



Guidance for Conducting Car Seat Checks to Reduce Infection

- **Maintain Social Distancing.** Keep yourself a minimum of 6 feet away from others at all times. This includes Technicians and families. Try instructing from opposite sides of the vehicle or demonstrate on a mobile seat.
- **Wear Gloves.** If gloves are available, sanitize hands, and apply gloves before touching the family's car seat, wash or sanitize hands immediately following removal of gloves.
- **Wash Hands Frequently.** Use soap and running water if available, or a sanitizer that contains at least 60% alcohol. Wash hands between each family and sanitize frequently throughout appointment.
- **Utilize Masks.** Everyone over age two should wear a mask, unless they otherwise have trouble breathing or would not be able to remove the mask themselves.
- **Use Your Words!** It can be especially challenging to provide direction without contact. Draw from your descriptive powers to explain in detail steps for installation. You can minimize contact and support appropriate social distancing.
- **Don't touch!** (Your face, eyes, nose or mouth!) This is how germs spread, so keep your hands away from your face.
- **Clean and disinfect.** Ensure all cleanable items have been sanitized properly. (Pens, measuring tapes, scales, mobile demonstrator seat, etc.) If items are not able to be cleaned between families, such as dolls or blankets, replace with clean product between families.
- **Stay home if you are sick!** If you have a fever, cough, runny nose, etc., please stay home until you are well.