# INDEPENDENT LIVING PROGRAM (ILP) SERVICES

**EFFECTIVE 10.1.23** 

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## **GROUPS (AGES 14-23)**

Group-based skills workshops and experiential learning events (at least 90 minutes in duration) shall be provided monthly to allow for peer exposure and community building. Group events will rotate target populations monthly within a quarter (older population, younger population, and group outings/experiential learning in the community). Ongoing ILP services are not required to participate!





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### **ILP SKILL BUILDING SERVICES (AGES 14-23)**

ILP Skill Building Services (minimum of 60 minutes, one-on-one and in person) are to facilitate access to individualized services and supports across all independent living domains guided by the young person's transition plan goals or immediate needs. Contractor shall include the young person in determining the services to be provided. ILP services require the development of a YAS and YTP within 90 days of enrollment. Flex Funds are available as a means to promote engagement.

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#### **ILP PLUS (AGES 16-23)**

ILP+ additional skill building activities are intended to support a young person that would benefit from more intensive skills training focused on developing internal assets and external resources, during a time of higher need or transition. Services can be provided in increments of 30 minutes (not to exceed 150 minutes/month).





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# **LEADERSHIP OPPORTUNITIES (AGES 16-23)**

Young people will be supported to access leadership activities, which allow them to develop their skills, work closely with others, share ideas and influence change. ILP skill building services will assist in preparing, supporting and debriefing the experience. Young people will be compensated for their time by being provided a leadership stipend.

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#### **ENGAGEMENT EFFORTS ONLY (AGES 14-23)**

Engagement Efforts Only is a service type to support the Contractor's unsuccessful attempts to engage a young person in group or skill building activities within a given month.







