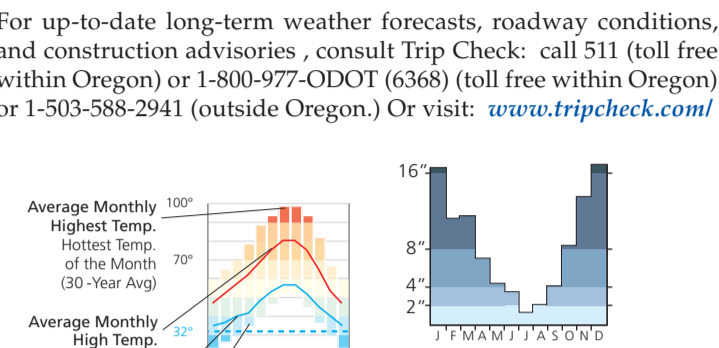
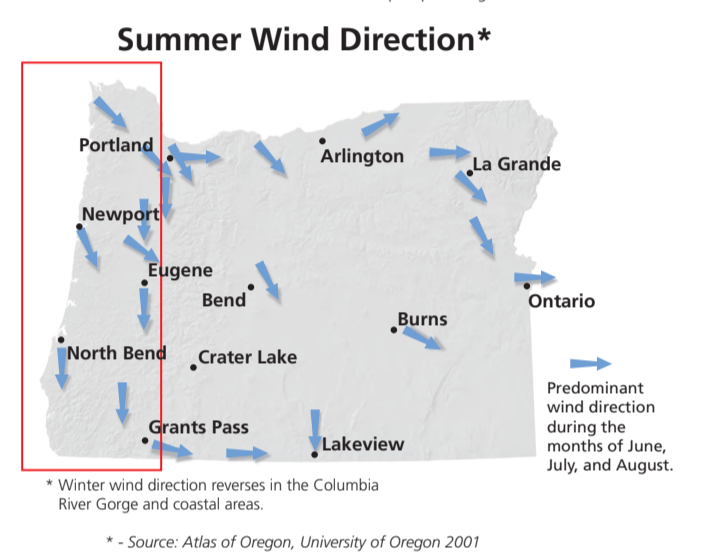


CLIMATE

Oregon Coast summers tend to be cool and morning fog is common. Rain tapers off in April reaching a low in July, picking up again in October. Regular steady rain can be expected November thru March. Winds in summer are predominantly from the NW and it is advisable to ride North to South to maximize tail winds. During the main summer bicycling season, temperatures rarely exceed the eighties, and can even be as cool as the mid-fifties. Winter storms can be severe with gale force winds and driving rain. We recommend you carry rain gear year round. The best cycling experiences are usually from late August to early October, as the combination of moderate temperatures, north winds, low precipitation and reduced highway traffic creates nearly ideal conditions. For up-to-date long-term weather forecasts, roadway conditions, and construction advisories, consult Trip Check: call 511 (toll free within Oregon) or 1-800-977-ODOT (6368) (toll free within Oregon) or 1-503-588-2941 (outside Oregon.) Or visit: www.tripcheck.com/



Weather Station Data
Precipitation bar graphs are plotted above for a set of weather stations across Oregon. There is one bar for each month, and the height of each bar is proportional to the total average precipitation during that month. The shading of the bars reflects the precipitation totals. The individual bar graphs can be read for the details of precipitation at individual stations, while the overall shape and color of the graphs illustrate the main precipitation gradients across the state.



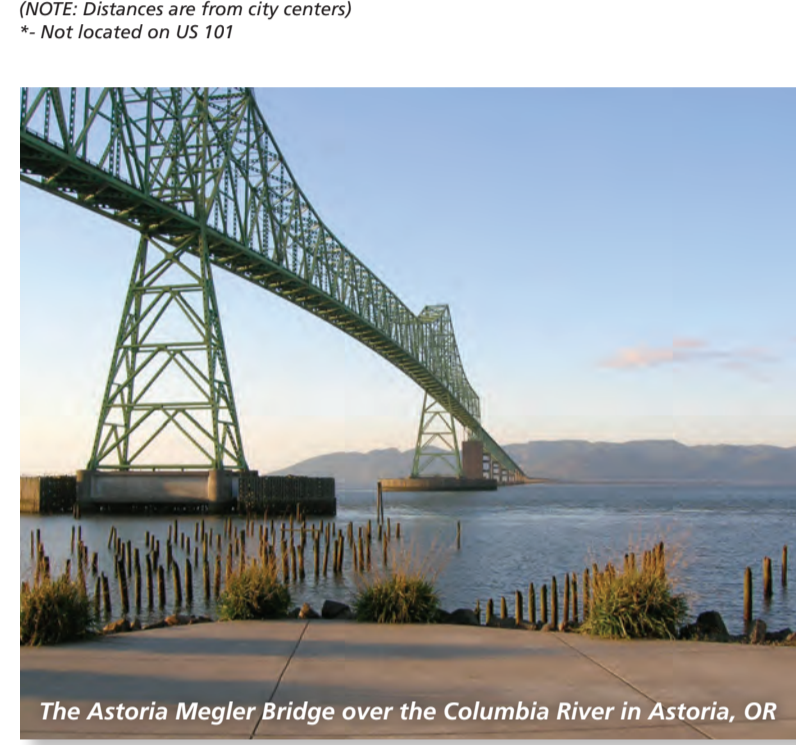
* Source: Atlas of Oregon, University of Oregon 2001

