



Community Mental Health Services by County

*****Call before you go.** If you have flu-like symptoms or have reason to think you might have COVID-19, let your healthcare provider know before you visit. This will help avoid exposing anyone else at the provider’s facility. Upon arrival to any of the locations, children and families may be screened at the front door for temperature and other health related concerns and will be asked to maintain safe social distancing measures.¹

*Telehealth means both audio and visual capacity for appointments.

County/Organization	Services for Children & Families	Telehealth	Telephone Number	24/7 Crisis Line	Address
BAKER New Directions Northwest, Inc.	Telehealth, telephone, therapy and crisis services.	Yes	(541) 523-3646	(541) 519-7126	2200 4 TH St. Baker City, OR 97814 FAX: (541) 523-7602
BENTON Benton County Mental Health	Telehealth, telephone, therapy and crisis services.	Yes	(541) 766-6835	1-888-232-7192	530 NW 27 th St. Corvallis, OR 97330 FAX: (541) 766-6186
CLACKAMAS Clackamas County Mental Health	Telehealth, telephone, therapy and crisis services.	Yes	(503) 742-5335	(503) 655-8585	2051 Kaen Rd. Oregon City, OR 97045 FAX: (503) 655-8429
CLACKAMAS Clackamas County Mental Health	Telehealth, telephone, therapy and crisis services.	Yes	(503) 655-8585	(503) 655-8585	11211 SE 82 nd Ave. Suite O Happy Valley, OR 97086 FAX: (503) 722-6545
CLATSOP Clatsop Behavioral Healthcare	Telehealth, telephone, therapy and crisis services.	Yes	(503) 325-5722	(503) 325-5724	65 N. HWY 101, Ste. 204 Warrenton, OR 97146 FAX: (503) 861-5649
COLUMBIA Columbia Community Mental Health	Telehealth, telephone, therapy and crisis services.	Yes	(503) 397-5211	(503) 782-4499	58646 McNulty Way St. Helens, OR 97051 FAX: (503) 397-5373
COOS Coos Health & Wellness	Telehealth, telephone, therapy and crisis services.	Yes	(541) 266-6700	(541) 266-6800	281 Laclair St. Coos Bay, OR 97420 FAX: (541) 888-8726
CROOK BestCare Treatment Services	Telehealth, telephone, therapy and crisis services.	Yes	(541) 323-5330	(541) 323-5330	1103 NE Elm St. Prineville, OR 97754

¹ This document is updated monthly.

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					FAX: (541) 447-1121
CURRY Adapt	Telehealth, telephone, therapy and crisis services.	Yes	Brookings: (877) 408-8941	(877) 519-9322	306 Wharf Street Brookings, OR 97415 FAX: N/A
CURRY Adapt	Telehealth, telephone, therapy and crisis services.	Yes	Gold Beach: (877) 408-8941	(877) 519-9322	29845 Airport Way Gold Beach, OR 97444 FAX: (541) 813-2536
CURRY Adapt			Port Orford: (877) 408-8941	(877) 519-9322	1403 Oregon Street Port Orford, OR 97465 FAX: N/A
DESCHUTES Deschutes County Behavioral Health	Telehealth, telephone, therapy and crisis services.	Yes	(541) 322-7500	1 (800) 875-7364	2577 NE Courtney Dr. Bend, OR 97701 FAX: (541) 322-7565
DOUGLAS Adapt	Telehealth, telephone, therapy and crisis services.	Yes	(541) 672-2691	1(800) 866-9780	621 W. Madrone St. Roseburg, OR 97470 FAX: (541) 673-5642
DOUGLAS Adapt			(541) 492-4550	1(800) 866-9780	671 S Main St. Winston, OR 97496 FAX: (541) 492-4553
DOUGLAS Adapt			(541) 440-3532	1(800) 866-9780	680 Fir Street Reedsport, OR 97467 FAX: N/A
GILLIAM Community Counseling Solutions	Telehealth, telephone, therapy and crisis services.	Yes	(541) 676-9161	911	422 N. Main St. Condon, OR 97823 FAX: (541) 676-5662
GRANT Community Counseling Solutions	Telehealth, telephone, therapy and crisis services.	Yes	(541) 575-1466	911	528 E. Main St. John Day, OR 97845 FAX: (541) 575-1411
HARNEY Symmetry Care	Telehealth, telephone, therapy and crisis services.	Yes	(541) 573-8376	1-800-273-8255	348 W. Adams Burns, OR 97720 FAX: (541) 573-8378
HOOD RIVER Mid-Columbia Center for Living	Telehealth, telephone, therapy and crisis services.	Yes	(541) 386-2620	1-888-877-9147	1610 Woods Court Hood River, OR 97031 FAX: (541) 296-2731

