Carina is a free care-matching service for Medicaid and Oregon Project Independence in-home care providers and care seekers. The online Carina tool is available in English, Spanish, and Russian.

To create a free Carina account and find care providers near you:

1. Go to carina.org/homecare/medicaid/oregon/ or scan the QR code.

2. Click "Join for Free."

3. Complete sign-up as a "Consumer" by entering your Client ID (Prime Number) as found on your Oregon Health ID card.

4. Once you complete sign-up, you may post jobs and message available care providers nearby. Interested care providers may message you as well.

5. With potential care providers, schedule a time to chat on the phone and meet in person for an interview. Once you find the right fit, work with your case manager to confirm your new care provider.

If you have any issues, please call 1-855-796-0605 or visit carina.org/contactus/.

Consumer case managers can also post jobs and message care providers on your behalf. Contact your case manager for support.

Carina is 100% free through a partnership between Carewell SEIU 503, a RISE Partnership program, and labor union SEIU Local 503, as well as the Oregon Home Care Commission (OHCC). All Carina users are verified.