1. ASTORIA TO PACIFIC CITY 93 MILES

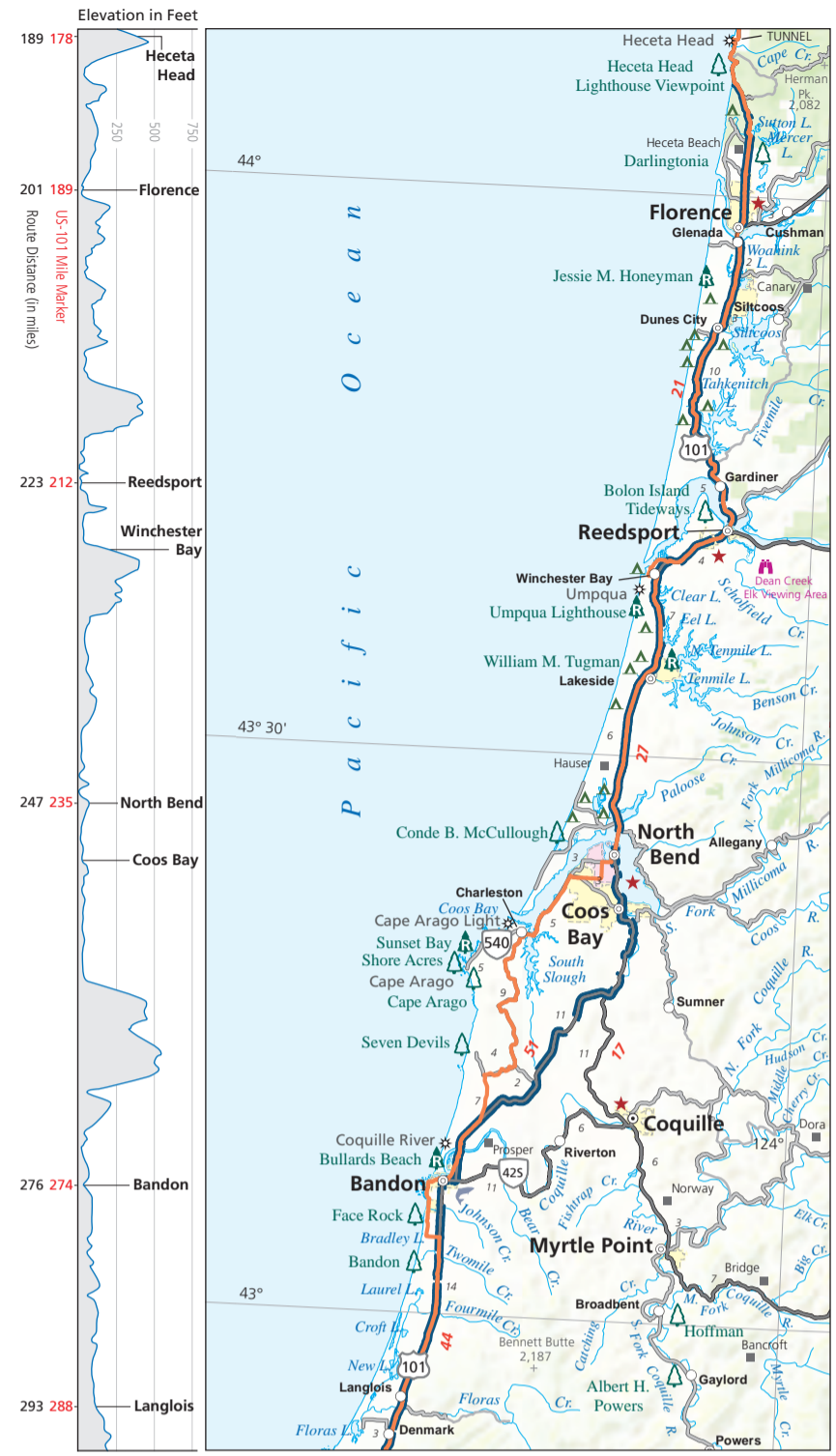


Parks and Amenities

Fort Stevens	*10 mi. W of Astoria
Fort Clatsop	*5 mi. SW of Astoria
Kullaby Lake	6 mi. N of Seaside
Klootch Creek	5 mi. SE of Seaside
Ecola	*2 mi. N of Cannon Beach
Tolovana Beach	1 mi. S of Cannon Beach
Arcadia	*3 mi. S of Cannon Beach
Hug Point	5 mi. S of Cannon Beach
Nehalem Bay	*3 mi. S of Manzanita Junction
Oswald West	10 mi. S of Cannon Beach
Barview	2 mi. N of Garibaldi
Kilchis	*8 mi. NE of Tillamook
Cape Meares	*10 mi. W of Tillamook
Oceanside	*11 mi. W of Tillamook
S Tillamook Rest Area	4 mi. S of Tillamook
Netarts Bay	8 mi. SW of Tillamook
Cape Lookout	*12 mi. SW of Tillamook
Sand Beach	*9 mi. N of Pacific City
Whalen Island	5 mi. N of Pacific City
Cape Kiwanda	1 mi. N of Pacific City
Bob Straub	At Pacific City



3. FLORENCE TO BANDON 72 MILES



Parks and Amenities

Jessie M. Honeyman	3 mi. S of Florence
Siltcoos (2 areas)	7 mi. S of Florence
Carter Lake (2 areas)	9 mi. S of Florence
Lost Lake	12 mi. N of Reedsport
Tahkenitch Lake	9 mi. N of Reedsport
Elbow Lake	9 mi. N of Reedsport
Windy Cove/Salmon	At Winchester Bay Harbor (4 areas)
William M. Tugman	8 mi. S of Reedsport
Eel Creek (2 areas)	15 mi. N of North Bend
Bluebill Lake (2 areas)	*3 mi. NW of North Bend
Bastendorf Beach	*11 mi. SW of Coos Bay
Sunset Bay	*12 mi. SW of Coos Bay
Shores Acres	*13 mi. SW of Coos Bay
Cape Arago	*14 mi. SW of Coos Bay
Seven Devils	*10 mi. N of Bandon
Bullards Beach	2 mi. N of Bandon



MAP LEGEND

COMMUNITIES	POPULATION
County Seat	Coos Bay 10,000 to 100
Incorporated Place	Florence 2,500 to 10
Unincorporated Place	Cannon Beach Less than 2
Locale or Site	Pacific City Unincorporated F

Coastal Bike Route with at least 4' of shoulder	State Park, Day Use Only
Coastal Bike Route with less than 4' of shoulder	State Park with Overnight Facility
U.S. Route 101 with at least 4' of shoulder	State Park with Reserved Campsites
U.S. Route 101 with less than 4' of shoulder	Safety Rest Area
Main Access Route	U.S. Forest Service Campground
Paved/Gravel Road	Bureau of Land Management Campground
Road Summit and Elevation in Feet	Covered Bridge
U.S. Route Marker	Wildlife Viewing area
State Route Marker	Fish Hatchery
Accumulated Mileage Between Stars	Lighthouse
Mileage Between Towns and Junctions	Visitor Center

Distance and Elevation:

