OREGON DEPARTMENT OF Human Services

APD Community Learning Session

The History of APD: Building on the past to serve Oregonians
October 29, 2026

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Welcome!

Nakeshia Knight, Ph.D.
Director
Office of Aging and People with Disabilities (APD)
Oregon Department of Human Services



Webinar Logistics

- American Sign Language translation is available for today's meeting.
- Communication Access Realtime Translation (CART) live captioning is provided.
- We ask all participants to remain muted.
  - To ask a question, please use the icon to raise your hand moderators will call upon you.
  - If joining by phone, dial *9 to raise and lower your hand.
- Please refrain from using the chat for topics beyond the group discussion.
- This session will be recorded.

Community Agreements

Invitation for laughter

We invite laughter, compassion and gratitude.

Lead with curiosity, not judgement

Be curious and ask questions to better understand.

Respectful engagement

We contribute in ways that support clarity, access and connection for everyone.

Shared Responsibility

We share knowledge and resources to support each others learning

Self-Compassion

We are all at different places in our learning allow ourselves the same grace and understanding we would give others.

Resiliency and Community Care

We uplift one another with care, joy and connection to strengthen our community.

Keep an open mind

Growing as a person means being willing to learn and evolve.

Prompts

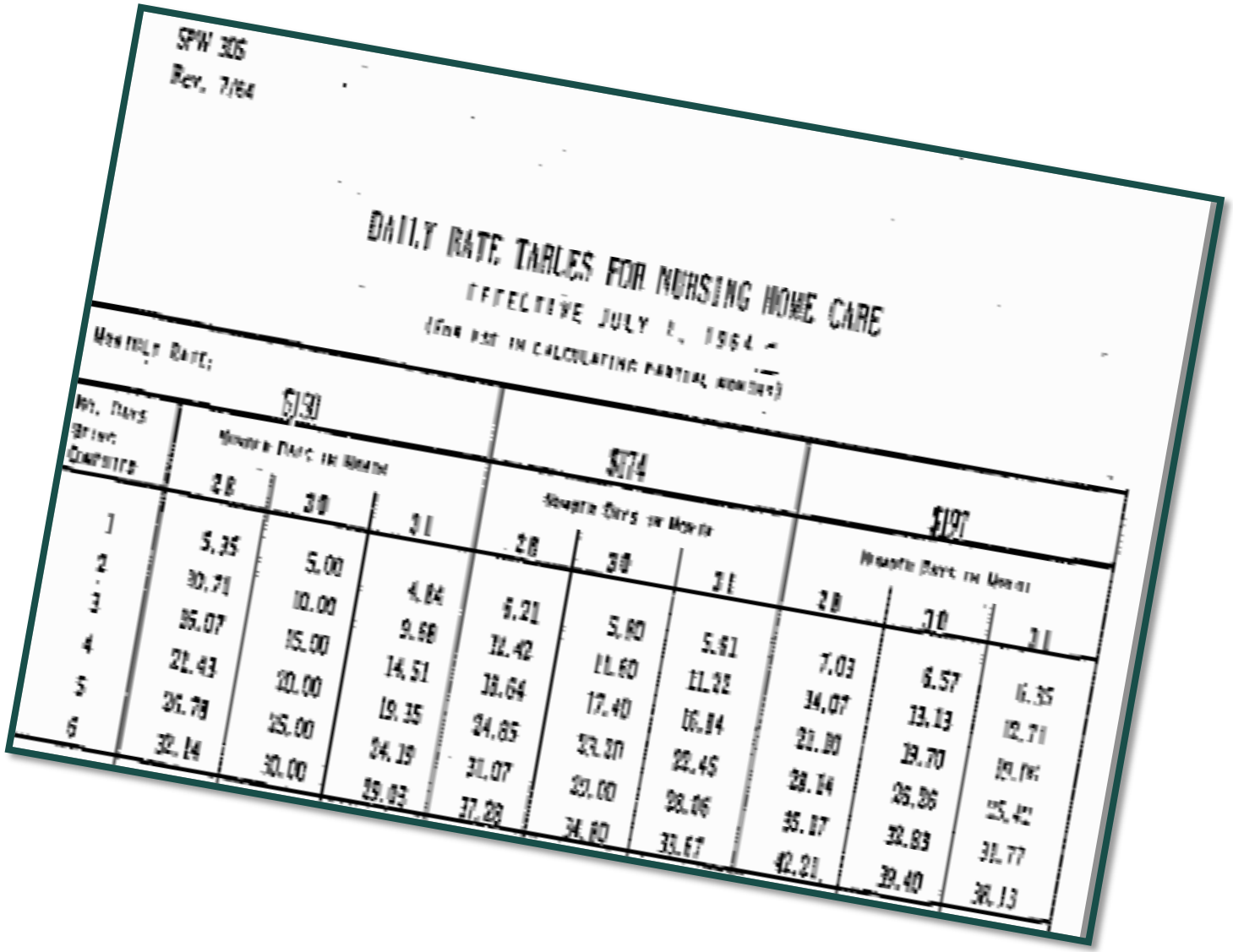




- What from our past shapes us today?
- What inspires us to think about where we go from here?
- Are there any surprises?
- What information was missing or not fully acknowledged?

Before APD

- Up to 1900: Local charitable organizations
- Early 1900s: County Homes for the 'Aged'
- 1935: Social Security Act
- 1940s-early 1960s:
  - Room & Board
  - Nursing Homes



SPW 305
Rev. 7/64

DAILY RATE TABLES FOR NURSING HOME CARE

EFFECTIVE JULY 1, 1964

(For use in calculating partial months)

Monthly Rate:	$130			$174			$197		
Nr. Days Prior Quarters	Month Days in Month			Month Days in Month			Month Days in Month		
	28	30	31	28	30	31	28	30	31
1	5.35	5.00	4.84	6.21	5.80	5.61	7.03	6.57	6.35
2	10.71	10.00	9.68	12.42	11.60	11.22	14.07	13.13	12.71
3	16.07	15.00	14.51	18.64	17.40	16.84	21.10	19.70	19.06
4	21.43	20.00	19.35	24.85	23.20	22.45	28.14	26.26	25.42
5	26.78	25.00	24.19	31.07	29.00	28.06	35.17	32.83	31.77
6	32.14	30.00	29.03	37.28	34.80	33.67	42.21	39.40	38.13

By the decade: 1960s

1965:
Older Americans Act (OAA), Medicare and Medicaid enacted

1966:

- Medicaid LTC in Nursing Facilities
- Aging programs administered in State System of Higher Education
- Interagency Commission on Aging

1969:
Program on Aging in Dept. of Human Resources, Governor's Committee on Aging

A closer look: Older Americans Act (OAA)

1965:
Older Americans Act (OAA), Medicare and Medicaid enacted

- Services available to individuals ages 60 and over;
- Key services include nutrition and meals programs, family caregiver services, evidence-based health and wellness programs, supportive services.
- Formula grant to states, with state maintenance of effort (approximately $5 million per biennium).
- Key early developments:
  - 1973: Reauthorization to create AAAs
  - 1978: Consolidated core services under Title III, Grants to Tribal Organizations under Title VI, Long Term Care Ombudsman

1966: Proposed State Plan on Aging

TO QUALIFY, STATES NEED:

A. A State Program proposal.
(Oregon has submitted this to the Administration on Aging and expects approval soon.)

B. Matching funds for administration of the program.
(Oregon does NOT have this at the present.)

THE PROBLEM:

Oregon does not have the Commission on Aging in its budget at present. Members of the Commission serve as volunteers and pay their own expenses. Many hours of volunteer effort have gone into the developing of the proposed State Plan.

