

Restraint and seclusion are noneducational, reactive strategies utilized to mitigate the risk of substantial physical harm or bodily injury when other less restrictive interventions have failed to deescalate the situation. While allowable under the law, the use of these strategies carries many associated risks. The following training programs are approved by ODE under OAR 581-021-0563.

ODE Approved Training Programs for Preventing Restraint and Seclusion

The following training programs are approved by the Oregon Department of Education under OAR 581-021-0563 for use in Oregon public education programs as of January 1, 2024.

- [The MANDT System](#)
- [The Crisis Prevention Institute \(CPI\)](#)
- [Safety Care](#)
- [Pro-ACT](#)
- [Ukeru Systems](#)

- Safety First (For use in Early Intervention/Early Childhood Special Education Programs Only. ODE is working with providers to phase out this program)

In an effort to maintain an updated and streamlined list of active vendors, we have made the decision to remove programs that have not been recently utilized by our local education agencies from the ODE list of list approved programs. (See previous [List of ODE Approved Training Programs](#) - November 2020 for reference.)

More information is located on the ODE Web Page - [Preventing Restraint and Seclusion](#)