

# Social Isolation Programs for Medicaid LTSS Consumer: Overview

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## Overview

Aging and People with Disabilities (APD) currently has four programs for Medicaid Long Term Services and Supports (LTSS) consumers who feel isolated or lonely: Robotic Pets, GetSetUp, GrandPad, and GrandPad + Music. Consumers can receive all four programs to help address isolation, and there are no household limits.

## GetSetUp: Online Classes

This is an online website with hundreds of classes taught by older adults and designed for older adults and people with disabilities. This website includes live classes on topics including cooking and nutrition, financial well-being, exercise, and more. The website has chat groups for individuals with similar interests to help build community and reduce feelings of loneliness and social isolation. Classes are available in English, Mandarin, Hindi, and Spanish, and all have closed captioning options.

### Eligibility

- Medicaid LTSS in-home consumers, eligible under OAR 411-030.
- Not eligible: Consumers with State Plan Personal Care (SPPC), Oregon Project Independence (OPI), and Oregon Project Independence-Medicaid (OPI-M), and consumers in nursing facilities and community-based care settings.

### Referrals

- Case managers can provide the direct link to consumers:  
<https://www.getsetup.io/partner/oregon>
  - Consumers set up an account and register for classes and can take as many as they would like.

## Robotic Pets

Robotic pets are available in cat or dog form and multiple color options (see images, right). These pets make animal noises like purring or barking. They can react to sound and motion by turning their head. Robotic pets are battery-operated and designed to sit on an individual's lap and be stroked or snuggled – the pets cannot walk or do tricks. This is most beneficial for individuals with impaired cognition, dementia, or those who miss being a pet owner.



### Eligibility

- Medicaid LTSS consumers, in in-home or community-based care settings including Adult Foster Homes, Assisted Living Facilities, and Memory Care Communities.
- Not eligible: SPPC, OPI, OPI-M consumers, and residents in Nursing Facilities.



### Referrals

- Case managers or consumers can request a pet by filling out this online form:  
<https://forms.office.com/Pages/ResponsePage.aspx?id=6GOOZTmNnEmPSBOtyUUvTNyVN3Woq2RFqVSgNlopBMNUMDVXRIVFMVcxNFFJUkxFVEVZVzIWOU5NWi4u> The link is also located under the “Make a Request” section on CM tools.
- Once eligibility is confirmed, central office will share the consumer's name and contact information with our partners. They will confirm address and pet preferences and ship the pet directly to the consumer.



E-mail [apd.roboticpet@odhs.oregon.gov](mailto:apd.roboticpet@odhs.oregon.gov) if you have any questions about this program.

## GrandPad

GrandPad's are simplified tablets that allow users to make voice and video calls with friends and family, share photos, read articles, listen to music, and play games. They are designed for consumers who benefit from a simplified tablet. Tablets work with or without Wi-Fi.

### Eligibility

- Medicaid LTSS in-home consumers under OAR 411-030.
- Need a cell phone tower / cell phone signal at their home
- Not eligible: Consumers with SPPC, OPI, or OPI-M

### Referrals

- Case managers can fill out this online form: <https://forms.office.com/g/jjRnAyAugE>. The link is also located under the "Make a Request" section on CM tools.
- Shipping and user support will be managed by GrandPad. Referrals approved by the 15th of each month will be fulfilled the following month.

Email [apd.grandpadrequest@odhsoha.oregon.gov](mailto:apd.grandpadrequest@odhsoha.oregon.gov) if you have any questions about this program.

## GrandPad + Music

GrandPad's may include music support for consumers assessed as full or substantial assist in cognition. This feature allows for a natural support to assist with selecting meaningful songs for the consumer.

### Eligibility

- Medicaid LTSS in-home consumers under OAR 411-030.
- Need cell phone signal at their home
- Need to be assessed as a full or substantial assist in cognition.

- Not eligible: SPPC, OPI, or OPI-M

### Referral

- The referral process is the same as for [GrandPad](#).
  - Referral form asks if the GrandPad will mainly be used for music support or social/community engagement.

Email [apd.grandpadrequest@odhsoha.oregon.gov](mailto:apd.grandpadrequest@odhsoha.oregon.gov) if you have any questions about this program.

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