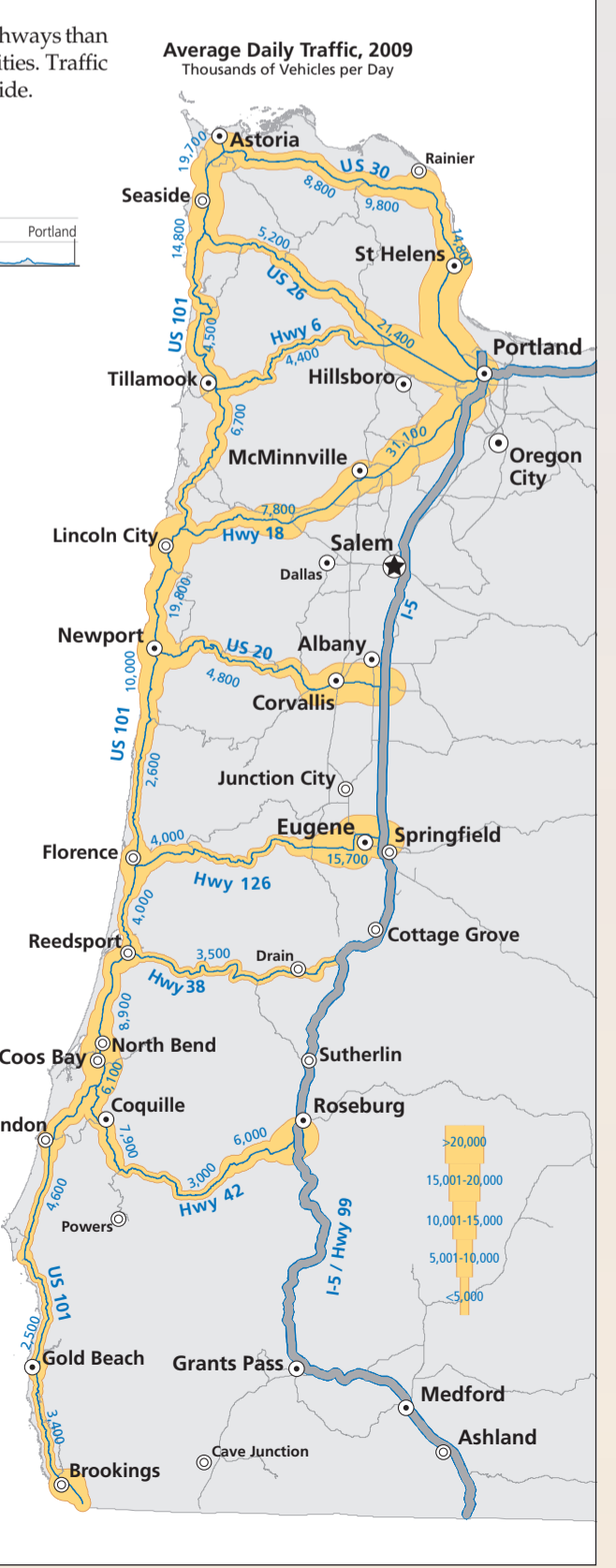
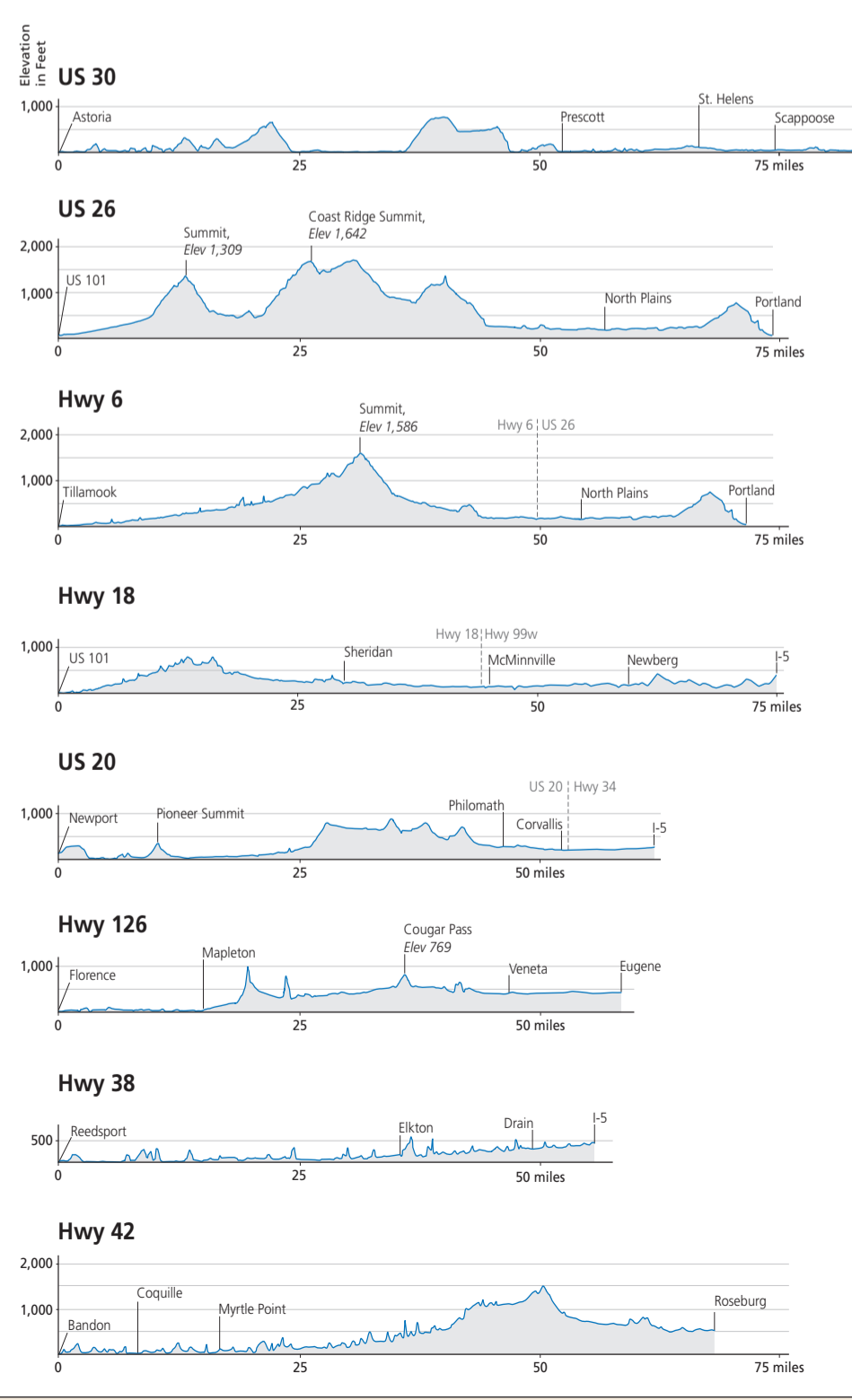
- Distance - Left column: Numbers represent the distance in miles of the main bike route (no alternates) from the Washington to California state lines (Black Text). Distance - Right column: Numbers represent the actual signed mile posts along Hwy 101 (Red Text).
- Elevation: The vertical exaggeration makes grades appear to be steeper than they are. Use this information for general planning, such as determining daily trip lengths.

NOAA's National Weather Service
PACIFIC TSUNAMI WARNING CENTER
If you are at the beach or near the ocean and you feel the earth shake, move immediately to higher ground. DO NOT wait for a tsunami warning to be announced. Stay away from rivers and streams that lead to the ocean as you would stay away from the beach and ocean if there is a tsunami. A tsunami from a local earthquake could strike some areas before a tsunami warning could be announced.



TRAFFIC VOLUME AND PROFILED ROUTES

Motor vehicle (and bicycle) traffic volumes vary greatly and generally are greater on state highways than on local roads. On the Coast they are highest in summer and in and around towns and cities. Traffic volumes drop off significantly in winter. The map below shows average traffic volumes as a guide.



2. PACIFIC CITY TO FLORENCE 96 MILES



Parks and Amenities

Neskowin Beach	At Neskowin
Neskowin Creek	5 mi. S of Neskowin
D River	At Lincoln City
Devils Lake	At Lincoln City
Glendon Beach	7 mi. S of Lincoln City
Fogarty Creek	2 mi. N of Depoe Bay
Boiler Bay	1 mi. N of Depoe Bay
Depoe Bay	At Depoe Bay
Rocky Creek	2 mi. S of Depoe Bay
Outer Crest	10 mi. N of Newport
Outer Crest Rest Area	10 mi. N of Newport
Devil's Punchbowl	8 mi. N of Newport
Beverly Beach	7 mi. N of Newport
Agate Beach	1 mi. N of Newport
Yaquina Bay	Newport, N of Yaquina Bay Bridge
South Beach	2 mi. S of Newport
Lost Creek	7 mi. S of Newport
Ona Beach	8 mi. S of Newport
Seal Rock	10 mi. S of Newport
Driftwood Beach	3 mi. N of Waldport
Gov. Patterson	1 mi. S of Waldport
Beachside	3 mi. S of Waldport
Tillicum Beach	6 mi. S of Waldport
Smelt Sands	1 mi. N of Yachats
Yachats	At Yachats
Cape Perpetua	2 mi. S of Yachats
Neptune	3 mi. S of Yachats
Rock Creek (2 areas)	10 mi. S of Yachats
Muriel O. Ponsler	16 mi. N of Florence
Carl G. Washburne	14 mi. N of Florence
Heceta Head	13 mi. N of Florence
Darlingtonia	5 mi. N of Florence
Sutton Lake (3 areas)	6 mi. N of Florence
Sutton Lake	5 mi. N of Florence
Siuslaw Harbor Vista	*4 mi. NW of Florence

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4. BANDON TO BROOKINGS 83 MILES



Parks and Amenities

Face Rock	1 mi. SW of Bandon
Bandon	5 mi. S of Bandon
Cape Blanco	*9 mi. N of Port Orford
Battle Rock	At Port Orford
Humbog Mountain	6 mi. S of Port Orford
Ophir Rest Area	9 mi. N of Gold Beach
Geisel Monument	9 mi. N of Gold Beach
Otter Point	4 mi. N of Gold Beach
Cape Sebastian	7 mi. S of Gold Beach
Thomas Creek	7 mi. N of Brookings
Boardman (Whaleshead)	4 mi. N of Brookings
Brookings Rest Area	2 mi. N of Brookings
Harris Beach	2 mi. N of Brookings
Azalea	At Brookings



OVERVIEW MAP (see reverse for detail maps)



WELCOME TO OREGON

The Oregon Coast Bike Route has been a popular bicycle route since 1982 when it was officially designated by the Oregon Transportation Commission. Thousands of bicyclists enjoy the natural beauty of the Oregon Coast Bike Route annually. For the most part, it follows US Highway 101 as a shoulder bikeway. In several areas, the route departs from the main highway and follows county roads and city streets. These sections are closer to the ocean, are more scenic, and have lower traffic volumes and slower traffic speeds.

