



BE 2 WEEKS READY

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Community Preparedness Coordinator



www.Oregon.gov/oem/Be2WeeksReady



- 8 units with corresponding activities
- Tailor to community's needs
- Deliver at pace appropriate for community
- Some units take longer than others, but can be delivered in an hour
- Shortest unit: 1.5 pages
- Longest unit: 7 pages

SKILLS - BUILDING OVERVIEW

<p>1</p> <p>PREPARING TO PREPARE</p> <p>Think about how prepared you are to go two weeks without modern conveniences. Write down the information to use later.</p> 	<p>2</p> <p>YOUR EMERGENCY PLAN</p> <p>Create an emergency plan that considers the different needs of everyone in your household.</p> 
<p>3</p> <p>FOOD PLAN</p> <p>Identify grocery and supply needs. Learn ways to prepare, preserve, and keep food safe without a typical stove or refrigerator.</p> 	<p>4</p> <p>WATER PLAN</p> <p>Determine how much water you'll need for two weeks. Learn ways to purify and store clean water.</p> 
<p>5</p> <p>WASTE & HYGIENE PLAN</p> <p>Learn how to safely contain and dispose of body, household and food waste.</p> 	<p>6</p> <p>SHELTER PLAN</p> <p>Discover how to safely shelter indoors or in your backyard for at least two weeks.</p> 
<p>7</p> <p>FIRST AID</p> <p>Learn how to bandage a small wound, stop bleeding and apply a splint.</p> 	<p>8</p> <p>EMERGENCY MANAGEMENT</p> <p>Meet your local emergency managers.</p> 



- Available in English, Spanish, Vietnamese, Russian, and Simplified Chinese
- ASL videos with narration and close captions on the Be 2 Weeks Ready YouTube channel ([youtube.com/@Be2WeeksReadyOregon](https://www.youtube.com/@Be2WeeksReadyOregon))

Be 2 Weeks Ready Tool Kit - American Sign Language (ASL)



B2WR | ASL | Introduction and Table of Contents

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B2WR | ASL | Unit 1 - Preparing to Prepare

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B2WR | ASL | Unit 2 - Your Emergency Plan

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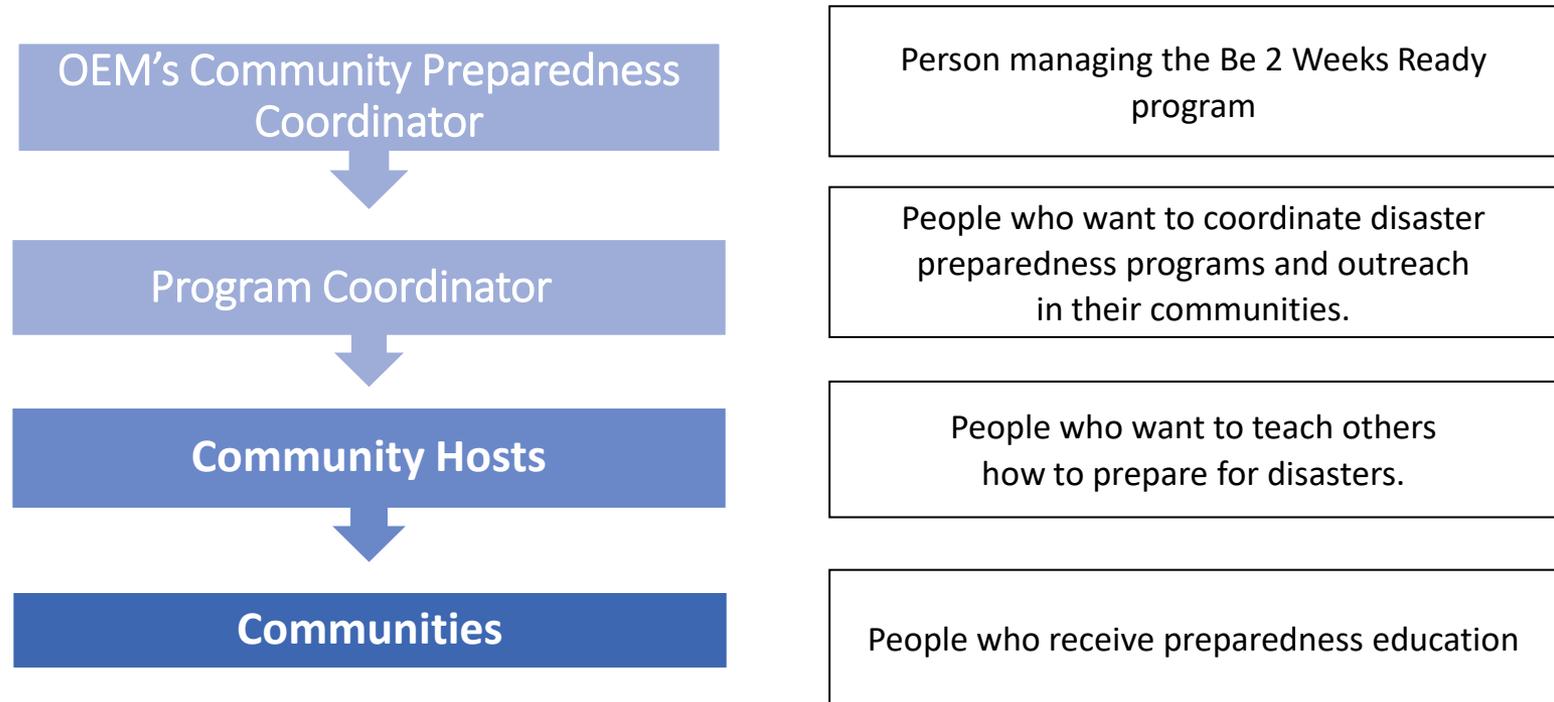


