

RESOURCES

Disability Rights Oregon

Self-advocacy: droregon.org/employment

Request help: droregon.org/need-help

Phone: 800-452-1694

Northwest ADA Center

Web: nwadacenter.org

Phone: 800-949-4232

Job Accommodation Network (JAN)

Web: www.askjan.org

Phone: 800-526-7234

TTY: 877-781-9403

Office of Vocational Rehabilitation Services

Web: bit.ly/orovrs

Phone: 877-277-0513

Tribal VR Programs:

Confederated Tribes of: Warm Springs, Grand Ronde, Siletz, Umatilla and the Klamath Tribe

Web: bit.ly/ortovrs

Oregon Commission for the Blind

Web: www.oregon.gov/Blind

Phone: 1-888-202-5463

TTY: 971-673-1577

Oregon's Independent Living (IL) Centers

Web: bit.ly/orils

FOR MORE INFO

Disability Rights Oregon

511 SW 10th, Suite 200

Portland, OR 97205

Phone: 503-243-2081 or

1-800-949-4232

Fax: 503-243-1738

Email: welcome@droregon.org

Web: droregon.org



**Disability
Rights
Oregon**

**Disability Rights Oregon is the
Protection & Advocacy System for
Oregon.**

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For a complete list of grantors, visit droregon.org/funding.

CLIENT ASSISTANCE PROGRAM



**Vocational
Rehabilitation and
Independent
Living Programs**

DRO | Disability
Rights
Oregon

OUR SERVICES

Disability Rights Oregon's **Client Assistance Program** (CAP) aims to expand job opportunities and independent living for people with disabilities.

We offer advice, tools that you can use to protect and assert your rights, and advocacy-related to services in Oregon:

- » Office of Vocational Rehabilitation Services (OVR)
- » Independent Living (IL) centers
- » Commission for the Blind vocational services
- » Tribal Vocational Rehabilitation programs

We can help you if:

- » You need help getting services
- » You have been denied services
- » You disagree with your counselor's decision

YOU HAVE THESE RIGHTS

- » Determination of **eligibility** for services within 60 days
- » **Explanation** of the process and how decisions are made
- » **Participate** in assessments and in the development of your Individualized Plan for Employment within 90 days, unless granted more time
- » **Ask** for a VR counselor to join your IEP (Individualized Education Plan) meeting
- » A written copy of your **Individualized Plan for Employment** and all decisions
- » **Appeal** a Notice of Proposed Action, if you don't agree; you can have a due process hearing within 60 days and continuation of services while you appeal
- » **Register to vote** or update your voter registration at VR, IL, and OCB offices



TIPS

Communicate with your counselor:

- » Discuss your concerns, interests and goals
- » Keep your counselor informed of changes, like moving
- » Ask questions
- » Tell your counselor if you don't agree with a decision

Keep records of what is said and all paperwork.

