

This is the fourth hot sheet of communication materials and we anticipate additional resources as the situation evolves.

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[11.23.2022 Hot sheet](#)

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## Talking points:

- Flu cases have climbed to record levels nationwide compared to the same time period in past years. Hospitalizations are also reaching record levels.
- Flu cases and hospitalizations are increasing in Oregon.
- The rise in flu cases and hospitalizations come as hospitals are strained with high numbers of pediatric RSV cases.
- COVID-19 cases also are increasing.
- It's important to take every-day precautions to protect yourself and your family from flu, RSV and COVID-19, such as getting vaccinated, handwashing, covering coughs and sneezes, staying away from others when you are sick and masking in crowded indoor places.

## Flu communications resources

[OHA's Flu Communications Digital Toolkit](#) (includes posters, flyers, PAS scripts, social media content and provider talking

[CDC's National Influenza Vaccination Week: Digital Toolkit](#) (including printable flyers, social cards, GIFs, fact sheets, videos and newsletter blurbs)

[CDC's HCP Fight Flu Toolkit](#)

## OHA Facebook posts for partners to share

[National Influenza Vaccination Week](#)

[How does this season's flu activity compare to previous seasons so far?](#)

[Noticias con OHA – Aumento de Gripe -Flu activity increases in Oregon](#)

[¿Cómo es la actividad de gripe en Oregon?](#)

[Detenga la Propagación](#)

[La gripe, el COVID-19 y el VRS](#)

[Minuto de salud](#)

[Manteniendo su hogar u oficina seguro, limpio y desinfectado](#)

## Videos for partners to share

[Protect yourself against the flu \(OHA\)](#)

[Why get a flu vaccine? \(OHA\)](#)

[Flu warning signs that need medical care \(CDC\)](#)

[Vacuna contra influenza \(OHA\)](#)

[Aumento de gripe](#)

[Noticias con OHA: 2 de diciembre de 2022](#)

## Masking signage for businesses and health care settings

**Masks are required in healthcare settings**

[English](#), [Spanish](#), [Arabic](#), [Chuukese](#), [Hmong](#), [Korean](#), [Marshallese](#), [Portuguese](#), [Russian](#), [Simplified Chinese](#), [Somali](#), [Traditional Chinese](#), [Vietnamese](#).

**Masks and face coverings are required here**

[English](#), [Spanish](#), [Arabic](#), [Chuukese](#), [Hmong](#), [Korean](#), [Marshallese](#), [Portuguese](#), [Russian](#), [Simplified Chinese](#), [Somali](#), [Traditional Chinese](#), [Vietnamese](#).

### **Masks are welcome here**

[English](#), [Spanish](#), [Arabic](#), [Chuukese](#), [Hmong](#), [Korean](#), [Marshallese](#), [Portuguese](#), [Russian](#), [Simplified Chinese](#), [Somali](#), [Traditional Chinese](#), [Vietnamese](#).

## **Update on communications materials in production**

- Downloadable social card and printable flyer on when to seek urgent care
- Revised downloadable social card about holiday gatherings
- OHA media availability (noon, tomorrow, Thursday, Dec. 8. Watch on Youtube [here](#))