It will be February or March of 1967 before the State Legislature can consider a bill to put the Interagency Commission on Aging into the budget again.

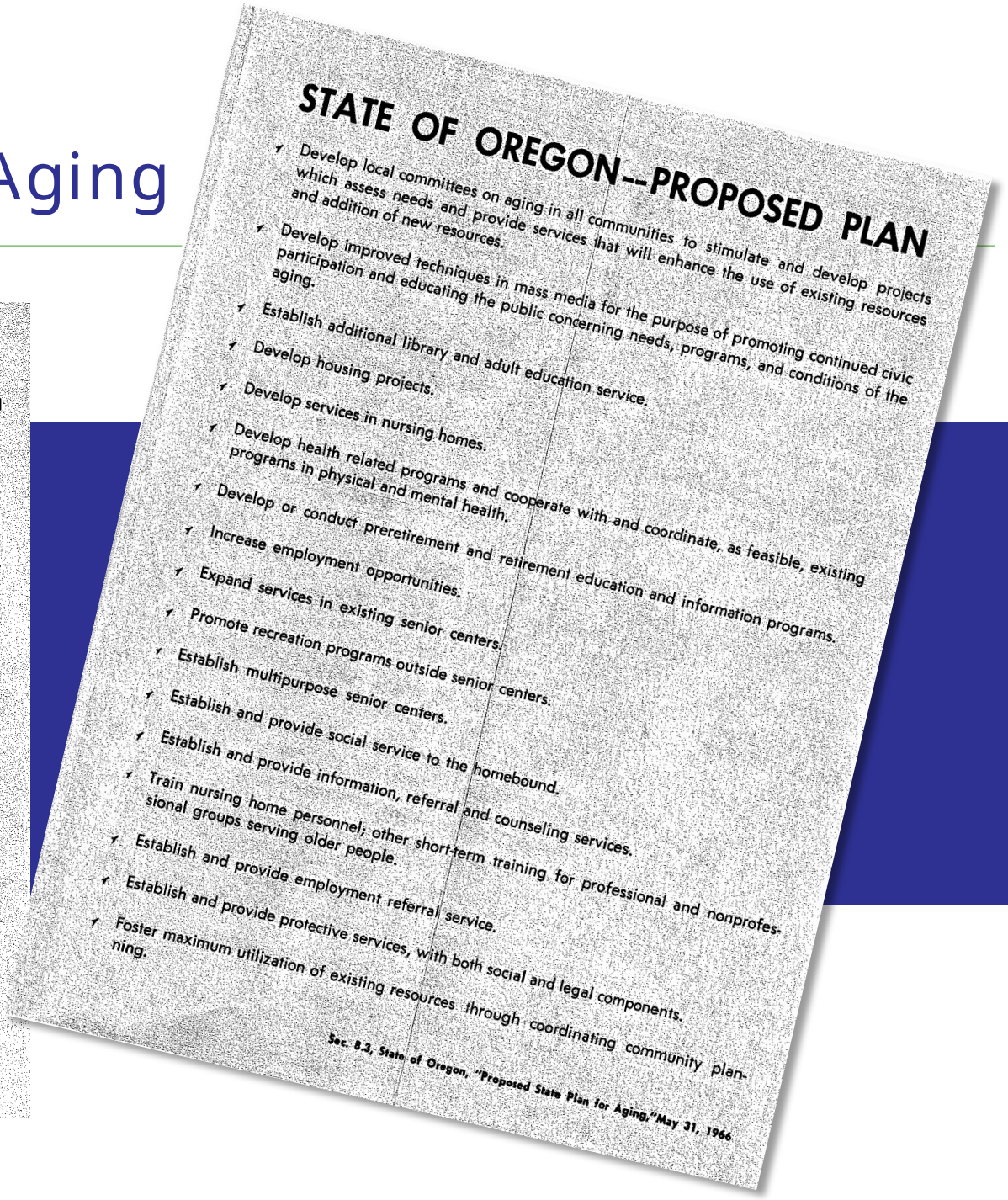
In the meantime, a period of six to nine months remains in which we do not have available **matching funds** for administration of the Older Americans Act program in Oregon.

THE SOLUTION:

Individuals, groups, and organizations interested in Oregon's senior members may contribute toward a fund to provide half the administration cost (executive and secretarial help) for the six to nine month period until the Legislature can act.

GOAL: $5,000 by September 1, 1966. Make checks payable to:

OREGON STATE SYSTEM OF HIGHER EDUCATION
Mrs. Marion Paulsen
126 Finance Bldg.
Salem, Oregon 97310
For: Commission on Aging

