

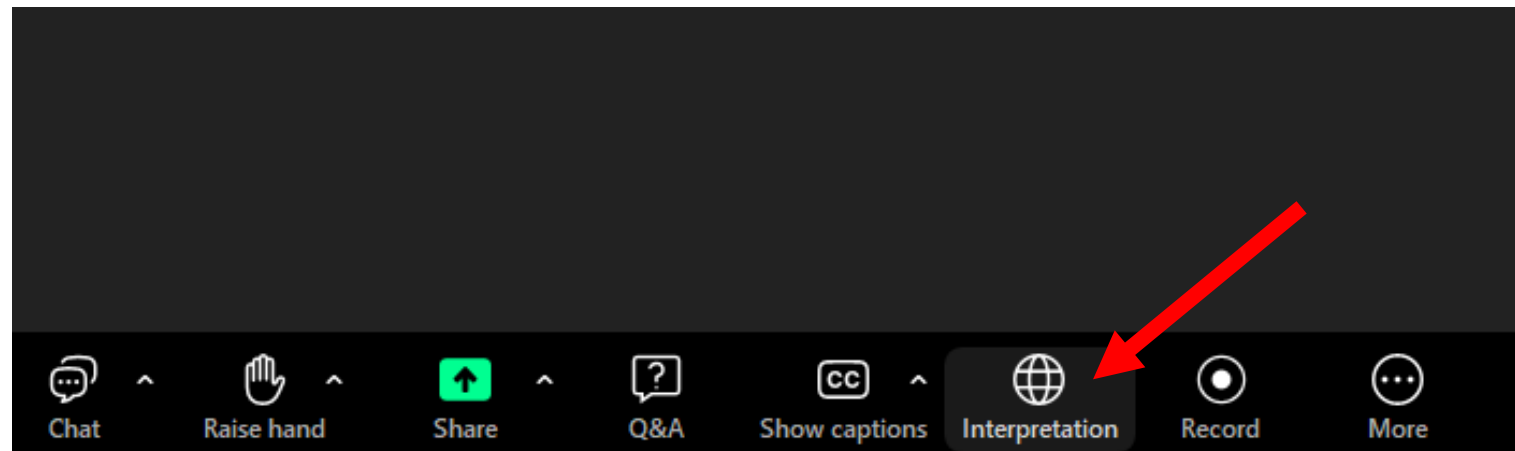
# COMMUNITIES PREPARED FOR DISASTERS: OLDER ADULTS

April 23, 2025

10 AM-12 PM PST

This session will be offered in English with Spanish, Vietnamese, Russian, and Chinese translation and with American Sign Language interpretation.

- To choose your preferred language interpretation, please click the globe icon at the bottom of your screen. You can then click on your preferred language.
- The ASL interpreters will be spotlighted on the main screen.



## Presentations

Collaboration between emergency managers and  
organizations serving older adults

*Douglas County Public Health Network*

Emergency planning

*Upstream Access*

Emergency alerts

*Oregon Department of Emergency Management*

- ✓ To avoid disruptions and background noises, we have muted the microphones of participants.
- ✓ At the end of the event, we will have a facilitated question-and-answer session during which the presenters will answer your questions. You may put your questions in the Q&A box throughout the event.
- ✓ There will be an evaluation sent out via email after the session. Your input is appreciated and will help us to improve future sessions.
- ✓ While we are not expecting any problems during the presentation, should the presenter experience severe connectivity issues, we will do our best to reengage or switch to the next agenda item.



An aerial photograph of a town covered in a thick layer of snow. The town is nestled in a valley, with snow-covered hills and mountains in the background. The streets are mostly clear of snow, showing some tire tracks. Various buildings, including houses and commercial structures, are visible. A river or stream flows through the town on the right side. The overall scene is a winter landscape.

# *Emergency Preparedness*



DOUGLAS  
**PUBLIC HEALTH**  
NETWORK

Aaron Yost-The News-Review Feb. 26, 2019



DOUGLAS  
***PUBLIC HEALTH***  
NETWORK





## *Michael Hansen*

- 45+ Years in Emergency Services
- Wildland/Urban Interface
- Large Scale Fires
- Advance Life Support Services
- Severe Winter Storms
- Major Flooding
- 7.2 Level Earthquake in So. California
- Community Emergency Preparedness



An aerial photograph of a town covered in a thick layer of snow. The town features various buildings, including residential houses and commercial structures, with snow piled up on roofs and streets. In the background, there are snow-covered hills and mountains under a hazy sky. A river or stream is visible on the right side of the image, partially frozen and surrounded by snow. The overall scene depicts a winter emergency situation.

# *Emergency Preparedness For Older Adults*



# *Emergency Preparedness:*

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**Past events show that older adults are often much more heavily impacted by disasters.**



# *Emergency Preparedness:* *Ages 50 and Older*

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2018: Campfire: Paradise Ca. 85 Fatalities (**79**)

2023: Lahaina Fire: Maui 102 Fatalities (**89**)

2025: Los Angeles Ca. 29 Fatalities (**23**)



# *Senior Emergency Preparedness Project*

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**Education**

**Handbook Distribution**

**Senior Dining Presentations**

**Home Visits**





# Senior Preparedness Project

- **Partnership between Douglas Senior Services and Douglas Public Health Network**
  - With additional support from Douglas County Emergency Management, Cow Creek Band of the Umpqua Tribe of Indians, Red Cross, and others
- **Leveraged expertise, networks:**
  - **Expertise and Networks**
    - Emergency Preparedness/Emergency Managers
    - Public Health
    - Communications (PIOs)
    - Working with seniors – Meals on Wheels, Senior Dining Sites
    - Douglas County Healthcare Coalition

