

# State Plan for Independent Living

Final



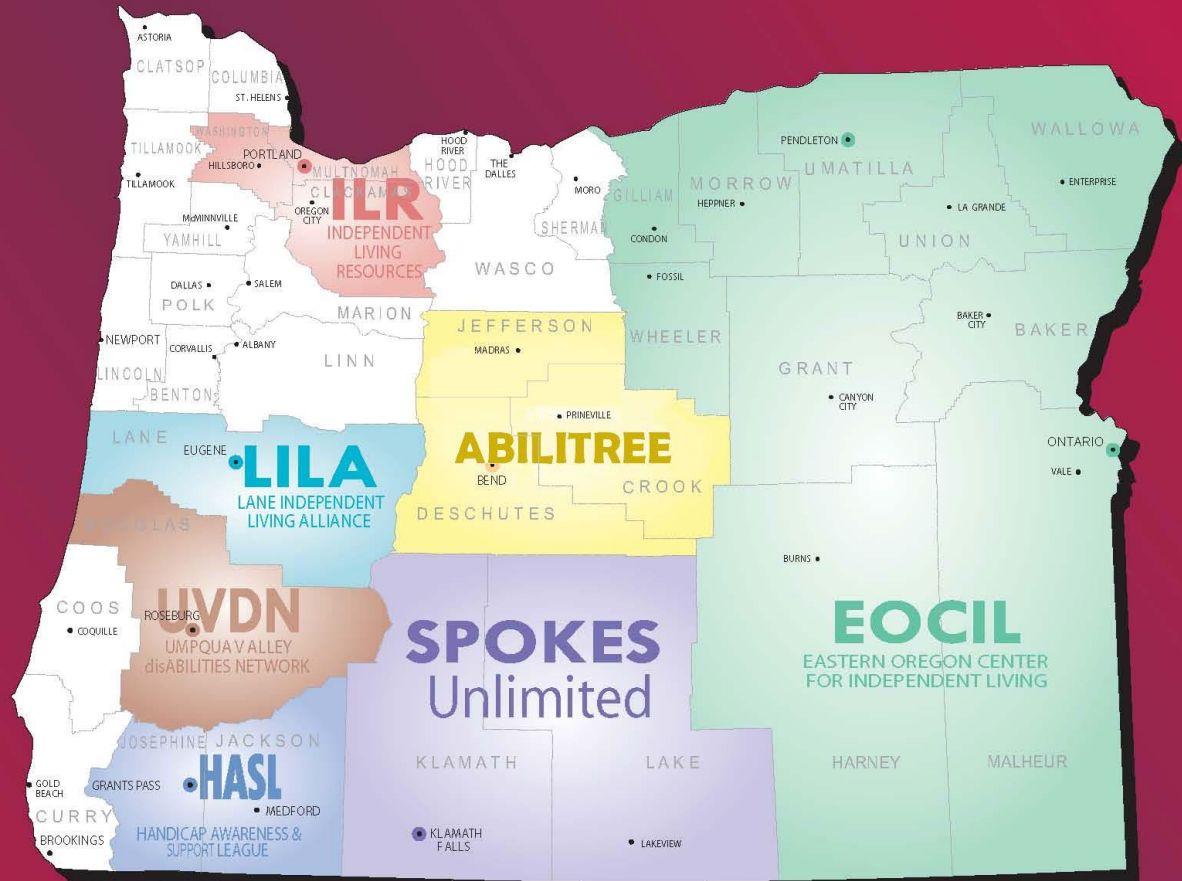
December, 2020

State Independent Living Council  
and  
Oregon's Centers for Independent Living

# CENTER FOR INDEPENDENT LIVING SERVICE AREAS

# OREGON

## CENTERS FOR INDEPENDENT LIVING



Promoting choice, equal access, and full inclusion of people with disabilities, throughout the State of Oregon

# GOALS OF THE PLAN

1. Gain funding and support to provide increased IL services.
2. Listen and respond to specific consumer needs.
3. Educate about and advocate for the Independent Living Philosophy.

# OBJECTIVES FOR GOAL 1

## Goal – Funding and Support for Services

1. Review & Update provider funding formula and method.
  - At a minimum, review underserved and unserved area funding.
2. Advocate for program funding.
3. Work together with partners to increase resources to better meet the needs of Independent Living program consumers.

