

SafeRoutes

Oregon Safe Routes To School



The Steps to Walk Safely

Getting ready to walk?
Put on something bright.
So drivers can see you,
so they have you in sight.

Stop every time
at the edge of the street.
Use your head
before using your feet.

Make sure you hear
every sound.
Look left, look right,
look all around.

Cross only when
it's safe and you know
all cars have stopped
and it's clear to go.



Walk Safely. The Way to Go.

Transportation Safety — ODOT

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The How-To Guide for a Safer Ride

Before you ride,
before you roll,
strap on your helmet
and take control.

Look for cars,
left and right.
Brake at all corners,
stop signs and lights.

Use this checklist
as your guide.
Check off each one
before you ride!

Ready. Set. Ride!



- ☐ Air in tires
- ☐ Brakes work
- ☐ Chain tight
- ☐ Quick release locked
(wheel and seat)
- ☐ Helmet on
- ☐ Shoelaces tied
- ☐ Right pant leg
rolled up



Ride Safely. The Way to Go.

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