# Senior Preparedness Project

**The Healthcare Coalition is individuals from:**

- **Douglas Public Health Network**
- **Douglas County Government**
- **Douglas County Senior Services**
- **Douglas County Emergency Management**
- **EMS, FIRE, Hospital, Tribe and other partners**

# Senior Preparedness Project

## **Funding from grants:**

- **Douglas County Government**
- **Oregon Office of Rural Health**
- **American Association of Retired Persons (AARP)**



# Senior Services Dining Site Program

- Provides lunches twice a week for older adults (60 y.o. & over)
- 7 dining sites through out Douglas County





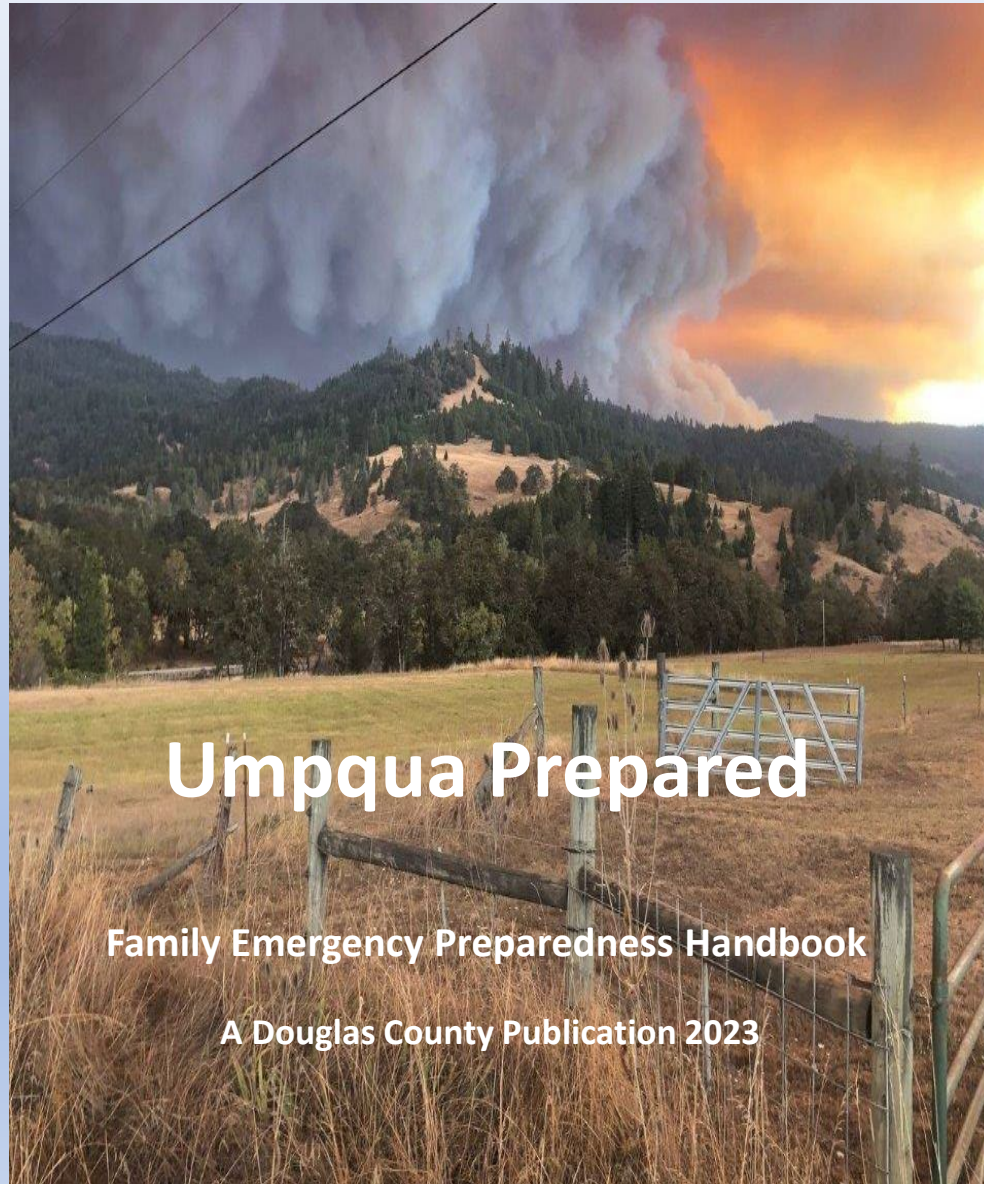
# Senior Services Meals-on-Wheels Program

- Provides hot and frozen meals for older adults who are home bound.
- 200+ adults through out Douglas County