# • OBJECTIVES FOR GOAL 2

**Goal – Listen and Respond to Specific Consumer Needs.**

1. Provide requested services to facilitate consumer goals
  - Including in response to local, state or national disasters.
2. Help improve consumer access to health care
3. Advocate for expansion of transportation options
4. Advocate for expansion of housing access

# OBJECTIVES FOR GOAL 3

## Goal – Educate about & advocate for Independent Living Philosophy

1. Educate partners and funders about the value of IL services.
2. Engage in local and statewide systems advocacy to address issues impacting consumer needs.
3. Hold an IL conference to provide needed training and technical assistance.
4. Pursue a statewide youth leadership training initiative.

# STATE PLAN EVALUATION

**Evaluates the effectiveness of the State Plan in meeting the identified objectives**

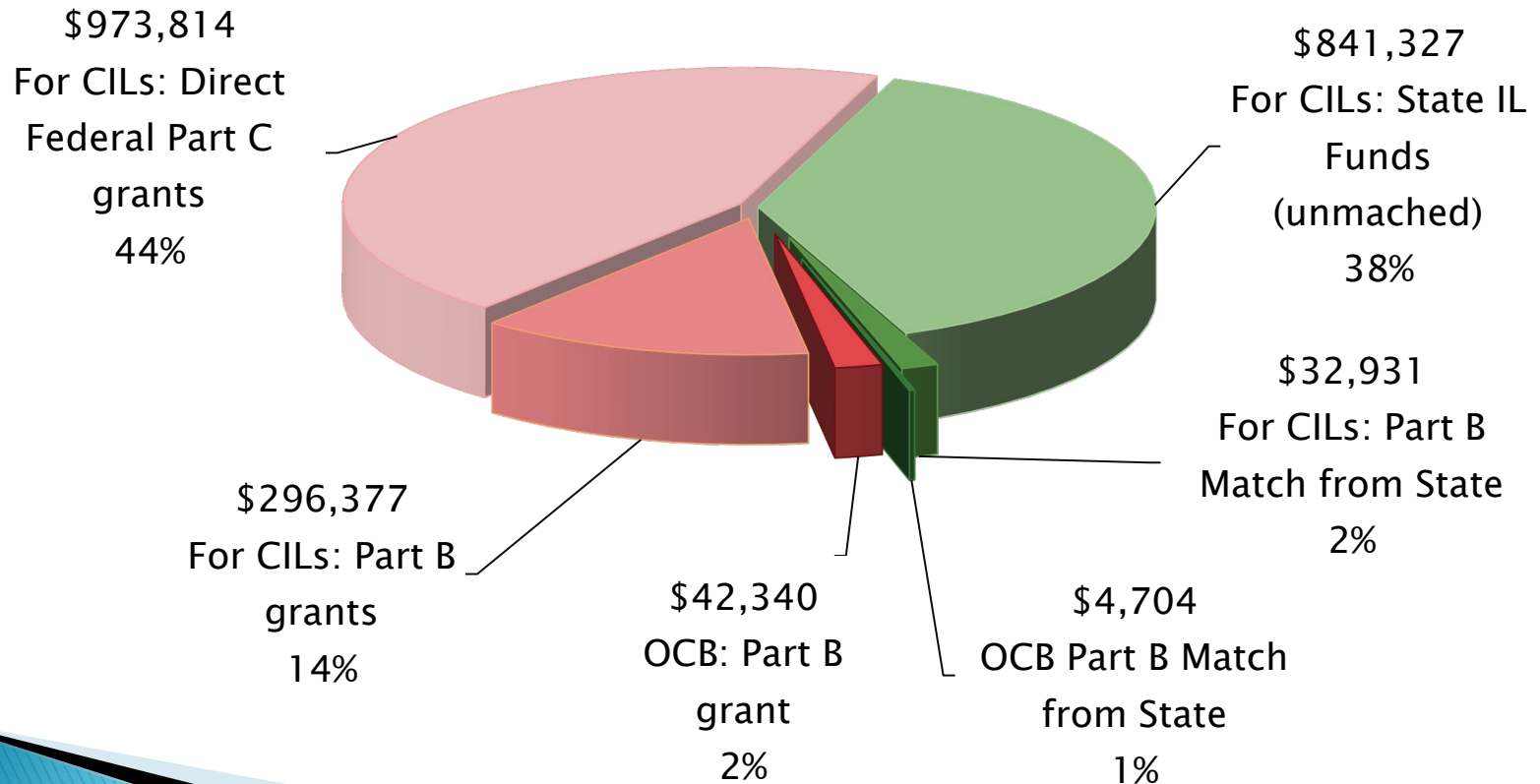
- ▶ **Evaluation is overseen by the SPIL Committee of the State Independent Living Council**
  - Program Performance Reports and additional data, including consumer satisfaction data, is reviewed at least annually to determine overall statewide results.
  - Results are reported annually to the Federal program authorities via a Federal Program Performance Report.

