

Oregon Health Authority - April 2020

2019 Adult Mental Health Survey Report

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Experts in Quality Review

Table of Contents

| Executive Summary1 |
|--|
| Introduction4 |
| Methodology5 |
| The Surveys5 |
| Sample6 |
| Survey Administration7 |
| Weighting and Analysis7 |
| Survey Limitations8 |
| Overall Response9 |
| Did not receive mental health services11 |
| Outpatient Results |
| Demographics |
| Treatment Status14 |
| Domain Satisfaction |
| Expectation and Results |
| Care Providers |
| Coordination of Care19 |
| Trauma |
| Peer-Delivered Services |
| Crisis |
| Housing21 |
| Employment |
| Income22 |
| Law Enforcement |
| Residential Survey Results |
| Demographics |
| Domain Satisfaction |
| Expectation and Results |
| Care Providers |
| Coordination of Care |
| Trauma |
| Crisis |

| Housing | 31 |
|--|----|
| Employment | 32 |
| Income | 33 |
| Law Enforcement | 33 |
| Residential Treatment Services | 33 |
| Appendices | 35 |
| Appendix A: 2018 Adult Outpatient and Residential Surveys – English and Spanish versions | |
| Appendix B: Survey Data Security and Quality Assurance Procedures | |
| Appendix C: Weighting Explanation and Code | |
| Appendix D: Domain Satisfaction by CCO Appendix E: Domain Satisfaction by CCBHC | |

Index of Tables and Figures

| Table 1. Response Rate for Outpatient and Residential Respondents. 1 | 1 |
|---|----|
| Table 2. Self-Reported Gender and Primary Race with State-Identified Ethnicity, Urban/Rural and Age Distributions | L3 |
| Table 3. Weighted Domain Satisfaction1 | 15 |
| Table 4. Self-Reported Gender and Primary Race with State-Identified Ethnicity, Urban/Rural and Age Distributions | 25 |
| Table 5. Weighted Domain Satisfaction2 | 27 |

| Figure 1. Consort Diagram Showing Survey Sampling Process and Response Rate Calculation. | 10 |
|---|----|
| Figure 2. Outpatient Survey Domain Satisfaction Trends: 2015–2019 | 16 |
| Figure 3. 2019 Respondent Expectations of Treatment vs. Results. | 18 |
| Figure 4. 2019 Responses to the question: Did your provider talk to you about these issues? | 19 |
| Figure 5. Residential Survey Domain Satisfaction Trends: 2015–2019. | 28 |
| Figure 6. 2019 Respondent Expectations of Treatment vs. Results | 29 |
| Figure 7. 2019 Responses to the Question: Did your provider talk to you about these issues? | 30 |

Executive Summary

An estimated 155,000 Oregonians receive mental health services through Oregon Medicaid.¹ Of these, roughly 110,000 were adults age 18 years or older, 108,000 (98.2%) of whom received services only in an outpatient setting and 2,000 (1.8%) of whom received services in a residential setting.

To ensure these services meet the needs of Oregonians, and to meet federal requirements, the Oregon Health Authority (OHA) contracts with HealthInsight Assure to administer mental health services satisfaction surveys to adults who received Medicaid-funded mental health services in outpatient, psychiatric residential, or psychiatric day treatment settings.

Both the outpatient and residential surveys asked questions under the following domains:

- Access
- Daily functioning
- General satisfaction
- Outcomes
- Participation
- Quality/appropriateness
- Social connectedness

As well as additional questions regarding living situation, employment, trauma and other areas. Below are highlights from the 2019 surveys, as well as trends from our comparison of 2019 results to survey results since 2015.

Summary of Outpatient Results

Statewide, 2,360 adults responded to the 2019 outpatient survey for a response rate of 19.7%. The majority (66.4%) completed the survey online, receiving a \$10 gift card incentive, while the remainder completed the paper survey and returned it in a prepaid envelope.

Treatment satisfaction

 In 2019, adults receiving care in outpatient settings were most satisfied with their service quality (80.8%) and reported general satisfaction (78.9%) in their care. There has been a statistically significant upward trend in satisfaction in 6 of the 7 domains since 2015. There has not been a significant upward or downward trend in the domain of general satisfaction.

¹ This number is the total from which the survey sample was pulled and includes those members who had two or more visits during the survey timeframe.

Treatment expectations and outcomes

• "Becoming less anxious or fearful" (75.8%) and "feel better about myself" (75.7%) were the most common expectations from those seeking mental health treatment as well as the most commonly realized outcomes.

Current mental health treatment

 In 2019, 33.1% of surveyed adults reported that they were no longer receiving mental health services. Of these, 35.1% reported that they no longer needed mental health services because the cause had been addressed. While 11.0% stopped treatment because it was not working as well as expected, this result has had a significant downward trend (p<0.01) since 2015.

Summary of Residential Results

Statewide, 293 adults responded to the 2019 residential survey for a response rate of 18.7%. Most (82.3%) completed the survey on paper and returned it by mail, while the remainder completed the survey online.

Housing has increased significantly as a reported reason for being in a residential facility.

Reasons for Residential Treatment

In 2019, the most commonly reported reasons for why an adult was in residential treatment were:

- I need help taking care of myself (39.4%)
- I need housing (38.9%)
- I want mental health treatment so that I can get better (34.6%)

Participants could choose more than one reason for being in residential treatment. There has been a significant upward trend (p=0.01) in adults reporting, "I need housing" as a reason for being in a residential facility.

Progress in Treatment

- Almost two-thirds (63.0%) of survey participants reported making progress in their mental health during treatment.
- When asked if they felt ready for more independent living,

- o 39.8% said "yes"
- o 44.7% said "no"
- o 15.5% said they were "not sure"

There has been a statistically significant increase (p=0.03) in adults who reported being "worried I would not receive the help they need" as the reason they were not ready to leave the treatment facility.

