

OREGON FRESH FRUIT AND VEGETABLE PROGRAM

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FRESH FRUIT AND VEGETABLE PROGRAM (FFVP) LOCAL CALENDAR

The goals of FFVP Local are to enhance nutrition education, infuse federal FFVP dollars into Oregon's economy, and increase student awareness of the variety of fruits and vegetables grown throughout the state. The FFVP Local Calendar highlights seasonally available Oregon-grown fruits and vegetables to support menu planning and purchasing decisions.

OCTOBER



PEPPERS, CARROTS*, APPLES*

NOVEMBER



APPLES*, CAULIFLOWER, PEARS

DECEMBER



CARROTS*, BEETS, APPLES*

JANUARY



TURNIPS, CABBAGE, APPLES*, BROCCOLI

FEBRUARY



KALE, BEETS, PEARS, APPLES*

MARCH



CABBAGE, BOK CHOY, ASPARAGUS, PEARS

APRIL



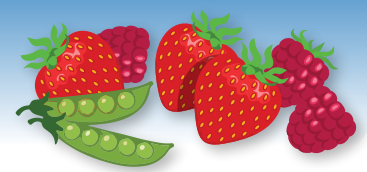
BROCCOLI, SPINACH, APPLES*

MAY



ARUGULA, RADISHES, SNAP PEAS

JUNE



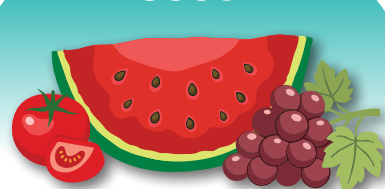
SNAP PEAS, STRAWBERRIES, RASPBERRIES

JULY



NO REGULAR SCHOOL DAYS

AUGUST



TOMATOES, MELON, GRAPES

SEPTEMBER



CUCUMBER, STONEFRUIT, CORN

Featured items were selected based on seasonal availability and to align with FFVP Local monthly nutrition education resources. The calendar is not an exhaustive list of Oregon-grown produce available throughout the year. Schools are encouraged, but not required, to serve Oregon-grown produce at least once per month and may offer any FFVP-allowable fruits and vegetables that meet their needs, budget, and product availability.

Contact ODE.FFVP@ode.oregon.gov for more information.

*Excluding unallowable "standard fare" varieties and versions.

