



Sponsor name/site name Do Ra Mi Child Care

Month and Year October 2017

Meal Patterns	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>	WG toast pineapple whole or non-fat milk	scrambled eggs hash browns strawberries whole or non-fat milk	WW pancake blueberries whole or non-fat milk	WG English muffin oranges whole or non-fat milk	Dannon Light & Fit Greek strawberry yogurt apple slices whole or non-fat milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>					
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	whole or non-fat milk chicken nuggets (CP) steamed carrots kiwi WG roll	whole or non-fat milk chili (HM) cooked broccoli cooked cauliflower WG toast	whole or non-fat milk cheese & pizza sauce carrot & celery sticks pears WG English Muffin	whole or non-fat milk beef meat sauce (HM) green beans apple slices spaghetti	whole or non-fat milk tuna mixed vegetables peaches WG bread
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>					
<b>Supper</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> <li>Other Foods</li> </ul>					

Whole milk served to children ages 12-23 months; non-fat milk served to children ages 2 and older

This institution is an equal opportunity provider.