

# Information Memorandum Transmittal Aging and People with Disabilities



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**Number: APD-IM-20-017**

**Issue date: 2/25/2020**

**Topic:** Long Term Care

**Due date:** NA

**Subject:** Home Delivered Meals Standards and Responsibilities

**Applies to (check all that apply):**

- |   |   |
|---|---|
| <input type="checkbox"/> All DHS employees                                | <input type="checkbox"/> County Mental Health Directors                       |
| <input checked="" type="checkbox"/> Area Agencies on Aging: Types A and B | <input type="checkbox"/> Health Services                                      |
| <input checked="" type="checkbox"/> Aging and People with Disabilities    | <input type="checkbox"/> Office of Developmental Disabilities Services (ODDS) |
| <input type="checkbox"/> Self Sufficiency Programs                        | <input type="checkbox"/> ODDS Children's Intensive In Home Services           |
| <input type="checkbox"/> County DD program managers                       | <input type="checkbox"/> Stabilization and Crisis Unit (SACU)                 |
| <input type="checkbox"/> Support Service Brokerage Directors              | <input type="checkbox"/> Other ( <i>please specify</i> ):                     |
| <input type="checkbox"/> ODDS Children's Residential Services             |   |
| <input type="checkbox"/> Child Welfare Programs                           |   |

**Message:** The Medicaid [HDM Standards and Responsibilities](#) guidelines are now available, located on the Case Management Tools website. These guidelines outline key responsibilities when providing Medicaid In-Home Delivered Meals (HDM) to eligible consumers: Medicaid Eligibility; Medicaid Program Responsibilities; and Nutrition Program Responsibilities.

HDM is an option to be discussed with Medicaid service eligible consumers. Some of the HDM benefits include:

- Contributing to the health and independence of an individual to remain in their own home
- Provide an individual with an additional face to face contact with the person who delivers the meal, thus reducing the feelings of loneliness
- Increasing the confidence of staying at home
- Lessening the concern for food insecurity (limitations in procuring and preparing meals)
- Increasing health and safety by providing a nutritional meal

HDM also supports case managers as the provider is considered an indirect contact.

The HDM provider list is found under the [HDM section of CM Tools](#).

If an individual is not eligible for HDM through Medicaid, a new brochure has been developed: [Community Meal Programs for Older Adults Brochure](#) (DHS 2726). This brochure discusses community and home delivered meals that are funded through the Older Americans Act. This brochure was previously referenced in [APD-IM-20-006](#).

*If you have any questions about this information, contact:*

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