

Progress and Impact Mid-Biennium Report: Child and Family Behavioral Health Continuum of Care (2025-2027)

The Child and Family Behavioral Health unit coordinates behavioral health treatment supports for youth and young adults aged 0-26 in Oregon. The unit budget covers a full continuum of services from behavioral health promotion and prevention activities, through community treatment and intensive programs for youth and their families.

Program background and summary

The Child & Family Behavioral Health Unit (CFBH) is dedicated to promoting effective and efficient behavioral health services for individuals aged 0-26 and their families. The unit employs a System of Care approach, integrating developmental science and trauma-informed practices to ensure statewide support and coordination with other state agencies. This approach emphasizes community-based services tailored to the needs of children and youth facing, or at risk of, mental health or substance misuse challenges.

Key initiatives include oversight of a full continuum of treatment services, ensuring access and capacity of the system, improving the quality of services and implementing policy vision oversight and program assistance for Oregon's behavioral health system. The unit oversees coordination of care across multiple youth-serving systems, including education and juvenile justice, and works to center the voices of youth and their families in care.

The continuum of treatment and supports for youth, young adults and their families stretches from prevention across community treatment and to more intensive needs. Suicide prevention is a significant focus for the unit, with efforts aligned with Oregon's Youth Suicide Intervention and Prevention Plan. The unit supports Behavioral Health prevention programs, collaborates with school districts and works across agencies to coordinate statewide planning. The unit facilitates trainings and interventions for families and the

workforce to address parent-child relationship issues for early childhood, utilizing evidence-based programs like Parent-Child Interaction Therapy and Collaborative Problem Solving. Fidelity Wraparound is a community model which provides care coordination for families.

The unit prioritizes community-based treatment with programs such as School-based Mental Health services and Intensive In-home Behavioral Health Treatment to support youth with need for a complex system response in their homes and communities. Young adult hubs provide a friendly place for young adults to meet their needs.

For more intensive needs, the unit works with programs such as the Early Assessment Support Alliance as well as programs treating the impact of Commercial Sexual Exploitation of Children. The unit also provides Restorative Services (comparable to juvenile Aid & Assist) services to support youth in court proceedings, and supports day treatment and residential programs for youth with the most acute mental health and substance use needs.

Additionally, the unit actively engages youth and families in policy development and oversight through advisory groups. Overall, the unit's comprehensive approach aims to support children, youth, young adults and their families throughout Oregon to navigate behavioral health challenges effectively.