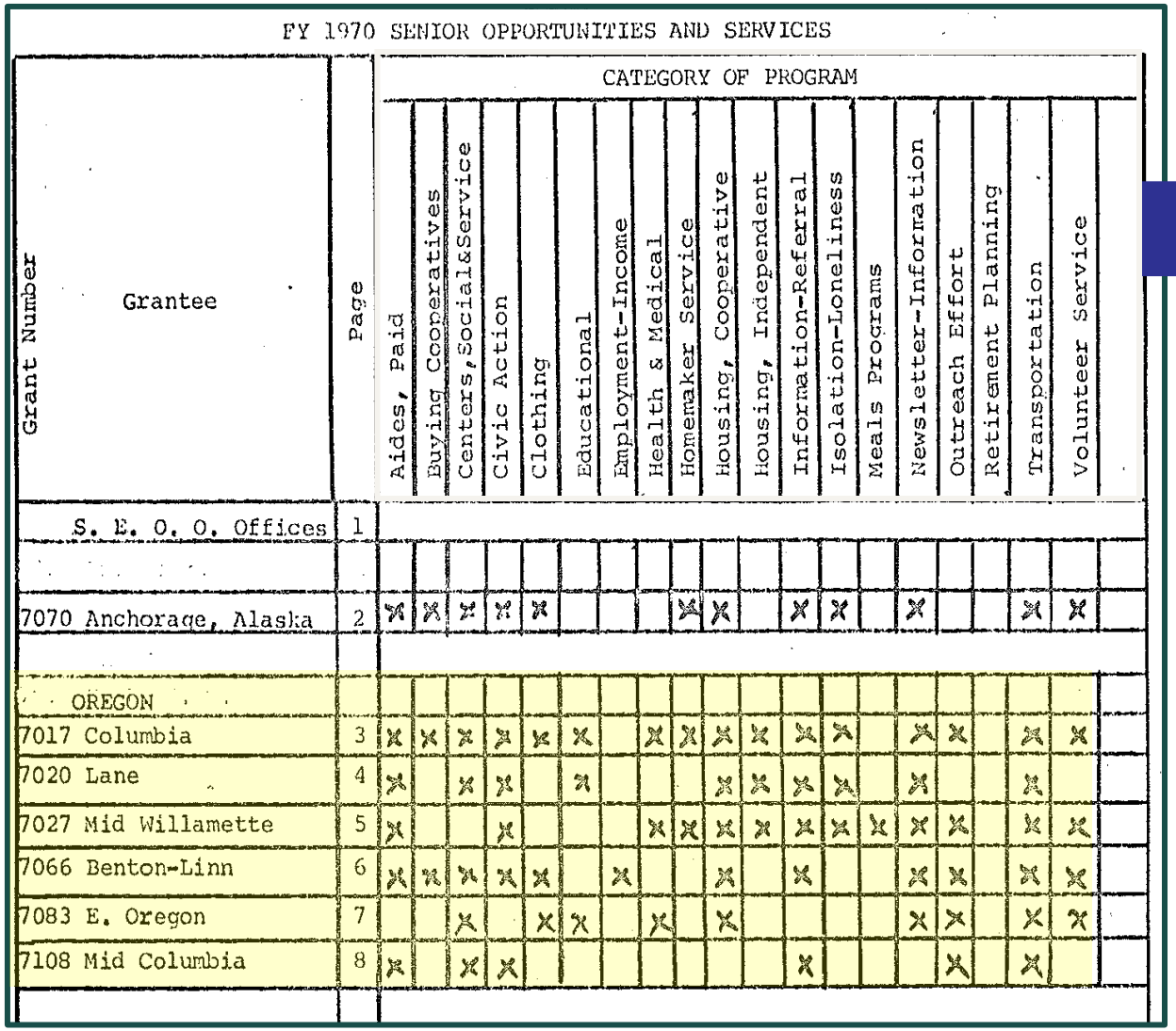


STATE OF OREGON--PROPOSED PLAN

- Develop local committees on aging in all communities to stimulate and develop projects which assess needs and provide services that will enhance the use of existing resources and addition of new resources.
- Develop improved techniques in mass media for the purpose of promoting continued civic participation and educating the public concerning needs, programs, and conditions of the aging.
- Establish additional library and adult education service.
- Develop housing projects.
- Develop services in nursing homes.
- Develop health related programs and cooperate with and coordinate, as feasible, existing programs in physical and mental health.
- Develop or conduct preretirement and retirement education and information programs.
- Increase employment opportunities.
- Expand services in existing senior centers.
- Promote recreation programs outside senior centers.
- Establish multipurpose senior centers.
- Establish and provide social service to the homebound.
- Establish and provide information, referral and counseling services.
- Train nursing home personnel; other short-term training for professional and nonprofessional groups serving older people.
- Establish and provide employment referral service.
- Establish and provide protective services, with both social and legal components.
- Foster maximum utilization of existing resources through coordinating community planning.

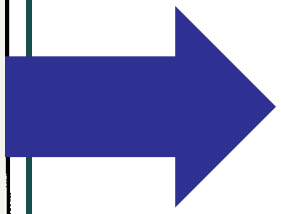
Sec. 8.3, State of Oregon, "Proposed State Plan for Aging," May 31, 1966

1970: Older Americans Act Services



FY 1970 SENIOR OPPORTUNITIES AND SERVICES

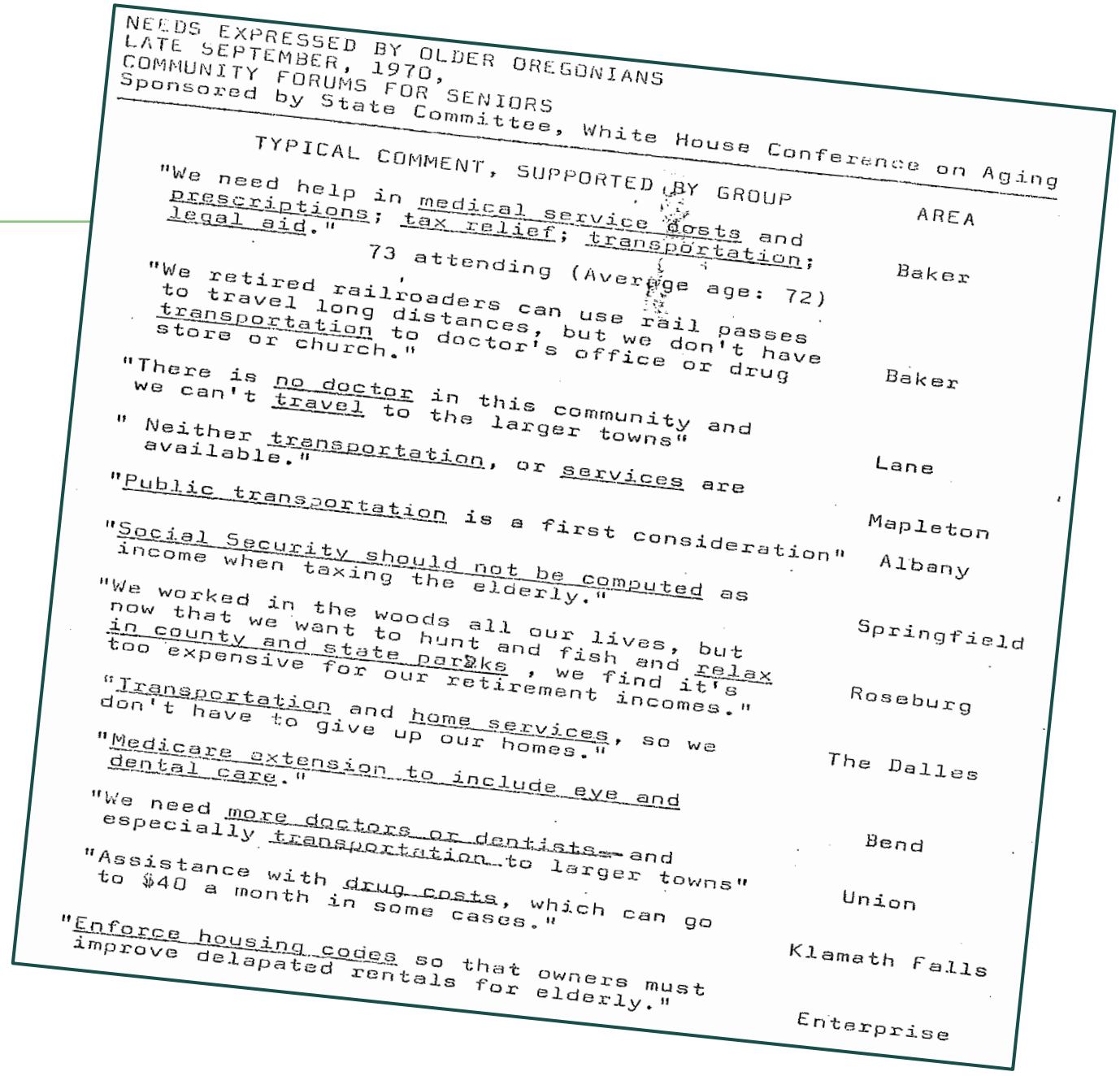
Grant Number	Grantee	Page	CATEGORY OF PROGRAM																				
			Aides, Paid	Buying Cooperatives	Centers,Social&Service	Civic Action	Clothing	Educational	Employment-Income	Health & Medical	Homemaker Service	Housing, Cooperative	Housing, Independent	Information-Referral	Isolation-Loneliness	Meals Programs	Newsletter-Information	Outreach Effort	Retirement Planning	Transportation	Volunteer Service	
	S. E. O. O. Offices	1																					
	7070 Anchorage, Alaska	2	X	X	X	X	X				X	X		X	X		X			X	X	
	OREGON																						
	7017 Columbia	3	X	X	X	X	X	X		X	X	X	X	X	X		X	X		X	X	
	7020 Lane	4	X		X	X		X				X	X	X	X		X			X		
	7027 Mid Willamette	5	X			X				X	X	X	X	X	X	X	X	X		X	X	
	7066 Benton-Linn	6	X	X	X	X	X		X			X		X			X	X		X	X	
	7083 E. Oregon	7			X		X	X		X		X					X	X		X	X	
	7108 Mid Columbia	8	X		X	X								X				X		X		