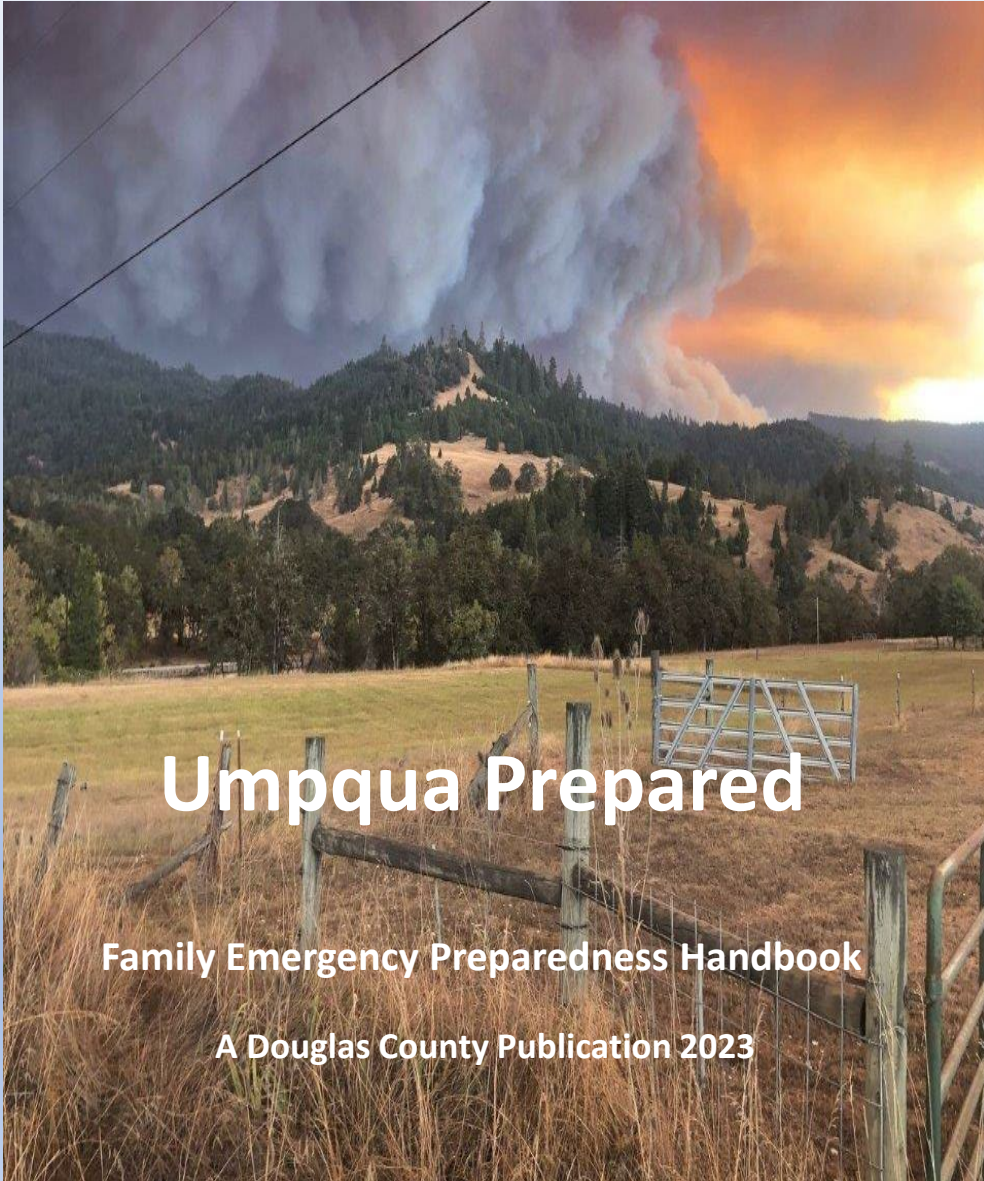


# *Emergency Preparedness Presentations*





# *Emergency Preparedness Presentations*



**Divided into 5 chapters**

- 1) Hazards**
- 2) Fundamentals**
- 3) Special Considerations**
- 4) Kits**
- 5) Resources**

**All attendees received a guidebook regardless of age**

# *Emergency Preparedness Presentations*



Attendees received a  
**“Starter” Go Kit** if they:

- Were 60 y.o. or older and
- Lived in rural Douglas County



# Emergency Preparedness Presentations



## **“Starter” GO Kit:**

- Space Blanket
- Rain Poncho
- Lantern
- Hand Sanitizer
- Disposable Gloves
- Freeze Dried Food Packet
- Bleach Chart for Water Purification & Dropper
- 10 Steps: Emergency Prep. Flyer
- Whistle
- Toilet Paper
- First Aid Kit
- Flashlight
- N95 Masks



