

OREGON HEALTH AUTHORITY - Office of Health Analytics
2014 Medicaid Behavioral Risk Factor Surveillance System (MBRFSS) Survey

Results by Member Type

Additional information on the 2014 MBRFSS survey is available online at:
www.oregon.gov/oha/analytics/Pages/MBRFSS.aspx

Demographics

	Indicator	Existing	Returning	New
Age		N=3,373	N=1,346	N=1,932
	18-34	47.8	46.7	35.0
	35-49	23.2	34.3	34.3
	50-64	18.7	18.8	30.1
	65+	10.3	0.2	0.6
Sex		N=3,373	N=1,346	N=1,932
	% Female	63.0	52.2	42.8
Sexual orientation		N=3,156	N=1,277	N=1,827
	% Straight	93.5	93.4	93.7
	% Gay, lesbian, or bisexual	6.5	6.6	6.3
Marital Status		N=3,283	N=1,319	N=1,887
	Married / partnered	35.4	44.1	43.8
	Divorced / separated	26.5	21.1	26.1
	Widowed	4.2	1.6	2.2
	Never married	34.0	33.2	27.9
Children in Home		N=3,355	N=1,334	N=1,925
	Children in home	54.4	54.1	37.1
Education Level		N=3,087	N=1,225	N=1,800
	< Grade 12	23.9	29.1	16.7
	Grade 12 or GED	35.2	30.2	29.8
	Some college	30.6	29.7	34.1
	College graduate	10.4	11.0	19.5
Living Situation		N=3,300	N=1,323	N=1,902
	Own home	19.6	21.7	26.2
	Rent	65.9	64.7	61.1
	Other arrangement	13.5	12.8	11.8
	At shelter or homeless	1.1	0.8	1.0

"N" represents unweighted denominator counts

"Existing" members are clients whose enrollment in a CCO began prior to 2014.

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Chronic/Adverse Conditions

Indicator	Weighted %		
	Existing	Returning	New
Angina	4.3	2.8	2.5
Arthritis	31.1↑	22.6	24.8
Asthma (current)	19.9↑	14.5	11.7
Cancer	7.1	4.0	4.2
COPD	12.9↑	8.6	6.6
Depression	39.9	31.5	33.0
Diabetes	13.2	7.8	10.3
Disability	43.8↑	31.6	36.8
Heart attack	5.3	3.1	3.4
Stroke	5.2	2.1	2.3
Any chronic disease	68.9↑	58.2	60.8
Experience chronic pain	54.5	49.4	51.2
Physical health "not good" 1 or more of last 30 days	56.2	47.0	49.7
Mental health "not good" 1 or more of last 30 days	52.7	46.9	46.8
Activity limited by poor health 1+ days of last 30	57.0	50.4	55.1

Risk Factors

Indicator	Weighted %		
	Existing	Returning	New
Sugar-sweetened beverages a day - 1+ daily	28.7	30.9	26.2
High blood cholesterol	42.1	34.5	34.4
High blood pressure	30.9	24.9	25.7
No physical activity outside work in last 30 days	30.3	27.4	25.8
Overweight or obese	64.9	64.7	67.4
Obese	36.4	35.9	35.5
Morbidly obese	8.7	7.3	8.6
Insufficient sleep (<7 hours for most)	41.7	38.0	33.2
Pre-diabetic	9.9	8.7	10.0
Secondhand smoke exposure (1+ hours/week)	26.0	31.3	24.2

Protective Factors

Indicator	Weighted %		
	Existing	Returning	New
Fruits and vegetables - consumed 5+ servings/day	27.3	25.7	26.5
Health status rated good or better	63.6↓	71.8	72.4
Healthy weight	32.5	33.0	30.5
At least 150 minutes (or 75 vigorous) of PA/week	49.7	51.4	52.0
Muscle strengthening exercises 3 times/week	24.5	24.8	25.8
Met both PA and muscle strengthening recs.	16.2	17.9	18.1

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Substance Use

Indicator	Weighted %		
	Existing	Returning	New
Tobacco - current cigarette smoker	29.7	36.9	29.0
Tobacco - current tobacco chewer	3.5	4.8	4.6
Tobacco - current tobacco user (smoker or chewer)	31.6	38.9	31.8
Tobacco - ecigarette use ever	33.9	39.3	30.7
Tobacco - current ecigarette use	12.2	15.7	11.0
Tobacco - want to quit (smokers)	75.6	80.0	73.7
Tobacco - attempted to quit in last year (smokers)	62.2	60.9	59.1
Alcohol - 1+ days of binge drinking in last 30 days	10.3	14.8	13.7
Alcohol - heavy drinking over past 30 days	3.9	6.3	6.5
Drugs - current marijuana use (any)	16.4	20.5	19.1
Drugs - current medical marijuana use	7.6	7.4	7.3
Drugs - current meth, heroin, cocaine, or ecstasy use	0.7	0.9	1.1
Drugs - current prescription painkiller abuse	1.5	1.8	0.8

Medical Access/Screening

Indicator	Weighted %		
	Existing	Returning	New
High blood sugar/diabetes test in last 3 years (45+ yrs old)	63.3	56.5	55.0
Blood cholesterol checked within past 5 years	60.2	52.9	61.8
Current on colorectal cancer screening (50-75 years old)	57.1↑	41.0	43.8
FOBT during last year (50-75 years old)	10.8	9.4	10.9
Mammogram in last 2 years (women age 50-74)	71.9	58.9	60.2
Pap test in last 3 years (women age 21-65 w/cervix)	80.5	76.3	75.0
Dental visit in last year	53.4	50.6	47.1
HIV - ever tested	47.2	51.8	47.9
Health insurance coverage continuous over past year	90.9↑	60.8	58.4

Stress and Safety

Indicator	Weighted %		
	Existing	Returning	New
High-stress based on 4-item scale	14.1	11.5	11.1
Needed or received housing services	19.2↑	13.3	10.6
Food insecurity - food insecure	48.3	48.5	47.2
Food insecurity - hunger	22.5	21.6	20.9
Intimate partner violence past 12 months	4.7	5.0	3.5
Neighborhood rated "not at all" or "slightly" safe	25.6	23.9	20.7
High Adverse Childhood Experiences based on 11 item scale	35.7	36.5	30.6

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Family Planning

Indicator	Weighted %		
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Effective use of contraception (women at risk of unintended pregnancy)	42.4	37.2	43.6
Daily multivitamin, prenatal vitamin, or folic acid vitamin use (women at risk of pregnancy)	29.3	31.5	28.0

Reactions to Race

Indicator	Weighted %		
	Existing	Returning	New
Difference between self-identified and generally-perceived race/ethnicity	10.6	11.7	14.2
Thinking about race at least once a day	13.2	17.7	16.1
Treated worse than other races when seeking health care	6.5	7.4	4.9
Physical symptoms due to how treated based on race	5.4	4.2	3.9
Emotional symptoms due to how treated based on race	7.1	6.9	6.5

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