

Breakfast After the Bell Survey Results

ODE requested that sponsors complete a short Breakfast After the Bell (BAtB) survey During SY 2022-2023

The purpose of the survey was to:

1. Help ODE SNP see how your programs are doing while operating Breakfast After the Bell.
2. Provide space for you to share your success stories and ideas that have worked for you
3. Provide any suggestions or questions you may have about the program and its implementation

Here is a summary of the results and feedback from the Breakfast After the Bell survey:

- Success Stories:
 - Late comers have a chance to get breakfast.
 - Grade school students' that are late to school are so excited to know that they can still get breakfast after the bell.
 - Kids who have late start due to work experience are given the chance to eat with their friends in the morning.
 - Breakfast more available:
 - Recently a counselor called and was concerned as her McKinney Vento students she had just re-enrolled would be coming via taxi and not be there at school start time. I was happy to explain BAtB and how students can access breakfast until 30 minutes before lunch."
 - We started with just cafeteria pick-up before school with students taking meals to their classrooms to eat. At our K-8, we have since added a second chance breakfast for all 6-8 grade students and breakfast participation has doubled for that group of students.
 - Higher breakfast participation:
 - We are capturing more eaters after school begins, as students who arrive late can now head to the cafeteria and still receive a breakfast.
 - We started with just cafeteria pick-up before school with students taking meals to their classrooms to eat. At our K-8, we have since added a second chance breakfast for all 6-8 grade students and breakfast participation has doubled for that group of students.
 - Decreased illnesses:
 - Students that come down to the office with hunger or headaches are asked, "Have you had breakfast at school today?" If the answer is "no", they are instructed to head to the cafeteria and pick up a breakfast, it is a Win-Win for both school and our department."
- Favorite BAtB Menu Items:
 - Breakfast bars
 - Chocolate Chip Breakfast Round
 - Bagels with Cream Cheese, Applesauce Cup, Milk.
 - Cereal, Breakfast Sandwiches, Super Cinnamon Bun, Waffles & Hard Boiled Eggs
 - Banana or Cinnamon Crumb Bread, or Blueberry Muffin
 - Cinnamon Rolls
 - Bagelfuls
 - Zee Zee Bars
 - Flavored Applesauce
 - Muffins, Sting cheese, Milk, Apple
- Helpful hints for making BAtB work for other sponsors:
 - Tell everyone in the front office about it so that a child arriving late can ask any adult if there is food and the adult will know the answer is "yes".
 - Offering a yogurt box or cereal box to go with all the food components so kids can get to class.

- Communicate with all school staff. Secretaries and Instructional Assistants in particular are key to promoting breakfast and ensuring students know they can still pick up a breakfast if they come late or do not have time to eat in the cafeteria.
- We have bagged breakfasts ready and in a bus tub in our milk cooler. That way when the students arrive for a late meal, it does not give the "stigma" of them putting anyone out. It is all ready and transportable, as the school may be having them eat at another location than the café (as ours changes to a gym after school begins).
- Be flexible and get site administrator support
- Has your breakfast participation increased since starting Breakfast After the Bell?
 - 6-Yes; 4- No; 1-Not Sure
- Have you surveyed or received feedback about the BAtB from school staff, administrators or others?
 - 4-Yes and 6-no
- What sort of feedback have you received?
 - Some are supportive; others are not due to teacher complaints. With new administrators, we have to start over with building our relationships and ensuring that we can keep BAtB.
 - We have received feedback that it is going well and there are minimal issues with students taking food to their classrooms.
 - Administrators love the BAtB option and the cooks think it's a great opportunity
- Does your district receive a BAtB equipment grant?
 - 9 –Yes; 1 - no
- How was the BAtB equipment grant beneficial to implementing BAtB program in your district/school?
 - More resources to implement the program with carts, wedge cutters, and blenders,
 - Helps to better organize breakfast after the bell meals with moving carts and storage bins.
 - Keeps the food cold or warm as needed with portable warmers and coolers.
 - It helped immensely! We were able to provide equipment needed to implement BAtB.

In response to the survey questions, please see the following resources:

Question: How to get educators support for Breakfast After the Bell?

Answer:

1. You can provide information of the benefits of Breakfast After the Bell to your staff. Here are some resources:
 - [SNA Pediatrician's Perspective](#) for the importance of Breakfast
 - No Kid Hungry "[Second Chance Breakfast](#)" video is geared towards teachers and principals to outline how Breakfast After the bell can be a seamless part of the instructional day.
 - [No Kid Hungry "Frequently Asked Questions by Educators about School Breakfast"](#)
 - [No Kid Hungry "Grab n' Go to the Classroom" video](#) provides the benefits of serving students breakfast in the classroom
 - Up to 15 minutes may be considered instructional time when students are consuming breakfast. [\(ORS 327.535\)](#)
2. Connect with your attendance/business office to see if tardiness and/or absenteeism has improved since implementing BAtB. If it has improved, this could be a measurable result of implementing BAtB.