# *Expanded Emergency Preparedness Project*

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**44 Group Presentations**





# *Expanded Emergency Preparedness Project*

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**41 Community Events**



# *Expanded Emergency Preparedness Project*

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**Education**

**Handbook Distribution**

**Community Events**

**Group Presentations**

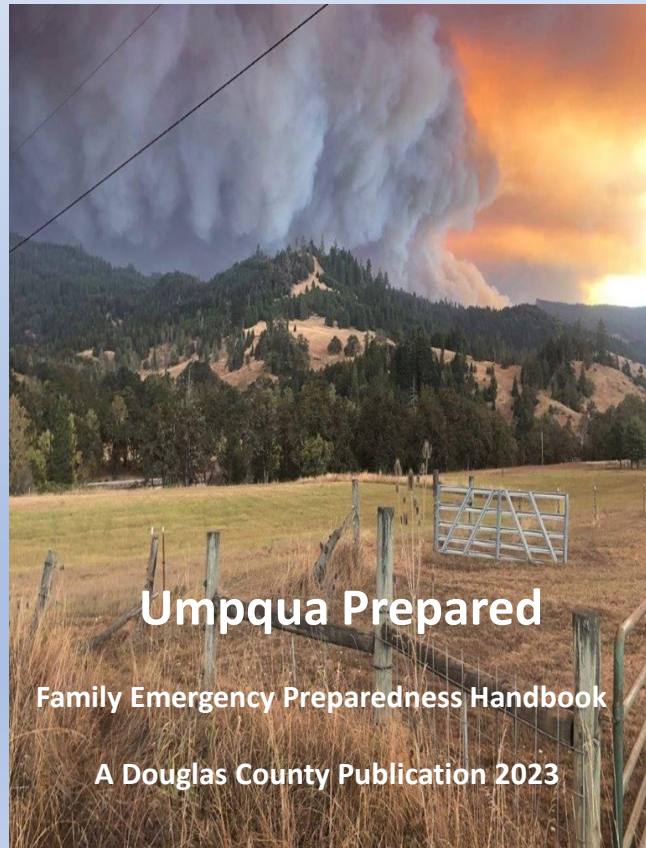
**Pop-Up Events**





# *Expanded Emergency Preparedness Project*

**Umpqua Prepared Guidebooks**  
Over 10,000 given out



**“Starter” Go Kits**  
3,783



# *Emergency Preparedness: **Summary***





# The W-H-Y of Emergency Preparedness

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**What Needs to Happen?**

**How Do We Start the Conversation?**

**Your Role in Supporting Preparedness?**

Erin J. Taylor MA  
(she/her/hers)  
Upstream Access



# Overview

1

**Identify** your strengths and support needs in everyday life.

2

**Know** your level of emergency preparedness and learn about your disaster risk.

3

**Plan** for how you will manage your support needs in an emergency.

4

**Communicate** the plan with the people in your support network and address gaps.

## National Statistics

- Only 29% of respondents had an emergency kit.
- 44% had signed up for emergency alerts.
- 40% talked with family or friends about an evacuation plan.
- 22% of respondents experienced an emergency or disaster, such as a power outage lasting more than a day, severe weather, or evacuation from home.
- 1 out of 4 people have a disability – and 43.9% for those who are over 65.



### 3 Principles for Personalized Emergency Planning

1. Emergency preparedness is a process, not a one-time event.
2. People are experts in their lives; planning starts with them.
3. Person-centered planning conversations build the capability of multiple partnerships.





**Identify** your strengths and support needs in everyday life.

- Communication
- Maintaining Health
- Assistive Technology and Devices
- Personal Support
- Service Animals and Pets
- Transportation
- Living Situation
- Social Connection



# Communication

- What assistive devices, tools, technologies, or services do I use to communicate?
- How do I usually go about getting trustworthy information?
- What support do I need to call people or get information from others? (e.g., landline, mobile, computer, other devices, or a specific person)
- Do I have access to a computer and the internet?



# Maintaining Health

- Where do I keep my health information?
- How do I manage and monitor my health and/or medical treatment?
- What power sources are needed to operate my medical equipment?
- Where do I get my supplies, and how do I manage them?





# Assistive Technology and Devices

- What assistive devices, technology, or equipment do I use?
- What power sources are needed to operate my equipment?
- Do I have all charging cords and batteries labeled?
- What is required to maintain the equipment?



# Personal Support

- Who helps me with my personal care? (if needed)
- What do they help with?
- How do I organize my personal care?
- How do I manage if/when the person(s) who assists me are unavailable?



## Animals (service animals and pets)

- What documents and information do you need to put together for your pet?
- What items do you need for eating, sleeping, and cleaning?
- What other important information do you need to gather for your animals?



# Transportation

- Where do I need to go?
- How do I get to places in the community?
- Who helps me?
- Who drives?
- How do I pay for my transportation?
- How do I plan my transportation?





## Living Situation

- Who do I live with?
- What makes me feel safe/unsafe at home or in my community?
- How many exits are there? Are they accessible? Is there an elevator?
- Do I have functioning smoke alarms? When were they last checked?



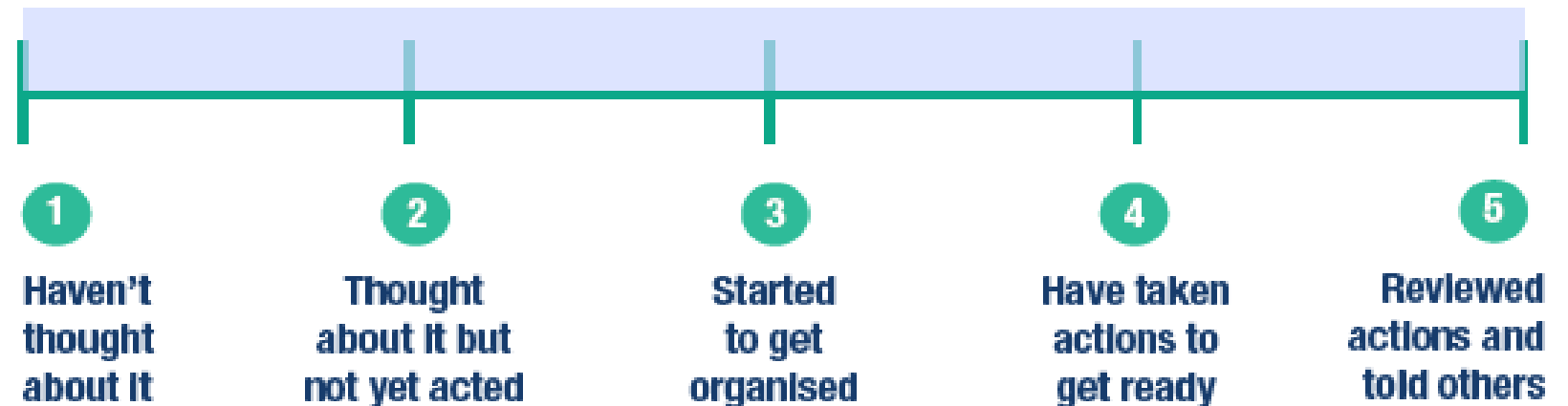
# Social Connectedness

- Who is in your circles of support?
- What type of support do they provide you?
- Are there people who rely on you?
- What type of support do you provide to others?

