

Oregon Health Education Standards: Laws, Policies, and Resources Guide

References and resources related to laws included in the Health Education Standards

This instructional tool is intended to support educators in teaching to the [Health Education Standards](#) by:

1. Identifying the specific law or policy referenced in a standard,
2. Providing a brief summary of the law or policy, and
3. Linking additional resources to support understanding and instruction on the law or policy.

Table of Contents

K-5th Grade	3
6th Grade	7
7th Grade	11
8th Grade	14
High School	17

For questions, please reach out to ode.HealthEd@ode.oregon.gov.

Health Standard	Related Law	Explanation & Definitions	Resources
K-5th Grade			
Safety and First Aid K.SFA.4	<p>Explain safety rules for home, school, and the community, including firearm safety rules.</p>	<p>OAR 581-022-2225¹</p> <p>ORS 339.329²</p> <p>ORS 166.433, 166.435, 166.436</p> <p>ORS 166.262, 166.370, 166.377</p> <p>Requires that each school district have a safety program for students and staff that includes emergency, safety, and accident prevention procedures and instruction.</p> <p>Requires the Department of State Police to establish a statewide tip line for students and other members of the public to confidentially report information concerning threats or potential threats to student safety.</p> <p>Requires private or unlicensed firearm sellers to conduct criminal and mental health checks for nearly all private or unlicensed gun sales and transfers, including at a gun show.</p> <p>Allows school districts to ban weapons on campus, even for people with concealed carry licenses.</p>	<p>The Oregon Firearms Safety Act Highlights, Oregon State Police</p> <p>Firearm Safety, OHA</p> <p>Safe Oregon Tip Line, Oregon State Police</p> <p>S.A.F.E., Central Oregon Secure Firearm Storage</p>

¹ Oregon Administrative Rules (OARs) are regulations adopted by state agencies to implement, interpret, and/or clarify statutory authority (ORS 183.310(9)) and have the force of law.

² Many of the laws referenced in this tool are part of the Oregon Revised Statutes, which include all of Oregon's codified laws. These are broken down into volumes and chapters according to topic area, and further broken down into individual statutes. For example, ORS 339.065 refers to Oregon Revised Statute chapter 339, statute 065. Chapter 339 covers certain laws related to schools, and statute 065 within this chapter refers to issues of attendance and excused absences.

To find a specific statute within a chapter, click on the hyperlink, which will take you to the full chapter. Use the find command (Ctrl+F on a PC) and enter the statute number or scroll down to the statute number until you find it bolded with a short title, followed by the text of the statute.

Health Standard	Related Law	Explanation & Definitions	Resources
K-5th Grade			
		ORS 166.395 ORS 166.250 to 166.255, 166.291, 166.470	<p>Requires gun owners to secure their guns by storing them in a locked container or gun room or by using a trigger or cable lock when it is not being carried or under their control. A gun left unattended in a vehicle and within view of those outside the vehicle is not considered secure.</p> <p>Sets the minimum age to purchase or possess a gun to age 18, with some exceptions. Prohibits gun ownership for people with a felony conviction or mental illness, with some exceptions.</p>
Healthy Relationships and Violence/ Abuse Prevention 3.HRVP.3	Discuss the importance of using affirming language around protected classes of people including people of all genders, race and ethnicities, sexual orientations, and abilities.	ORS 659.850 OAR 581-021-0045 OAR 581-022-2312 <p>Defines 10 protected classes, including age, disability, national origin, race, color, marital status, religion, sex, sexual orientation, and gender identity.</p> <p>The Every Student Belongs rule defines a bias incident as “a person’s hostile expression of animus toward another person, relating to the other person’s perceived race, color, religion, gender identity, sexual orientation, disability or national origin, of which criminal investigation or prosecution is impossible or inappropriate.”</p>	<p>ODE’s Bias Incident Response Guide</p> <p>Supporting Gender Expansive Students: Guidance for Schools, ODE</p> <p>K-12 Discrimination Complaints & Appeals FAQ, ODE</p> <p>LGBTQ2SIA+ Student Success Plan, ODE</p> <p>African American/Black Student Success Plan, ODE</p>

