

## **About Oregon Healthy Schools**

Improving Student Health and Academic Achievement through Nutrition, Physical Activity and the Management of Chronic Conditions in Schools (CDC-RFA-DP18-1801)

### **Purpose**

- To increase the number of students who consume nutritious food and beverages (i.e., those aligned with the Dietary Guidelines for Americans),
- To increase the number of students who participate in daily physical education and physical activity; and
- To increase the number of students who can effectively manage their chronic health conditions

# **Oregon Priority Districts**

In addition to taking a statewide approach, ODE will work with six selected Local Education Agencies (LEAs)

Lake Multnomah North Umatilla Centennial Tillamook Educational Powder County School School School Service School School District District District **District** District **District** 

## **Alignment with ODE Strategic Priorities:**

- Reduce absenteeism
- Address inequity and inclusion
- Decrease drop-out rates
- Improve graduation rates
- Focus on well-rounded education

### **ODE** is responsible for implementing three strategies:

Infrastructure Development

Professional Development and Training

Technical Assistance

#### Timeframe:

July 1, 2018 – June 30, 2023

#### **Outcomes:**

### SHORT-TERM OUTCOMES (~ 1 to 3 years)

Increased skill among individuals trained to improve student health.

#### **INTERMEDIATE OUTCOMES (~ 3 to 5 years)**

- Increased percentage of schools that do not sell less healthy foods and beverages.\*
- Increased percentage of schools that have established, implemented, and/or evaluated a Comprehensive School Physical Activity Program.\*
- Increased percentage of schools that provide case management for students with chronic health conditions.\*

#### LONG-TERM OUTCOMES (~ 5 or more years)

- Increased percentage of students who ate vegetables 3 or more times per day. \*
- Increased percentage of students who ate fruit or drank 100% fruit juices two or more times per day. \*
- Increased percentage of students participating in 60 minutes of daily physical activity. \* These outcomes will be collected using existing surveillance systems [i.e., School Health Profiles (Profiles), Youth Risk Behavior Survey (YRBS)] and reported by CDC.