The total length of the signed bike route is 370 miles (595 km). It can be lengthened to 380 miles (610 km) by taking the alternate Three Capes Scenic Route. On average, most cyclists take six to eight days to tour the coast, by cycling 50 to 65 miles (80 to 105 km) per day. This is a reasonable rate, due to the mountainous nature of the coast: the total rise and fall is close to 16,000 feet (4900 m).

It is highly recommended that you cycle in a north to south direction, if your trip is planned between May and October, as the prevailing winds blow from the northwest. Most points of interest and viewpoints are on the ocean side. General shoulder widths are indicated as shown on the map legend.

Be sure to visit www.RideOregonRide.com for more information on where to ride, stay and eat on your trip. The Oregon Department of Transportation (ODOT) Pedestrian and Bicycle Program web site: <http://www.oregon.gov/ODOT/HWY/BIKEPED/touring.shtml> also has additional information and resources to enhance your experience.

www.RideOregonRide.com

Welcome to Oregon and Enjoy the Ride!

BIKE ROUTE SIGNING

The entire route has been signed. The sign (at right) is located at all intersections where the bike route departs from the main highway, and at key locations along bypasses to guide cyclists through these areas. "BIKES ON ROADWAY" warning signs have been placed along some stretches of roadway where the shoulder is narrow; motorists are therefore forewarned of the possible presence of bicyclists.

ODOT Pedestrian and Bicycle Program

Oregon Department of Transportation



Newport bayfront with Yaquina Bay Bridge in the background

OREGON COAST BIKE ROUTE

As you make your way down the scenic Oregon Coast Bike Route, take the time to get off of the highway and visit some of the wonderful sites that await the adventurous traveler.

DETAILS

These descriptions are designed to guide you through areas where the Oregon Coast Bike Route departs from US Highway 101, as well as to prepare you for what to expect in the way of roadway conditions and attractions. All of these route segments are well signed with the OREGON COAST BIKE ROUTE sign. In general, these facilities are narrower, but have less (and slower) traffic than Highway 101 and/or avoid a narrow, shoulderless section of Hwy 101.

LODGING

The Oregon Coast has many accommodations for traveling cyclist. Campgrounds, hotels or bed & breakfasts are abundant. Reservations are highly recommended in the summer months.

Many State Parks' campgrounds are equipped with "Hiker-Biker" sites. They provide a place to set up a tent away from the conventional campsites, yet are still close to showers and rest room facilities. State parks also offer as well as yurts, cabins and teepees in some locations.

NOTE: Campgrounds may display a "Campground Full" sign when the conventional sites are all occupied; please inquire with the attendant as to availability of Hiker-Biker sites.

LODGING RESOURCES

OREGON STATE PARKS

725 Summer Street NE, Suite C, Salem, OR 97301-1271
Phone: 503-986-0707
Reservations: 800-452-5687
Information: 800-551-6949
<http://www.oregonstateparks.org/searchpark.php>

TRAVEL OREGON

www.TravelOregon.com
1-800-547-7842

TRAVELING TO THE COAST

Transit providers, routes and schedules change over time. The information listed below is subject to change. Be sure to verify it before you leave for your trip. Oregon Inter City Passenger Timetables can be obtained by calling (503) 986-3300 or at www.TripCheck.com - The Transportation Options Tab allows you to search for transit providers. Notice the Bicycle Accommodation check button at the bottom of the page.

If you fly into Portland, you may consider riding to Astoria, along the Columbia River. The distance is about 95 miles. The ride is mostly flat, with a few long hills. Or you may travel by commercial bus, if your bicycle is in a box.

In Astoria long-term parking is available at the Visitor Information Center, 111 W Marine Drive (503) 325-6311. Permits are required and can be obtained at the center. Hours: 9am to 5pm, 7 days a week, May - Labor Day and M-Sat, Labor Day thru April. Call to arrange off hour permits.

Bike Shops at common jumping off points:

Florence - Start (or end) of Adventure Cycling's Trans America Bicycle Route: Bicycles 101, 1537 8th Street, Florence, OR 97439, Hwy 101 and 8th Street, will receive and/or box a bike for shipment. (541) 997-5717 or www.bikes101.com

Newport - Bike Newport 150 NW 6th St, Newport, OR 97365 (On the corner of 6th and Hwy 101 behind Lumberman's) (541) 265-9917 or www.bikeneuport.net

Should you decide to cycle only part of the coast, or wish to do a loop tour, many of the highways leading inland from the coast provide scenic bicycling opportunities. Contact the Bicycle and Pedestrian Program Office for more information and a copy of the Oregon State Bike Map, (503) 986-3556.

OTHER PUBLICATIONS

MAPS

The Oregon DOT's Pedestrian and Bicycle Program publishes the following maps:

OREGON STATE BIKE MAP OREGON COAST ROUTE BIKE MAP

Copies may be obtained by writing, calling or visiting our website:

OREGON DEPARTMENT OF TRANSPORTATION
Pedestrian and Bicycle Program
4040 Fairview Industrial Drive, M55
Salem, Oregon 97302-1142
(503) 986-3556
<http://www.oregon.gov/ODOT/HWY/BIKPED/maps.shtml>

GUIDE BOOKS

There are several excellent books available that will help you enjoy your trip more. They describe in detail the history, culture and natural landmarks associated with the Oregon Coast.

BICYCLING THE PACIFIC COAST
Tom Kirkendall & Vicky Spring
Published by The Mountaineers

BICYCLING THE OREGON COAST
Robin Cody
Published by Umbrella books

WEBSITES

The internet sites listed below can provide you with additional information to make your ride along the Oregon coast an enjoyable and well-informed one.

Bicycle Travel in Oregon: www.RideOregonRide.com

Tourism: www.traveloregon.com

Astoria: www.e1.com/tolAstoria

Cannon Beach: www.e1.com/tocannonbeach

Tillamook: www.tillamookchamber.org

Lincoln City: www.oregoncoast.org

Newport: www.discovernewport.com

Waldport: www.ohwy.com/or/waldport.htm

Yachats: www.e1.com/tolyachats

Florence: www.e1.com/tolflorence

North Bend: www.scod.com/cities/northbend

Coos Bay: www.scod.com/cities/coosbay

Bandon: www.bandon.com

Port Orford: www.portorfordoregon.com

Gold Beach: www.e1.com/togoldbeach

Brookings: www.brookings.or.us

OREGON WELCOME CENTERS

ASTORIA-WARRENTON CHAMBER OF COMMERCE

(Open all year - seasonally 9am-5pm)
111 West Marine Drive
P.O. Box 176
Astoria, OR 97103

BROOKINGS WELCOME CENTER

(Open May - September; 9am-5pm)
P.O. Box 6098
Brookings, OR 97415
Phone: 541-469-4117
e-mail: crisseytc@netzero.net

TIPS FOR A SAFE RIDE

Please: ride carefully, be courteous to other roadway users, and follow the rules of the road.

In Oregon, bicyclists are required to follow the same rules as motorists insofar as they apply; ride with the normal traffic flow, as far to the right side of the roadway as is safe and prudent. Bicyclists may ride two abreast, but should only do so when it is safe and will not impede motor vehicle traffic.

When riding after dark, the bicycle or its rider must be equipped with a white light visible at least 500 feet to the front and a red light or reflector visible at least 600 feet to the rear, per Oregon law.

In addition to the above rules, we offer these suggestions:

- Wear reflectorized clothing.
- Don't ride in heavy fog. (In summer and fall, the fog usually lifts by late morning.)
- Wear a helmet.
- Stop off the roadway.
- Beware of strong wind gust on bridges: either ride on the roadway, or walk on the sidewalk.
- The two tunnels on the route and the Yaquina (Newport) and McCullough (Coos Bay) bridges have "Bicycles in Tunnel" (or bridge) warning lights installed for your use; they can be activated by pushing a button at the entrance to the tunnel or bridge.