Health Standard	Related Law	Explanation & Definitions	Resources
K-5th Grade			
			American Indian/Alaska Native Student Success Plan , ODE Latino/a/x & Indigenous Student Success Plan , ODE
Food, Nutrition, and Physical Activity 4.FNP.1	Identify examples of food items grown in different regions throughout the state, including in Oregon's nine federally recognized tribes.	ORS 329.493 Federally Recognized Indian Tribe List Act of 1994 ^{3**}	Essential Understandings of Native Americans in Oregon , ODE ODE Tribal History/Shared History Indian Entities Recognized by and Eligible To Receive Services From the United States Bureau of Indian Affairs Native Peoples of Oregon
		Requires the Department of Education to develop a curriculum for grades K-12 relating to the Native American experience in Oregon, including tribal history and culture, and make the curriculum available to school districts. Requires the US Secretary of the Interior to maintain a list of all federally recognized tribes. Oregon's federally recognized tribes: <ul style="list-style-type: none"> • Burns Paiute Tribe • Confederated Tribes of Coos, Lower Umpqua and Siuslaw • Coquille Indian Tribe • Cow Creek Band of Umpqua Tribe of Indians • Confederated Tribes of The Grand Ronde • Klamath Tribes • Confederated Tribes of Siletz Indians 	

^{3 **}Indicates a federal law. All others are Oregon State laws and policies.

Health Standard	Related Law	Explanation & Definitions	Resources
K-5th Grade			
		<ul style="list-style-type: none"> Confederated Tribes of the Umatilla Indian Reservation Confederated Tribes of Warm Springs Reservation 	
Substance Use Prevention 5.SUB.9	Identify school policies, local, state, and federal laws related to substance use.	<p>Controlled Substances Act (CSA)**</p> <p>Drug Abuse Prevention and Control Act**</p> <p>Every Student Succeeds Act**</p> <p>ORS 336.222 OAR 581-022-2045</p> <p>ORS 30.800</p>	<p>Federal law that classifies drugs into five schedules based on their potential for abuse, accepted medical use, and safety.</p> <p>Federal law that addresses drug trafficking, distribution, and penalties, and works in conjunction with the CSA.</p> <p>Federal law focused on student safety, achievement, and wellbeing that includes allowances for districts to use federal funds to support substance use prevention and intervention efforts.</p> <p>Oregon law and administrative rule requiring school districts to develop and maintain a Comprehensive Substance Use Prevention and Intervention Plan that includes district policies related to substance abuse, prevention efforts, and harm reduction and referral processes.</p> <p>Good Samaritan Law provides legal protection for individuals who render emergency medical assistance to another person, including administration of naloxone.</p> <p>Substance Use Prevention, OHA</p> <p>Tobacco Prevention, OHA</p> <p>K-12 Substance Use Prevention and Intervention, ODE</p> <p>Substance Use Prevention Education, ODE</p> <p>Oregon Alcohol and Drug Policy Commission</p>

Health Standard		Related Law	Explanation & Definitions	Resources
6th Grade				
Safety and First Aid 6.SFA.3	Understand firearm safety rules for individuals, families, and communities.	OAR 581-022-2225 ORS 339.329 ORS 166.433, 166.435, 166.436 ORS 166.262, 166.370, 166.377 ORS 166.395 ORS 166.250 to 166.255, 166.291, 166.470	See K.SFA.4.	
Substance Use Prevention 6.SUB.10	Locate and summarize Oregon laws on alcohol, marijuana/cannabis, tobacco, and other substances.	ORS Chapter 475 ORS Chapter 475C ORS Chapter 813 ORS Chapter 471	<p>Controlled Substances: Establishes definitions of controlled substances and addresses penalties for the illegal possession, manufacture, and distribution of substances.</p> <p>Cannabis Regulation: Regulates the sale, processing, and possession of marijuana, including restrictions for individuals under age 21 (475C.317 to 475C.329, 475C.341, 475C.369). The law also includes regulations for medical marijuana.</p> <p>Driving Under the Influence of Intoxicants: Makes it illegal to operate a motor vehicle while under the influence of alcohol, drugs, or a combination of both.</p> <p>Oregon Liquor Control Act: The primary law</p>	Substance Use Prevention , OHA Tobacco Prevention , OHA K-12 Substance Use Prevention and Intervention , ODE Substance Use Prevention Education , ODE Oregon Alcohol and Drug Policy Commission