Trauma

- In 2019, 48.2% of participants reported being asked about their history of trauma when they began seeing their mental health provider.
- Of those adults who have experienced trauma, roughly one-third (33.6%) felt their trauma was adequality addressed during treatment, one-third (31.8%) felt it was not adequately addressed and one-third (34.6%) were not sure.
- Since 2015, there has been a downward trend (*p*<0.01) in the number of adults who felt their trauma had been adequately addressed during treatment.

Current and previous living situation

- In 2019, 41.6% of survey participants were currently living in a mental health residential treatment facility ,and 46.2% reported living in one in the last year.
- There has been a statistically significant (*p*=0.03) downward trend in the number of adults who reported living in a residential treatment facility or home in the last year. This downward trend (*p*<0.01) continues amongst those who listed a residential treatment facility as their current residence.

Introduction



Patient feedback on their experience of care is a critical component of quality improvement. The Mental Health Statistics Improvement Program (MHSIP) designed and validated adult outpatient and residential surveys to measure adults' perceptions of the quality and efficiency² of their mental health services.³ The National Association of State Mental Health Program Directors has endorsed Version 1.2 of the survey (the version OHA adapted). Since 2006, OHA has contracted with HealthInsight Assure to administer the survey annually to adults receiving state-funded mental health services in outpatient or residential settings.

This report details the survey administration methodology and a summary of statewide results, with results specific to coordinated care organizations (CCOs) and certified community behavioral health clinic (CCBHCs) presented in the appendices. CCOs will receive their own raw data from OHA.

² Ganju V, Smith ME, Adams N, et al. *The MHSIP Quality Report: The Next Generation of Mental Health Performance Measures.* Rockville, MD: Center for Mental Health Services, Mental Health Statistics Improvement Program, 2005.

³ MHSIP is supported by the Center for Mental Health Services, an agency within the Substance Abuse and Mental Health Services Administration of the U.S. Department of Health and Human Services.

Methodology



The Surveys

The outpatient and residential surveys contained 57 and 62 questions, respectively. In addition, many questions had multiple parts and can be referenced in the surveys in Appendix A. The endorsed MHSIP questions (n=37) were identical on the two surveys, and grouped into seven domains:

- General satisfaction
- Access to services
- Service quality
- Daily functioning
- Social connectedness
- Treatment participation
- Treatment outcomes

OHA expanded both the outpatient and residential surveys by adding questions on:

- Treatment status
- Treatment expectations and actual results
- Arrest histories before and after treatment
- Current employment status
- Current income source
- Current and recent residence
- Whether the respondents had primary care providers
- Whether their doctors or mental health care providers discussed certain health topics with them, including weight loss and smoking
- Trauma screening
- Service coordination (communication between different service providers who have a shared client)
- Assistance by mental health providers with obtaining housing and employment
- Assistance by mental health providers during mental health crises

OHA expanded the residential survey with additional questions on:

- Reasons for living in a residential facility
- Types of services received
- Progress made while living there
- Readiness for more independent living

Sample

The outpatient survey was sent to a sample of adults (n=13,774) who had received statefunded mental health services only in an outpatient setting (including primary care settings) from April 1, 2018, through April 30, 2019, as identified by encounter data from OHA's Medicaid Management Information System. Enrollees who were 18 years of age or older and had two or more mental health service encounters in that timeframe were eligible for inclusion in the survey sample.

The residential survey was sent to all adults (n=1,985) who received at least one day of treatment services in a residential or adult foster care facility identified in the same manner.

OHA classified the adults by the highest setting in which they received mental health services. That is, if an adult received both residential and outpatient services within the sampling time frame, they would receive the residential survey.

OHA pulled the samples in July 2019, over-sampling minority race and ethnic populations and those residing in rural or frontier communities in order to ensure those groups were represented. OHA made every effort to include at least 500 adults from each CCO in the

sample, and at least 300 adults from each CCBHC. For smaller CCOs or CCBHCs that did not serve 500 adults, 100% of those member populations were included in the sample.

Survey Administration

Each adult received up to three letters by U.S. mail encouraging survey completion. HealthInsight Assure mailed letters to eligible adults in August 2019 informing them about the survey. The letters instructed recipients how to access the online survey using a unique password, and informed recipients that they would receive a paper questionnaire by mail if they did not complete the online survey within three weeks. Letters sent to adults receiving outpatient services offered them a \$10 Starbucks or Amazon gift card as an incentive for completing the survey online.

The letters and surveys were sent in both English and Spanish, depending on the adult's language preference identified in the state enrollment data. See Appendix A for English and Spanish versions of the surveys.

After filtering out incorrect addresses, respondents who had already completed a survey online, and those who had requested to opt out, HealthInsight mailed a follow-up letter and paper survey form to non-responding adults in September 2019. HealthInsight mailed a second follow-up letter and paper survey form to non-responding adults in October. Each time, recipients were offered the incentive for completing the survey online and provided a self-addressed and postage-paid return envelope. Starting in November 2019, HealthInsight began making phone calls to non-responding adults to remind them to complete the survey, or to complete it with them over the phone. Between October and December, HealthInsight attempted to contact 605 adults who had received the outpatient survey but had not completed the survey. However, due to outdated contact information or voicemail boxes that were not working, HealthInsight could reach only 377 by phone. Survey entry closed on December 31, 2019.

All survey responses are confidential. Refer to Appendix B for survey data security and quality assurance procedures.

Weighting and Analysis

HealthInsight applied post-stratification weights to each survey respondent. Post-stratification weighting ensures that the results of this survey are generalizable to the population of interest: all adults age 18+ receiving state-funded mental health services with at least two encounters.

