



Working with Tribal Communities: Title III and Title VI Coordination

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Overview

- What the Law Says
- A History Lesson
- Just the Facts
- OR AAA Best Practices
- Successful Models



It's the Law...

- Sec 306(a)(11)(B) – Each Area Agency Plan shall provide information concerning services to **older Indians** and assure the Area Agency will coordinate services with those provided under Title VI
- This is **over and above** the targeting requirements in section 306; not just one of the targeted races

It's the Law...

- Sec 307(a)(21)(A) – The State Plan shall assure that the State Agency will coordinate programs under Title III with programs under Title VI
- TWO PARTS
 - Service to Indian Elders
 - Coordination with Title VI Programs

But It's Tough...

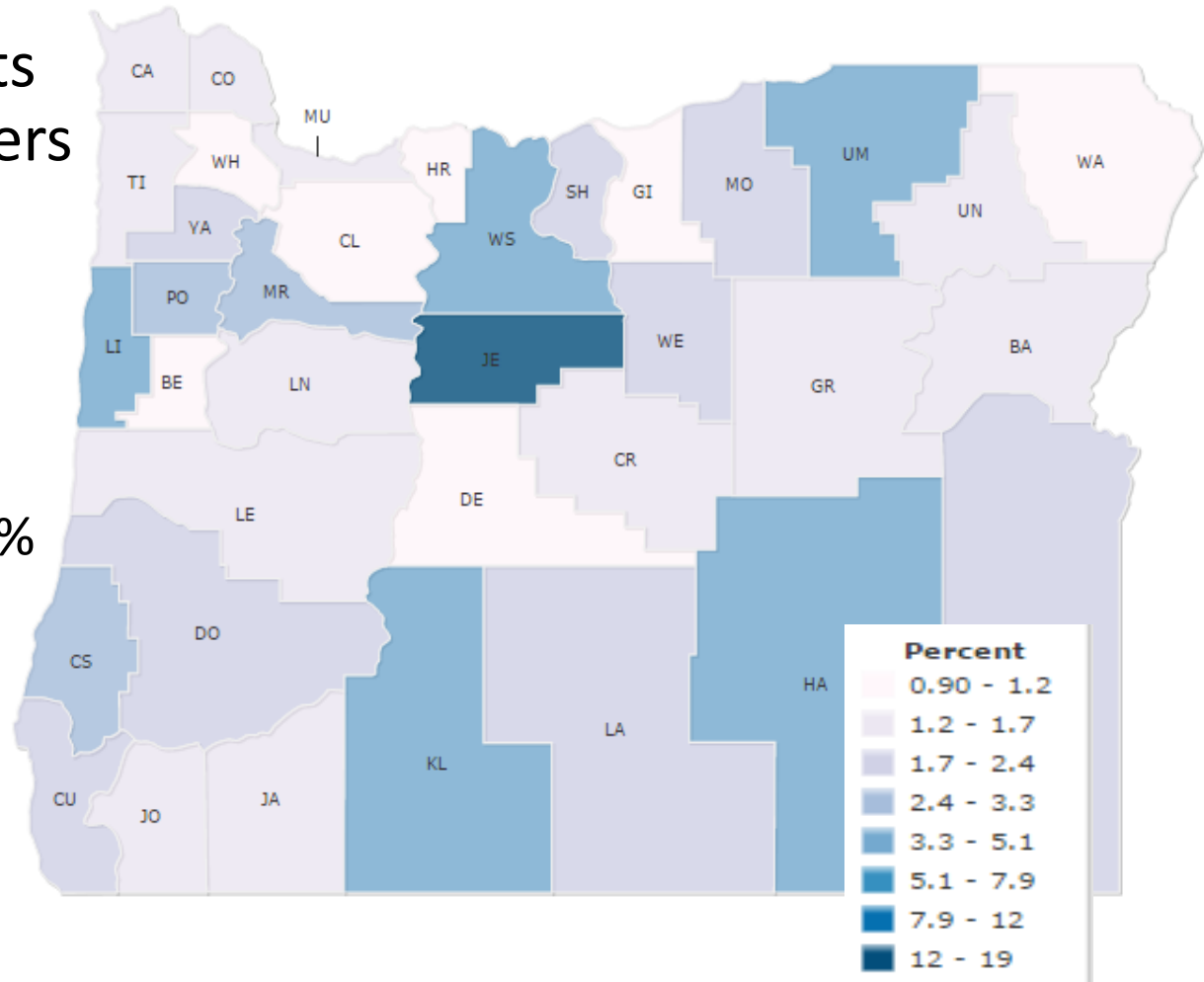
- Is it safe?
- Will they take my Sovereignty?
- Eligibility
- Understanding—Income is not just income
- Indian Time
- They don't use words, only letters....
- No Extra Funds
- Misunderstandings
- What if I say or do something stupid?