- Aides, Paid
- Buying Cooperatives
- Centers,Social&Service
- Civic Action
- Clothing
- Educational
- Employment-Income
- Health & Medical
- Homemaker Service
- Housing, Cooperative
- Housing, Independent
- Information-Referral
- Isolation-Loneliness
- Meals Programs
- Newsletter-Information
- Outreach Effort
- Retirement Planning
- Transportation
- Volunteer Service

Needs expressed by older Oregonians, September 1970

- Medical service costs
- Prescription drug costs
- Tax relief
- Transportation
- Legal aid
- Home services
- Access to parks
- Expanded Medicare coverage
- Housing support



NEEDS EXPRESSED BY OLDER OREGONIANS
LATE SEPTEMBER, 1970,
COMMUNITY FORUMS FOR SENIORS
Sponsored by State Committee, White House Conference on Aging

TYPICAL COMMENT, SUPPORTED BY GROUP	AREA
"We need help in medical service costs and prescriptions; tax relief; transportation; legal aid." 73 attending (Average age: 72)	Baker
"We retired railroaders can use rail passes to travel long distances, but we don't have transportation to doctor's office or drug store or church."	Baker
"There is no doctor in this community and we can't travel to the larger towns"	Lane
" Neither transportation, or services are available."	Mapleton
"Public transportation is a first consideration"	Albany
"Social Security should not be computed as income when taxing the elderly."	Springfield
"We worked in the woods all our lives, but now that we want to hunt and fish and relax in county and state parks, we find it's too expensive for our retirement incomes."	Roseburg
"Transportation and home services, so we don't have to give up our homes."	The Dalles
"Medicare extension to include eye and dental care."	Bend
"We need more doctors or dentists — and especially transportation to larger towns"	Union
"Assistance with drug costs, which can go to $40 a month in some cases."	Klamath Falls
"Enforce housing codes so that owners must improve delapated rentals for elderly."	Enterprise

By the decade: 1970s

1970 – 1972:
White House Conference on Aging

1973:
OAA authorizes Area Agencies on Aging (AAAs)

1974-1975:
Creation of Oregon Project Independence

1977:
Office of Elderly Affairs

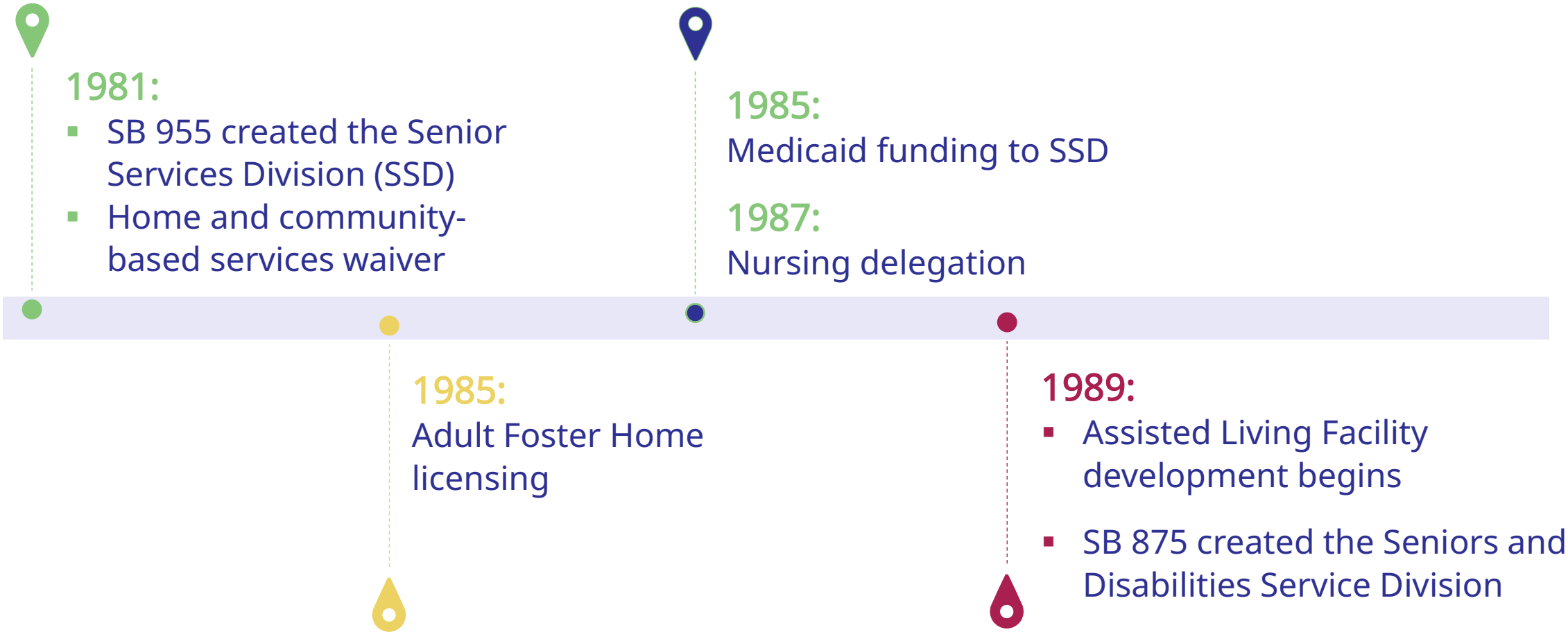
1979:
Flexible Intergovernmental Grant (FIG waiver)

