
Know Your Rights, Freedoms and Protections – Limitations Fact Sheet

People who live in an Adult Foster Home, Assisted Living or Residential Care Facility have the same rights as other people who rent housing. These homes and facilities provide home and community-based services and are overseen by Oregon and the federal government. They are required to give residents certain rights.



Written residency agreement:

You have the right to a legal rental or residency agreement, with the same protections as rental agreements for other rentable places to live.



Privacy:

You may have a door that locks and a key for your room or unit.



Visitors:

You may have visitors you want at any time you choose. Visits can be in common areas or your room. Visitors must respect the preferences of other residents.



Schedule and activities:

You have the right to control your schedule, including when and how you receive assistance and how you spend your time.



Ability to decorate and furnish:

You have the right to furnish and decorate your room within the limits of your rental agreement.



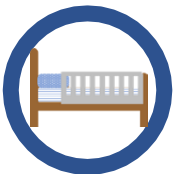
Access to food:

You have the right to eat your own food. You may also choose where and when you want to eat it.



Roommate:

You have a choice about who your roommate is if you share a room.



Restraints:

You have a right to be free from physical and chemical restraints. Restraints may be used **only** when there is a threat to health or safety and **only** if you or your decision maker agree to them. Both types of restraints restrict you and are often used against your will. If a person wants to use a restraint on you, all other options to keep you safe should first be tried.

Visit Oregon's Home and Community-Based Services website for more information:

<https://www.oregon.gov/odhs/providers-partners/pages/hcbs.aspx>

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact the Aging and People with Disabilities at apd.ltss@odhs.oregon.gov or [503-945-5600](tel:503-945-5600). We accept all relay calls.



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