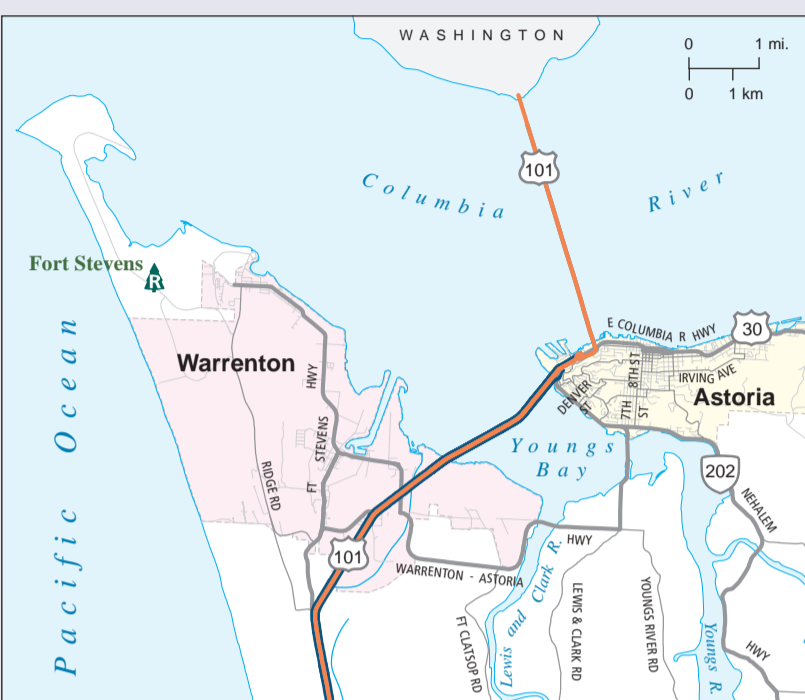
Comments or suggestions are appreciated, please contact:

PEDESTRIAN AND BICYCLE PROGRAM MANAGER

OREGON DEPARTMENT OF TRANSPORTATION
4040 Fairview Industrial Drive SE M55, Salem, OR 97302-1142
phone: (503) 986-3555
e-mail: sheila.a.lyons@odot.state.or.us
website: <http://www.oregon.gov/ODOT/HWY/BIKPED/>

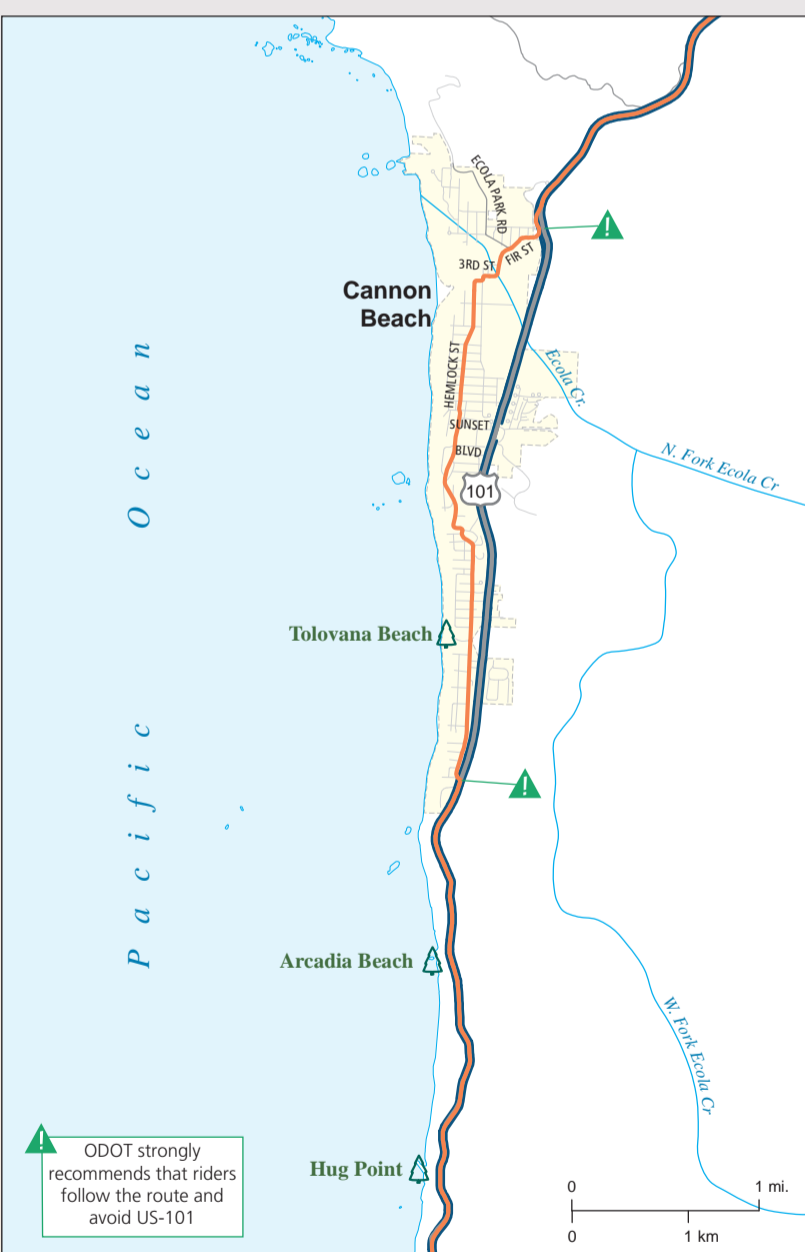
DETAIL MAP KEY

- Coastal Bike Route with at least 4' of shoulder
- U.S. Route 101 with at least 4' of shoulder
- U.S. Route 101 with less than 4' of shoulder
- Scenic Route
- U.S. Route Marker
- State Route Marker
- Main Access Route
- City Streets
- Route Diversion from U.S. Route 101
- State Park, Day Use Only
- State Park with Overnight Facility
- State Park with Reserved Campsites
- U.S. Forest Service Campground
- Bureau of Land Management Campground
- Lighthouse



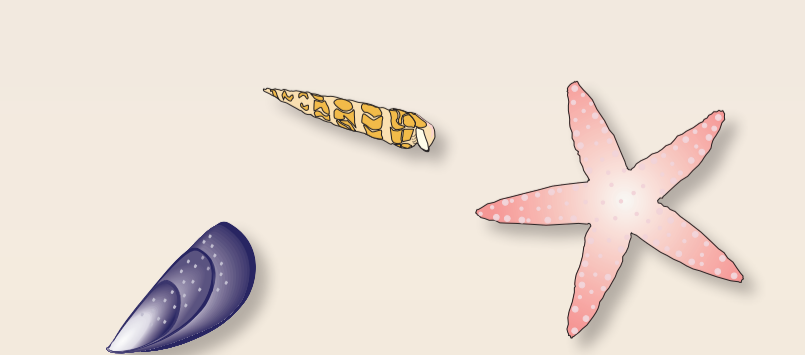
A - ASTORIA VICINITY

The Astoria Bridge is often the gateway for cyclists entering Oregon. You may wish to take a short detour into Astoria, a town full of interesting historic sites, such as the Maritime Museum and the Astor Column. Look for the Oregon Coast Bike Route information kiosk near the Astoria Roundabout.



B - CANNON BEACH

This coastal community offers many coffee shops, bakeries and art galleries. Watch for splendid views of Haystack Rock.



