

Oregon Department of Education

LGBTQ2SIA+ Inclusive Instructional Materials Examples

This document outlines LGBTQ2SIA+ inclusive instructional materials examples for districts to consider when reviewing materials for adoption or for supplemental use, across all content areas. The statewide [LGBTQ2SIA+ Student Success Plan](#), which was adopted by the Oregon State Board of Education, recommends an Inclusive Curriculum objective that asserts, “students experience LGBTQ2SIA+ inclusive, affirming, and culturally sustaining curriculum and pedagogy across grades and subjects” (*Student Success Plan Domain 2, Objective 2, Strategy 1, Action 1a-b*). To learn more about instructional materials or content area supports, please visit the [Instructional Materials webpage](#) and the [Standards and Instruction webpage](#).

Materials examples are included below, sorted by content area:

- [Oregon Open Learning](#)
- [Library & Media Education](#)
- [The Arts](#)
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- [Health & Sexuality Education](#)
- [Social Emotional Learning](#)
- [Physical Education](#)
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Oregon Open Learning

All Content Areas Resource	Grade Band	Description
Oregon Open Learning Hub , Open Educator Resources (OER) Commons	K-12	Oregon's K-12 open educational resource (OER) repository.

Learn more at the ODE [Oregon Open Learning](#) page on ODE’s website.

Library & Media Education

Library & Media Education Resource	Grade Band	Description
International Literacy Association, Creating Inclusive Classrooms by Curating LGBTQ-Friendly Libraries	6-12	Article discussing the importance of diversifying classroom libraries to include LGBTQ-friendly titles; includes book recommendations.

Library & Media Education Resource	Grade Band	Description
National Council of Teachers of English, The Students' Right to Read	K-12	Position statement that highlights resources available to help ensure students have free, unlimited access to texts.
National Council of Teachers of English, Statement on Academic Freedom	K-12	Position statement and resources to protect and maintain educators' intellectual freedom for text selections in their classrooms.
National Council of Teachers of English, Media Education in English Language Arts	K-12	This position statement provides an exploration of three key themes in media education in the ELA classroom and provides resources to support.

For more information on Oregon School Library standards, please visit the [Library and Media Education](#) page on ODE's website.

The Arts

The Arts Resource	Grade Band	Description
Teach Rock, The Rise of Disco Teach Rock, "Y'all Better Quiet Down": Black and Latinx LGBTQ+ Pioneers	6-12	Lessons and media for exploring the rise of Disco in the 1970s, its enormous cultural impact on the American audience, and how Disco was born out of urban gay culture in New York City as well as connections to R&B and Funk.

For more information on education standards, please visit the [The Arts](#) page on ODE's website.

English Language Arts

English Language Arts Resource	Grade Band	Description
Multnomah County Library, LGBTQ2SIA+ Reading Lists	Varies	Booklists curated by the Multnomah County Library staff, centered around various LGBTQ2SIA+ gender identities, sexual, and romantic orientations.

English Language Arts Resource	Grade Band	Description
Welcoming Schools, Elementary , Secondary , and Educator & Caregivers booklists	K-12 Educator	Welcoming Schools book lists are designed to help educators create classrooms, libraries and schools that are affirming of LGBTQ2SIA+ students, families and staff with high quality literature.
National Council of Teachers in English (NCTE), Guidelines for Affirming Gender Diversity through ELA Curriculum and Pedagogy	Educator	Guidelines for Affirming Gender Diversity through ELA Curriculum and Pedagogy (2020) provides a rationale, recommendations, and resources for the representation and study of gender diversity within English language arts curricula. This history clarifies that understandings of and language around gender and its representation are continually changing.
National Council of Teachers in English (NCTE), Position Statements on Gender and Language and The Students' Right to Read	Educator	NCTE and its constituent groups have developed position statements on a variety of education issues vital to the teaching and learning of English language arts. These two may be particularly relevant to supporting LGBTQ2SIA+ students.
Welcoming Schools, Lesson Plans to Create LGBTQ Inclusive Classrooms and Schools	K-8	Welcoming Schools teacher-friendly lesson plans are designed to help educators create classrooms and schools that are affirming of all students and their families. A key focus of Welcoming Schools is to provide comprehensive resources for educators to teach about LGBTQ2SIA+ people and topics to foster equity and belonging in schools.