Most results are presented as weighted frequencies with chi-square tests applied, where applicable, to identify statistically significant differences between respondent groups. Trending of specific item results are presented as unweighted percentages. A test of trend, called the Cochran-Armitage Trend Test, was applied to identify significant upward or downward trends over time.

While most MHSIP and OHA-added survey items have remained unchanged over the last several years, this is the second year that results have been weighted; therefore, weighted trending is unavailable. Weights have been applied to all single-year frequency tables. See Appendix C for a full explanation of our weighting methodology and R program code used to weight the adult outpatient results.

Survey Limitations

Patient experience of care surveys are immensely valuable, though they do come with some notable limitations. While the MHSIP domain portions of the survey have remained untouched, OHA has added and removed additional questions over the years. These added questions have not been validated, and it is unknown what effect, if any, they have on the validity of the preceding MHSIP items.

The length of the survey may deter some potential respondents. With 10 printed pages for the English versions and 11 pages for the Spanish versions, the surveys may take significant time to complete, especially for some respondents with mental or cognitive challenges. Additionally, mental or cognitive challenges may have affected the respondents' ability to understand and respond accurately to some questions. Caregivers are allowed to assist survey participants, but must indicate their involvement at the beginning of the survey. It is unknown how this may influence a participant's responses. As with any survey, these results are not intended to be an end in themselves, but rather a starting point to provide insight and prompt readers to explore further with their own analyses or additional data collection, such as interviews.

The survey sampling and administration timeline has shifted over time, from summer to fall. As a result, respondents may be answering questions about events in the more distant past than in the previous years. The more time that passes between receipt of mental health services and survey completion can cause recall bias, which may influence results. Both the outpatient and residential survey participants have shown a downward trend (both, p<0.01) among those who currently receiving mental health care.

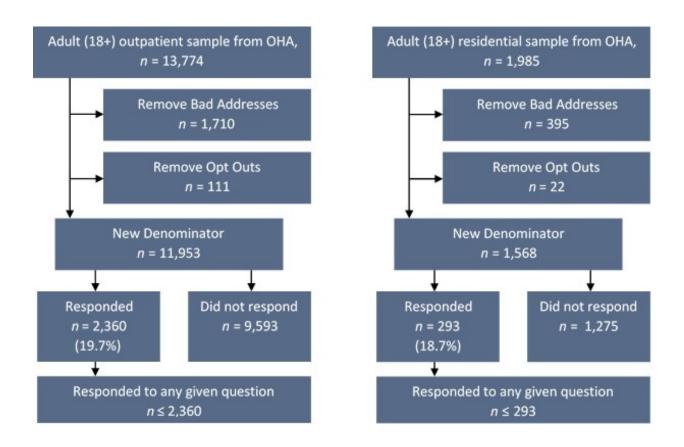
Response



Statewide, the response rate was **18.7% for the residential survey** and **19.7% for the outpatient survey**.

These rates were adjusted for bad addresses and those who opted out of the survey. Bad addresses were identified before the initial mailing due to participants listing "homeless" or invalid addresses. After the initial mailing, bad addresses were removed when letters or surveys were returned. However, if they were returned with an address change, then the survey was mailed to the new address. Individuals were able to opt-out, or refuse participation, by calling or emailing HealthInsight. See Figure 1 for details.

Figure 1. Consort Diagram Showing Survey Sampling Process and Response Rate Calculation.



Response rates varied according to respondent demographics. See Table 1 for details.

| Demographic | | Adult Outpatient | Adult Residential |
|-------------|-------------------------------------|------------------|-------------------|
| | 18 to 25 | 16% | 13% |
| Age | 26 to 64 | 20% | 19% |
| | 65+ | 23% | 20% |
| | American Indian or Alaskan Native | 14% | 10% |
| | Asian | 18% | 14% |
| | Black or African American | 16% | 16% |
| Race | Hispanic | 12% | 22% |
| | Native Hawaiian or Pacific Islander | 25% | 22% |
| | White | 21% | 20% |
| | Unknown | 19% | 12% |
| Gender | Female | 22% | 21% |
| Gender | Male | 16% | 17% |

| Table 1. Response Rate for Outpatient and Residential Respondents. |
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|--|

Did Not Receive Mental Health Services

The procedure codes used by OHA to identify individuals who received mental health services included personal care services, which can include either a mental health or non-mental health service and substance use disorder services, which do not necessarily accompany a mental health diagnosis. The inclusion of these service codes in the sample may have inadvertently included some individuals who did not receive mental health services. If these individuals responded to the survey, their answers may not reflect the experience of those receiving mental health services. If these individuals did not respond to the survey, the response rate may appear artificially low. HealthInsight Assure and OHA are working together to ensure these codes are not included in future samples.

Outpatient Results



Demographics

In 2019, 2,360 adults returned an outpatient survey with at least one question answered. Most respondents (66%) completed the survey online. Table 2 summarizes respondents' selfreported race and gender, along with state-identified ethnicity, age and urban or rural location.

| Demographic | | Respondents |
|-------------|---|-------------|
| | American Indian or Alaskan Native | 3% |
| | Asian | 1% |
| | Black or African American | 2% |
| Race | Hispanic | 7% |
| Race | Multiracial | 3% |
| | Native Hawaiian or Other Pacific Islander | 1% |
| | White | 64% |
| | Other | 1% |
| | Unknown | 18% |
| | Hispanic | 4% |
| Ethnicity | Not Hispanic | 62% |
| | Unknown | 33% |
| | Female | 61% |
| Gender | Male | 31% |
| Gender | Transgender | 7% |
| | Other | 1% |
| | 18 to 25 | 16% |
| Age | 26 to 64 | 80% |
| | 65+ | 4% |
| | Urban | 31% |
| Location | Rural | 63% |
| LUCATION | Frontier | 6% |
| | Unknown | 1% |

Table 2. Self-Reported Gender and Primary Race with State-Identified Ethnicity, Urban/Rural and Age Distributions.

