

# Adult Foster Home House Rules Quick Reference Guide

May 28, 2026

## House Rules

### What are House Rules?

This is a document you already have or will create. House rules are made by the provider and members of the household. They are social courtesies identified through a voluntary collaborative process by members of the household. The identified rules are non-binding and may not be solely provider driven expectations for individuals residing in the home.

### How to complete House Rules?

House rules should be driven by the occupants in the home together. When an individual moves into the foster home, it's a good time to review and update the house rules so all occupants agree on the house rules.

They are common courtesies for people sharing a living space. There are no set standards for things to include, as it will depend on who is living in the home and their individual preferences.

House rules must:

- Be submitted to ODDS before implementation and when there are changes.
- Providers can email the house rules when there are changes, outside of renewal, to ODDS at [dd.licensingfoster@odhs.oregon.gov](mailto:dd.licensingfoster@odhs.oregon.gov). If there are changes during the renewal process, providers can submit with the renewal application as their notification.

- Be given to individuals when they enter the foster home and when there are changes. The individual and their guardian must review, sign and date the house rules.
- Be posted at the foster home
- Not violate individual rights, the Oregon Administrative Rules, or Home and Community Based Settings rules

Common house rules may include not listening to loud music at night or letting others know when you are going to expect a visitor.

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You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact the ODDS Foster Licensing Unit at [dd.licensingfoster@odhs.oregon.gov](mailto:dd.licensingfoster@odhs.oregon.gov) or 503-373-2052. We accept all relay calls.