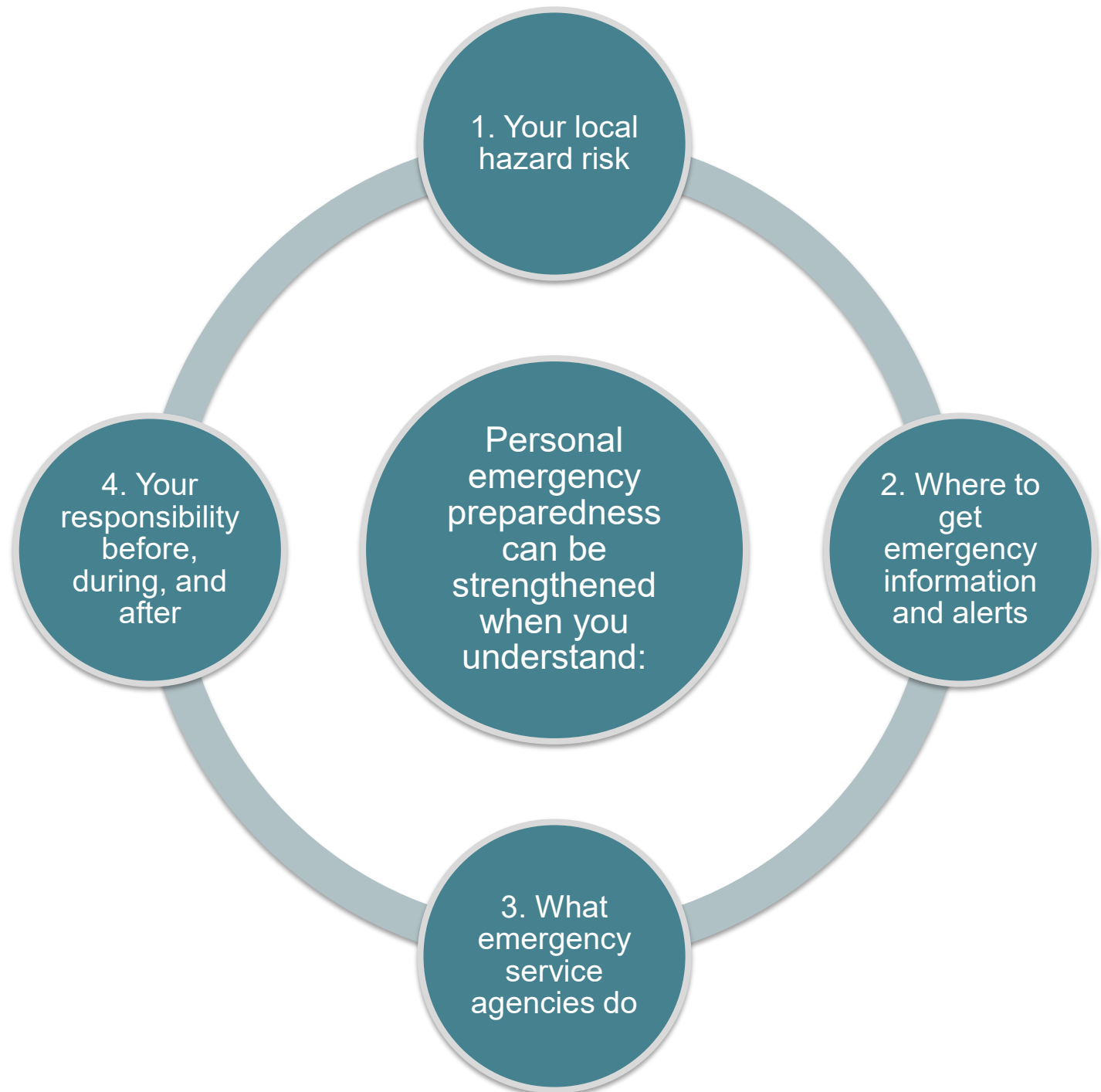


**Know** your level of emergency preparedness and learn about your disaster risk.

- How prepared are you for emergencies?
- Where are you on this scale of 1-5?



# Understanding Who Does What?





# Disturbances That Are of Concern

- Heatwave
- Wildfire
- Flood
- Earthquake
- Landslide
- Power Outage
- Snowstorm
- Ice Storm
- House Fire
- Pandemic



**Plan** for how you will manage your support needs in an emergency.

### **Scenario 1: Stay**

What if I had to shelter in place for up to 7 days or longer without access to the services and supports I rely on?

### **Scenario 2: Go**

What if I had to evacuate to a place of safety? Where would I go? How would I manage my health and well-being?



# Putting Plans Into Action

Things I have in place (stay or go)	Gaps in my plan	My next steps
Communication		
Personal Support		
Maintaining Health		
Assistive Technology		
Animals		
Transportation		
Living Situation		
Social Connectedness		

**Communicate** the plan with the people in your support network and address gaps.

- Plans that you only think about aren't enough – writing it down and practicing it matters.
- Talk with your support network about your needs and supports.
- Update your plan based on who may be able to assist you during an emergency.
- Identify and discuss what's stopping you from preparing.
- What needs to happen for you to take the next step?





