

OHP Work or Activity Rules:

I have Medicare and OHP. Do the new OHP work or activity rules apply to me?

The Short Answer

No. The OHP work or activity rules do not apply while you have Medicare.



What do I need to know?

Medicare will still be your main health coverage. OHP may help pay some of your Medicare costs. OHP may also cover other services like dental care and rides to health care visits.

The new work or activity rules do not change these programs.

Show all your health coverage cards when you get care.



What if I also get SNAP food benefits?

SNAP and OHP have different work or activity rules.

Having Medicare does not always mean you are exempt from the SNAP rules. You may be exempt because of your age, a disability, a health need, caregiving or another reason. Tell us if you think an exemption applies to you when you apply for or renew SNAP.



What should I do?

- ✓ Read every notice you get.
- ✓ Complete your OHP renewal by the date in your notice.
- ✓ Keep your address, phone number and email up to date.
- ✓ Tell us if you get or lose Medicare.

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You can manage your OHP benefits:

- Online at <https://www.benefits.oregon.gov>.
- Through the free Oregon ONE Mobile app.
- By calling the ONE Customer Service Center at 800-699-9075. Relay calls welcome.



Where to Get Help

Questions about Medicare:

Visit <https://www.medicare.gov> or call
1-800-MEDICARE (1-800-633-4227)
TTY users can call **1-877-486-2048**

Questions about SNAP work or activity rules:

Call **833-947-1694**

You can also contact your local Aging and People with Disabilities or Area Agency on Aging office. Or call the Aging and Disability Resource Connection at **855-673-2372**.

You do not have to figure this out alone. Someone who helps with your services can help you find the right place to call.

Learn more at:

<https://ohp.oregon.gov/HR1>