A separate question asked respondents to select the race(s) they identified with and allowed them to select multiple options. In response to this,

- 79.0% of respondents identified as "white"
- 28.4% selected one or more of the following:
 - o American Indian or Alaskan Native
 - o Asian
 - o Black or African American
 - Hispanic or Latino
 - Middle Eastern or Northern African
 - Native Hawaiian or Other Pacific Islander
- 15.6% declined to answer or selected "Unknown" or "Other" race

These totals do not equal 100% because respondents could select more than one race category.

Race from Medicaid enrollment forms over-estimate white identities within respondents when compared to self-identified race. For example, among those who self-identified as Hispanic, 38.2% were identified as Hispanic in Medicaid enrollment data. Among those who self-identified as American Indian or Alaskan Native, 29.0% were identified as such in Medicaid enrollment data. Among those who identified as Black or African American, only 41.7% were identified as Black in the Medicaid enrollment data.

Treatment Status

At the time of the survey, 61.6% of respondents were still receiving mental health services. Among those who were no longer receiving services, most (35.1%) indicated they no longer needed treatment because the problem that led to treatment was resolved. Others were no longer receiving services due to problems with transportation (4.1%), paying for treatment (3.9%), or finding time for treatment (7.7%). Some respondents (11.0%) reported stopping treatment because they felt it was not working as well as expected.

The percentage of respondents who were receiving mental health services at the time they completed the survey has trended significantly downward (p<0.01) since 2015. The survey sampling and administration timeline has shifted over time, from summer to fall. As a result, respondents may be answering survey items about events in the more distant past than in the previous years, which may be a contributing factor.

Domain Satisfaction

- Quality/Appropriateness (80.8%) domain had the highest rate of satisfaction in 2019.
- Outcomes (54.4%) and Daily Functioning (54.6%) had the lowest levels of satisfaction.

Table 3 summarizes statewide domain satisfaction. Domain satisfaction according to CCO and CCBHC are presented in Appendix D and E, respectively.

Table 3. Weighted Domain Satisfaction.

| Domain | Satisfied |
|---------------------------|-----------|
| Access | 72.3% |
| Daily functioning | 54.6% |
| General satisfaction | 78.9% |
| Outcomes | 54.4% |
| Participation | 67.4% |
| Quality / Appropriateness | 80.8% |
| Social connectedness | 61.6% |

As shown in Figure 2, satisfaction has trended upward in the domains of social connectedness (p=0.02), daily functioning (p<0.01), treatment outcomes (p<0.01), participation (p<0.01), and quality/appropriateness (p<0.01). The domain of access has had an overall upward trend (p=0.01) since 2015.

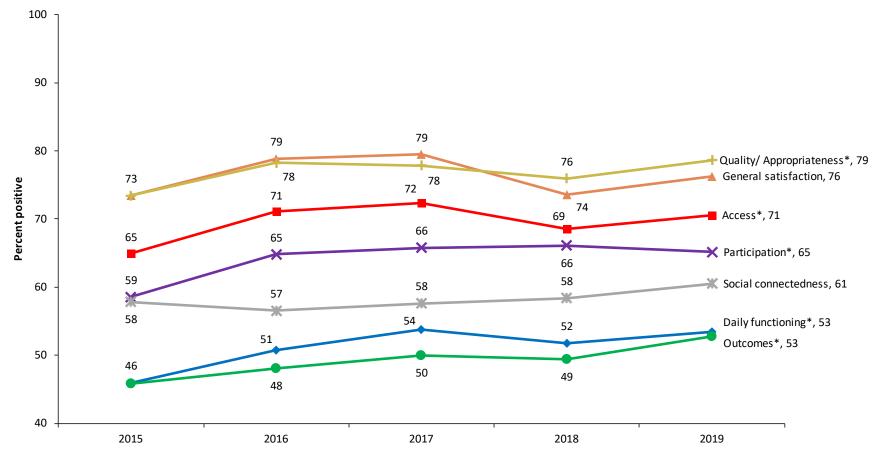


Figure 2. Outpatient Survey Domain Satisfaction Trends: 2015–2019.

*Indicates a statistically significant upward or downward trend ($p \le 0.05$) over time for that domain.

Note: Trending of specific item results are presented as unweighted percentages in this graph. See the Weighting and Analysis section for more explanation.

While domain satisfaction has largely trended either upward or remained stable since 2015, there were several demographic groups who reported significantly higher levels of satisfaction when compared to each other.

In 2019, urban participants were significantly more satisfied than their rural or frontier counterparts in

- general satisfaction (p<0.01)
- participation (*p*<0.01)
- quality/appropriateness (p<0.01)
- treatment outcomes (*p*=0.03)

Urban participants have shown an upward trend in all domains except for general satisfaction which has remained stable. Rural participants have trended upward in most domains except for social connectedness and general satisfaction which has shown no significant trends.

Respondents who were identified in state data as non-white were more satisfied in daily functioning (p<0.01), participation (p=0.03), and social connectedness (p<0.01) than those of a white or "unknown" race. Those who were identified as having an unknown race were more satisfied with treatment outcomes (p<0.01) than non-white or white participants. In line with these results, respondents identified in state data as Hispanic where more satisfied with daily functioning (p<0.01) and social connectedness (p=0.02), while those identified as non-Hispanic were the least satisfied with these domains. Those who completed the survey in Spanish were more satisfied in all domains compared to those who completed the survey in English.

