

Recognizing Oregon Youth Suicide Awareness Day

The passage of [House Bill 3643](#) in 2025 officially designates October 9 of each year as Oregon Youth Suicide Awareness Day. Suicide is the second leading cause of death for youth in Oregon, which means prevention efforts are not optional—they are essential.

Youth Suicide Awareness Day complements the ongoing work of school districts under Adi's Act ([ORS 339.341](#)) and the School Safety and Prevention System ([ORS 339.341](#)), encouraging schools to center hope, connection, and inclusive practices, which all support students' well-being.

How to Recognize Youth Suicide Awareness Day

ODE encourages districts and schools to recognize October 9 with activities that:

- [Highlight caring relationships and belonging](#);
- [Use people-first, stigma-reducing language in all communications](#); and
- Highlight help-seeking resources ([988](#), [Oregon's Youthline](#), [The Trevor Project](#), [Trans Lifeline](#)), as well as local and school-based pathways for support.

Helpful Resources

Resources that support school districts' suicide prevention efforts include:

- [This fall's Call to Action suicide prevention communication](#)
- [Adi's Act infographic](#)
- [School Based Adi's Act one pager](#)
- [Recommended Suicide Prevention Training for Schools](#)
- [Employee well-being](#)

More Information

Find more information and additional resources at [ODE's Suicide Prevention, Intervention, Postvention \(Adi's Act\) webpage](#).