# COORDINATION OF FEDERAL & STATE FUNDS FOR SERVICES

**\$2,191,493 Used Per Year**

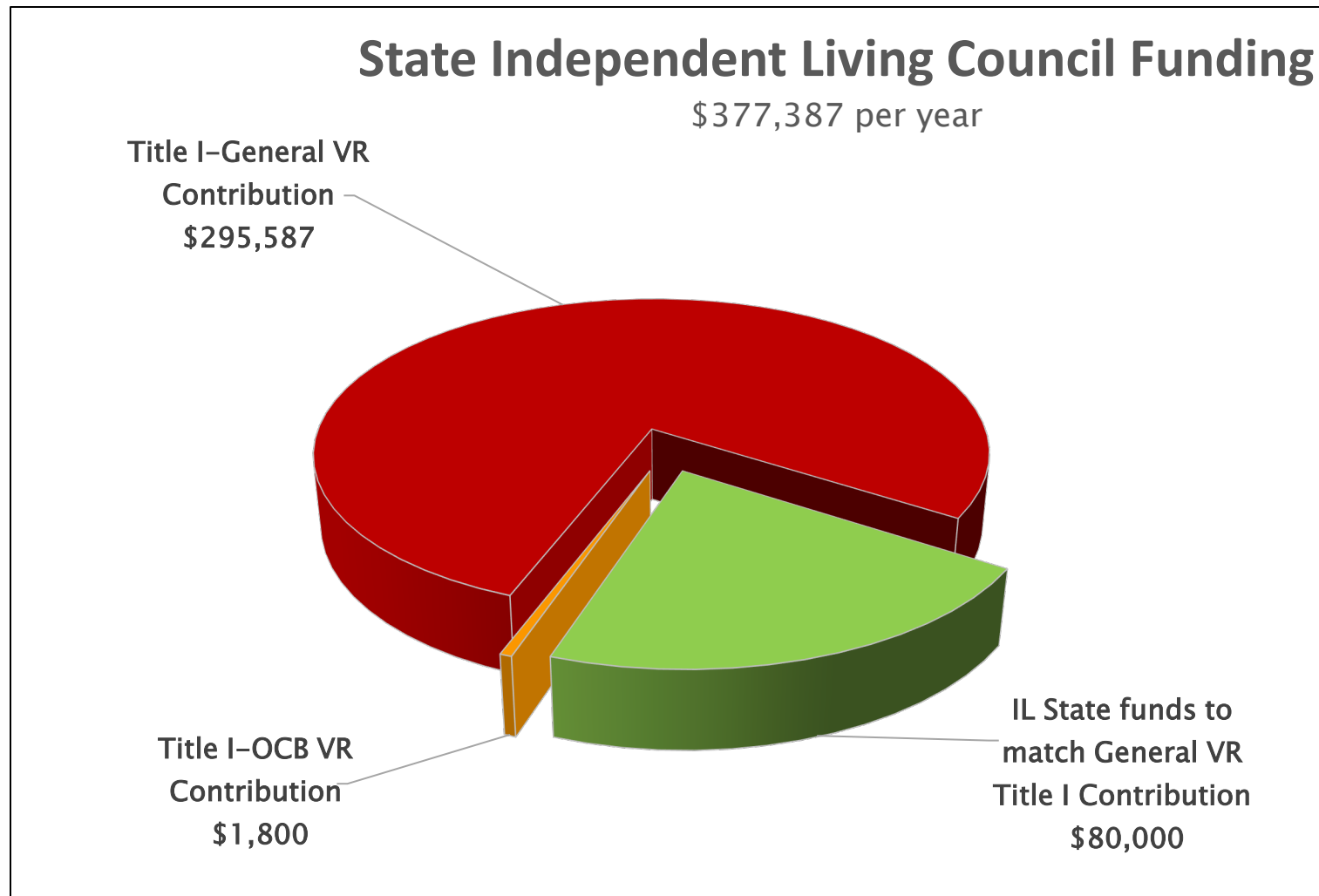
\$2,144,449 for 7 CILs

\$47,044 for OCB





# FEDERAL & STATE FUNDS FOR PLANNING, MONITORING, EVALUATION & COORDINATION



# SCOPE & EXTENT OF SERVICES

**IL Core Services at all CILs and at OCB\* unless indicated**

- Information and referral
- IL skills training
- Peer counseling
- Individual and systems advocacy (not available at OCB)
- Transition – related to avoidance of or move from institutions or for youth leaving high school

*\*OCB's services under this State Plan are only for individuals whose barrier is vision-related.*

# SCOPE & EXTENT OF SERVICES

## IL Services provided at CILs (possibly not every CIL) and at OCB\*

- Rehabilitation technology
- Mobility training
- Service/training for individuals with cognitive/sensory disabilities (such as life skills, interpreter and reader services)
- Consumer info programs on rehabilitation and IL services available under the Rehabilitation Act, especially for minorities or traditionally unserved or underserved populations
- Education and training for living in the community and participating in its activities
- Transportation, including referral and assistance with transportation
- Individual and group social and recreational services
- Other Federal, State or local program services to enhance independence, productivity and quality of life (example: Services to individuals experiencing HIV/AIDs)
- Preventative services to decrease future need for similar services