Health Standard	Related Law	Explanation & Definitions	Resources
6th Grade			
		<p>governing the sale, distribution, and consumption of alcohol in Oregon.</p> <p>ORS 471.434</p> <p>Immunity when reporting sexual assault crime. Protects victims and people who report a sexual assault crime from arrest or prosecution for violating ORS 471.430, prohibiting purchase or possession of alcoholic beverages by person under 21.</p> <p>ORS 167.755</p> <p>Selling tobacco products or inhalant delivery systems to a person under 21 years of age. The tobacco retailer is responsible for ensuring all staff do not sell these products to a person under 21 years of age.</p>	
Social, Emotional, and Mental Health 6.SEM.5	Locate and summarize laws and policies to protect student mental health, including excused absences.	ORS 339.065	Allows for an absence to be excused if it is caused by illness, including the mental or behavioral health of the student.
Healthy Relationships and Violence/ Abuse Prevention	Demonstrate strategies to use technology and social media safely, legally, and	Oregon Consumer Privacy Act (OCPA) ORS 336.840 ORS 163.665 to 163.689	See 7.SFA.7.
			Everything You Need to Teach Digital Citizenship , Common Sense Media Educational Technology -

[illegible]

Health Standard	Related Law	Explanation & Definitions	Resources
6th Grade			
		<p>the age of 15 cannot access voluntary sterilization without parent/guardian consent. Minors under the age of 15 can consent to an abortion without parent/guardian consent only in certain circumstances at the discretion of the health care provider. Minors who are 15 or older can consent to abortion services without parent/guardian consent.</p>	

Health Standard	Related Law	Explanation & Definitions	Resources
7th Grade			
Safety and First Aid 7.SFA.7	Describe strategies for using social media safely, legally, and respectfully.	<p>Oregon Consumer Privacy Act (OCPA)</p> <p>ORS 336.840</p> <p>ORS 163.665 to 163.689</p> <p>ORS 339.351 to 339.364</p> <p>Law allows parents and teens to request that a website delete information about a child or themselves to reduce the risk of being exploited by advertisers or data brokers.</p> <p>Personal Devices in Schools Various policies by district/school.</p> <p>Sexting It is illegal to: 1) possess sexually explicit images of minors, 2) create or share sexually explicit images of minors, or 3) use a minor in a display of sexually explicit conduct.</p> <p>A minor is anyone younger than 18. "Sexually explicit conduct" includes actual or simulated sexual intercourse, masturbation, or lewd exhibition of sexual or other intimate parts.</p> <p>Both adults and minors can be prosecuted under these laws. The law doesn't require images to be of another minor, so taking or sexting sexually explicit selfies count as crimes.</p> <p>Cyberbullying Requires school districts to adopt a policy prohibiting cyberbullying (separate from bullying) and encourages coordination with stakeholders. Offenses include cyberbullying at school property, school sponsored events, and</p>	<p>Guidance for School Cell Phone Policies, ODE</p> <p>Everything You Need to Teach Digital Citizenship, Common Sense Media</p> <p>Digital Well-Being Lessons for Grades K–12, Common Sense Media</p> <p>Educational Technology - Policies and Requirements, ODE</p>

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7th Grade			
		<p>bus stops. Consequences, reporting, and investigating are required, including annual district reports to parents. Training programs, prevention, and task forces are recommended. Cyber bullies can be criminally punished under the harassment law.</p> <p>Age to Use Social Media Most platforms require users to be at least 13 years old. Limited ability to enforce/verify.</p>	
<p>Social, Emotional, and Mental Health</p> <p>7.SEM.8</p>	<p>Identify laws related to student mental health days and age of consent to mental health services.</p>	<p>ORS 109.675</p> <p>ORS 339.065</p> <p>Age of Consent A minor 14 years of age or older may obtain, without parental knowledge or consent, outpatient diagnosis or treatment of a mental or emotional disorder or a chemical dependency, (excluding methadone maintenance) by a mental health provider.</p> <p>Mental Health Days Allows for an absence to be excused if it is caused by illness, including the mental or behavioral health of the student.</p>	<p>Supporting LGBTQ2SIA+ Students in Oregon, ODE</p> <p>Mental Health, ODE</p>
<p>Healthy Relationships and Violence/ Abuse Prevention</p>	<p>Identify state and federal laws on sexual consent and mandatory reporting.</p>	<p>ORS 342.700 to 342.708 OAR 581-021-0038</p> <p>Consent “Without consent” means an act performed without the knowing, voluntary, and clear agreement by all parties to participate in the specific act; or when a person who is a party to</p>	<p>Mandatory Reporting, ODHS</p> <p>Tips for Trauma Informed Mandatory Reporting, ODE</p>