B2WR | ASL | Unit 3 - Food Plan

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Program Roles





Program Coordinator Training

- Offered virtually twice a quarter
- Next training dates:
 - Wednesday, October 29 from 8-12:30 pm
 - Thursday, November 13 from 1-5:30 pm
- Open to anyone in a training, networking, or outreach role (volunteer or professional)



Program Coordinator Training

- Learn why this program is needed, how to implement it, and the ongoing support provided by OEM
- Receive printed tool kits and other promotional items to incentivize in-person participation



Promotional Items

- JEOPARTY! game (PowerPoint)
- Printed tool kits in English Spanish, Vietnamese, Russian and Chinese
- Program brochures in English, Spanish, Vietnamese, Russian, and Chinese
- Two-bucket toilet system





Promotional Items

- Stickers
- Emergency washing machines w/o agitator (max. 2 per community)
- B2WR duffle bags





Communities Prepared for Disasters webinar

- Annual webinar that brings together subject matter experts to discuss the needs of a specific community when it comes to preparedness
- 2024: Spanish-speaking communities
 - (recording in Spanish with English translation and ASL interpretation)
- 2025: Older Adults
 - (recording in English with ASL interpretation, and Spanish, Vietnamese, Russian, and Mandarin Chinese translation)

2025 Communities Prepared for Disasters: Older Adults



Communities Prepared for Disasters: Older Adults

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Comunidades Preparadas para Desastres: Adultos ...

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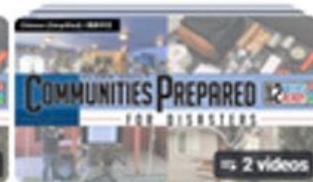
Сообщества, готовые к стихийным бедствиям: ...

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Cộng đồng chuẩn bị ứng phó với thiên tai: Người lớn tuổi

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做好灾难准备的社区：老年人

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2025 Ready Fair

Event Details:

 **Date:** Saturday, October 11, 2025

 **Time:** 11:00 AM – 3:00 PM

 **Location:** 3930 Fairview Industrial Dr. SE,
Salem, Oregon 97302

 **Cost:** FREE and open to the public

What to Expect:

Expert-Led Booths on emergency alerts, food and water planning, sanitation, and more

Interactive Activities including a fun, earthquake-themed escape room

Preparedness for All Ages with kid-friendly stations and hands-on learning

Food Trucks and a chance to win a fully stocked emergency go-bag for your family

2025
READY FAIR

SATURDAY, OCTOBER 11
11 AM - 3 PM

ACTIVITIES FOR ALL AGES!

 **ESCAPE ROOM!**  **FOOD TRUCKS!**

Email: community.preparedness@oem.oregon.gov
with questions or accommodation requests

Get your family more prepared by visiting the booths and learning about food planning, water planning, waste and hygiene, and more!

ENTER TO WIN AN EMERGENCY GO BAG!



 **OREGON EMERGENCY MANAGEMENT**
3930 FAIRVIEW INDUSTRIAL DRIVE SE
SALEM, OREGON 97302

BE 2 WEEKS READY



Great ShakeOut

- **Event Details:**

-  **Date:** Thursday, October 16, 2025
-  **Time:** 10:16 AM
-  **Location:** Wherever you are!

How to participate:

- Register your organization at shakeout.org/oregon.
- Plan a drill for your group, incorporating educational materials available on the website.
- Spread the word within your community to encourage others to join in.
- More information on OEM's Community Preparedness webpage.

If You Feel Shaking or Get an Alert:





Great Oregon Camp-In

• Event Details:

-  **Date:** Friday, October 17- Sunday, October 19
-  **Time:** for a few hours or the entire weekend
-  **Location:** your own home



How to participate:

- [Register for the Great Oregon Camp-In](#) and check “Great Oregon Camp-In”
- Spend some time working on your preparedness plan. Activities include talking to your household about the importance of preparedness, taking stock of your emergency supplies, or preparing meals using alternative cooking methods.
- Learn how to be more prepared with the [Be 2 Weeks Ready tool kit](#)
- Share your Great Camp-In activities on social media with the hashtag #GreatOregonCampIn2025



Thank You!

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www.Oregon.gov/oem/community-preparedness

OREGON DEPARTMENT OF

