

Oregon Classroom WISE Frequently Asked Questions

Who is Oregon Classroom WISE (CW) for?

Oregon CW was designed for any Oregonian wanting to increase their mental health literacy or promote mental health and well-being! We've developed customized learning pathways for school staff, administrators, counselors and other school mental health professionals, students, families, and community-based organizations.

Can anyone use Oregon Classroom WISE?

Yes! Anyone can access Oregon CW by <u>registering on HealtheKnowledge</u> with a valid email address. While the resources were designed for those who work in schools and/or interact with youth, everyone is encouraged to explore the suite of courses, and video and print resources.

How do I find my learning pathway?

Learning pathways are accessible within the Oregon CW course, and on <u>ODE's Oregon CW</u> webpage.

What is the difference between Oregon Classroom WISE and regular Classroom WISE?

Oregon CW contains customized learning pathways with recommended resources for school staff, students and families, and community-based organizations. It begins with a brief video describing ODE's Integrated Model of Mental Health followed by the 6, standard Classroom WISE modules. Modules may be completed in any order, with individual certificates of completion available for each.

Is the content appropriate for students?

The national Classroom WISE program was designed for adults; however, much of the content is appropriate for middle and high school students. Oregon CW covers several topics such as suicide and substance use. Please preview content before sharing with youth to determine its appropriateness.

Can I receive Continuing Education Credits/Units by completing Oregon Classroom WISE?

Continuing Education Credits for completion of Oregon CW are not available, however, there are certificates of completion for each module, which can be used to show participation in up to 6 contact hours.

Will Oregon Classroom WISE be available in other languages?

Oregon CW is currently only available in English. We continue to explore strategies to make these resources more available, accessible, and culturally responsive.



Where can I find additional resources?

Oregon CW was created in partnership with the <u>Mental Health Technology Transfer Center</u> <u>Network</u> and the <u>National Center for School Mental Health</u>. Both organizations offer numerous additional resources and technical assistance. The <u>HealtheKnowledge</u> website contains a number of free programs that address substance use prevention, suicide prevention, cultivating compassionate, equitable school communities, and much more. You can also email <u>ode.mentalhealth@ode.oregon.gov</u> if you are looking for additional resources on a specific topic.

Will Oregon Classroom WISE continue to be updated?

Yes! Oregon CW will be updated, beginning with further resources on suicide and substance use prevention in 2023. You can also email <u>ode.mentalhealth@ode.oregon.gov</u> with suggestions for future updates.