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	Warmline (541) 386-2620, Tuesdays, 1:00pm-3:00pm, English only; Thursdays 9:00am-11:00am, English and Spanish (Español)				
JACKSON Options of Southern Oregon	Telehealth, telephone, therapy and crisis services.	Yes	(541) 476-2373	(541) 774-8201	200 Beatty St. Medford, OR 97501 FAX: (541) 295-3069
JACKSON Jackson County Health and Human Service	Telehealth, telephone, therapy and crisis services.	Yes	(541) 774-8200	(541) 774-8201	140 S. Holly St. Medford, OR 97501 FAX: (541) 774-7979
JEFFERSON BestCare Treatment Services	Telehealth, telephone, therapy and crisis services.	Yes	(541) 475-6575	1-866-638-7103	850 SW 4 th St., Ste 302 Madras, OR 97741 FAX: (541) 475-0132
JOSEPHINE Options of Southern Oregon	Telehealth, telephone, therapy and crisis services.	Yes	(541) 476-2373	(541) 474-5360	1545 Harbeck Rd. Grants Pass, OR FAX: (541) 295-3069
KLAMATH Klamath Basin Behavioral Health	Telehealth, telephone, therapy and crisis services.	Yes	(541) 883-1030	(541) 883-1030	2210 Eldorado Ave. Klamath Falls, OR 97601 FAX: (541) 884-2338
LAKE Lake District Wellness Center	Telehealth, telephone, therapy and crisis services.	Yes	(541) 947-6021	(541) 947-2449	35 South G Street Lakeview, OR 97630 FAX: (541) 947-6020 Referral Fax: (541) 219-8114
LANE Lane County Health and Human Services	Telehealth, telephone, therapy and crisis services.	Yes	(541) 682-3608	(541) 687-4000 (541) 689-3111	151 West 7 th Ave. Eugene, OR 97401 FAX: (541) 342-7987
LINCOLN Lincoln County Behavioral Health	Telehealth, telephone, therapy and crisis services.	Yes	(541) 265-4179	1 (866) 266-0288	36 SW Nye St. Newport, OR 97365 FAX: (541) 265-4194
LINN Linn County Mental Health	Telehealth, telephone, therapy and crisis services.	Yes	(541) 967-3866	1-800-560-5535	445 3 RD Ave. SW Albany, OR 97321 FAX: (541) 928-3020
MALHEUR Lifeways, Inc.	Telehealth, telephone, therapy and crisis services.	Yes	(541) 276-6207	(541) 889-9167	331 SE 2 nd St. Pendleton, OR 97801 FAX: (541) 881-1503

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MARION Marion County Behavioral Health	Telehealth, telephone, therapy and crisis services.	Yes	Intake Line: (503) 576-4676	(503) 576-4676	Children's Behavioral Health 3867 Wolverine St. NE, Bldg F Salem, OR 97305 FAX: (503) 585-4990
MARION Marion County Behavioral Health	Telehealth, telephone, therapy and crisis services.	Yes	Intake Line: (503) 576-4676	(503) 576-4676	Children's Behavioral Health – Rural Services 976 N. Pacific Highway Woodburn, OR 97071 FAX: (503) 566-2977
MORROW Community Counseling Solutions	Telehealth, telephone, therapy and crisis services.	Yes	(541) 676-9161	911	120 S. Main St. Heppner, OR 97836 FAX: (541) 676-5662
MULTNOMAH Multnomah County Human Services	Telehealth, telephone, therapy and crisis services.	Yes	(503) 988-3691	(503) 988-4888	209 SW 4 th Ave. Portland, OR 97204 FAX: (503) 988-3328
MULTNOMAH Multnomah County Human Services	Student Health Center open at Parkrose High School (for all students countywide, must call first: 503-988-3392).			(503) 988-3392	Student Health Center at Parkrose High School 12003 NE Shaver St. Portland, OR 97220
POLK Polk County	Telehealth, telephone, therapy and crisis services.	Yes	Dallas: (503) 623-9289	Weekdays, 8am-5pm: (503) 623-9289 (all locations)	Dallas location: 182 SW Academy St, Ste. 333 Dallas, OR 97338 FAX: (503) 831-1726
POLK Polk County	Telehealth, telephone, therapy and crisis services.	Yes	West Salem: (503) 585-3012	After Hours: (503) 581-5535 (all locations)	West Salem: 1520 Plaza St. NW, Ste. 150 Salem, OR 97304 FAX: (503) 585-0128
POLK Polk County	Telehealth, telephone, therapy and crisis services.	Yes	Monmouth: (503) 400-3550		Monmouth: 1310 Main St. E. Monmouth, OR 97361 FAX: (503) 837-0095
SHERMAN Mid-Columbia Center for Living	Telehealth, telephone, therapy and crisis services. Warmline (541) 565-3149 Tuesdays, 1:00pm-3:00pm, English and Spanish (Español)	Yes	(541) 565-3149	1-888-877-9147	302 Scott St. Moro, OR 97039 FAX: (541) 565-0551