And worth it!

- Provides expanded program services to meet the needs of Tribal Elders
- Improves quality of life for Tribal Elders
- Increases your knowledge about services
- Reduces unnecessary duplication of services
- Develops partnerships to address unmet needs
- HUGE strength for Grants

Oregon Statistics

- About 1.8% of Oregon's older adults (60+) are Native Elders
- 2015 state data indicate that Native Elders served are:
 - Congregate—1.3%
 - Home-delivered—1.3%
 - All clients—1.3%
- 646 total—2005
564 total—2014
449 total—2017



Socio-demographic Status: Indian Elders

(Social Security.gov, 2012; ASA, 2/20/2015))

- 22% of AI/AN live on reservations
- Target Populations for OAA
 - Low income
 - Ethnic minority
 - Frail; Poor Health
 - Rural; Isolated
 - ADRD

Characteristic	AI/AN	All Races Population
Home Ownership	48%	64%
Living \leq 100% Poverty	20.1%	11.8%
Life Expectancy (born today)	73	78
Fair or Poor Health	46%	34%
Disability	23.8%	15.3%
Median Income	\$7,996	\$13,189
Grandparents Raising Grandkids	4.26%	1%

Health Status: Indian Elders

(IHS, 2015)

- Although medical care is a treaty right like education, food, and religious practice, the funding for the Indian Health Service sits on the discretionary side of the budget

Cause of Death	AI/AN	All Races Population	Ratio
Heart	182.4	192.1	0.9
Cancer	170.8	176.4	1.0
Injury	94.5	39.2	2.4
Diabetes	61.0	22.0	2.8
Liver Disease	43.1	9.2	4.7
Flu/Pneumonia	24.1	17.8	1.4
Youth Suicide	22.5	15.8	1.4

Life expectancy is low 70's in Region X; 68 years in South Dakota

For An Oregon Perspective



- <http://www.opb.org/art/sandlife/series/brokentreaties/>

Some Definitions

- **Coordination** – open discussion, active listening, sharing data and information
- **Collaboration** – Memorandum of Understanding; having a voice in how/when/where services are provided; joint funding commitment
- **Cooperation** – implement the coordinated service project; provide follow-up; agree on continuation plan
- **Partnership** – A written agreement entered into by two or more persons in which each agrees to furnish something
- **Relationship** – What works in Indian Country.

Reviewing Area Plans

- As Rebecca pointed out, AAAs are required to include their plans to coordinate with tribes in their Area Plans.
- I reviewed these and found good and bad information, however was clear that there is interest in working with tribes



Think about These...

- Native American/
American Indian targeting
is not just another
minority
- If the largest minority
population in a County is
American Indian you need
to have a plan to serve
them, even if there are no
reservations present
- If there is no Title VI
Program in a region, AAAs
are off the hook for
coordination with the
programs but not for the
targeting of services.
- A tribal reservation may
overlap more than one
AAA. This may mean
even more coordination!

Room for Education

- Tribes define their own age of elderhood, not all at 55+; they are funded on elders who are 60+
- Tribes have many services for their elders, however they are generally underfunded and not available regularly
 - Priority One for IHS
- The average Title VI Part A in Oregon is around \$114,000 to provide I&A, Transportation, Nutrition and administer the program
- AAAs are not rolling in dough.

Thoughtful, Innovative, Effective

- AAAs with no reservations focused on agencies which served tribal people for outreach
 - NAYA, NARA, Portland Area Indian Health Board
 - FQHCs
 - Veterans Programs
- Linguistics is more than language!
 - Being mindful of communication styles and the importance of face-to-face, ONGOING meetings
- Care Coordination staff
 - We know that works!

