



**Community Resources:**

**Benton County Crisis Line: 1-888-232-7192 Parent Help Line: 1-800-345-5044**

**Linn County Crisis Line: 1-800-304-7468 Oregon Youth Line: Text “teen2teen” to 839863**

**Crisis Hotline for Youth and Families: 1-800-999-9999 National Suicide Prevention Lifeline: 1-800-273-8255**

**Crisis Hotline for Youth: 1-800-448-4663**

**Trillium Family Services: 1-888-333-6177**