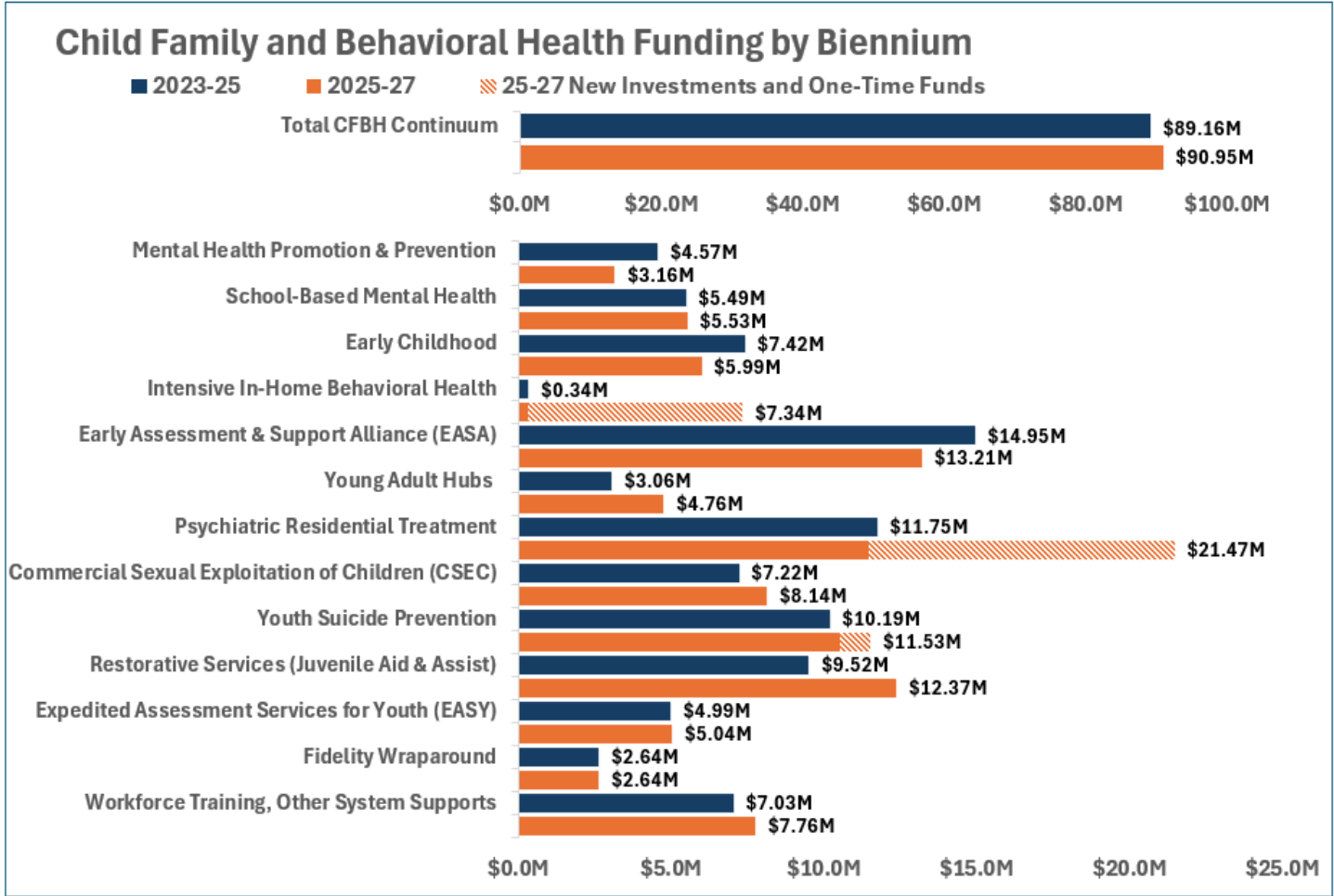
Trends and outcomes summary

The team continues to focus on planning for ongoing program and strategic policy needs, as well as key indicators of the health of the youth behavioral health system.

In 2025-27, the unit received one-time investment of \$10 million for residential expansion, in addition

to \$1 million allocated to support culturally specific suicide prevention. However, priorities in the adult behavioral health system and other financial trends have led to a decrease in many areas of the CFBH budget from the 2023-25 biennium.

Program funding



Objectives, outputs and outcomes

Objective 1:

Increase the evidence base for culturally specific suicide prevention programming and initiatives.

Output:

Oregon’s culturally specific suicide prevention work will be presented at or submitted in at least three key national journals, conferences or evidence-based practice registries.

Outcome:

Invest in dedicated evaluation support and technical assistance for Black youth suicide prevention programming and other culturally specific programming.

Objective 2:

Purchase, renovate and/or build new facilities to expand or create new, bed capacity for approximately 16 children's residential psychiatric beds across Oregon.

Output:

Behavioral Health Investments team report for tracking and transparency regarding project development progress.

Outcomes:

Development of grant agreements for Department of Justice and partner review. Grant agreement execution and release of funding.

Considerations

988 and CCBHC programs, while part of the larger Child, Family, and Lifespan Behavioral Health unit, are not included in this report. Their work is reported separately.

Other formats and languages

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact Child and Family Behavioral Health Team at kids.team@odhsoha.oregon.gov.

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