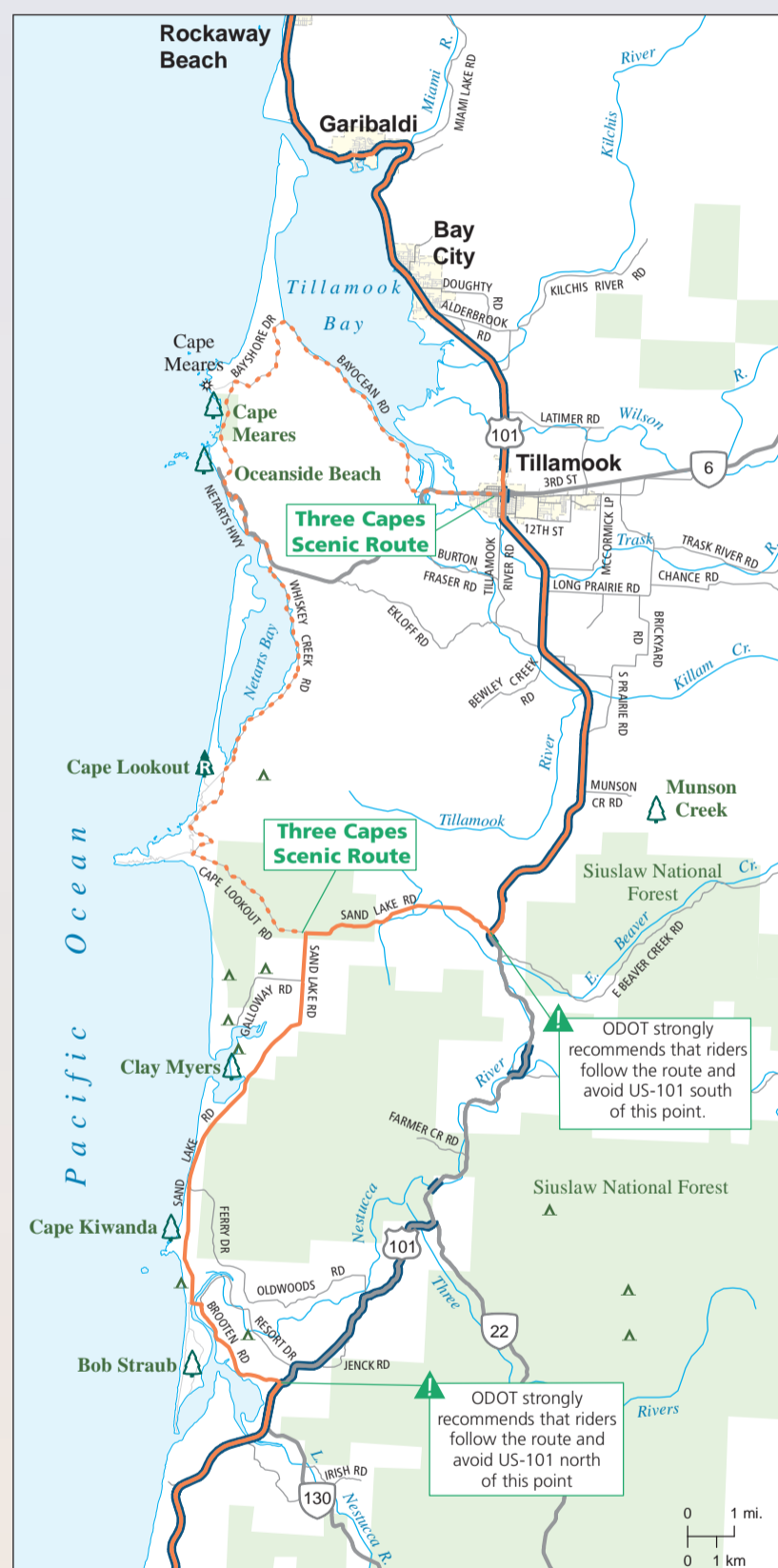
BICYCLES ON BRIDGE AND TUNNEL WARNING LIGHTS



All tunnels and the Yaquina (Newport) and McCullough (Coos Bay) bridges are equipped with "bikes in tunnel" warning lights.

To activate the lights, push the button at the entry to the tunnel or bridge.

Lights will flash, warning motorists to expect bicyclists in the tunnel or on the bridge. Flashers are set for 10 mph bicycle travel speed.



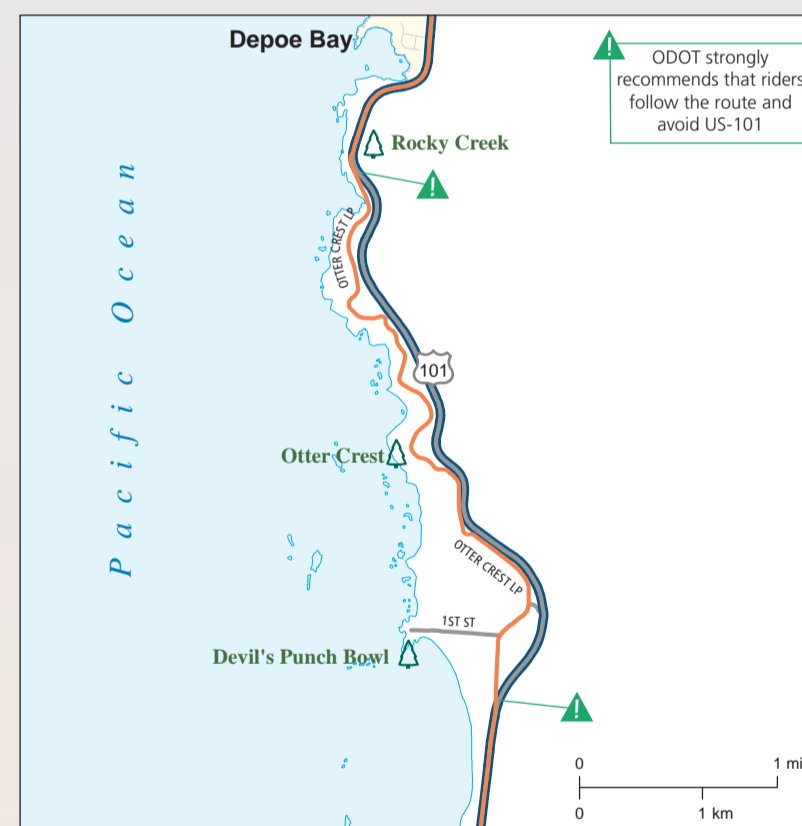
C - THREE CAPES SCENIC ROUTE AND SANDLAKE ROAD

In Tillamook, you may continue south on the highway, or follow the Three Capes Scenic Route. This route follows Tillamook Bay to Cape Meares and Cape Lookout. The road is very steep, with elevations as high as 840 feet. Some sections are gravel. The vistas are spectacular, as the road closely follows the edge of a cliff in many areas. This alternate is 10 miles longer than the main route. Sandlake road takes you to the third of the capes, Cape Kiwanda, with gentler grades.



