

Information Memorandum Transmittal Aging and People with Disabilities



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Number: APD-IM-19-050

Issue date: 7/16/2019

Topic: Other

Due date:

Subject: Oregon Project Independence (OPI) Brochure

Applies to (check all that apply):

- | | |
|---|---|
| <input type="checkbox"/> All DHS employees | <input type="checkbox"/> County Mental Health Directors |
| <input checked="" type="checkbox"/> Area Agencies on Aging: Types A and B | <input type="checkbox"/> Health Services |
| <input checked="" type="checkbox"/> Aging and People with Disabilities | <input type="checkbox"/> Office of Developmental Disabilities Services (ODDS) |
| <input type="checkbox"/> Self Sufficiency Programs | <input type="checkbox"/> ODDS Children's Intensive In Home Services |
| <input type="checkbox"/> County DD program managers | <input type="checkbox"/> Stabilization and Crisis Unit (SACU) |
| <input type="checkbox"/> Support Service Brokerage Directors | <input type="checkbox"/> Other (<i>please specify</i>): |
| <input type="checkbox"/> ODDS Children's Residential Services | |
| <input type="checkbox"/> Child Welfare Programs | |

Message:

Now available is the "Help to Stay in your home" OPI brochure. It contains general information about the program. Both for the Expansion Pilot and the Traditional OPI program serving those over 60 years of age.

The brochure is on line (DHS Forms server, # DHS 2454) for PDF versions. It has been translated in seven languages Spanish, Russian, Arabic, Somali, Chinese (both traditional and simplified) and Vietnamese.

This is a very useful guide for outreach and education.

Printed copies are available through the Community Services and Supports Unit. Contact Lori Watt (lori.c.watt@dhsosha.state.or.us) to order.

How do I get on the program?

After you request the services, a trained Area Agency on Aging staff person will call you to schedule a time to meet in your home.

During the meeting, the staff person will ask you questions about your needs and how you care for yourself to assess if you are eligible for OPI services. If you are eligible, a staff person will help you create a plan to meet your needs within the program's limits. You may get help for a short time or up to a year at a time, depending on your needs. The help can be used alone or with other in-home help.

Do I have to wait to get help?

Some areas have waiting lists. You will get priority if you are frail and vulnerable, lacking supports and likely going to have to leave your home for care.



How do I find out more about this program?

The Aging and Disability Resource Connection (ADRC) is here for you. To learn about Oregon Project Independence and other programs and services, please contact us at www.ADRCoforegon.org 1-855-ORE-ADRC (673-2372).

You can get this document in other languages, large print, braille or a format you prefer. Contact the Aging and Disability Resource Connection (ADRC) at 800-282-8096 or email spd.web@dhsosha.state.or.us. We accept all relay calls or you can dial 711.



DHS 2454 (04/2019)

Help to Stay in your home

Oregon Project Independence (OPI)



Help to stay in your home

Do you or a family member need help to remain at home? Oregon Project Independence (OPI) may be able to help.

Maybe you are thinking about moving out of your home because you need help to do your daily chores. Or perhaps you need some temporary help to meet your needs because the people who used to help you no longer can.

This program will help you stay in your home.

Is there a cost for the services?

Yes. Everyone participating in the program has to pay for some of its cost, based on a sliding scale fee. Your cost is based on your monthly household income minus your household's monthly medical costs.

Who will help me?

OPI service providers are state registered home care workers and/or a contracted in-home care agency, depending on where you live.

Could you be eligible for this program?

You are eligible for Oregon Project Independence if you:

- Live in Oregon
 - Do not receive Medicaid (financial or medical help) except for food stamps or help with Medicare premiums
 - Are 19 through 59 years old, have physical disabilities and live in one of these counties: Benton, Clatsop, Gilliam, Jackson, Josephine, Lane, Linn, Lincoln, Marion, Hood River, Morrow, Multnomah, Polk, Sherman, Tillamook, Umatilla, Wasco, Washington, Wheeler and Yamhill
- or
- Are 60 years or older
- or
- Are any age and have Alzheimer's disease or a related disorder.

What kind of help could you get?

The help you get will depend on your needs. Some people get help with personal care, such as walking and bathing. Others get help with shopping, meal preparation and housekeeping. The services vary by the area you live in but could include:

- Personal care
- Home care
- Heavy housework (chore services)
- Assistive technology devices
- Adult day care
- Respite care
- Registered nursing services
- Home-delivered meals
- A trained service coordinator to help you plan and work with the program.



If you have any questions about this information, contact:

Contact(s): Sandy Abrams

Phone: 503-947-2391

Fax: 503-373-1133

Email: sandy.h.abrams@dhsosha.state.or.us