

Restraint and seclusion are non-educational, reactive strategies utilized to mitigate the risk of substantial physical harm or bodily injury when other less restrictive interventions have failed to deescalate the situation. While restraint and seclusion are allowable under Oregon law in limited circumstances, the use of these strategies carries many associated risks. Appropriate training is essential to maintain student safety.

The following training programs are approved by the Oregon Department of Education (ODE) under OAR 581-021-0563. More information is located on ODE’s [Preventing Restraint and Seclusion](#) website.

ODE Approved Training Programs for Preventing Restraint and Seclusion

The Crisis Prevention Institute (CPI)	CPI’s Nonviolent Crisis Intervention (NCI) is approved as published nationally. There are no Oregon-specific modifications needed for the NCI training program.
The MANDT System	MANDT is approved with the following modifications to their national curriculum to ensure compliance with Oregon law: Positioning for mechanical restraints and holding for injections are not approved for use.
Pro-ACT	Pro-ACT is approved with the following modifications to their national curriculum to ensure compliance with Oregon law: Supine holds, Front-facing wall-assisted, mechanical and chemical restraints are not approved for use.
Safety Care	Safety Care is approved with the following modifications to their national curriculum to ensure compliance with Oregon law: The Side Stability hold, Supine holds and Safety With Mats are not approved for use. Safety Care Blocking Pad Procedures are approved for use in Oregon.
Ukeru Systems	Ukeru is approved as published nationally. There are no Oregon-specific modifications needed for this training program.