



ODE CNP CACFP Menu Form



Sponsor name/site name Do Ra Mi Child Care

Month and Year October 2017

Meal Patterns	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 					
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 					
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	whole or non-fat milk chicken nuggets (CP) steamed carrots kiwi WG roll	whole or non-fat milk chili (HM) cooked broccoli cooked cauliflower WG toast	whole or non-fat milk English muffin pizza (HM) with WG English muffin carrot & celery sticks pears	whole or non-fat milk beef meat sauce (HM) green beans apple slices spaghetti	whole or non-fat milk tuna sandwich (HM) with WG bread mixed vegetables peaches
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	WG soft pretzel cheese sauce (extra) sliced apple water	cheese quesadilla (WG flour tortilla) carrots & celery water	apple slices Ritz crackers water	WG bagel with cream cheese strawberries water	blueberry muffin broccoli & ranch water
Supper <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains Other Foods 					

Whole milk served to children ages 12-23 months; Non-fat milk served to children ages 2-5

This institution is an equal opportunity provider.