



New Meadows Application

This application is an opportunity for you to describe your goals and needs, helping us to determine if this program is a good fit for you. **In order to demonstrate readiness, we ask that youth fill out this application completely on their own behalf.** Please let us know if you need any specific accommodations or support to do so.

New Meadows Overview

New Meadows at the Dorothy Lemelson House is a life skills building housing program designed to help young people – those who are ages 18-24 and aging out of foster care – launch into adulthood. This program is a collaboration between New Avenues for Youth and Bridge Meadows, and is meant to foster long-term connectivity and relationship between elders and families living in Bridge Meadows and youth living at New Meadows. Since New Meadows' goal is for youth to increase their self-sufficiency, each participant will pay a program fee which will increase over time.

Funded in part by Portland Housing Bureau's Interstate Corridor Renewal Project, New Meadows give waiting list priority to applicants who have lived themselves or have family that currently live or have lived in North/Northeast Portland in the past (see questions on page 6 of the application).

Eligibility:

- ☐ Must be able to live in an unsupervised environment.
- ☐ Age: focused on young people 18-24 years.
- ☐ Must have had an open DHS case past their 18th birthday.
- ☐ Focused on DHS Independent Living Program (ILP)-eligible youth, some exceptions can be made based on circumstance.
- ☐ Must be current and former foster youth (care/custody, voluntary).
- ☐ Must attend information session to ensure youth understands the environment.
- ☐ Willing and able to maintain 36 productive hours (volunteer, school, education, etc.).
- ☐ 0-30% average median income (AMI)
 - ☐ Income for one young person entering the program must be lower than \$1866.66 monthly (or \$ 22,400 annually).
 - ☐ Income for one young person and child entering the program must be lower than \$2133.33 (or \$ 25,600 annually).
- ☐ Priority is given to youth who meet all other criteria and reside in or have historical family ties to North/Northeast Portland (however this is not required to live at New Meadows).
- ☐ Willing to engage with the intergenerational community at Bridge Meadows.
- ☐ Parenting youth:
 - ☐ Must be parenting or pregnant (third trimester or later).

New Meadows Application Process:

- Attend Information Session (to set up, email Ashley Valencia at avalencia@newavenues.org or Adrian Echols <mailto:aechols@newavenues.org>)
- Complete this application along with the following documents (which you'll receive with the application):
 - Budget Form
 - References Form
 - Signed ROIs
 - DHS
 - Pacific Screening/previous landlords and employers
 - Please include income verification.

You'll also receive a copy of the Program Handbook at this time, which you are expected to read to learn more about the program.

By submitting this application, you're expressing interest in participating in this program. At the end of this application you will find two Release of Information forms, both of which will need to be signed, allowing us to verify you are transitioning out of foster care/ DHS, and also learn more about you from former landlords or other references. Additionally, turning in a completed budget form will be necessary so we can verify your income eligibility for this program. Once you submit this application, we will review the application and verify your foster care/DHS involvement, income, student status (if necessary) and contact references. All candidates will be contacted regarding status of application and eligible candidates will be offered a time to schedule an interview.

If you are accepted into New Meadows, you will receive a move-in date and be connected to the New Meadows Case Manager, who will set up your orientation and intake session.

Requirements upon Program Entry:

Prospective residents need to continuously demonstrate that they are actively pursuing goals that will lead you to gaining self-sufficiency skills.

Once living at New Meadows, you must continue to work with your support team on individualized, self-stated goals. In addition, all youth are expected to maintain up to 36 hours of productive time each week (school, work, community engagement, etc.). If you are not meeting this productive time requirement when you enter the program, you will need to work with your Case Manager and an ILP skills coach to achieve 36 hours a week of productive time within the first 30 days.

Your Case Manger will regularly review the program requirements below including a review every 90 days to assess your progress on goals and life skills.

The basic requirements for the program are the following:

- Meet with your Case Manager weekly for the first three months (meeting frequency may decrease after 90 days depending on individual needs).
- Maintain 36 productive hours per week.

- Demonstrate willingness to participate in community activities.
- Attend Monthly House Meetings.
- While in the New Meadows community we ask that you **respect yourself, your peers, your home and the New Meadows staff**. Please review the Non-Negotiable Safety Agreement section of the Program Handbook to understand

Available Services:

The following services are available to each resident: career training; educational support; independent living skills training; access to basic food supplies, transportation support; cooking & laundry facilities; counseling support; and access to New Avenues clothing closet. **New Meadows does not provide child care.**

Length of Stay:

New Meadows is designed to help you launch into your own, self-sufficient housing. While everybody's readiness time frame is different, the initial term period for housing is 12 months. After a year, youth can apply for an extension to continue in the program for a second year.

