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May 5, 2025

To: I/DD community members, Tribal partners and ODDS staff

**From:** Dana Hittle, Interim Director, Office of Developmental Disabilities Services (ODDS)

Subject: Proposal released for Stabilization and Crisis Unit (SACU) redesign

Today, we sent a proposal to the Oregon State Legislature. The <u>proposed plan</u> is about making changes to the Stabilization and Crisis Unit (SACU). SACU helps people with I/DD and co-occurring behavioral health needs who are going through a crisis.

We believe that people with I/DD, even those with complex needs, can live and thrive in the community with the right supports.

# What the Plan Proposes

The plan has two main proposals:

- Go back to the original purpose of SACU helping people through a crisis for a short time and then supporting their return to the community.
- Create a new system for crisis services and supports across the whole state – so people can get the personalized help they need, when they need it, through a well-coordinated system.

#### Who Made the Plan

The plan was created by a group called Human Services Group (HSG). HSG is an independent consulting team hired by the Oregon Department of Human Services (ODHS) to study SACU, talk with the I/DD community, and suggest changes. Governor Kotek asked for this work when she shared her budget plan for 2025–2027 late last year.

#### What People Said

HSG talked to more than 280 people to help make the plan. Most people agreed that SACU should focus on short-term crisis care and coordinating the transition of its residents back to the community, ready to live the lives they want.

Thank you to those who went to a focus group or interview to share your valuable feedback. Participants included:

- Self-advocates
- SACU residents
- Family members, guardians and supporters of SACU residents
- People who work at SACU and other parts of ODDS
- Service providers from the community

- Union leaders
- Advocates and others

## **What Needs to Improve**

To make SACU better, Oregon will need to focus on:

- Filling service gaps in the community
- Having consistent transition plans for when people leave SACU
- Addressing workforce capacity and providing more staff training and support
- Aligning the SACU culture and practices with Home and Community-Based Services (HCBS) standards
- Improving coordination with other systems

### **What Happens Next**

State lawmakers will look at the plan and decide what to do. If they approve the changes, they won't start until July 2026. That gives us more than a year to get ready and work together.

# **Stay Updated**

You can read updates on our website or watch for messages from the ODDS Director's Office. We want SACU to be part of a bigger system that helps people in crisis and supports them to thrive in their communities. We're excited to work with you — the I/DD community — to make SACU better, based on respect, fairness, and inclusion.

Sincerely,

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Dana Hittle

**Interim Director** 

Office of Developmental Disabilities Services

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