

Number: ODHS-26-007-CBC-NF

Date: March 3, 2026

To: Assisted Living, Residential Care and Nursing Facility Providers

From: Safety, Oversight and Quality Unit

Subject: Oregon Care Partners Free Online Training – Automimic Dysreflexia

Oregon Care Partners is offering a free online course on Autonomic Dysreflexia, a serious medical emergency that can occur in individuals with certain spinal cord injuries.

This condition causes a sudden, dangerous spike in blood pressure, and if not recognized and treated promptly, it can be life-threatening. Awareness and education are critical to the safety and well-being of those at risk.

The training provides a clear and practical overview, covering:

- Causes
- Common triggers
- Symptoms
- Early warning signs
- Prevention strategies
- How to safely respond

In an emergency, acting quickly is not only important, but it can also be lifesaving.

Start your training and provide safer care today.



[Learn more and register.](#)

Free Training from Oregon Care Partners

Continue building your confidence and skills with a wide range of free, high-quality caregiving classes available in person, online, and on demand at www.OregonCarePartners.com.

In Person | Webinars | Online

Training Management Tools for Employers

Streamline staff training, record-keeping, and reporting with **free training** management tools from Oregon Care Partners. Visit the link below to learn more and request a complimentary training administrator account today.

[Learn more.](#)

If you have questions about the staff free training or free training management tools from Oregon Care Partners, please [contact the Support Team](#).