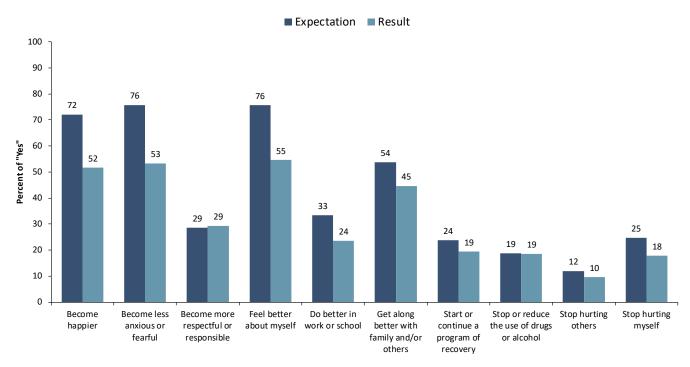
When comparing domain satisfaction across age groups, respondents who were older than 65 years were statistically more satisfied, compared to those ages 18–25 or 26–64, in the following domains:

- access (*p*<0.01)
- daily functioning (*p*=0.03)
- general satisfaction (p=0.03)
- participation (*p*<0.01)
- treatment outcomes (*p*=0.01)

Those in the 26–64-years age group reported the lowest levels of satisfaction in the domains of daily functioning, general satisfaction, participation and treatment outcomes. The 65-plus age group has shown an upward trend in the participation domain (p=0.03), with no other significant trends.

Expectation and Results

The most frequently reported expectations of mental health services were to become less anxious or fearful (75.8%) and to feel better about oneself (75.7%). These were also the most commonly realized outcomes. Figure 3 summarizes expectations and results of mental health services.





Since 2015, respondent expectations of services have shifted. The expectations of doing better in work or school, becoming less anxious or fearful, becoming happier, and to reduce the use of drugs or alcohol have trended significantly upward since 2015. There has been a significant downward trend in the percentage of respondents who expected to become more respectful or responsible, to get along better with family and/or others, start or continue a program of recovery, and to stop hurting others or themselves.

There has been an upward trend in those who saw positive results in becoming happier, doing better in work or school, and reducing or stopping drugs or alcohol. There were no statistically significant trends in the other categories.

Care Providers

Primary care providers are important to maintaining good mental and physical health. Among respondents, 85.5% reported having a primary care provider who gives them checkups, routine medical care and advice.

Figure 4 presents the percentage of respondents who indicated that their primary care or mental health provider talked with them about each issue.

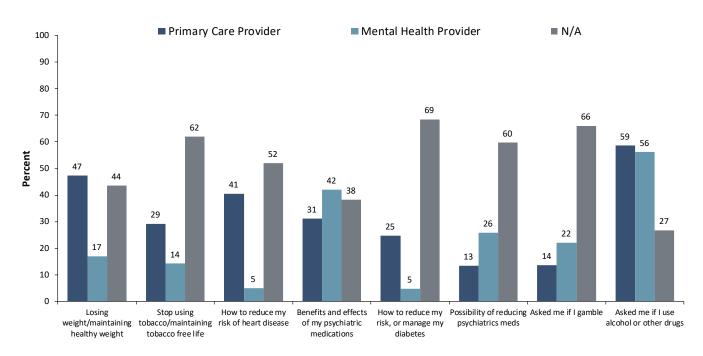


Figure 4. 2019 Responses to the question: Did your provider talk to you about these issues?

Conversations about various health topics appear to be increasing among physical health care providers. Since 2015, there has been a significant downward trend in the percentage of respondents whose mental health service provider talked with them about diabetes and the side effects of psychiatric medications; however, there has been an upward trend of discussions about gambling, the use of alcohol or drugs, and stopping tobacco/maintaining tobacco free life.

Coordination of Care

Respondents were asked about the coordination of their care between their mental health service provider and other providers. Excluding those who did not need or receive other services, respondents were most satisfied with coordination with hospitals (77.1% satisfied or strongly satisfied) or a physical health provider (80.7% satisfied or strongly satisfied).

Of respondents who needed but did not receive a service, employment services were most frequently indicated (21.4%).

There has been a downward trend in satisfaction with care coordination services with other mental health providers (p=0.01), developmental disabilities (p<0.01), Aged and Physical Disabled Services (p<0.01), employment services (p=0.03), and physical health providers (p=0.05). The percentage of respondents who needed but did not receive other service types has remained stable.

Trauma

Most respondents (68.9%) had been asked about their history of trauma, and 50.5% felt that problems related to their trauma had been adequately addressed.

The percentage of respondents whose provider asked about their history of trauma has trended significantly upward since 2015.

However, respondents who identified as male were significantly less likely to be asked about their history of trauma (p=0.01) as well as less likely to have their problems related to trauma adequately address during treatment (p<0.01) than those to identified as female or transgendered.

Peer-Delivered Services

Only 11.6% of respondents had ever used peer-delivered services, but among those, 81.7% thought those services were helpful. There has been an upward trend (p=0.05) in respondents who use these services.

Crisis

Over one-third (35.7%) of adults receiving mental health services needed assistance as the result of a mental health crisis. Of those who needed assistance:

- 73.8% were satisfied with the response of their mental health provider
- 71.3% were satisfied with the response from other mental health services in their community

The percentage of respondents who needed assistance as the result of a mental health crisis has trended significantly downward in the last five years, from 47.9% in 2015 to 42.5% in 2019. The percentage whose mental health provider or other community programs helped them satisfactorily has remained stable.

Housing

Housing is an important part of maintaining good mental health. In 2019, 26.5% of respondents wanted or needed housing or better housing. At the time of the survey, 58.8% of respondents owned or rented their own home or apartment and 26.9% lived in someone else's home or apartment.

In the last 12 months, some respondents had

- been homeless (5.5%)
- lived in a residential substance abuse, skilled nursing or other treatment facility (5.3%)
- lived in one of the following:
 - jail or correctional facility (2.7%)
 - o crisis program (0.8%)
 - medical hospital (1.3%)
 - psychiatric hospital (1.5%)

In 2019, 12.7% of respondents were connected to Supported Housing or Rental Assistance, while 11.1% of respondents received Supported Housing services.