A closer look: Oregon Project Independence

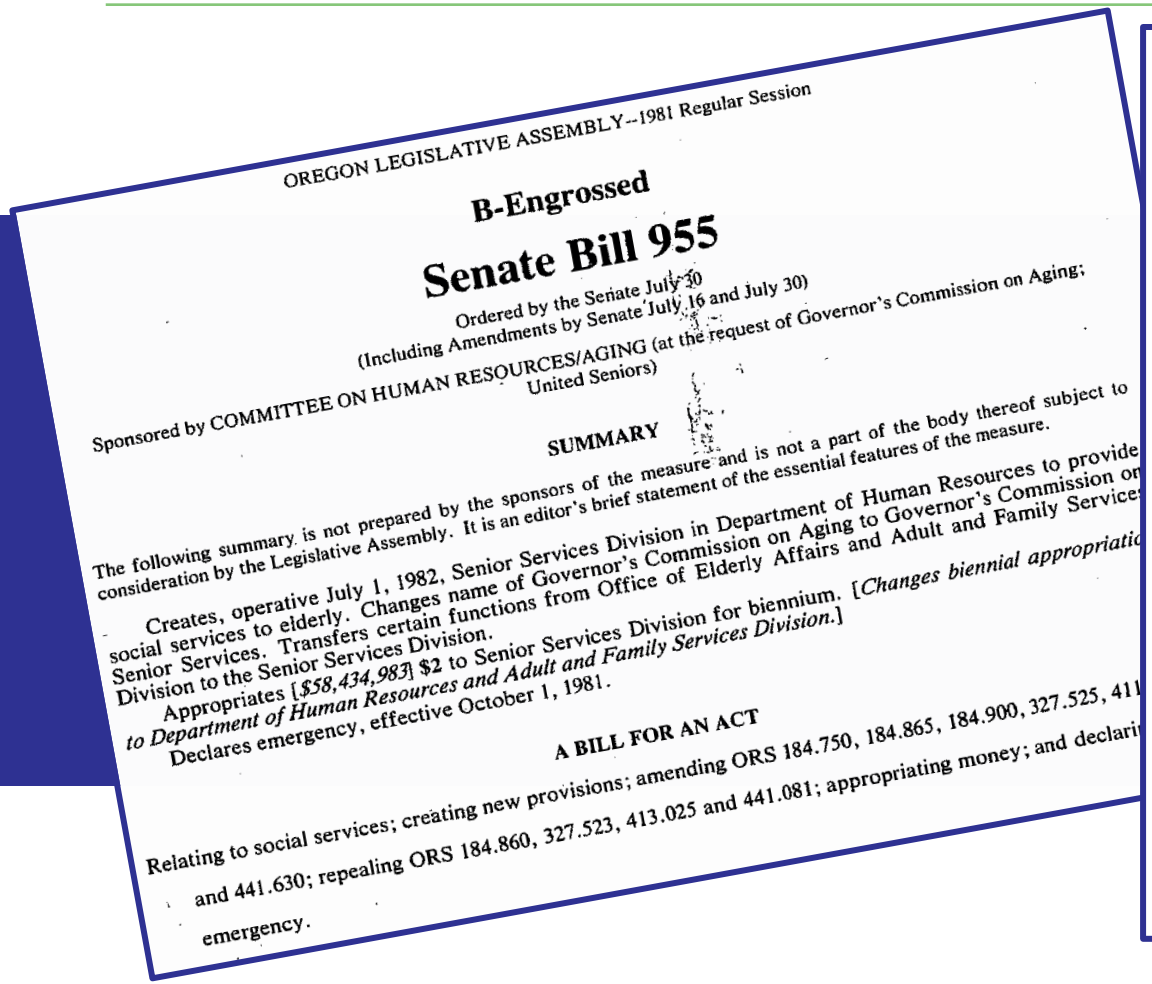
1974-1975:
Creation of Oregon Project Independence

- Early 1970s: Berta Roth of Governor's Committee on Aging advocates for in-home supportive services for people not Medicaid eligible. Support from Marion Hughes, Director of State Program on Aging.
- 1974-1975: Joint Interim Committee on Aging formed, worked on proposal for OPI, and introduced HB 2163
- Passed 1975 House Committee on Aging, and unanimously in House and Senate
- Allocated $1 million for 1975-1977 biennium

By the decade: 1980s



1981: Senate Bill 955



OREGON LEGISLATIVE ASSEMBLY--1981 Regular Session

B-Engrossed

Senate Bill 955

Ordered by the Senate July 30
(Including Amendments by Senate July 16 and July 30)

Sponsored by COMMITTEE ON HUMAN RESOURCES/AGING (at the request of Governor's Commission on Aging; United Seniors)

SUMMARY

The following summary is not prepared by the sponsors of the measure and is not a part of the body thereof subject to consideration by the Legislative Assembly. It is an editor's brief statement of the essential features of the measure.

Creates, operative July 1, 1982, Senior Services Division in Department of Human Resources to provide social services to elderly. Changes name of Governor's Commission on Aging to Governor's Commission on Senior Services. Transfers certain functions from Office of Elderly Affairs and Adult and Family Services Division to the Senior Services Division.

Appropriates [*$58,434,983*] $2 to Senior Services Division for biennium. [*Changes biennial appropriation to Department of Human Resources and Adult and Family Services Division.*]

Declares emergency, effective October 1, 1981.

A BILL FOR AN ACT

Relating to social services; creating new provisions; amending ORS 184.750, 184.865, 184.900, 327.525, 411 and 441.630; repealing ORS 184.860, 327.523, 413.025 and 441.081; appropriating money; and declari emergency.

Account within the General Fund as they are made available by the United States Government and, subject to the approval of the Executive Department, may be expended for the following purposes:

(a) Long-term care ..... $ 1

(b) Administrative expenses ..... $ 1

SECTION 40. Sections 7, 9, 10, 13 and 15 of this Act are operative July 1, 1982.

SECTION 41. This Act being necessary for the immediate preservation of the public peace, health and safety, an emergency is declared to exist, and this Act takes effect October 1, 1981.

Passed by Senate July 31, 1981

Secretary of Senate

President of Senate

Received by Governor:

3:20 P M., 8/18, 1981

Approved:

3:04 P M., 8/21, 1981

Governor

Filed in Office of Secretary of State:

