

# Molalla House Independent Living Program

Parrott Creek Child & Family Services | [www.pccreek.org](http://www.pccreek.org)

Molalla House is a five bed facility located in Oregon City. This transitional housing program supports young adults aging out of foster care or experiencing homelessness who could benefit from ongoing support. Young adults living at Molalla House receive 24 hour staff support and the security of a stable home environment where they can learn skills related to communal living. In addition to learning how to live with others, young adults spend time each week with their case manager learning life skills that will support them in achieving a fully independent and self-determined life.

These include but are not limited to:

- Structured group living
- Budgeting
- General organizational skills
- Interview skills
- Resume building
- Household organization, cooking, cleaning, shopping, driver's education etc.
- Career Development
- Support navigating health care/medical systems



## **Goal Setting & Service Plans**

After intake, goals are established in a client driven process while creating a service plan that will guide the young adult during their time in the program. We also work with community partners to help support young adults self-identified goals.

## **Case Management & Support**

Through the support of their case manager, young adults are offered weekly guidance to help them achieve their goals and plan for the week ahead. Additionally, weekly meetings are held as a community to discuss any issues or support needed.

## **Employment & Education**

Young adults are encouraged to use their time in the program effectively, which may include finding a job, enrolling in community college for further education or GED completion if necessary.

Parrott Creek works with community partners such as Work Force to assist exploring employment opportunities with the young adults. Parrott Creek is committed to expanding the educational opportunities available to our clients. For example, funding for rent free living at Molalla House while clients pursue a higher education has recently been acquired. Clackamas Community College is very close to the house and easily accessible through bus lines, making it a great opportunity for young adults to explore additional career paths.

## **Additional Supports**

Additional supports for Mental Health needs or Substance Use Disorder Treatment can be provided through an internal referral process to Parrott Creek's own mental health/SUD services, or externally if the young adult prefers and has appropriate insurance coverage.