To view education standards and instructional materials adopted by ODE, please visit the [ODE English Language Arts](#) webpage.

Health & Sexuality Education

Health & Sexuality Education Resource	Grade Band	Description
Oregon Open Learning, Sex Ed Open Learning Project Lessons	K-12	The Oregon Open Learning page on the global OER Commons provides free and adaptable resources created by local Oregon educators. The forthcoming Sex Ed Open Learning Project collection includes 40 Oregon-created, LGBTQ2SIA+ inclusive, culturally responsive, positive and not fear- or shame- based, comprehensive sex ed lessons and instructional materials for use in K-12 classrooms.

Health & Sexuality Education Resource	Grade Band	Description
Multnomah County Health Department, Book and Resource List - Early Childhood Sexuality Education	K–8	The Multnomah County Health Department curated a list of books for early childhood, which includes stories about healthy sexuality, friendships, consent, and LGBTQ2SIA+ families.
Gender Spectrum, Principles for Gender Inclusive Puberty and Health Education	K–12	This document outlines a comprehensive approach to gender for puberty health educators. The principles are designed to affirm and recognize all students so they can see themselves reflected in their classrooms and learn knowledge and skills associated with healthy behaviors.
GLSEN, Educator Guides GLSEN LGBTQ-Visibility and Integration in Elementary Schools	K-5	<p>GLSEN is an American education organization working to end discrimination, harassment, and bullying based on sexual orientation, gender identity and gender expression and to prompt LGBTQ2SIA+ cultural inclusion and awareness in K-12 schools.</p> <p>Beginning these conversations in elementary school will help young people develop empathy for a diverse group of people, and to learn about identities that might relate to their families or even themselves. It is never too early for schools to set up a foundation of understanding and respect.</p>
GLSEN, Ready, Set, Respect! GLSEN's Elementary School Toolkit	K-5	GLSEN developed Ready, Set, Respect! to provide tools to support elementary educators with these efforts. The lessons focus on name-calling, bullying and bias, LGBTQ2SIA+ inclusive family diversity and gender roles and diversity and are designed to be used as either stand-alone lessons or as part of a school-wide anti-bias or bullying prevention program.
Welcoming Schools, Lesson Plans to Create LGBTQ Inclusive Classrooms and Schools	K-5	Welcoming Schools teacher-friendly lesson plans are designed to help educators create classrooms and schools that are affirming of all students and their families. A key focus of Welcoming Schools is to provide comprehensive resources for educators to teach about LGBTQ people and topics to foster equity and belonging in schools.
It Gets Better Project, Queer Kid Stuff EduGuide (lessons and videos)	K-5	The It Gets Better Project hosts an EduGuide with 9 short lessons, each with an accompanying YouTube video from the Queer Kid Stuff YouTube channel dedicated to LGBTQ+ kids.

Health & Sexuality Education Resource	Grade Band	Description
Every Body Curious, Video Series including LGBTQ2SIA+ Identities	3-7	Every Body Curious is an entertaining and educational YouTube series about sexuality and healthy relationships for youth (and their parents!), ages 9-12. Features real kids asking questions, and episodes focusing on LGBTQ2SIA+ identities.
AMAZE, Kahoot! Academy	6-12	Includes interactive youth-facing Kahoot! quizzes and resources about self expression, LGBTQ2SIA+ identities, and being a good ally. Educators may consider using these within lesson plans.
AMAZE Videos, Gender Identity and Sexual Orientation	5-12	AMAZE provides age-appropriate animated videos for young adolescents about identity, sexuality, bodies, and relationships.
Advocates for Youth, Rights, Respect, Responsibility (3Rs) and Supplemental Lessons	K-12	Free, open-source K-12 Comprehensive Sexuality Education Curriculum aligned to National Sexuality Education Standards, including intersectional lessons on respecting differences, gender identity and expression, sexual orientation, bullying prevention, and more. 2021 supplemental lessons include transgender-specific puberty information and lessons on racial justice.
National Council on Independent Living (NCIL) and Rooted in Rights, Sex Ed for People with I/DD Video Series	9-12	Sex Ed for People with Intellectual and Developmental Disabilities (I/DD) is an LGBTQ2SIA+ affirming video series, created by the National Council on Independent Living (NCIL) and Rooted in Rights, with support from the WITH Foundation. For high school and transition programs for young adults with I/DD.