- Community Awareness
- Other services unique to particular service providers

# SCOPE & EXTENT OF SERVICES

**Other IL Services provided only at Oregon CILs (not OCB) – These may not be available at every CIL**

- Counseling (psychological or psychotherapeutic)
- Securing housing or shelter
- Personal assistance services for individuals who are blind or have low vision, including attendant care and the training of personnel providing these services
- Surveys, directories, etc. to identify housing, recreation, accessible transportation and other supports
- Supported living (no CIL can own or operate housing)
- Provision of prostheses or other appliances or devices
- Skills training for youth to promote self-awareness, esteem, self-empowerment & career exploration
- Services for children

**IL Services not provided by Oregon's IL system**

- Physical Rehabilitation
- Therapeutic Treatment

# OUTREACH TO UNDERSERVED POPULATIONS

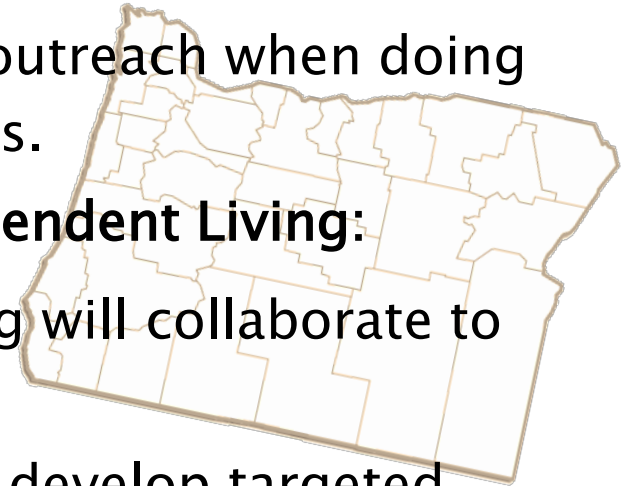
## Addressing Underserved Disability Populations Statewide:

### 1. In unserved areas:

- SILC will assess needs/advocacy issues and recruit Council members.
- Center for Independent Living will outreach when doing contracted/fee-for-service activities.

### 2. In areas served by a Center for Independent Living:

- SILC/Centers for Independent Living will collaborate to assess needs.
- Centers for Independent Living will develop targeted, local outreach plans and reach out to their unique underserved populations.