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	Thurs, 9:00am-11:00am, English and Spanish (Español)				
TILLAMOOK Tillamook Family Counseling Center	Telehealth, telephone, therapy and crisis services.	Yes	(503) 842-8201	(503) 842-8201	906 Main Ave. Tillamook, OR 97141 FAX: (503) 815-1870
UMATILLA Community Counseling Solutions	Telehealth, telephone, therapy and crisis services.	Yes	(541) 567-2536	(541) 947-6021	595 NW 11th Street Hermiston, OR 97838 Fax: (541) 567-2632
UMATILLA Community Counseling Solutions			(541) 276-6207	(541) 947-6021	331 SE 2nd Street Pendleton, OR 97801 Fax: (541) 276-4628
UMATILLA Community Counseling Solutions			(541) 276-6207	(541) 947-6021	299 N Columbia Milton Freewater, OR 97862 Fax: (541) 938-4180
UNION Center for Human Development	Telehealth, telephone, therapy and crisis services.	Yes	(541) 962-8800	(541) 962-8800	2301 Cove Ave. La Grande, OR 97850 FAX: (541) 962-5272
WALLOWA Wallowa Valley Center for Wellness	Telehealth, telephone, therapy and crisis services.	Yes	(541) 426-4524	(541) 398-1175	207 SE 1 st St. Enterprise, OR 97828 FAX: (541) 426-3035
WASCO Mid-Columbia Center for Living	Telehealth, telephone, therapy and crisis services. Warmline (541) 296-5452, Tues 1:00pm-3:00pm, English only Thurs 9:00am-11:00am, English and Spanish (Español)	Yes	(541) 296-5452	1-888-877-9147	1060 Webber St. The Dalles, OR 97058 FAX: (541) 296-9418
WASHINGTON Sequoia Mental Health Services, Inc.	Telehealth, telephone, therapy and crisis services.	Yes	(503) 591-9280	1-866-266-0288	Aloha Office: 4585 SW 185 th Ave. Aloha, OR 97078 FAX: (503) 848-2072
WASHINGTON Sequoia Mental Health Services, Inc.	Telehealth, telephone, therapy and crisis services.	Yes	(503) 213-1302	1-866-266-0288	Hillsboro Office: 395 W. Main St. Hillsboro, OR 97123 FAX: (503) 648-9732
WASHINGTON Hawthorn Walk-In Center	Telehealth, telephone, therapy and crisis services.	Yes	(503) 846-4555	(503) 291-9111	5240 NE Elam Young Pkwy, Ste. 100 Hillsboro, OR 97124 FAX: (503) 846-3305

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WHEELER Community Counseling Solutions	Telehealth, telephone, therapy and crisis services.	Yes	(541) 763-2746	911	401 W. 4 th St. Fossil, OR 97830 FAX: (541) 763-2170
YAMHILL Yamhill County Health and Human Services	Telehealth, telephone, therapy and crisis services.	Yes	McMinnville: (503) 434-7462	1-844-842-8200	420 NE 5 th St. McMinnville, OR 97128 FAX: (503) 434-7335
YAMHILL Yamhill County Health and Human Services	Telehealth, telephone, therapy and crisis services.	Yes	Newberg: (503) 538-8970	1-844-842-8200	2251 E. Hancock Newberg, OR 97132 FAX: (503) 538-2459