The percentage of respondents who wanted or needed housing or better housing has remained stable over time; as well as those who wanted and received bettering housing or were offered housing choices by a service provider.

Since 2015, there has been a significant upward trend in respondents who currently live in someone else's home or apartment (p < 0.01). Most other living situations (homeless, jail, hospital, etc.) have remained stable, while residential treatment facility (p=0.03) and own home or apartment (p=0.01) has trended downward.

Homelessness in the past 12 months has trended upward.

Time in a correctional institute in the last 12 months has trended upward.

There has been an upward trend in those who reported being homeless (p=0.02), having been in a correctional institute (p=0.04), residential substance abuse treatment program (p<0.01), and someone else's home or apartment (p<0.01) in the last 12 months. There has been a downwards trend in those who reported being in a medical hospital (p=0.02).

Employment

Nearly half of respondents (45.4%) were unemployed, 29.4% were competitively employed working 1 to 35+ hours per week, 6.1% were self-employed, 3.2% performed volunteer work, and 15.9% indicated "other" employment status. Nearly one-third of respondents (31.0%) wanted a job or a better job and 14.1% found a job or a better job.

The percentage of respondents who are currently employed has trended significantly upward in the last five years.

The percentage of respondents who were currently employed, and working more than 35 hours per week, has trended significantly upward (p<0.01) in the last five years. There has also been an upward trend (p=0.03) in those who are unemployed but actively looking for work.

Those who are unemployed and not looking for work has trended downward (p<0.01) during this time period, which may indicate more people looking for, and finding, employment. The percentage of respondents who volunteer has remained stable during this time period.

The percentage of respondents who wanted or needed a job or a better job has trended down (p=0.02) since 2015 while those who were satisfied with their employment as trended upward (p=0.03). Those who received help finding a job, or actually found a job has remained stable over this time period.

One third (31.0%) of respondents reported wanting or needing a better job, while 12.7% reported that their service provider tried to help them find a new or better job.

14.1% of respondents reported finding a new or better job.

Income

Nearly one-third of respondents (31.4%) earned income through employment, while 18.7% had no income source. Entitlement programs were a common source of income, including Supplemental Security Income (18.5%), Social Security Disability Insurance (17.4%) and Temporary Assistance to Needy Families (4.3%).

Given this trend of increased employment, it is not surprising that the percentage of respondents with income from earned employment has trended significantly upward from 23.0% in 2015 to 30.4% in 2019, while the percentage of respondents with income from Social Security Disability Insurance or Supplemental Security Income has trended significantly downward (p<0.01). Those who received support from Temporary Assistance to Needy Families was trended upward (p=0.03). Somewhat paradoxically, the percentage of respondents with no income source has trended significantly upward from 16.3% in 2015 to 19.5% in 2019.

Law Enforcement

While 87.0% of respondents had never had encounters with police, 7.9% reported their encounters with police decreased after they began receiving mental health services, while 1.7% reported an increase in police encounters. Similarly, 9.6% of respondents reported being arrested in the year before they began seeing their most recent mental health service provider, while 3.7% reported being arrested in the year after they began seeing that provider.

There has been a statistically significant trend upward in both the number of respondents who reported being arrested in the 12 months before they started receiving treatment (p<0.01) and those who reported being arrested in the 12 months after they started receiving treatment (p=0.03).

Residential Results



Demographics

In 2019, 293 adults returned a residential survey with at least one question answered. Most respondents (82%) completed the survey by paper. Self-reported race and gender of respondents are summarized in Table 4, along with ethnicity, age, and urban or rural location.

| Demographic | | Respondents |
|-------------|---|-------------|
| | American Indian or Alaskan Native | 5% |
| | Asian | 2% |
| | Black or African American | 2% |
| | Hispanic | 1% |
| Race | Multiracial | 9% |
| | Native Hawaiian or Other Pacific Islander | 1% |
| | White | 60% |
| | Other | 2% |
| | Unknown | 17% |
| | Hispanic | 3% |
| Ethnicity | Not Hispanic | 94% |
| | Unknown | 3% |
| | Female | 38% |
| Gender | Male | 55% |
| | Transgender | 3% |
| | Other | 1% |
| | 18 to 25 | 4% |
| Age | 26 to 64 | 80% |
| | 65+ | 16% |
| | Urban | 65% |
| Location | Rural | 30% |
| | Frontier | 5% |
| | Unknown | 1% |

Table 4. Self-Reported Gender and Primary Race with State-Identified Ethnicity, Urban/Rural and Age Distributions.

A separate question asked respondents to select the race(s) they identified with and allowed them to select multiple options. In response to this:

- 75.7% of respondents identified as white
- 44.6% selected one or more of the following:
 - American Indian or Alaskan Native
 - o Asian
 - Black or African American
 - Hispanic or Latino

- Middle Eastern or Northern African
- o Native Hawaiian or Other Pacific Islander
- 14.7% declined to answer or selected unknown or other race

These totals do not add to 100% because respondents could select more than one race category.

Race from Medicaid enrollment forms under-estimate identities within respondents when compared to self-identified race. For example, among those who self-identified as American Indian or Alaskan Native, 6.3% were identified as such in Medicaid enrollment data.

At the time of the survey, 91.6% of respondents were still receiving mental health services. Among those who were no longer receiving services, most (51.6%) indicated they no longer needed treatment because the problem that led to treatment was resolved.

The percentage of respondents who were receiving mental health services at the time they completed the survey has trended downward (p<0.01) since 2015. Survey respondents who reported not knowing if they were currently receiving mental health care has trended upward (p<0.01). Results for items that rely on memory are less likely to be consistent over time.