# COOPERATION & WORKING RELATIONSHIPS

## New or continuing engagement with...

- ▶ **Employment** – State Rehabilitation Council; General, Blind & Tribal VR Programs
- ▶ **Health & Human Services** – Aging & People with Disabilities, Aging & Disability Resource Connection, Area Agencies on Aging, Home Care Commission, Developmental Disabilities, Addictions & Mental Health, Coordinated Care Organization Advisory Groups, University Centers for Excellence on Developmental Disabilities, Social Security Administration, Adult Protective Services, Disability Rights Oregon, Medicaid Advisory Committee, Ombudsman Advisory Committee, Public Health.
- ▶ **Culture/Equity/Inclusion** – Citizenship and Immigration Services, Latino-specific entities, Basic Rights Oregon and /or other LGBTQIA+ and Two Spirit entities, Office of Equity & Multicultural Services, Office of Equity & Inclusion.
- ▶ **Housing** – Oregon Housing Entities
- ▶ **Veterans** – Various Veterans’ Service Organizations
- ▶ **Transportation** – Local Special Transportation Fund Advisory Committees & Councils of Government
- ▶ **Education** – Special Education, Family & Community Together – Parent Training & Information Center, Family Networks
- ▶ **Corrections** – Adult & Youth systems
- ▶ **Tribal Entities** – Legislative Commission on Indian Services, 121 Projects, etc.
- ▶ **Emergency Management** – FEMA, Oregon Office of Emergency Management, Disability Emergency Management Advisory Council, Department of Human Services and Oregon Health Authority Emergency Management Units.

# DESIGN OF THE SERVICE NETWORK

**Oregon Commission for the Blind** *(services specific to individuals experiencing blindness and low vision)*

**7 Centers for Independent Living** *(cross-disability services for all ages, provided by peer mentors)*

- **5 CILs – Receive Direct federal IL program funding (Part C) + supplemental grants from State (ILR, UVdN, HASL, SPOKES, Abilitree)**
- **2 CILs – Receive funding from State grants (EOCIL, LILA)**

The State uses both Federal Part B and State General Funds to support grants to the CIL Network.

By law, CILs must also develop additional resources on their own, and must meet all Federal service provider requirements.

Oregon requires CILs to be approved to receive funds, via the SILC's approval of the State Plan. CIL staff, when appropriate, are required to maintain certifications/licenses generally required for particular types of services (Ex: Professional counselors).

# PLANS FOR EXPANSION

The objective is to do research and plan a data-driven approach for how funding of current and expanded services will be applied.

## Realities

- All areas of Oregon are either underserved or unserved

Until the funding approach is reviewed, funding priorities will be...

1. Fund existing CILs until they reach specified funding levels (based on the available, sustainable funds)
2. Expand into new areas once the existing CILs are fully funded, and at least \$250,000 in annually sustainable funding is available.



# PRIORITIES FOR EXPANSION

- A. Additional Direct Federal Grants (Part C)** – Once existing 5 Part C grantees have reached their adequate funding levels, new Part C will be granted according to the following priorities:
1. **Eastern Oregon Region** (*Baker, Gilliam, Grant, Harney, Malheur, Morrow, Umatilla, Union, Wallowa and Wheeler*)
  2. **Lane County Region** (*Lane only*)
  3. **Salem Region** (*Marion, Polk and Yamhill*)
  4. **South Coast Region** (*Coos, Curry*)
  5. **Central Willamette Valley/Coast Region** (*Linn, Benton, Lincoln*)
  6. **North Coast Region** (*Clatsop, Columbia, Tillamook*)
  7. **Columbia Gorge Region** (*Hood River, Sherman, Wasco*)
- B. Additional State Grant Funds (Part B & General Funds)** – Once the 7 existing CILs reach their adequate funding levels, new Part B & General Funds will be distributed according to priorities 3–7 above.

# ADMINISTRATION

## Designated State Entities (DSE)

- **Duties:** Receive, account for and distribute IL program funds received by the State under Chapter I of the Rehabilitation Act; recordkeeping and administrative support.
- **Oregon's Designated State Entity:** General VR program

## State Independent Living Council

- A State government body, separate from any State Agency
- Members appointed by the Governor according to mandated requirements for consumer majority, with broad demographic representation
- **Functions:** Co-develop the State Plan; monitor, review and evaluate the State Plan's implementation; hold open meetings for the public; submit federal reports; keep records; and coordinate with other entities in the State that provide similar or complementary services, such as those providing long-term community-based services and supports
- **Additional authorities include:**
  - Working with CILs to coordinate services with public and private entities
  - Conducting resource development for the SILC's activities or for provision of services by CILs
  - Other functions consistent with the purpose of Chapter 1 of the Rehabilitation Act, as determined by the SILC

# Contact Information

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