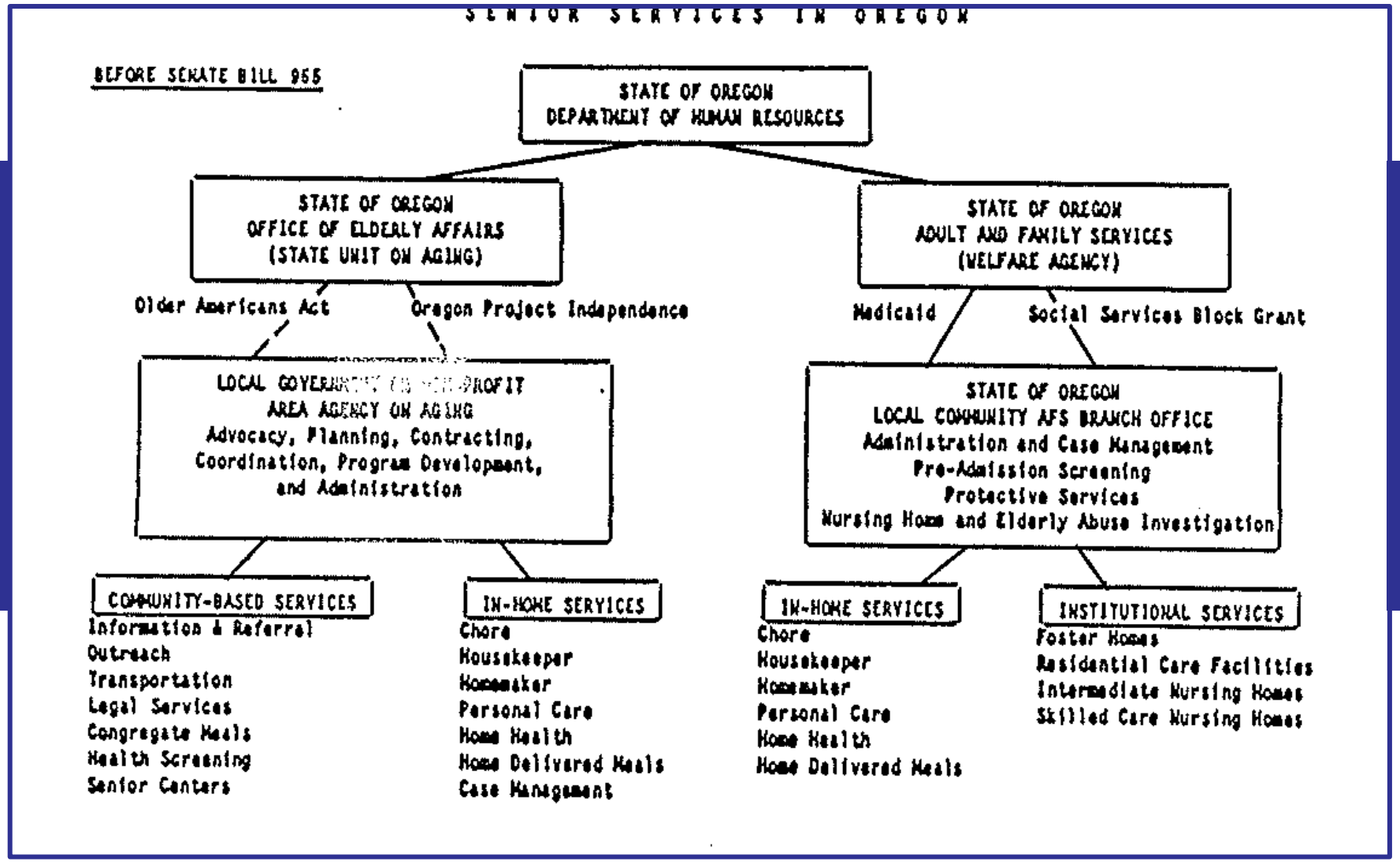
9:25 A.M., August 24, 1981

Secretary of State

Passed by House August 1, 1981

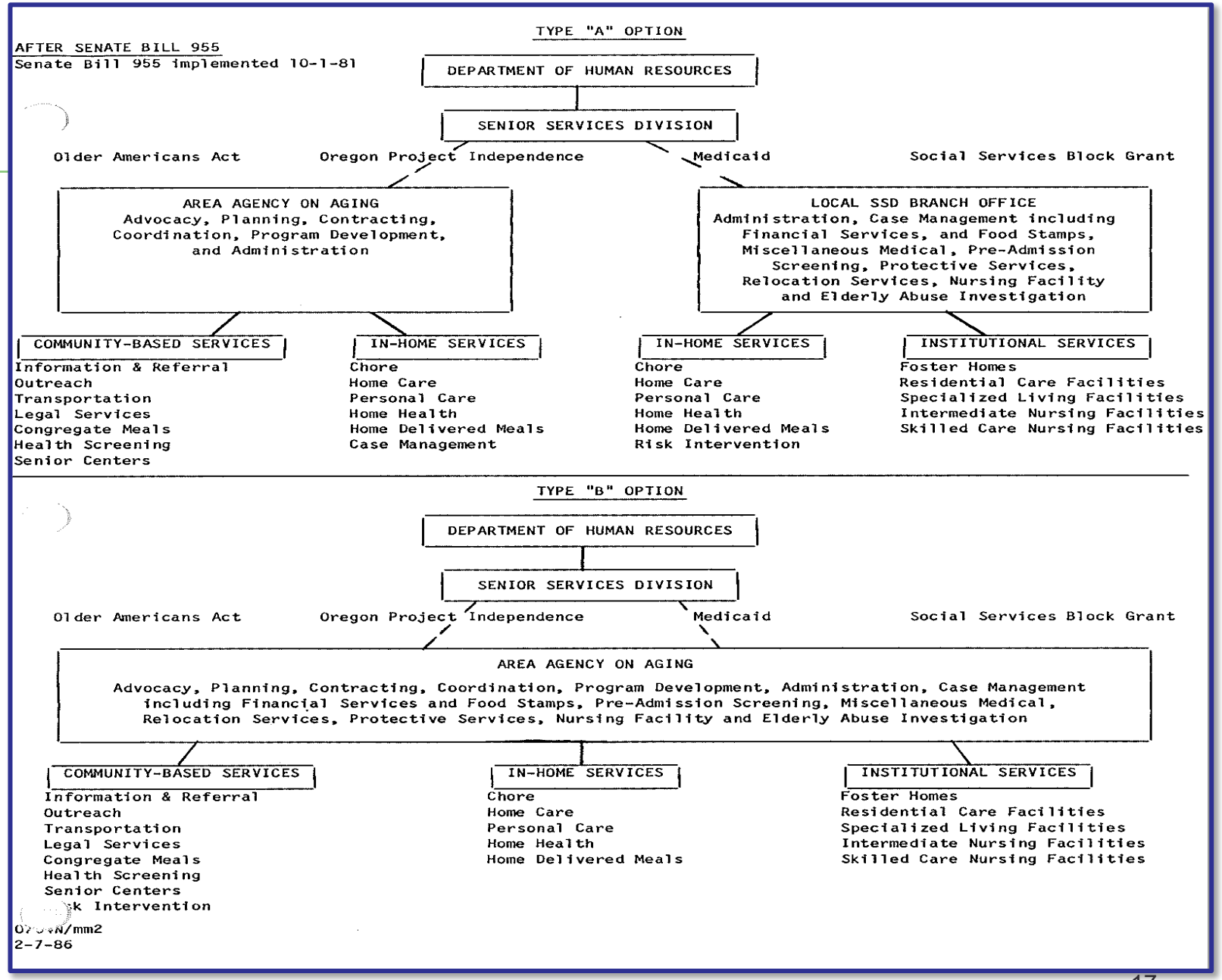
Speaker of House

Senior Services structure before 1981



Structure after 1981

- Type A and Type B structures created
- Type A areas have both an Area Agency on Aging and a Senior Services Division office.
  - Services are split between the two office types.
- Type B Areas have an Area Agency on Aging office to provide all services.



