

Schedule

Family time is a time for your family to stay connected. Your family time coordinator will offer support and supervision to ensure that family time is safe and positive.

Your regularly scheduled family time will occur:

on _____ at _____

Family time coordinator name and contact information:

Branch contact information:

- Please notify your family time coordinator if you are going to be late or unable to attend your family time.
- If you or your children are late, the remainder of your family time may still be available.
- If you miss back-to-back scheduled family times, your caseworker will meet with you to discuss the reasons for missed family time and ideas that may help.
- Sometimes family time must be cancelled or rescheduled. Reasons for this may include illness of parent or child, unsafe parent or child behavior, court or other parent or child appointments, unsafe road conditions or weather, holidays, or other issues.

Guests

Relatives, guests, and pets may be included in your family time only if approved in advance by your caseworker.

Unapproved relatives, guests, and/or pets will not be allowed.

Safety

- Substance use, weapons, and physical discipline of any kind are not allowed.
- If using technology during family time, do so in a way that is fun and safe. Only take pictures/video recordings of your own family during family time.
- If your children need help in the restroom, please go with them unless otherwise directed by your caseworker or family time coordinator.
- Your family time will be ended if your behavior (including substance use before or during the family time) is causing the children to be physically/emotionally unsafe. If family time is ended, please wait until your children are no longer present to discuss the reasons with your family time coordinator and/or caseworker.

Ending your Family Time

- Allow enough time to clean up and have a meaningful transition at the end of your family time.
- Request to speak with your caseworker or family time coordinator if you:
 - Need supports for yourself once your children leave.
 - Are interested in meeting a resource parent or other person involved in your children's lives.
 - Have feedback about family time including what is going well and what isn't.

Tips for Success

- Parents know their children best. Plan on doing activities during family time that your children will enjoy.
- Culturally specific activities such as birthdays, holidays, Tribal ceremonies or practices, religious or spiritual ceremonies or practices, cooking traditional foods, or other practices that are specific to your family are a great way to spend family time.
- Contact your family time coordinator before your family time if you would like to arrange a special activity that may require additional time or planning.
- When bringing food/drink to your family time, please follow any allergy or dietary restrictions that your children may have.
- Speak with your caseworker or family time coordinator if:
 - Your children have specific questions about what is going on in the case.
 - You need to take a break and step away from your family time area.
 - Your child needs a nap so that a safe sleeping environment can be arranged.
 - The family time schedule needs adjusted due to your or your children's schedule.

You can get this document in other languages, large print, Braille, or a format you prefer. For Language Access Accommodations call 833-685-0841 or email odhs.languageaccess@odhsosha.oregon.gov. We accept all relay calls or you can dial 711.

Family Time Guidelines

