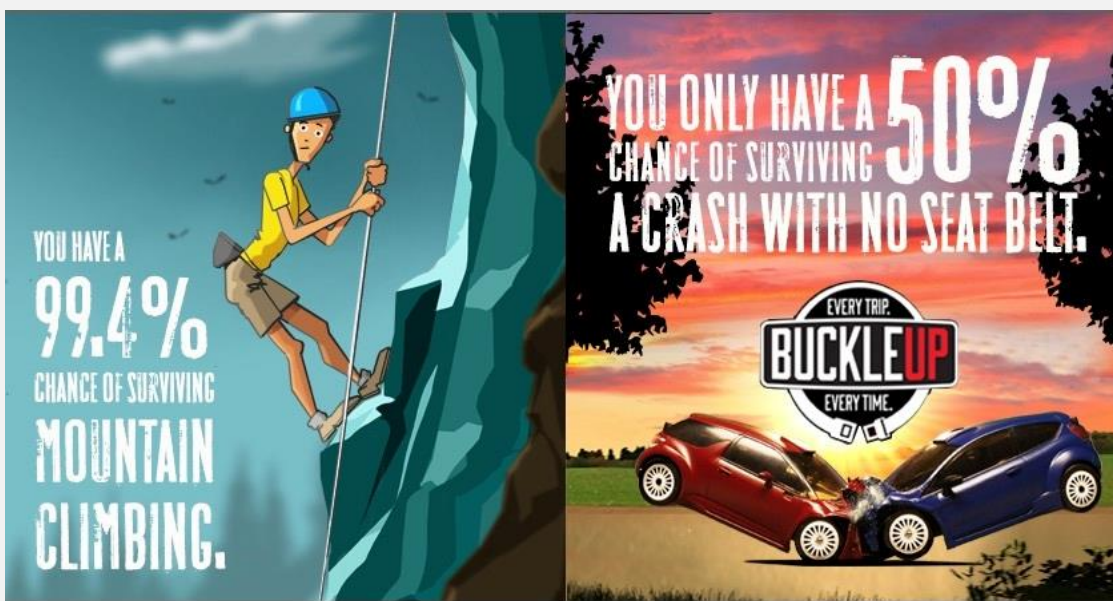




November 2025 Newsletter

Thanksgiving Seat Belts Campaign 2025



The official "Thanksgiving Seat Belts" campaign runs Nov. 22-30 with increased enforcement and public awareness. This year's message is: "Buckle Up. Every Trip. Every Time".

Every year, people travel to gather with friends and loved ones over the holiday weekend. Sadly, data shows that many people killed in crashes were not wearing a seat belt.

This Thanksgiving, whether you're driving to a family gathering or grabbing a last-minute treat, remember to buckle up and make sure everyone in the vehicle does too.

Learn more about safety belts, car seats and other transportation safety programs by visiting the [Transportation Safety Office webpage](#).

Drowsy Driving Prevention Week Nov. 2-8

The fall time change can affect sleep and mood. Some people feel more tired or irritable, and the longer nights may trigger symptoms of seasonal affective disorder.

Even though gaining an hour of sleep sounds helpful, it can throw off your body's natural rhythm. That can affect sleep quality, focus, and decision-making, especially behind the wheel.

The [NHTSA Drowsy Driving webpage](#) provides more information and statistics on drowsy driving.

You can also visit the [Sleep Foundation website](#) for information and tips on how to manage sleep disorders to get a better night's sleep.



The Transportation Safety Office is Moving

The Transportation Safety Office is in the process of moving out of DMV and into the ODOT Policy, Data and Analysis Division (PDAD).

The new TSO address is:

Oregon Department of Transportation
Transportation Safety Office, MS 42
355 Capitol Street NE
Salem, OR 97301-3871

For more information visit the [Transportation Safety webpage](#).



This Fall, Stay Bright Day and Night

With shorter days and earlier sunsets, visibility is key to staying safe outdoors. Reflective materials help drivers see you when you're walking, biking, rolling or working outside.

Fall Visibility Tips

- Reflective gear works better than bright colors alone in low light.
- Motion catches attention: reflective strips on arms, legs, or moving parts of clothing are more noticeable.
- Use lights: small clip-on LEDs or wearable lights are great for walkers, runners, and cyclists.



Safety officials say reflective gear is just one part of a smart safety plan. Staying alert and following traffic laws are just as important.

For more information on pedestrian and bicycling safety, visit the [ODOT Pedestrian and Bicycle Program webpage](#).

Winter Driving in the Pacific Northwest

Winter in the Pacific Northwest brings rain, snow, ice and busy urban roads. Drivers should prepare their vehicles and adjust their habits for seasonal hazards.

Tips to stay safe:

- Use winter tires and carry chains or traction devices.
- Check ODOT's [TripCheck webpage](#) for information on road conditions, road closures and delays.
- Slow down and leave extra space between vehicles.
- Keep a complete roadside emergency kit in your car.
- Use low-beam headlights in snow or low-visibility conditions.
- Give snowplows and de-icing trucks plenty of room - never try to pass them.



Find more tips to keep you safe on the [ODOT Winter Travel Tips webpage](#).

Tell Us What You Think!

Your voice matters! Take a moment to participate in our quick survey and share your insights. Your feedback plays a vital role in shaping safety improvements in your community and across Oregon.

Together, we can make Oregon's roadways safer for everyone.

[Take the Traffic Safety Survey now](#)



Resources



[Contact us at ODOT Transportation Safety](#)

[Order free safety brochures, posters, and more](#)

[Oregon crash data](#)

[National traffic safety information](#)

[Newsletter archives and subscribe](#)

Plan your trip: road conditions and travel information
24/7: [TripCheck.com](#) or dial 511.

Have questions? Contact:

[Mindy McCartt](#) | Public Information Officer | 503-507-6065

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