The percentage of respondents who were receiving mental health services at the time they completed the survey has trended downward (p<0.01) since 2015.

General satisfaction (78.7%), access (77.4%) and quality/appropriateness (73.6%) have consistently had the highest levels of satisfaction since 2015.

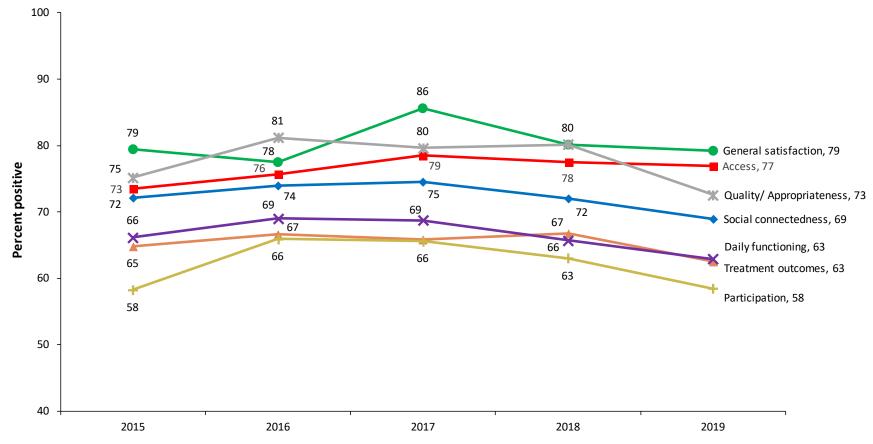
Domain Satisfaction

Satisfaction was highest in the general satisfaction domain (78.7% satisfied) and lowest in the treatment participation domain (58.0%). Table 5 summarizes statewide domain satisfaction.

| Table 5. Weighted Domain Satisfaction. | |
|--|-------------------|
| Domain | Percent Satisfied |
| Access | 77.4% |
| Daily functioning | 62.8% |
| General satisfaction | 78.7% |
| Outcomes | 63.8% |
| Participation | 58.0% |
| Quality / Appropriateness | 73.6% |
| Social connectedness | 68.2% |

Table 5. Weighted Domain Satisfaction.

Statewide, satisfaction has remained stable in all domains since 2015 without any significant upward or downward trends (Figure 5). However, when examined by gender, satisfaction in the daily functioning and quality/appropriateness domains has trended significantly downwards among male respondents (p=0.02).





There were no statistically significant trends identified.

Note: Trending of specific item results are presented as unweighted percentages in this graph. See the Weighting and Analysis section for more explanation.

Expectation and Results

The most frequently reported expectations of mental health services were to feel better about oneself (66.1%) and to become less anxious or fearful (64.4%). Becoming happier (61.2%) and feeling better about oneself (57.6%) were the most common results of receiving mental health services.

Figure 6 summarizes expectations and results of mental health services.

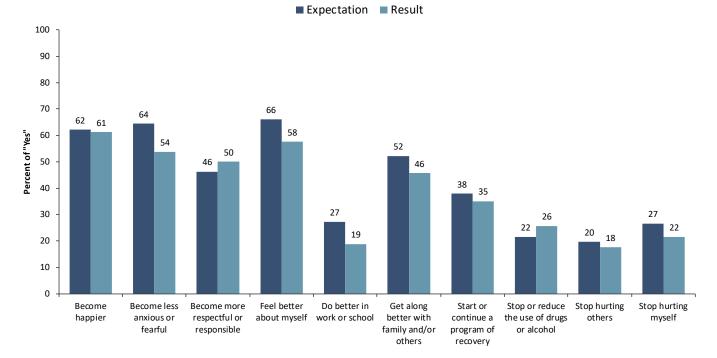


Figure 6. 2019 Respondent Expectations of Treatment vs. Results.

While there have been no significant trends in most service expectations and results since 2015, there has been a downward trend (p=0.01) among those reporting that they stopped hurting themselves.

Care Providers

Physical health care providers are important to maintaining good mental and physical health. Among respondents, 95.5% reported having someone who gives them checkups, routine medical care and advice. Figure 7 presents the percentage of respondents who indicated that their primary or mental health provider talked with them about each issue.

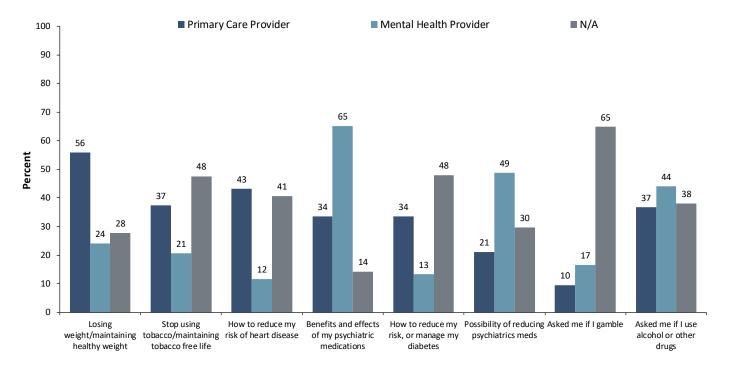


Figure 7. 2019 Responses to the Question: Did your provider talk to you about these issues?

There have been no significant upward or downward trends in any discussions between mental or physical health providers about the listed issues.

Coordination of Care

Respondents were asked about the coordination of their care between their mental health service provider and other providers. Excluding those who did not need or receive other services, respondents were most satisfied with coordination with their physical health provider (94.8% satisfied or strongly satisfied) and state or acute hospitals (93.5% satisfied or strongly satisfied). Of respondents who needed but did not receive a service, employment services were most frequently indicated (7.4%).

