



Carina waa adeegga isku beega daryeelka ee bilaashka ah, isticmaalka fudud ee loogu talagalay adeeg bixiyayaasha iyo goobayaasha shaqooyinka daryeelka.

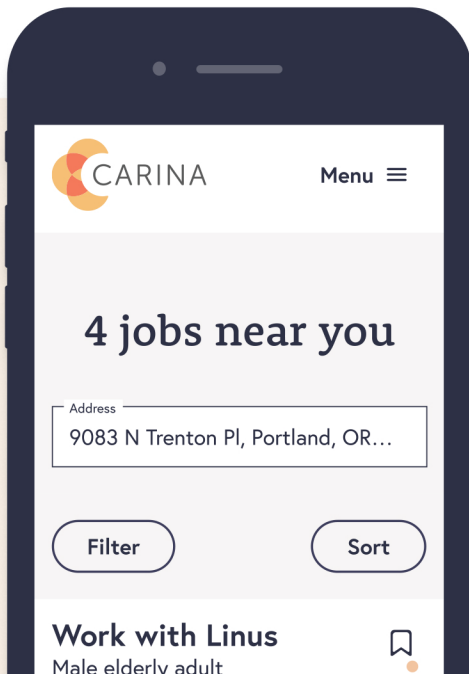
Carina waxaa lagu heli karaa Ingiriis, Isbaanish iyo Ruush

Sawir koodka QR-ka ee hoose ama booqo CarewellSEIU503.org/so/Carina

Isku beeg macaamiisha daryeelka guriga ee Medicaid iyo Barnaamijka Dadka Waayeelka ah ee Oregon Lagu Taageero (OPI) ee kuu dhaw.



Sameyso doorasho aad xog ogaal u tahay. Ka raadi aaggaaga oona farriin u dir macaamiisha si aad u hesho shaqooyin ku habboon xirfadahaaga daryeelka.

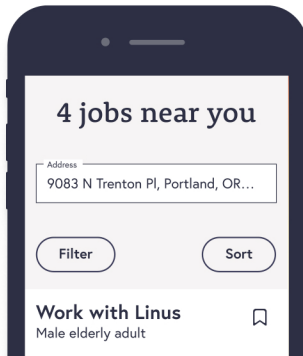


- ✓ **Dhammaan isticmaalayaasha waa la hubiyay**
- ✓ **Waa mid gaar ah oo ammaan ah**
- ✓ **Ma lahan wax khidmad oo lagu bixiyo shaqo raadinta ama xayeysiis - weligeedba**

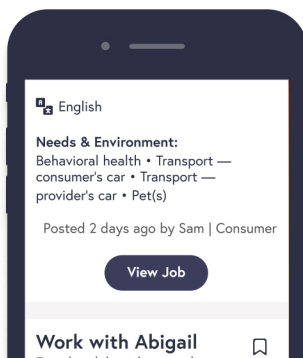
Iskaashi lagu bixinayo daryeel wanaagsan



Sideen ku helaa shaqada daryeelka guriga anigoo isticmaalaya Carina?

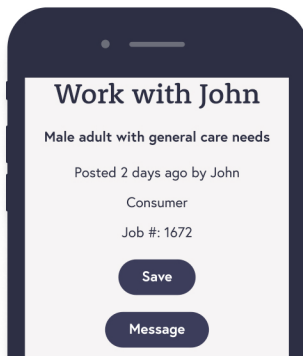


Ku raadi adigoo adeegsanaya koodhkaada. ZIP-ka.
Ku qor koodhkaada ZIP-ka ama ciwaankaada si aad u kala soocdo oo aadna u hesho shaqo kuu dhow.



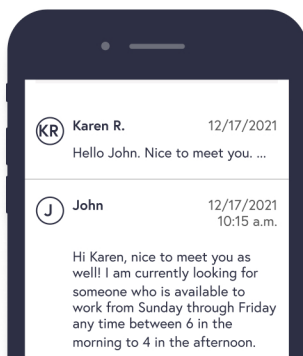
Eeg shaqo soo dhigitaannada.

Guji bogga aqoonsiga si aad u aragto faahfaahin dheeraad ah oo ku saabsan shaqada ka hor intaanad la xiriirin macmiilka.



Fariin u dir macmiil.

U dir fariin macmiil si aad ula bilawdo la sheekeysii. Waxaad sidoo kale la wadaagi kartaa lambarkaaga taleefanka.



Ka wada hadla oona isku beeg!

Jadwaleyso wakhti aad ku wada hadashaan telefoonka, oo aad shakhsi ahaan ula kulanto waraysi. Marka aad hesho shaqada kugu habboon, la shaqee maamulaha kiiskooda si aad u bilawdo shaqada.



Wax badan ka baro barta
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