Now that you're ready to ride...

Always wear your helmet—every time you ride
- Ride in the same direction as other vehicles. Bicyclists and drivers follow the same rules of the road.
- Pay attention to traffic.
- Do not use headphones or cell phones while you bike.
- Be visible. Wear bright clothing and reflective materials when you ride.

And, above all, obey all traffic laws, signs and signals.

Check your helmet and bike
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Hazards
- Hazards can be anything that blocks your view of traffic, causes you to lose control of your bike, or crashes into you while riding. Some examples are parked cars, potholes, opening car doors, dogs, and railroad tracks.

You can avoid hazards by looking ahead and to the sides to anticipate approaching hazards. Riding over and around hazards may require looking back for cars and a change of lane position. To safely cross railroad tracks, ride over them at a 90-degree angle, which prevents your wheels from getting trapped between the track and the road.

Rules of the road
- Use your hand signals to communicate where you are going.
- Use lights at night—white in front and red in back. Bright clothing and reflectors are recommended.
- Watch out for cars while in town.

Know Your Bike Quiz
- Which part is which? Identify these 12 bike parts by writing the right letter in the box next to each part.

A. Seat
B. Handlebars
C. Top tube
D. Tire
E. Brake
F. Shifter
G. Brake lever
H. Seat post
I. Spokes
J. Chain
K. Pedal
L. Rim

Answers

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Answers
Can you find all 13?

Can you find all 13 dangers in this drawing? Can you find them all?

Answers on Page 8