Our goal is to provide a safe environment where residents can gain the skills necessary to launch into adulthood while establishing connections to a multi-generational community

New Avenues New Meadows Housing Application

Name: _____ Date: _____

Legal name, if different than listed above: _____

Date of Birth: _____ Age: _____ Pronoun: _____

Legal Guardian Name: _____

Legal Guardian Phone: _____ Legal Guardian Email: _____

How did you hear about the New Meadows program? Who referred you? _____

Current and Former Living Situations

Please describe your current living situation: _____

Current Street Address: _____ City _____ State _____

Zip: _____ Move-In Date: _____

Former Street Address: _____ City: _____ State: _____

Zip: _____ From: _____ To: _____

Other states and counties you have lived in during the past 5 years: _____

School, Work, Productive Time

Do you have 36 hours of productive time per week (school, work, community activities)? ☐ Yes ☐ No

If so, what are they? _____

If you don't have 36 hours, what is your plan to achieve this? _____

What goals are you currently working towards to gain self-sufficiency skills? _____

Are you currently in school? What program? What's your grade or college level? _____

Are you currently employed? ☐ Yes ☐ No

If so, where? And how long? _____

Parenting & Pregnant Status

Because New Meadows have units that are designated for parenting youth, we would like to know the following information.

Are you currently parenting? ☐ Yes ☐ No

If so, please describe your current parenting situation (custody status, number of children, child age & name): _____

Are you pregnant? ☐ Yes ☐ No

If so, when are you due? _____

Drug & Alcohol Usage

While this is not a drug and alcohol-free community, substance use may impact your ability to participate in the program and the safety of the community.

Have you experienced past challenges or issues with using drugs or alcohol? ☐ Yes ☐ No

If yes, please share what types of substances you have used or struggled with? _____

Are there any supports around substance use that this program could provide to help you succeed? _____

Legal Issues

Do you have any unresolved legal issues? (for example: warrant, run report, upcoming criminal proceedings) ☐ Yes ☐ No

If yes, please describe: _____

Are you on parole or probation? ☐ Yes ☐ No

If yes, what is your Parole/Probation Officer's Name? _____

Community Living

Have you struggled to maintain appropriate behavior or follow the rules in other programs?

☐ Yes ☐ No

If yes, can you tell us about these struggles? How will you address them in New Meadows? _____

What do you think you will like most about living in this community? _____

What do you think you might find challenging about living in this community? _____

