

# Resource Parent Training Menu

Attend a live training or view an online training when its convenient for you. See our list of free trainings by topic throughout the year.

All registration must be accessed using a [Workday Learning account](#).

## Becoming a Resource Parent

Learn more about becoming a resource parent, your role, and responsibilities

[Resource Parent Orientation Training](#)

[Orientación para padres de recursos](#)

[Mandatory Reporting of Child Abuse In Oregon](#)

[Being a Resource Parent: Making the Decision](#)

[Being a Resource Parent: Caring for Teens](#)

[Being a Resource Parent: Honoring Identity](#)

[Being a Resource Parent: The Reasonable and Prudent Parenting Standard](#)

[Child Adolescent Needs and Strengths \(CANS\)](#)

[Safe Sleep](#)

[Overview of Child Welfare System](#)

[Expanding Your Parenting Paradigm \(Kinship\)](#)

[Expanding Your Parenting Paradigm \(General\)](#)

[Understanding Resource Home Certification Rules](#)

## Understanding Trauma

Identify core concepts related to the experience of trauma, separation, and loss

[Adverse Childhood Experiences \(ACEs\) for Resource/Adoptive Parents](#)

[CORE TEEN: Parenting Youth who have Experienced Trauma](#)

[CORE TEEN: Understanding the Impact of Trauma on Youth in Foster Care](#)

## Challenging Behaviors

Understanding the behavior and applying parenting tools

[CORE TEEN: A New Suitcase of Parenting Knowledge and Skills](#)

[Creating Family Dynamics](#)

[Crisis Prevention Intervention: Verbal Intervention](#)

[CORE TEEN: Developing and Sustaining a Healthy and Supportive Relationship with Youth](#)

[Exploring Parenting Tools for Long Term Solutions](#)

[Hands on Strategies with Real Results](#)

[The Importance of a Positive Resource/Adoptive Parent – Child Relationship](#)

[Strategies to Support Children's Unique Needs](#)

[CORE TEEN: Understanding and Managing Youth Challenging Behaviors](#)

[What is Positive Discipline](#)

## Adoption

Understand the adoption process in Oregon

[Adoption: ODHS Process Overview for Resource and Adoptive Parents](#)

[Connections with Birth Families After Adoption](#)

[Common Feelings Associated with Being Adopted](#)

[ODHS Adoption and Guardianship Assistance](#)

[Openness and Mediation for Adoption and Guardianship](#)

## Experience of the Child

Apply knowledge and practical tools and supports for parenting

[Building Children's Resilience](#)

[Commercial Sexual Exploitation of Children \(CSEC\)](#)

[Domestic Violence Dynamics for Resource/Adoptive Families](#)

[Fetal Alcohol Spectrum Disorder \(FASD\) Impacts](#)

[LGBTQIA+ Youth: Support Basics for Resource/Adoptive Parents](#)

[Life Story – Birth and Adoption Story](#)

[Managing Placement Transitions](#)

[Mental Health Considerations](#)

[Trauma Informed Responding and Answering the Tough Questions](#)

[Preparing for and Managing Family Time](#)

[Responding to Children in Crisis](#)

[Sensory Integration](#)

[Sexual Trauma](#)

[Stewards of Children: Darkness to Light](#)

[Suicide Prevention Skills: Question, Persuade, Refer \(QPR\) Training for Resource/Adoptive Parents](#)

[Understanding Substance Use](#)

[Supporting Youth Who've Experienced Domestic Violence](#)

[Understanding and Managing Child Sexual Behavior](#)

## Identity and Culture

Learn about specific identities and cultures

[ICWA/ORICWA: Building Your Understanding for Resource/Adoptive Parents](#)

[ICWA/ORICWA: Why it Matters for Resource/Adoptive Parents](#)

[CORE TEEN: Nurturing Youths Cultural/Racial/ethnic Needs and Sexual Orientation/Gender Identity/Expression](#)

[Sexual Development and Identity](#)

[Why Culture Matters & Cultural Continuity Agreements](#)

## Experience as a Caregiver

Building your understanding

[Accessing Services and Supports \(live\)](#)

[Accessing Services and Supports \(video\)](#)

[Building Parental Resilience](#)

[Caregiver Stress: The SMART Approach for Resource/Adoptive Parents](#)

[Developing Open and Effective Communication in Resource and Adoption Families](#)

[Family Dynamics](#)

[Trauma Informed Co-Parenting for Success](#)

# Resource Parent Training Menu, cont.

## Kin and Relative Caregiver

Find information about your role as a relative caring for a child experiencing foster care

[It's All Relative: Supportive Ideas for Relative Resource Families](#)

[Relative Resource Parent](#)

## Education

Learn about your role in advocating for a child's educational needs

[Education](#)

## Caring for Tweens and Teens

Engage in specific concepts related to this population

[Preparing for Adulthood](#)

[Social Connection and Cognitive and Social Emotional Competencies](#)

[Understanding Adolescent Brain Development and Resilience](#)

To participate in any of the trainings, please register through your [Workday Learning account](#).

Questions? Please email [resource.familytraining@odhs.oregon.gov](mailto:resource.familytraining@odhs.oregon.gov)