

ODE Mental Health, Well-being, and School Safety Office Hours

ODE is offering drop-in office hours for school staff supporting student mental health, well-being, and safety. Please see details and registration information below.

When: First Tuesday of the month from 3:45-4:45 (starting October 7th, 2025)

Why: Supporting students is complex and the Mental Health and Well-Being Staff at ODE would like to offer up a space to bring questions, ask for resources, consult, and receive support on the following topics:

- Substance use prevention and intervention
- Transformative Social and Emotional Learning (TSEL)
- Suicide prevention, intervention, and postvention
- School violence prevention
- Trauma informed practices
- Restorative practices
- Mental health literacy
- School Counseling Programs
- Staff Well-being

What: Interested participants can [Register Here](#) for the ODE Mental Health, Well-being, and School Safety Office Hours. Once you arrive at the office hour, you can select from breakout rooms based on your area of interest.

ODE staff hosting break out room topics:

- Dr. Danica Jensen Weiner, Educational Equity, Safety, and Restorative Justice Specialist
Restorative Practices and Restorative Justice training, implementation, integration into current programs and initiatives, and personal practice
- Jenn Johnson, School Safety and Prevention System Coordinator
School violence prevention, ODE's School Safety and Prevention System and Specialists, bullying, harassment, intimidation and cyberbullying prevention, Behavior Safety [threat] Assessment, supporting youth with problematic/complex sexual behaviors,

trauma informed practices in schools, school engagement strategies, and school/classroom culturally responsive and community building strategies

- Nole Kennedy, Student Wellness and Safety Specialist
Suicide prevention, intervention, and postvention, including legislatively mandated components of Adi's Act (districts' suicide prevention policies and comprehensive suicide prevention plans)
- Dr. Fynn-Aikins, Social Emotional Learning Specialist
Support and inspiration on all things Transformative SEL
- Alanna Russell, Substance Use Prevention Education Coordinator
Substance use prevention and intervention, including legislatively mandated requirements
- Nat Jacobs, Mental & Behavioral Health Education Leader
Mental Health Literacy and School Mental Health Quality Improvement strategies
- Dr. Beth Wigham, College & Career Readiness & School Counseling Programs Specialist
Coordinating and implementing mental health and well-being services and supports across the tiers within a Comprehensive School Counseling Program
- Job rotator, School Community Health Strategist
Co-regulation and somatic modalities to cultivate staff wellness

Please reach out to nat.jacobs@ode.oregon.gov with any questions and requests for accommodations.