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7th Grade			
7.HRVP.10		<p>the act is incapacitated by drugs or alcohol, unconscious, or pressured through physical force, coercion, or explicit/implicit threats to participate in the act.</p> <p>Mandatory Reporting “When a staff member becomes aware of behavior that may violate the policy, the staff member shall report to an official of the district or private school so that the official and the staff member may coordinate efforts to take any action necessary to ensure the student is protected and to promote a non-hostile learning environment.”</p> <p>Oregon criminal law A person is considered incapable of consenting to a sexual act if the person is under 18 years of age, incapable of appraising the nature of the person’s conduct, mentally incapacitated, or physically helpless.</p> <p>A lack of verbal or physical resistance does not, by itself, constitute consent but may be considered by the trier of fact along with all other relevant evidence.</p> <p>ORS 163.315</p>	<p>Mandatory Reporting + Confidential Advocacy Partnership Guide, Oregon SATF</p> <p>Best Practices for Supporting LGBTQ2SIA+ Youth and Families When Considering Mandatory Reporting, Unicorn Solutions</p> <p>Oregon Attorney General opinion addressing mandatory child abuse reporting in the context of sexual activity between minors, ODOJ</p>

Health Standard		Related Law	Explanation & Definitions	Resources
8th Grade				
Social, Emotional, and Mental Health 8.SEM.7	Discuss how state and federal laws and policies can influence access to mental health services.	ORS 109.675 Health Insurance Portability and Accountability Act (HIPAA)** Family Educational Rights and Privacy Act (FERPA)**	<p>A minor 14 years of age or older may obtain, without parental knowledge or consent, outpatient diagnosis or treatment of a mental or emotional disorder or a chemical dependency, (excluding methadone maintenance) by a mental health provider.</p> <p>Federal law that addresses the use and disclosure of individuals' health information and individuals' privacy rights. Aims to protect individuals' health information while allowing the flow of health information needed for high quality health care and to protect the public's health and well being.</p> <p>Federal law that gives parents the right to access their children's education records, seek to have the records amended, and have some control over the disclosure of personally identifiable information from those records. When a student turns 18, the rights under FERPA transfer from the parents to the student.</p>	<p>Understanding minor consent and confidentiality in health care in Oregon, OHA</p> <p>HIPAA and FERPA Laws: A School Mental Health Navigation Tool for Pacific Southwest States, SAMHSA</p> <p>Summary of the HIPAA Privacy Rule, HHS</p> <p>What is FERPA?, USDOE</p> <p>Supporting LGBTQ2SIA+ Students in Oregon, ODE</p> <p>Mandatory Reporting + Confidential Advocacy Partnership Guide, Oregon SATF</p>
Healthy Relationships and Violence/ Abuse Prevention	Describe the state and federal laws on sexual consent, child pornography, sexting, and sex trafficking.	ORS 342.700 to 342.708 OAR 581-021-0038 ORS 163.315	See 7.HRVP.10 for information on sexual consent.	<p>Primary Prevention of Human Trafficking Position Paper, Oregon SATF's Statewide Prevention & Education Committee</p>

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8th Grade			
8.HRVP.11		<p> ORS 419B.005 ORS 163.355 to 163.411 ORS 163.415 to 163.427 ORS 163.670 to 163.693 ORS 163.432 to 163.434 ORS 163.266 </p> <p>See 6.HVRP.9 for information on child abuse, sexual exploitation, and sexual assault.</p> <p>Child Pornography Employing, authorizing, permitting, compelling, or inducing a child to participate or engage in sexually explicit conduct for any person to observe or to record. Possessing or accessing with intent to view any “visual recording of sexually explicit conduct involving a child for the purpose of arousing or satisfying the sexual desires” of any person violates Oregon law.</p> <p>Sexting It is a crime for a person 18 years or older to contact a child through online communications to attempt to engage in sexually explicit conduct. Child pornography laws may also apply (see above).</p> <p>Sex Trafficking It is a crime to recruit, entice, harbor, transport, provide, or obtain a person for involuntary servitude or a commercial sex act. Sexual exploitation includes forcing a child to engage in a commercial sex act (see 6.HVRP.9).</p>	<p> Human Trafficking Prevention Toolkit, Multnomah County Human Trafficking Webpage, ODOJ </p>

