## Contact Information for CILs

**Independent Living Resources (ILR)**
- 1839 NE Couch St. Portland OR 97232
- Barry Fox-Quamme, Executive Director
- 503.232.7411
- [www.ilr.org](http://www.ilr.org)
- Counties Served: Clackamas, Clatsop, Columbia, Multnomah, Tillamook, Washington

**Lane Independent Living Alliance (LILA)**
- 20 E. 13th Ave. Eugene OR 97401
- Sheila Thomas, Executive Director
- 541.607.7020
- [www.lilaoregon.org](http://www.lilaoregon.org)
- Counties Served: Benton, Lane, Lincoln, Linn, Marion, Polk, Yamhill

**Umpqua Valley disabilities Network (UVdN)**
- 736 SE Jackson St. Roseburg OR 97470
- Matt Droscher, Executive Director
- 541.672.6336
- [www.uvdn.org](http://www.uvdn.org)
- Counties Served: Coos, Douglas

**Handicap Awareness and Support League (HASL)**
- 305 NE E St. Grants Pass OR 97526
- Randy Samuelson, Executive Director
- 541.479.4275
- [www.haslonline.org](http://www.haslonline.org)
- Counties Served: Jackson, Josephine, Curry

**SPOKES Unlimited**
- 1006 Main St. Klamath Falls OR 97601
- Curtis Raines, Executive Director
- 541.883.7547
- [www.spokesunlimited.org](http://www.spokesunlimited.org)
- Counties Served: Klamath, Lake

**Abilitree**
- 2680 NE Twin Knolls Dr. Bend OR 97701
- Greg Sublett, Director of Operations
- 541.388.8103
- [www.abilitree.org](http://www.abilitree.org)
- Counties Served: Deschutes, Crook, Jefferson

**Eastern Oregon Center for Independent Living (EOCIL)**
- 1021 SW 5th Ontario OR 97914
- Kirt Toombs, CEO
- 541.889.3119 [www.eocil.org](http://www.eocil.org)

- 322 SW 3rd St. Pendleton OR 97801
- 541.276.1037

- Columbia Gorge Community College Bldg. 2
- 400 E. Scenic Dr. The Dalles OR 97058
- 541.370.2810

- Counties Served: Baker, Gilliam, Grant, Harney, Hood River, Malheur, Morrow, Sherman, Umatilla, Union, Wallowa, Wasco, Wheeler

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