To view education standards and instructional materials adopted by ODE, please visit the ODE [Health](#) and [Sexuality Education](#) web pages.

Social Emotional Learning

Social Emotional Learning Resource	Grade Band	Description
GLSEN, Developing LGBTQ-Inclusive Classroom Resources	6-12	Guidelines and advice for making curriculum inclusive of and affirming to LGBTQ2SIA+ students. Offers Social Emotional Learning specific examples.
GLSEN, Ready, Set, Respect! GLSEN's Elementary School Toolkit	K-5	GLSEN developed Ready, Set, Respect! to provide tools to support elementary educators with these efforts. The lessons focus on name-calling, bullying and bias, LGBTQ2SIA+ inclusive family diversity and gender roles and diversity and are designed to be used as either stand-alone lessons or as part of a school-wide anti-bias or bullying prevention program.

For more information, please visit the ODE [Social Emotional Learning](#) webpage.

Physical Education

Physical Education Resource	Grade Band	Description
SHAPE America, Transgender Inclusion Tool Kit	Educator	SHAPE America is the professional organization for Health and Physical Education teachers. They provide guidance and set national learning standards for what students should know and be able to do as a result of a high-quality health or PE program.

To view education standards and instructional materials adopted by ODE, please visit the ODE [Physical Education](#) webpage.

Social Sciences

Social Sciences Resource	Grade Band	Description
The Oregon Historical Society, Gay and Lesbian Archives of the Pacific Northwest Oral Histories & Collection	Varies	The Gay and Lesbian Archives of the Pacific Northwest (GLAPN) was established in Portland, Oregon, by Tom Cook in the early 1990s. Since then the organization has collected archival materials and oral histories from organizations and individuals active in lesbian and gay issues in the Portland area and throughout the Pacific Northwest. Many of these oral histories were gathered by Portland State University students, from the late 90s to present.
Gay and Lesbian Archives of the Pacific Northwest, LGBTQ History Oregon Gay History Timeline 1806-1969 & 1970-Present , Oregon Trans Timeline , and Oregon LGBTQ Youth Timeline	Varies	The Gay and Lesbian Archives of the Pacific Northwest (GLAPN) houses a number of timelines related to Oregon history of people with transgender and LGBTQ2SIA+ identities.
Basic Rights Oregon, Our History and History of Oregon's Anti-Gay Legislation	Varies	This page offers a History of Oregon's Anti-Gay Legislation timeline, by Basic Rights Oregon, a 501(c)(4) organization, that was formed in 1996 out of community responses to anti-gay ballot measures that had plagued Oregon for more than 20 years.
NYC Department of Education, Hidden Voices: LGBTQ+ Stories in United States History	4-12	<i>Hidden Voices: LGBTQ+ Stories in United States History</i> examines individuals who questioned and broke the normed expectations of gender and/or sexuality, and who were therefore often "hidden" from the traditional historical record.
NYC Department of Education, Hidden Voices: LGBTQ+ Stories in United States History Lessons	4-12	The lessons in this collection synthesize content from the book <i>Hidden Voices: LGBTQ+ Stories in United States History</i> and provide models for teaching the profiles and Portraits of an Era found in the book.