What is your experience with sharing common spaces with other individuals? _____

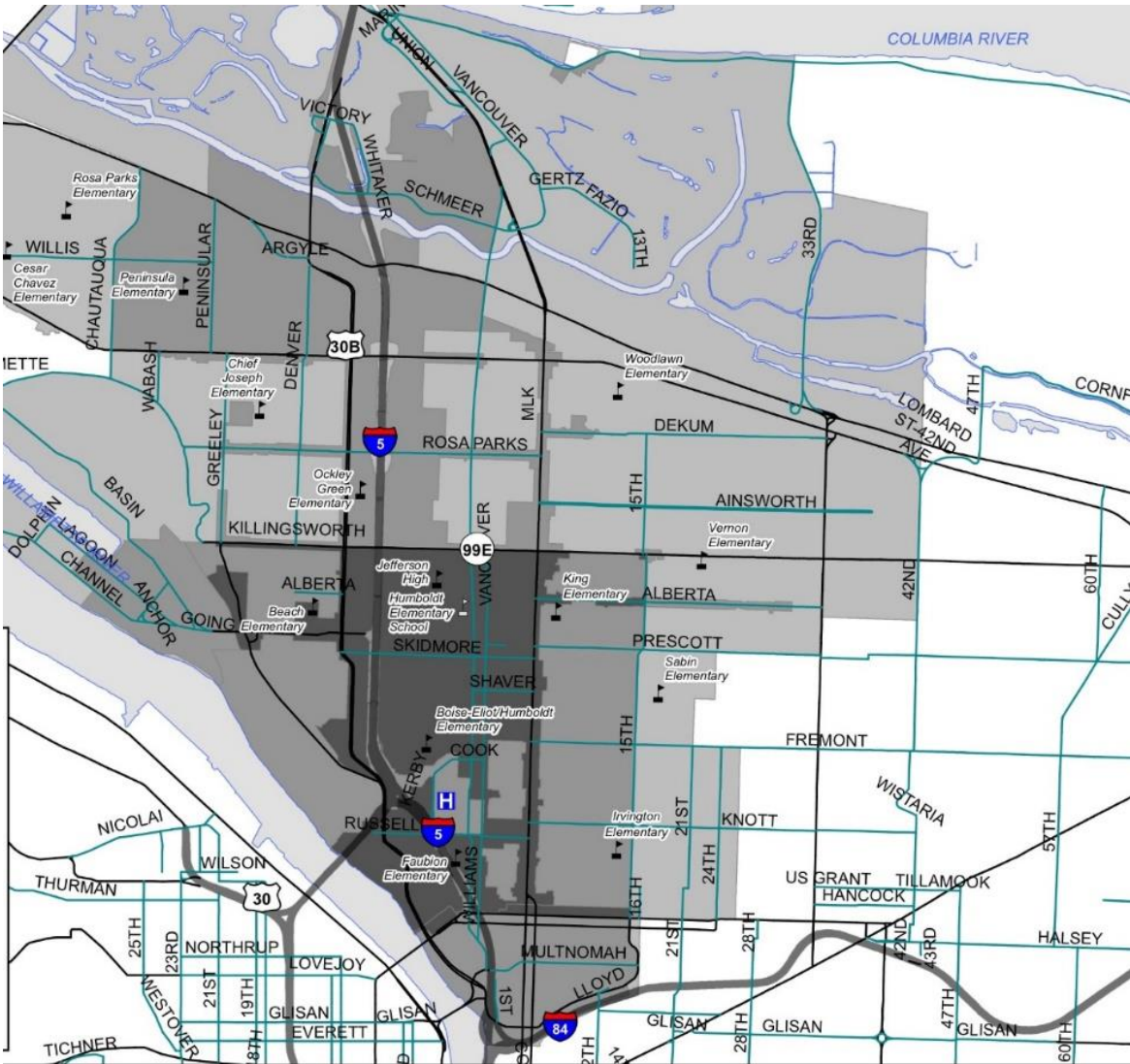
Have you lived in more independent situations before? ☐ Yes ☐ No

If yes, please describe. _____

North/Northeast Preference

Funded in part by Portland Housing Bureau's Interstate Corridor Renewal Project, New Meadows give waiting list priority to applicants who currently live or have lived in North/Northeast Portland OR have family that currently lives or have lived there.

Have you or your relatives ever lived in N or NE Portland? (see next page for N/NE area, identified by all gray areas) ☐ Yes ☐ No



If yes, what were the circumstances? (was it with your family of origin, a foster family, transitional housing, other) _____

If your relatives lived in N/NE, what were the circumstances? _____

How long and when did you or they live there? _____

Other

Please list any questions or concerns that you may have and would like to discuss during an interview: _____

Please identify the best ways for us to contact you to schedule an interview:

☐ Phone: _____

☐ Email: _____

Congrats on completing your application! Now, don't forget to:

- ☐ Sign and date the attached ROIs
- ☐ Complete the Budget Form
- ☐ Write one-page (with your advocate/point person) outlining the following:
 - Why you are applying to New Meadows?
 - How long do you think you will need to live in the program?
 - How you feel New Meadows can assist you in achieving your goals towards gaining self-sufficiency skills?
 - Why you feel like you are ready for this type of program at this point in your life, and how this might be different from your level of readiness in the past?
 - Describe a big growth moment you've experienced in transitioning to adulthood.
 - How you intend on maintaining and/or obtaining your 36 hours of productive time.

You can turn completed applications in two ways:

1. Email them to NewMeadows@newavenues.org
2. Mail or drop them off in person at the New Avenues office, addressed as follows:

New Avenues for Youth
Attn: Ariana Gallegos
1220 SW Columbia Street
Portland, OR 97201.

After we receive your completed application, we will verify all necessary information and contact you regarding next steps. The application process can be rather long and we appreciate your patience. Know that we are working with you and your support team to provide you the services that you need! If you have questions regarding the application process, please contact:

NewMeadows@newavenues.org

Youth Applicant's Signature: _____ **Date:** _____

Advocate's Signature: _____ **Date:** _____

Advocate's Name (print): _____

Advocate's Position: _____