# Thank you!

E.Taylor@upstreamaccess.org



Upstream Access

Celebrating Disability and Collective Resilience

# OR-Alert

Alerts for Oregon, by Oregon Alerters

Communities Prepared for Disasters

*April 23, 2025*

*Jeff Perkins*

*Public Safety Communications Specialist  
Oregon Dept. Of Emergency Management  
Office of Statewide Interoperability*



# OR-Alert

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## *OR-Alert's Mission*

*“To ensure access to timely and informative alerts, warnings, and notifications (AWNs) through implementation of a statewide system that enables state, county, city and tribal governments to issue **AWNs**—**providing people in Oregon with meaningful opportunities to make life-saving decisions in the face of emergencies.**”*





# OR-Alert

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## *What is OR-Alert?*

*OR-Alert is a network of locally managed systems.*

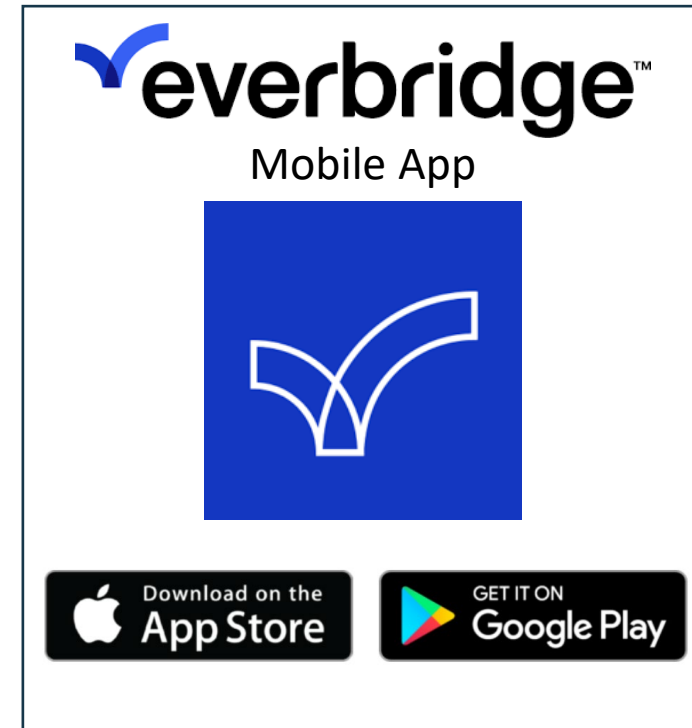
*The state provides the tools, training, and guidance for alerting, but generally, how and when alerts go out is determined by local officials who have the greatest knowledge of the information needs of the communities they serve and the most up to date information about emergencies that occur in their jurisdiction.*



# OR-Alert Notification Methods

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- *Text Messages*
- *Emails*
- *Voice Phone Calls to Cell Phones and Landlines*
- *Push Messages to the Everbridge App*
- *Keyword and Zip Code Based Alerting*
- ***TV and Radio Broadcast Messages via the Emergency Alert System***
- *Wireless Emergency Alerts (No need to Opt-In)*
- *National Weather Service Radio*
- *Google Alerts and Ring Neighbors App Integrations*
- *And many more ...*



# OR-Alert *Types of Notifications*



Cascadia Subduction  
Zone Warnings



Tsunami Warnings



Large Public Events



Geo-Location



Emergency  
Evacuations



Active Shooter



Civil Unrest



Mobile Device Alerts



EMERGENCY ALERTS

now

## Emergency Alert

Severe heat today, tonight, tomorrow. Go to a cool place. Check on others. [MultCo.us/hot](https://multco.us/hot)



EMERGENCY ALERTS

## Emergency Alert

Lane County: Level 3 GO NOW Evacuation for Mohawk Valley from Wendling Road to County line and Upper Camp Creek Rd. Level 3 means leave immediately! Do NOT take time to gather things. GO NOW!








# OR-Alert *Get Signed Up*

Visit: [www.oralert.gov](http://www.oralert.gov)

Current Live Messages  
Posted by Local Alerters



An official website of the State of Oregon [Here's how you know >](#)




## Sign Up for Emergency Notifications

Get lifesaving alerts and instructions during emergencies to help you and others stay safe in Oregon.

### Find your local alert system:

Enter Zip Code, County, City, or Tribe Name

Bend



Deschutes County

Select & Continue


Click to be taken to Opt-In Portal


### How to sign up for alerts

1

**Find your local alert system using the search feature**

Each jurisdiction has its own unique notification system. Use the search bar on this page to locate your local system by county, city, or zip code. Click *Select & Continue* to visit your county's sign-up form.





# OR-Alert *Get Signed Up*



# DESCHUTES ALERTS



powered by



[Sign In](#) [Sign Up](#) [Notifications](#) [Events](#) [Overview](#) [FAQ](#)

[? Help & Answers](#)

Language:

Powered by 

## DESCHUTES ALERTS



# OR-Alert *Get Signed Up*

## DESCHUTES ALERTS

Emergencies can happen with little or no notice, at any time of the day or night. Deschutes Alerts allows you to receive emergency notifications about threats to your safety. You can opt-in to receive notifications via phone calls, text messages, email, and more based on the locations you care about.

Once you sign up, you will receive time-sensitive messages based on locations you specify, such as your home, work, or school. You choose where you receive the alert via phone, text, email, or a combination of all three.