Social Sciences Resource	Grade Band	Description
Learning For Justice, Queer America	9-12	A podcast produced by Learning for Justice in partnership with University of Wisconsin Press, publishers of <i>Understanding and Teaching U.S. Lesbian, Gay, Bisexual, and Transgender History</i> . There is also a guide for Integrating Queer Voices into the Curriculum .
ONE Archives, Lesson Plans	6-12	The ONE Archives Foundation has partnered with the UCLA History-Geography Project to host Professional Learning Symposia and provide LGBTQ2SIA+ history lesson plans for educators at no cost. The lesson plans comply with California's FAIR Education Act, which requires California K–12 schools to integrate fair, accurate, inclusive and respectful representations of the LGBTQ2SIA+ community and people with disabilities into their social studies and history classes.
Our Family Coalition and the One Archives Foundation, Teaching LGBTQ History	2-12	A guide written to support social studies teachers in California integrating LGBTQ2SIA+ content into their classes.
Digital Transgender Archive	Educator	The purpose of the Digital Transgender Archive (DTA) is to increase the accessibility of transgender history by providing an online hub for digitized historical materials, born-digital materials, and information on archival holdings throughout the world.

To view education standards and instructional materials adopted by ODE, please visit the ODE [Social Sciences](#) webpage.

Science

Science Resource	Grade Band	Description
Gender-Inclusive Biology Website and Framework	K-12	Teaching biology creates many opportunities to authentically incorporate student curiosity. The Next Generation Science Standards (NGSS) expect students to ask questions about natural phenomena and then explain their answers using models. This website offers examples of adapting curriculum to NGSS and gender inclusive standards, as well as resources for advocating to administration and others.
GLSEN, 6 Ways I Make My Science Class LGBTQ-Inclusive as a Trans Teacher	Educator	Blog post by a trans Middle School teacher on best practices for LGBTQ2SIA+ inclusion in Science.
EdSurge, Science Curriculum Can Be Gender-Inclusive. We Just Have to Embrace Students' Questions. , 2021	Educator	An article by a queer and nonbinary science teacher about how the science classroom has also become a place to challenge misconceptions about gender and sex. Includes examples for supporting Spanish-speaking students in developing English language skills.
STEM Teaching Tools, How do we present gender, sex, and sexuality as part of inclusive and accurate science teaching?	Educator	A policy brief that outlines approaches to support a more full sense of belonging for gender-diverse students in science education and are an important learning focus for all members of society.

To view education standards and instructional materials adopted by ODE, please visit the ODE [Science](#) webpage.

Mathematics

Mathematics Resource	Grade Band	Description
National Council of Teachers of Mathematics (NCTM), Promote a Culture of Belonging LGBTQ+	Educator	NCTM's commitment to promoting a culture of belonging compels educators and leaders to sustain learning environments where LGBTQ2SIA+ students and teachers feel valued and can thrive. This webpage includes journal articles, webinars, lesson plans, books, and resources.
GLSEN, How Do We Make Math Class More Inclusive of Trans and Non-binary Identities	6-12	Discussion of making mathematics classrooms inclusive of LGBTQ2SIA+ students.
GLSEN, Developing LGBTQ-Inclusive Classroom Resources	6-12	Guidelines and advice for making curriculum inclusive of and affirming to LGBTQ2SIA+ students. Offers mathematics specific examples.
Queer Bio, LGBTQ Mathematicians	Varies	Biographical entries of prominent LGBTQ mathematicians.
The Fields Institute, Queering Mathematics	Varies	Blog about LGBTQ+ Math Day . Several mathematicians explain the connections they see between their queerness and their mathematics.

To view education standards and instructional materials adopted by ODE, please visit the [ODE Mathematics](#) webpage.

Questions? Suggestions for additional resources to include?

Please visit the [LGBTQ2SIA+ Student Success webpage](#) or reach out to the LGBTQ2SIA+ Student Success Coordinator at LGBTQ2SIA.Success@ode.oregon.gov.

Source: Adapted from New York City Department of Education's *"Yes! But how?" Guide for LGBTQ+ Inclusion, Appendix E (page 45)*. Retrieved July 2022, <https://www.weteachnyc.org/resources/resource/yes-but-how-best-practices-for-an-lgbtq-affirming-classroom/>