Thoughtful, Innovative, Effective

- Multi-disciplinary teams
- Elderabuse agreements and team efforts
- Resource Guides with tribal resources with input from tribal resource experts
- Tribal-specific dementia training
- “Cross AAA” coordination on behalf of individuals needing services
- Identification of tribal strengths and working with them
- Collaboration on events with tribal communities
- Outreach to Leadership

Thoughtful, Innovative, Effective

- Using proven, Tribal-specific models
 - Wisdom Warriors
 - IHS partnerships
 - Native Caring Conference
- Including representation on Advisory Councils
- Recognizing that state boundaries sometimes prevent “outlying” tribal members from their own tribal services
- Attending Native events
 - First Salmon ceremonies
 - Namings, Funerals, Elders Dinners
 - Canoe Journey

Suggestions for Success

- You NEED to get to know the staff PERSONALLY—as with any part of the network, it will work better if folks have a personal understanding of the hopes and dreams of the program, not just the statistics
- Stop by to visit. Go to lunch. Ask about simple things which might help
 - Letter of Support for a grant
 - Ride to a meeting
 - Proofread a grant
 - Coordinate cooks training with a provider

Suggestions for Success

- AAAs if you don't get a response, try another avenue. If the second avenue didn't work, go face to face.
- Tribes if you get a request, remember an important part of serving your elders is understanding all of the services that are out there.
 - These guys know them!!!



Suggestions for Success

- Do not assume that if it works at one tribe, it will work at another
 - If you know one tribe, you know one tribe
- Do not assume that if it works for one AAA it will work for another
 - If you know one AAA, you know one AAA.
- Establish a relationship of trust and friendship
- Elders will be better served if this is the case
- Ask questions of one another
- Get to understand the lay of the land in both territories

Suggestions for Success

- In 2016, CMS changed the rules about 100% FMAP for tribal services
- Expanded to include “other than doctor” services
 - Transportation (NEMT)
 - LTSS
- In lean times, states can use these resources but tribes may need someone to interpret the “Alphabet” for them and help them walk through the process



Tribal Outreach

- In 1990 our AAA decided to develop an outreach programs for tribes.
- “Circuit Rides” to all six reservations
 - Eats lunch
 - Visits
 - Helps and shares information
- Funded with Administrative Claiming and Title III B, D, and E



Purpose of Tribal Outreach

- Share ideas between tribes
- Collect information for planning purposes
- Talk about services available and helped elders sign up
- Give feedback to non-Indian contractors that serve elders
- Develop and share evidence-based programs
- Communicate information about clinic programs, school and preschool programs, and elders programs that need support in order to make connections in town
- Monthly TVI Training
- Establish relationships with local communities

Results of Tribal Outreach

- Relationships between AAAs and Tribal communities
 - Travel together
 - Attend cultural and business events together
 - Billing agreements for Medicaid Services
 - Collaboration on grants
 - Mutual Letters of Support
 - Incorporation of efforts
- Thousands of Dollars of tribal-specific grants,
 - Chronic Disease Self Management
 - Elder Abuse prevention
 - Nursing Home diversion
 - Oral Health
- Thousands of Indian Elders served successfully

A Menu of Possibilities

- Medicaid Providers
- Benefits Counselors
- Elder's Dinners
- Caregiver Recognition
- Caregiver Training
- Kinship Care Conferences
- Diabetes Education
- Title VI Director Training
- Adult Foster Home business plan
- Planning and service development
- Assistance with Medicare and Medicaid Access
- Medication Management Training
- Foot Care
- Alzheimer's Grant
- Homecare Agency development
- Transportation Services
- Home Care Worker Recruitment
- Health Care Career Path mentoring
- Elder Abuse Councils

Oregon Tribal Needs?

- Caregiver Services—help to figure out how to set up a program
- Training about Medicare/Medicaid
- Access to Waiver Services for Elders
- Assistance to contract for Medicaid reimbursement for services

- Your ideas????



When Times are Tough...



- And they are....
- Think about 100% FMAP and what that could mean to your state budget
- Multicultural focus can tremendously strengthen your grantsmanship
- Bring new programs to your area and support existing staff

For more information or to discuss:

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