Please remember the system is only as good as the data you provide. Ensure that you register a physical address in Deschutes County, Camp Sherman or Crooked River Ranch. If you move or change your phone number please update your records.

Visit the FAQ's tab at the top right corner of this screen for Frequently Asked Questions.

If you need assistance signing up, please call 541-388-6501.

### Sign in to your account

Username \*

Password \*

Sign In

[Forgot Username](#) or [Forgot Password](#)

Don't have an account? [Sign Up](#)



# OR-Alert *Get Signed Up*

## Create Your Account

All fields marked with \* are required.

First Name \*

Last Name \*

Username \*

Password \*

Show

Security Question

Answer \*

## Location Information ?

Location Name \*

Address \*

Apartment / Suite / Unit

## Contact Information ?

Complete at least 1 contact information.

Email Address

TEXT#1 (10 Digit #)

Country / Region

TEXT#1 (10 Digit #) Number

Mobile Phone #1

Country / Region

Mobile Phone #1 Number

### Please Note

By submitting, you agree to receive text messages from Everbridge on the alerts you specify. Message frequency may vary. Message and data rates may apply. Reply HELP for help, STOP to opt out.

☐ I accept the [Terms of Use](#)

Create Account





# OR-Alert *How and when do you want to be alerted?*

## Alert Subscriptions

▼ ☐ Weather Alerts (Click Here for Options)

- ▶ ☐ Wind (3)
- ▶ ☐ Flood (2)
- ▶ ☐ Winter (6)
- ▶ ☐ Non-Precipitation (4)
- ▶ ☐ Fire (1)
- ▶ ☐ Severe (3)

### Weather and Hazard Alerts Settings



**Info**  
Your Quiet Period will now match your organization's default Quiet Period setting. To set your own Quiet Period, please re-enable this feature.

☐ Don't contact me between:

09:00 ▼

PM ▼

and

08:00 ▼

AM ▼

**Time Zone:**

(GMT-08 00) Pacific Standard Time (America/Los\_Angeles) ▼

Note: If enabled, delivery path has its own quiet time.

## ▼ ☐ Community Information

- ▼ ☐ Send me the following (3)
  - ☒ Emergency Alerts
  - ☐ Public Information
  - ☐ Emergency Preparedness

Save & Continue



# OR-Alert *Additional Information*

## Additional Information

This additional information is used to send notifications that are relevant to you and your locations.

All fields marked with \* are required.

### Town Affiliation

- ☐ Alfalfa
- ☐ Bend
- ☐ Black Butte Ranch
- ☐ Camp Sherman
- ☐ Crooked River Ranch
- ☐ La Pine
- ☐ Redmond
- ☐ Sisters
- ☐ Sunriver
- ☐ Terrebonne

### Additional Needs

- ☐ Blind or Visually Impaired
- ☐ Complicated Medical Needs
- ☐ Deaf or Hard of Hearing
- ☐ Dialysis
- ☐ Difficulty Communicating
- ☐ Electrically Dependent Medical Equipment
- ☐ Intellectual or Developmental Disability
- ☐ Living with a Mental Health Issue
- ☐ Medical Oxygen Dependent
- ☐ Memory Challenges
- ☐ Wheelchair or Mobility Challenged

### Preferred Language \*

Please select...