Health Standard		Related Law	Explanation & Definitions	Resources
8th Grade				
Growth and Development 8.GD.3	Identify the rights of students and the responsibilities of schools under Oregon's Menstrual Dignity Act.	OAR 581-021-0587 OAR 581-021-0590 OAR 581-021-0593 OAR 581-021-0596	<p>Requires free menstrual products (pads and tampons) to be provided for all students, K-12, in all bathrooms in all public school buildings in Oregon.</p> <p>Requires schools provide products and dispensers in a safe, private, accessible, and gender-affirming manner.</p> <p>Education must cover menstrual health as a positive part of being human, without shame, and in a way that is affirming and accessible for all students of all genders. Instructions must be available in all bathrooms.</p>	<p>At a Glance: Menstrual Dignity for Students, ODE</p> <p>Menstrual Dignity for Students Toolkit, ODE</p>
Sexual and Reproductive Health 8.SRH.11	Discuss the various state and federal laws related to minors' access to sexual and reproductive healthcare services, including pregnancy and sexually transmitted infection (STI) and HIV/AIDS prevention, testing, care, and treatment.	ORS 109.640 ORS 109.650	See 6.SRH.10.	

Health Standard		Related Law	Explanation & Definitions	Resources
High School				
Safety and First Aid HS.SFA.5	Examine laws and practices related to increasing accessibility for people with disabilities and identify why they are important for individual, interpersonal, community, and environmental health.	<p>Americans with Disabilities Act (ADA)**</p> <p>Section 504 of the Rehabilitation Act (34 CFR Part 104)**</p> <p>Nondiscrimination on the Basis of Disability: Accessibility of Web Information and Services of State and Local Government Entities**</p>	<p>Federal civil rights law that prohibits discrimination against people with disabilities in everyday activities. Title I covers employment. Title II covers state and local government. Title III covers businesses open to the public.</p> <p>Federal civil rights law that prohibits discrimination against people with disabilities in programs and activities that receive federal funding, including public schools and universities. Requires public schools to provide a free, appropriate public education to qualified students with disabilities.</p> <p>The ADA rule on web accessibility will take effect in 2026 or 2027 depending on the size of the district, state, or local government. The rule applies to public schools and public universities.</p>	<p>Understanding and Addressing Ableism in Schools, ODE</p> <p>OCR/ADA National Network Videos on Digital Accessibility, USOCR</p> <p>Fact Sheet: New Rule on the Accessibility of Web Content and Mobile Apps Provided by State and Local Governments, ADA</p> <p>Title I, USOCR</p> <p>Title II, USOCR</p> <p>Title III, USOCR</p> <p>ADA rule on web accessibility, US Archives</p>
HS.SFA.7	Evaluate strategies for using social media safely, legally, and respectfully.	<p>Oregon Consumer Privacy Act (OCPA) ORS 336.840 ORS 163.665 to 163.689 ORS 339.351 to</p>	See 7.SFA.7.	<p>Everything You Need to Teach Digital Citizenship, Common Sense Media</p>

Health Standard		Related Law	Explanation & Definitions	Resources
High School				
		339.364		Digital Well-Being Lessons for Grades K–12 , Common Sense Media Educational Technology - Policies and Requirements , ODE
Social, Emotional, and Mental Health HS.SEM.9	Analyze laws related to minors accessing mental health care.	ORS 109.675 Health Insurance Portability and Accountability Act (HIPAA)** Family Educational Rights and Privacy Act (FERPA)**	See 8.SEM.7.	
Healthy Relationships and Violence/ Abuse Prevention HS.HRVP.13	Summarize individual rights and responsibilities in regards to sexual consent, sexually explicit media, and sexting under state and federal law.	ORS 342.700 to 342.708 OAR 581-021-0038 ORS 163.315 ORS 163.670 to 163.693 ORS 163.433 to 163.434	See 7.HRVP.10 for information on sexual consent. See 8.HRVP.11 for information on child pornography and sexting.	

Health Standard		Related Law	Explanation & Definitions	Resources
High School				
Growth and Development HS.GD.4	Analyze the impact of Oregon's Menstrual Dignity Act on menstruation stigma and period poverty.	OAR 581-021-0587 OAR 581-021-0590 OAR 581-021-0593 OAR 581-021-0596	See 8.GD.3.	