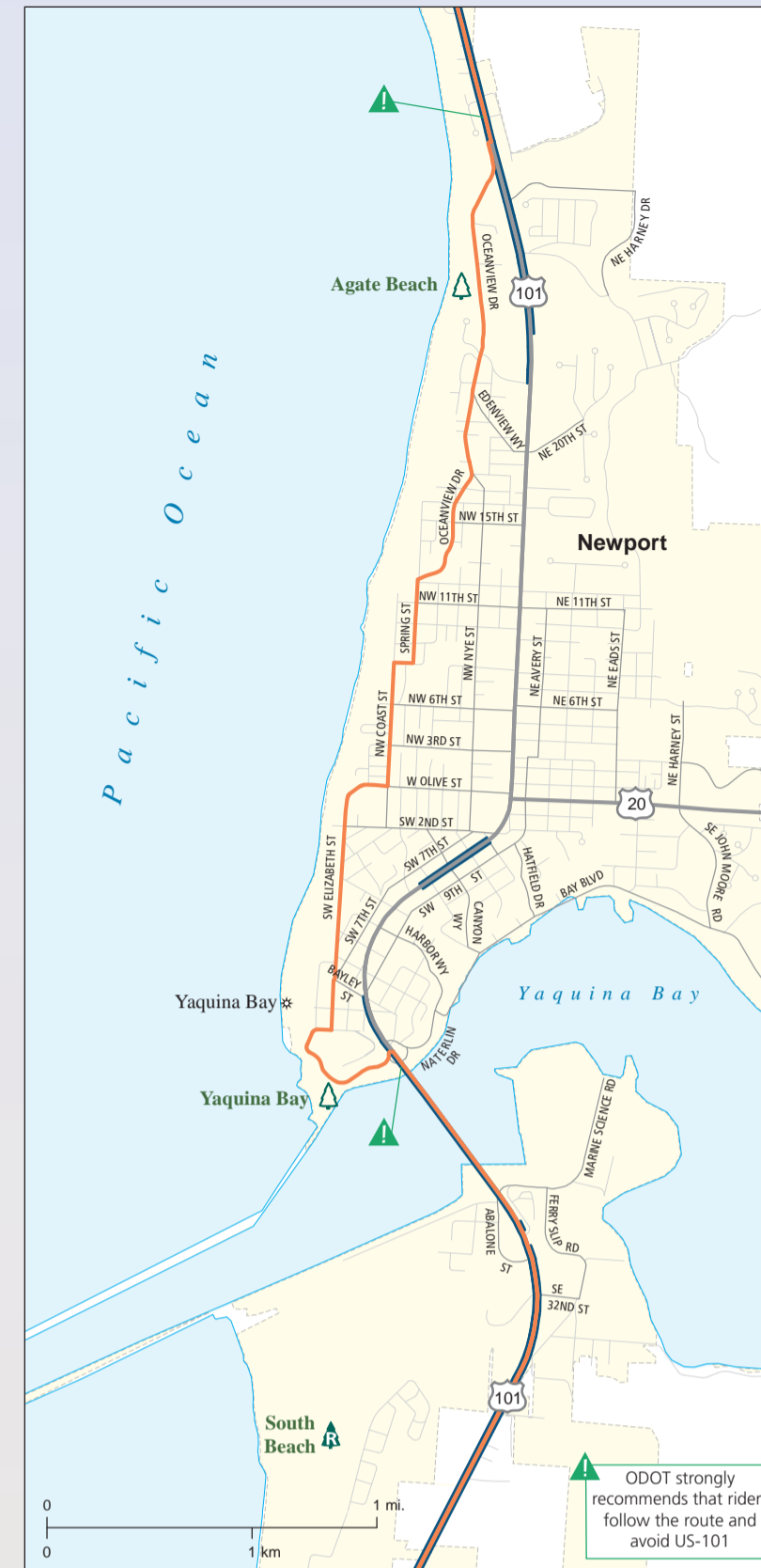
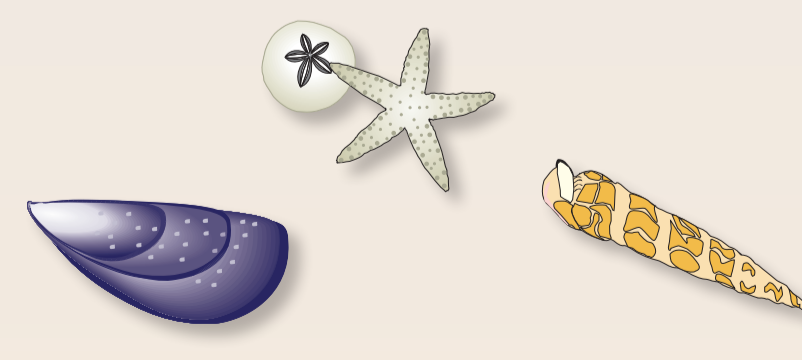
D - SLAB CREEK ROAD

This route follows an old highway through some beautiful old-growth forests and farm land. The total elevation rise is the same as that on US Highway 101, but over a greater distance, which provides gentler grades and a more pleasant ride.



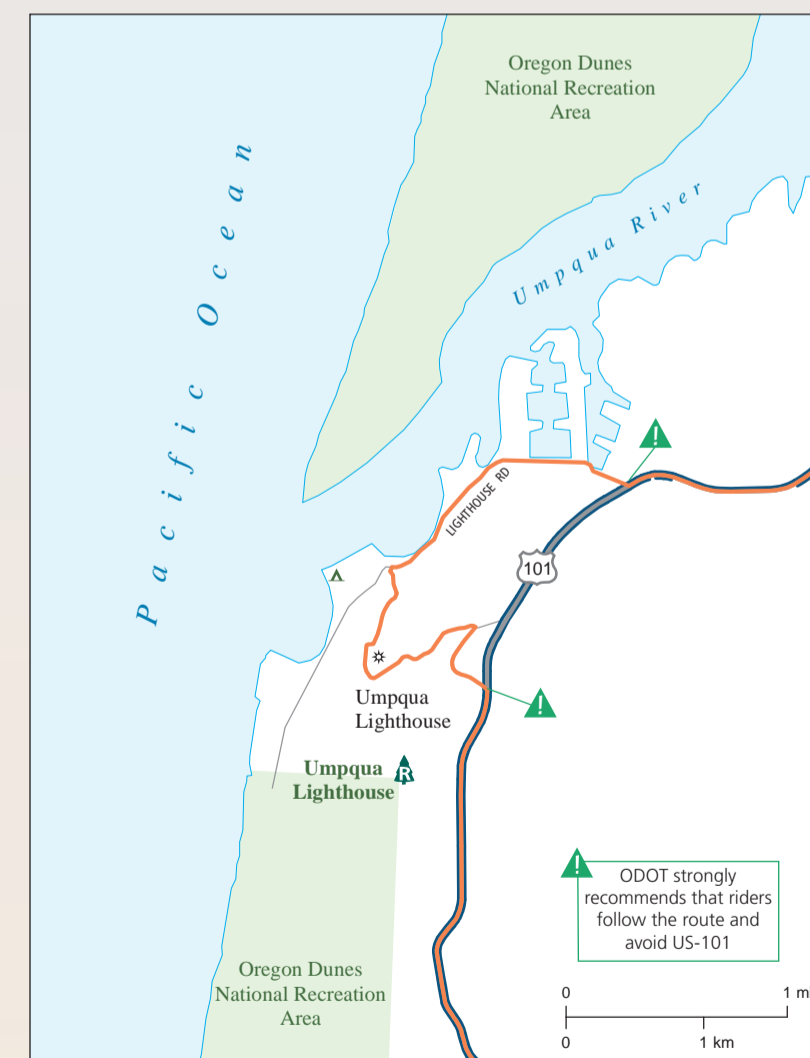
E - OTTER CREST LOOP

This route brings you closer to the ocean, as the old highway winds its way up and down Cape Foulweather, along precipitous cliffs.