A closer look: licensing and regulatory work

1985:
Adult Foster Home licensing

1989:
Assisted Living Facility development

- 1983: Regulatory groundwork in SSD begins with registry for Adult Foster Homes.
- 1985: Adult Foster Home licensing and regulation passed legislative session; in addition to SSD, Type B Transfer AAAs can opt to license AFHs.
- 1989-1990: Assisted Living Facility developed as a concept with a partnership between Oregon and Keren Brown Wilson.

By the decade: 1990s

1990:
Program of All-Inclusive Care for the Elderly (PACE) program launches

1991:
Elimination of Service Priority Level 18

1999:
Employed Persons with Disabilities program launches

Circa 1990

Early data on Adult Foster Homes:

- 2,178 Adult Foster Homes in Oregon
- 36.2 percent licensed for only one bed
- 39.4 percent licensed for five beds
- 50.8 percent need some help with only one of six activities of daily living (ADLs)
- 4.2 percent are dependent in five to six ADLs

2) 36.2% of all adult foster homes licensed since 1987 are licensed for only one bed. Only 39.4% of the homes are licensed for five beds. The distribution of licensed beds is as follows:

Number of Beds for Which Licensed is Granted	Number of Homes	% of All Homes
1 Bed	788	36.2%
2 Beds	144	6.6%
3 Beds	144	6.6%
4 Beds	244	11.2%
5 Beds	858	39.4%
	2,178	100.0%

Individuals in Adult Foster Care tend to be at the lower end of the dependency scale of the six activities of daily living. (The six activities of daily living are: eating, continency, behavior, dressing, bathing, and mobility.)

50.8% need only some assistance in performing one of the six activities of daily living.

29.3% are dependent on someone to help them perform one to two of the activities of daily living (can't do it alone).

15.7% are dependent in three to four ADL's.

4.2% are dependent in five to six ADLs.

100.0%

In the typical intermediate nursing facility, 81.6% of the residents are dependent on someone else to help perform the ADL and only 18.4% need only some assistance.

By the decade: early 2000s

2000:

- Home Care Commission (Measure 99)
- National Family Caregiver Support Program enacted in OAA

2001:
Seniors and People with Disabilities

2003-2004:
Budget reductions (SPL changes and General Assistance funding eliminated)

2008:
Real Choices Grant and start of Aging and Disability Resource Connection (ADRC) development

A closer look: Aging and Disability Resource Connection

2008:
Real Choices Grant and start of Aging and Disability Resource Connection (ADRC) development

- Seniors and People with Disabilities receives $1.6 million grant to begin development of ADRC in September 2008. It is a three-year grant.
- 2009: Development of ADRC begins, with prototype in Lane County.
- 2012: APD receives grant for ADRC Enhanced Options Counseling.

By the decade: 2010 - 2020

2011-2012:

- Office of Aging and People with Disabilities
- Coordinated Care Organization (CCO) development
- Long Term Care 3.0

2013:
1915(k) State Plan

2017:
HB 3359 (Licensing and Quality of Care)

2019
Start of the Tribal Navigator Program

2020:
COVID-19 Pandemic response and recovery

From isolation to community living



Oregon Institute for the Feeble Minded, later renamed Fairview. Source: Oregon State Archives

For much of the 20th century, **institutionalization and isolation** were the default.

1970s–80s
Advocates push for change.

1980s–2000s
Growth of home and community based services.

1981
Oregon is first in the nation to apply for 1915(c) HCBS waiver.

2013
Oregon adopts the K Plan.



2013–today
Community living for all who qualify

What the K Plan means for Oregonians

People receive essential services **without waitlists.**



More children can live at home with their families.



People can remain in their own **homes and communities as they age.**



Providers and case management entities have a **stable funding structure.**



Recent past

- Senate Bill 99 (2023)
- Agency With Choice
- Brain Injury program
- Oregon Project Independence-Medicaid
- Older Americans Act – federal rules



Going forward

- New Federal Rules:
  - Safety and staffing
  - Services – Home and Community Based Services Access Rules
- SB 739: Regulatory Oversight
- Multi-Sector Plan for Aging

APD now: programs and services

- Aging and Disability Resource Connection
- Adult Protective Services
- Disability Determination
- Financial Eligibility Determination
- Long-term care licensing and oversight
- Medicaid Long-Term Services and Supports