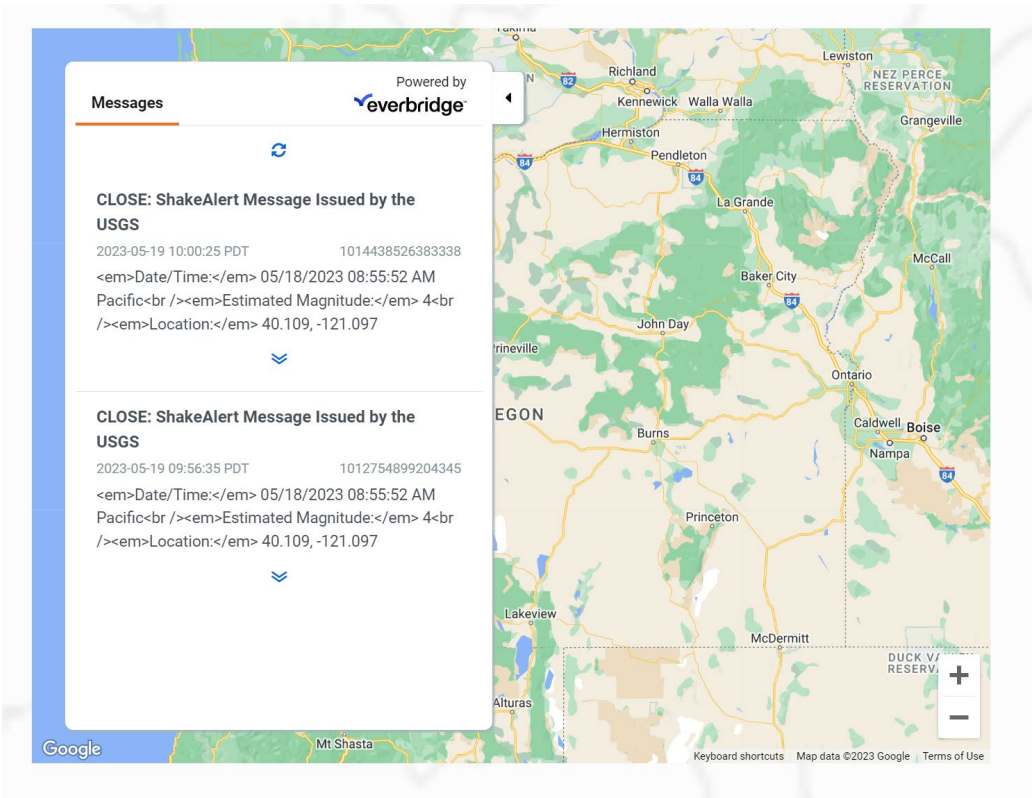
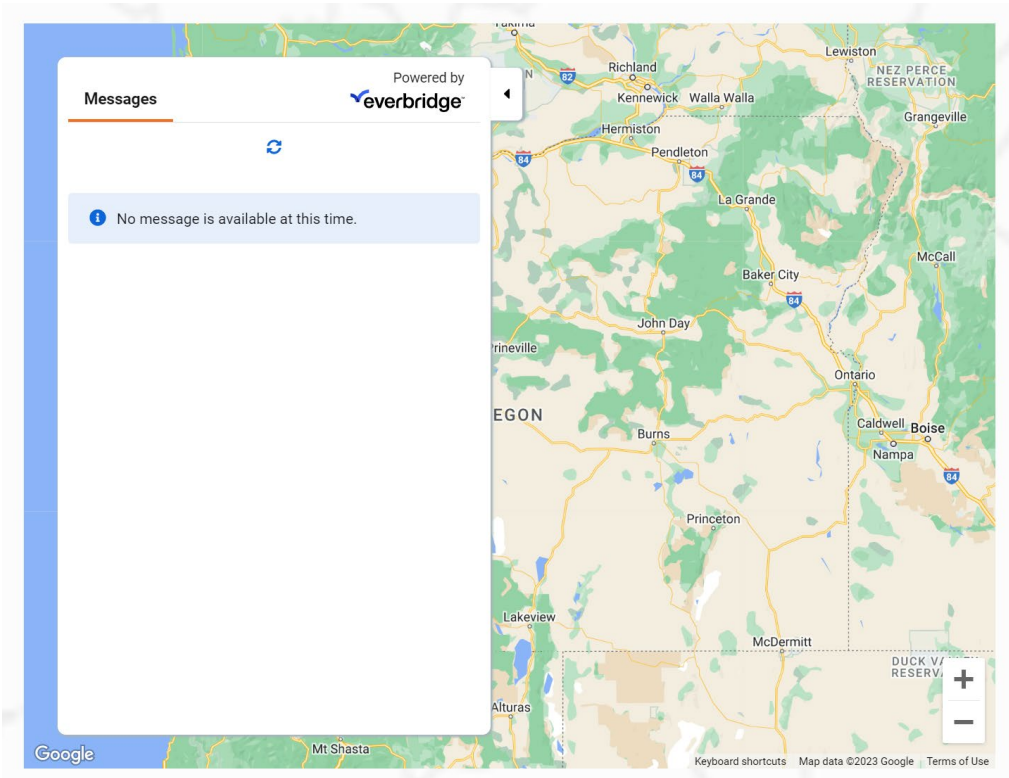
▼

Preferred Language is required and has not been completed.

Save & Continue



# OR-Alert *Live Message Dashboard*



# OR-Alert

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# Thanks!



**Jeff Perkins**

*Public Safety Communications Specialist*

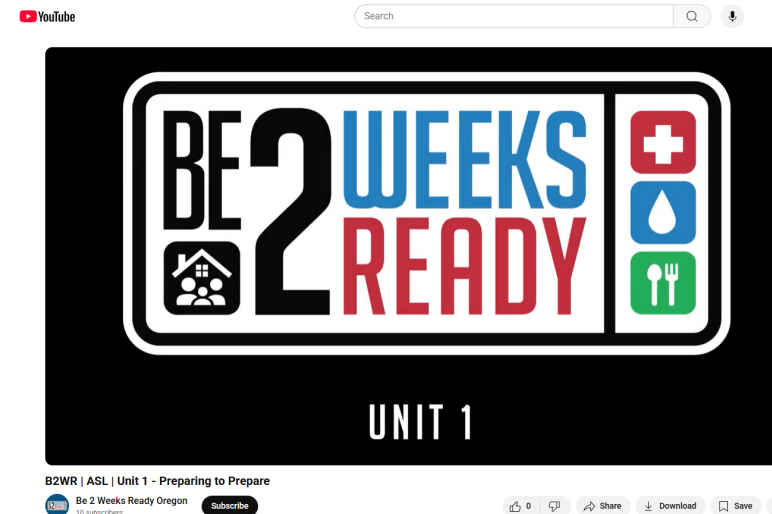
*[Jeff.perkins@oem.oregon.gov](mailto:Jeff.perkins@oem.oregon.gov)*





For more information on how to build your personal preparedness, check out OEM's Be 2 Weeks Ready program:

[www.Oregon.gov/oem/Be2WeeksReady](http://www.Oregon.gov/oem/Be2WeeksReady)



# Q&A

If you have a question that we do not cover, please send it to [community.preparedness@oem.Oregon.gov](mailto:community.preparedness@oem.Oregon.gov), and we will connect you with the appropriate person.

Thank you to the partners who made this event possible



**Oregon State University**  
Extension Service



Join us for the next session:

May 21  
10 AM-12 PM PST

### Presentations

- Medication guidance for disasters
- Scams and misinformation
- Mental health and social isolation



THANK YOU

[Community.preparedness@oem.Oregon.gov](mailto:Community.preparedness@oem.Oregon.gov)