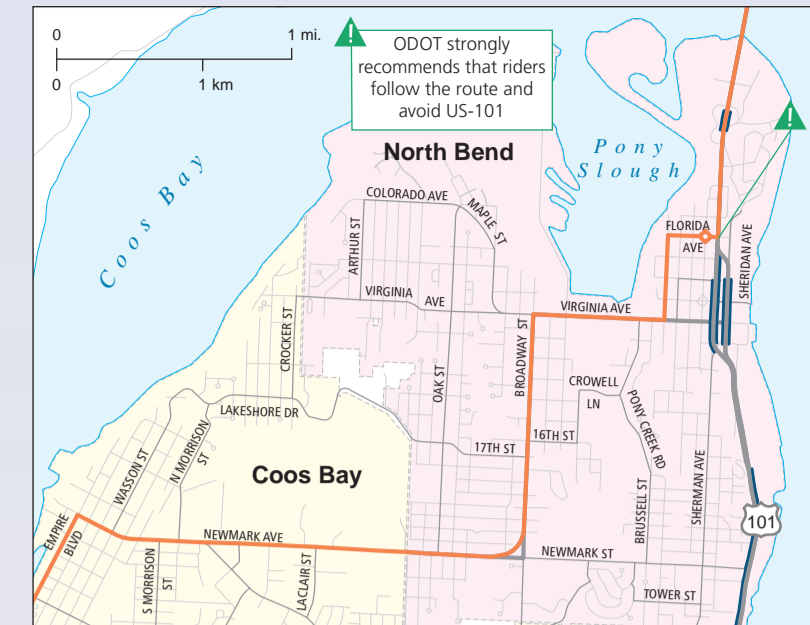
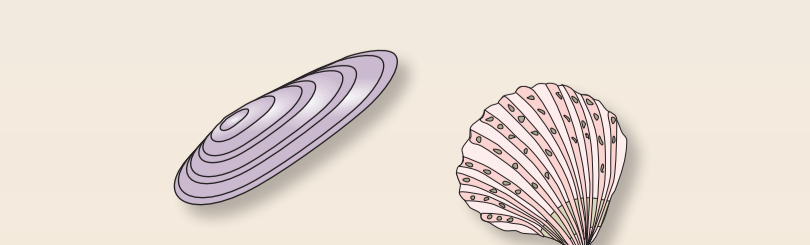
F - NEWPORT BYPASS

Traffic through Newport is often congested. This bypass takes you along quieter residential streets, to Agate Beach Wayside and Yaquina Bay Park.



G - WINCHESTER BAY

Salmon Harbor is an active fishing village. This route offers a view of the Umpqua River estuary, as well as the historic Umpqua Lighthouse. You might want to visit the Coastal Visitor Center next to it.



H - NORTH BEND BYPASS

Commercial and truck traffic is heavy on US Highway 101 through North Bend and Coos Bay. This bypass avoids this traffic and routes bicyclists along the Cape Arago Highway.



I - SEVEN DEVILS RD/WEST BEAVER HILL RD.

This route, near South Slough, takes you up over hilly terrain and back to US Highway 101. A dead-end spur leads to the end of Cape Arago. The Shore Acres Botanical Gardens are situated along this spur. The initial grades up Seven Devils Road are steep, but provide excellent views of the South Slough National Estuarine Sanctuary.



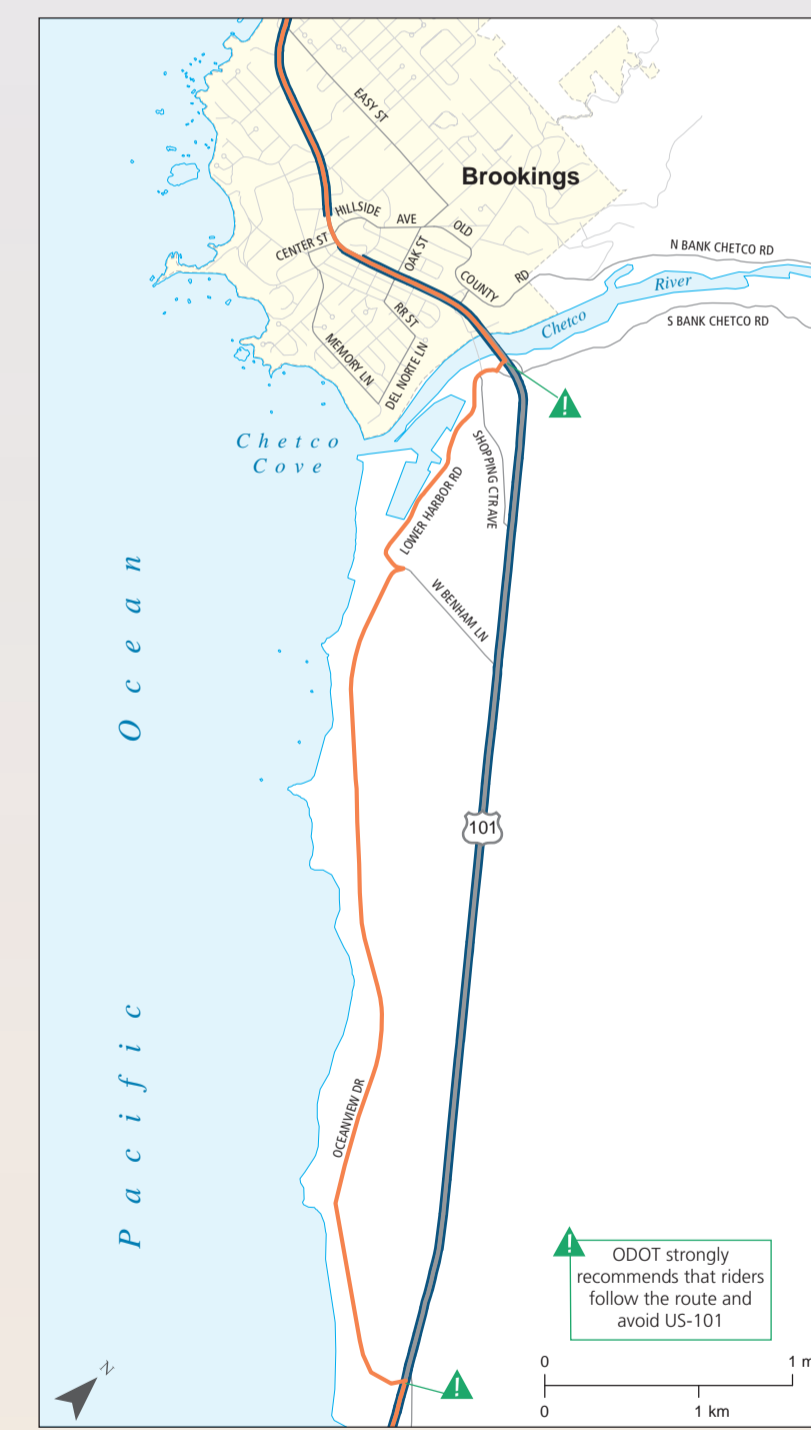
J - BANDON BYPASS

This route avoids busy traffic, and takes you through historic Old Town. Beach Loop Road follows the shoreline with some spectacular views of ocean rock formation.



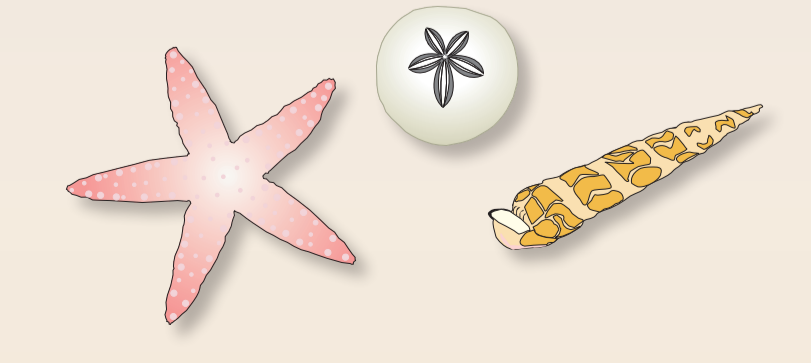
K - GOLD BEACH

The Old Coast Road lies between Gold Beach and Otter Point State Recreation Site. It is the site of the Miner's Fort occupied by local residents during the Indian wars of the 1850's. The Wedderburn loop section provides opportunities to access the beach, the north jetty and the bank of the Rogue River, the Rogue River Bar and Rogue River Reef.



L - BROOKINGS

Lower Harbor Road provides access to the busy Port of Brookings harbor. One of the most popular beach access points in this area is at Sporthaven Park. Oceanview Drive provides up close views of Easter Lily agricultural production. This area is known as the Easter Lily Capital of the World.



For the latest road conditions:

Or call 1-800-977-ODOT (6368)