STATE OF OREGON CMP FUNDED PROJECTS
Results and Outcomes
2020-2021

Project Name: ECHO (Extensions for Community Health Outcomes) Nursing Facility Behavioral Health) Nursing Home Behavioral Health (NFBH)

Funded Entity: Oregon Health & Science University
Acting by and through its Oregon Rural Practice-based Research Network

Project Description: The Geriatric Mental Health Long-term Care (ECHO) Program in Oregon utilizes the evidence-based success of the University of New Mexico's Project ECHO. This innovative format uses "hub-and-spoke" networks led by a "hub" of experts using multi-point videoconferencing to conduct virtual clinics with community providers. The University of Rochester has used the ECHO model to effectively tele-mentor 50 nursing facilities in ten counties in New York State, providing access to geriatric mental health experts to long-term care providers. GOALS: The immediate goal of the ECHO Program is increasing the knowledge, skills and confidence of the nursing facility care teams to quickly detect and effectively treat mental health and behavioral care needs, employing person-centered psychosocial interventions and appropriate psychopharmacology. Improvement is expected in the competency of care provided to current residents with challenging mental health and behavioral care needs with intended outcomes of increased resident placement stability, resident satisfaction, improved quality of assessments and care plans, and staff statements of growing confidence in providing behavioral care. LONG TERM GOALS AND BENEFITS: The long-term goal of the ECHO Program is the creation of a stable knowledge base in facility care teams evidenced by consistent development of person-centered care plans, reduction in emergency hospital transfers for behavioral crisis, denial of right to return-readmit-involuntary transfer, willingness to admit individuals with mental health and behavioral care needs and staff statements of confidence and satisfaction in providing behavioral care. Intended long term outcomes include:

- Knowledge and skills to recognize the signs and symptoms of common geriatric mental health issues such as dementia, depression, anxiety, substance abuse, and behavioral issues.
- Knowledge of broad classes of medications used to treat mental health conditions.
- Skills to conduct psychosocial assessments through both structured forms and information gathering.
- Skills to provide psychosocial and behavioral interventions that enhance coping skills of nursing facility residents and their families.
- Strategies to meaningfully engage nursing facility residents.
- Self-care skills for nursing facility staff.
- Job satisfaction and retention of nursing facility staff.
- Collaboration among nursing facility staff.
- Increased expertise with person-centered care and individualized decision making.

Project Dates: 10/17/2017 - 07/30/2019
Total Funding: $205,477.00
Outcomes: NFBH Comprehensive Final Report

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Project Name: Behavioral Health Training for Nursing Home Direct Care Staff

Funded Entity: Comagine Health

Project Summary: Comagine Health, a nonprofit, community-based health care consulting organization, will develop a basic-level training curriculum for nursing home direct care staff on how to treat and respond to residents who have behavioral health needs, substance abuse and/or history of trauma.

- A series of three education modules will be created and hosted on the Comagine Health website.
- Curriculum is intended to be a resource for skilled nursing facilities to improve direct care staff's ability to respond to and/or assist residents with behavioral health services and trauma-informed care.

Project Dates: 12/01/2019 - 03/01/2021
Total Funding: $176,786.10
Outcomes: Final Report Comagine