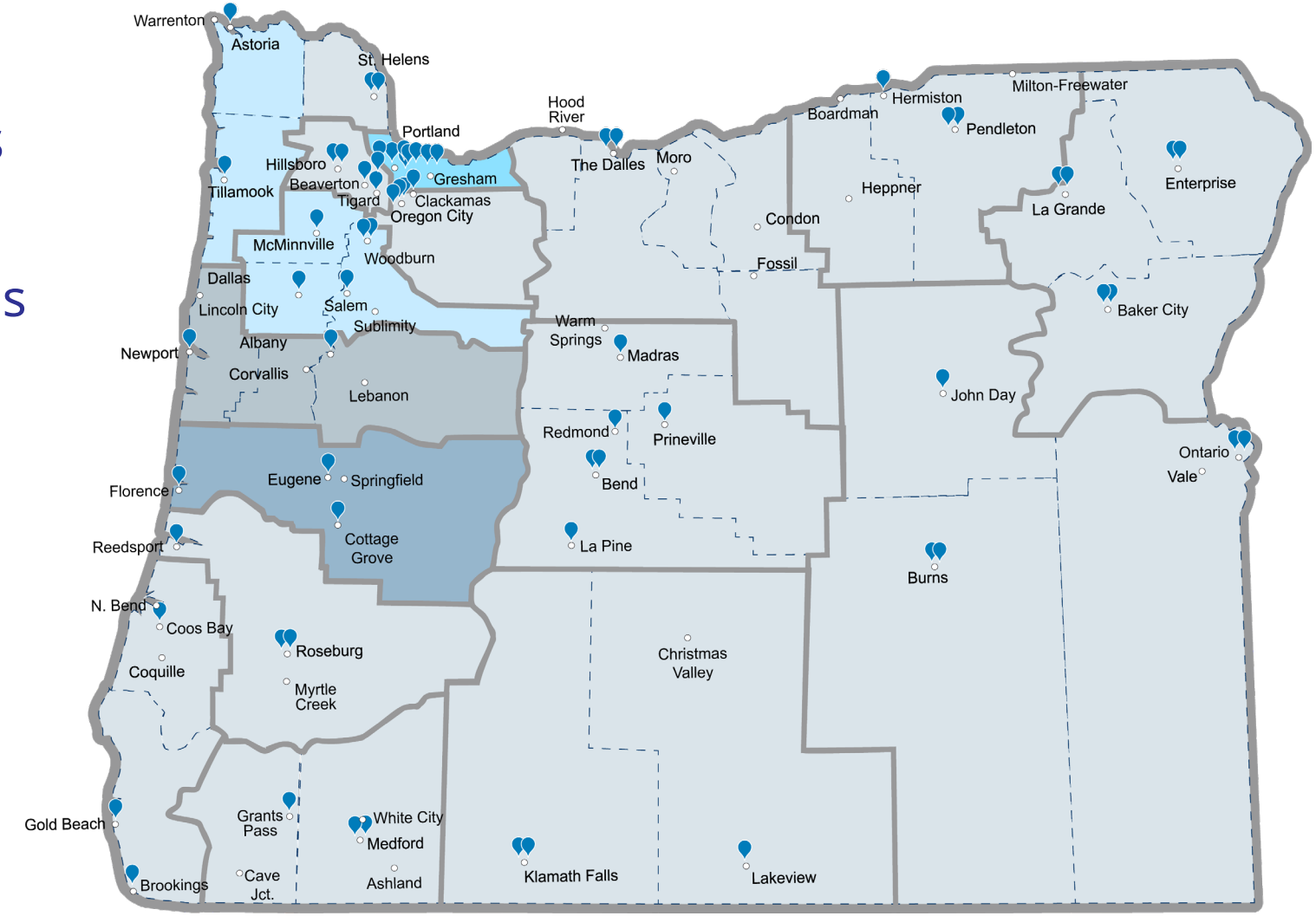


- Older Americans Act
- Oregon Deaf and Hard of Hearing Services
- Oregon Home Care Commission
- Oregon Project Independence
- Senior Health Insurance Benefits Assistance

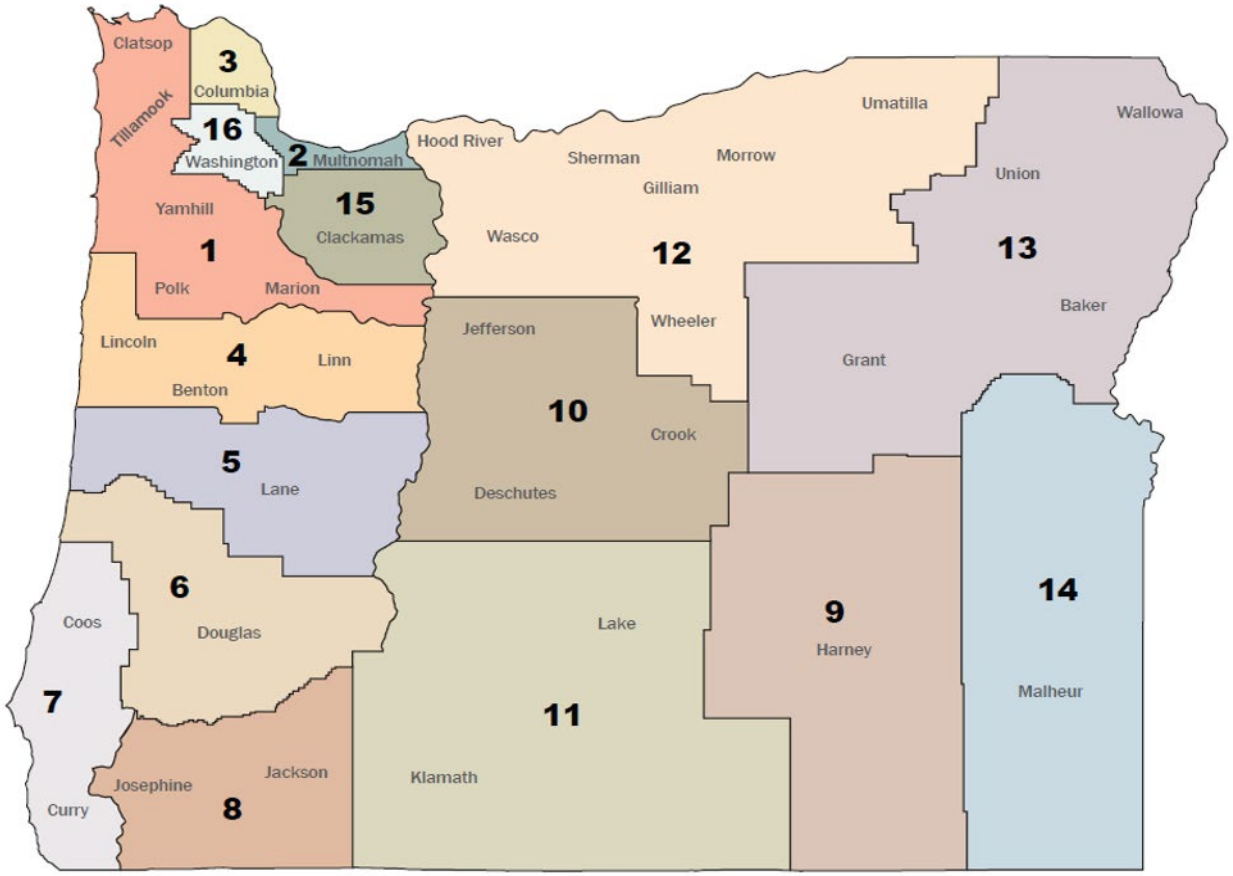
Where we serve

More than 50 local offices in 16 Districts

- 35 offices are state offices
  - 1,505 state FTEs
- 16 are administered by Area Agencies on Aging (AAAs)
  - 1,100 AAA FTEs



Oregon Area Agencies on Aging Planning and Service Areas



1. NorthWest Senior and Disability Services (**NWSDS**) *Type B Transfer*	**5.** Lane Council of Governments (**LCOG**) *Type B Transfer*	**9.** Harney County Senior and Community Services Center (**HCSCS**) *Type A*	**13.** Community Connection of Northeast Oregon (**CCNO**) *Type A*
2. Multnomah County Aging, Disability and Veterans Services (**MCADVS**) *Type B Transfer*	**6.** Douglas County Senior and Disabled Services (**DCSDS**) *Type B Contract*	**10.** Council on Aging of Central Oregon (**COACO**) *Type A*	**14.** Malheur Council on Aging and Community Services (**MCOACS**) *Type A*
3. Columbia Action Team (**CAT**) *Type A*	**7.** South Coast Business Employment Corporation (**SCBEC**) *Type A*	**11.** Klamath and Lake Counties Council on Aging (**KLCCOA**) *Type A*	**15.** Clackamas County Social Services (**CCSS**) *Type A*
4. Oregon Cascades West Council of Governments (**OCWCOG**) *Type B Transfer*	**8.** Rogue Valley Council of Governments (**RVCOG**) *Type B Contract*	**12.** Community Action Program of East Central Oregon (**CAPECO**) *Type A*	**16.** Washington County Disability, Aging and Veteran Services (**WCDAVS**) *Type A*

Questions and discussion

OREGON DEPARTMENT OF
Human Services

Let’s engage!





- What is one thing that you might do differently after today?
- What is one thing you want to explore or learn more about?
- How will you apply or share one idea from today?

We welcome your feedback.
Scan the QR code with your phone’s camera to take a short survey.

Thank you!

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Human Services