There has been a downward trend in satisfaction with care coordination with another mental health provider (p=0.02), but satisfaction with all other care coordination was remained stable since 2015.

In 2019, there has been a significant downward trend in those who reported needing but not receiving services from Corrections, Developmental Disabilities, Aged and Physically Disabled Services, Hospitals (all, p<0.01), and Drug and Alcohol Treatment (p=0.02).

Trauma

Half of respondents (48.2%) had been asked about their history of trauma, and 33.6% felt that problems related to their trauma had been adequately addressed. Since 2015, there have been no significant trends among those who responded "yes" or "no" to whether they had been asked about their history of trauma.

Those who reported experiencing trauma and feeling that any associated problem had been adequately addressed during treatment has trended downward (p<0.01) since the question was first added to the survey in 2016. There was no significant different in outcomes between self-identified males and females. However, respondents identified in state data as males showed a downward trend in feeling that their trauma related problems had been adequately addressed (p<0.01).

Crisis

More than one-third of adults (40.1%) receiving residential mental health services needed assistance as the result of a mental health crisis. Of those who needed assistance, 72.9% were satisfied with the response of their mental health provider and 73.2% were satisfied with the help they received from mental health services in their community.

The percentage of respondents whose mental health provider helped them satisfactorily with a crisis has trended significantly downward since 2015 (p<0.01) while there has been a corresponding upward trend among those who were unsatisfied (p<0.01).

Housing

Housing is an important part of maintaining good mental health. In 2019, 42.4% of respondents wanted or needed housing or better housing and there has been an upward trend (p=0.04) in this response since 2015.

At the time of the survey:

- 41.6% of respondents lived in a mental health residential treatment facility
- 30.0% identified "other" living status
- 16.2% were living in their own home or apartment

In the last 12 months, respondents had lived in the following:

- 46.2% in a residential treatment facility
- 20.6% in an "other" living situation
- 17.1% owned or rented a home or apartment
- 14.0% in someone else's home or apartment
- 15.0% in a psychiatric hospital

Few had been homeless (4.4%) or lived in a crisis program (3.8%).

Perhaps not surprisingly, more adults receiving residential services received assistance finding housing than adults receiving outpatient services (36.4% vs 12.7%). Adults receiving residential services received housing assistance through Supported Housing services. One-third of respondents (36.4%) were connected to Supporting Housing or rental assistance, and 35.9% received Supported Housing services.

There has been an upward trend (*p*=0.01) among those who reported needing housing as a reason for currently being in a residential treatment facility.

When asked if they felt ready for more independent living, 39.8% of respondents answered "yes," 44.7% responded "no," and 15.5% were not sure. Among those who were not ready for more independent living, the most common explanations were "I don't have the skills to live on my own" (70.8%), "I like it here" (62.6%), "I am worried that if I leave I won't get the help I need" (52.1%) and "I have lived on my own before and it did not work (46.1%).

There has been an upward trend in those who were not sure if they were ready for more independent living (p=0.04) and those who were worried they would not get the help they needed (p=0.03) if they left the residential facility.

When asked what their options would be if they were ready for more independent living, 38.3% of respondents indicated "living in my own apartment or home" and 33.6% reported "I don't know." The remainder indicated they could live with family or friends (14.7%) or "other" (14.2%).

Employment

Most respondents (78.8%) were unemployed, while one-third of respondents (30.7%) wanted a job or a better job and 8.6% found a job or a better job. Those that were employed reported the following employment data:

- 7.1% were competitively employed working 1 to 35+ hours per week
- 2.9% were self-employed
- 5.6% performed volunteer work
- 5.5% indicated "other" employment status

While the percentage of respondents who were competitively employed working 17 to 34 hours per week has trended significantly upward since 2015 (p=0.01), there have been no significant trends in the other categories of employment.

Income

Half of residential respondents (50.2%) receive income from Social Security Disability Insurance, 50.0% receive Supplemental Security Income, and 7.5% receive Social Security retirement. Surprisingly, out of alignment with the percentage of competitively employed respondents, only 6.0% cited earned employment as an income source.

Given this trend of increased employment, it is not surprising that the percentage of respondents with income from earned employment has trended significantly upward since 2015 (p=0.02), while the percentage of respondents with Supplemental Security Income (p=0.04) and Veteran disability payments (p=0.01) has trended significantly downward.

Law Enforcement

While 70.4% of respondents had never had encounters with police, 13.9% reported their encounters with police decreased after they began receiving mental health services, but 3.5% reported an increase in police encounters. Similarly, 12.2% of respondents reported being arrested in the year before they began seeing their most recent mental health service provider, while 5.8% reported being arrested in the year after they began seeing that provider.

There has been an upward trend (p=0.03) in the percentage of respondents who were arrested in the 12 months after seeing their mental health service provider. There has also been an upward trend among those whose encounters with police stayed the same (p<0.01).

Residential Treatment Services

Respondents were asked why they were in a residential treatment facility. The most common responses included:

- "I need help taking care of myself (39.4%)
- "I need housing (38.9%)"
- "I want mental health treatment so I can get better (34.6%)"

The need for housing has trended upward since 2015.

There has not been a significant trend upward or downward in most responses for why respondents were in a residential facility; however, there has been a significant trend upward (p=0.01) in those who reported needed housing.

Respondents were also asked about their progress. Nearly two-thirds of respondents (63.0%) felt they had made progress with their mental health. Other common responses included activities of daily living (55.4%), self-care (51.7%), managing money (48.4%), physical health (44.7%), social and recreation (42.7%). There have been no significant upward or downward trends since 2015 in the percentage of respondents who felt that they had made progress with their mental health.

Service areas varied, but the most commonly cited services by adults receiving residential mental health services included

- medication management (67.0%)
- psychiatric visits (54.2%)
- support with activities of daily living (49.4%)
- social and recreational activities (39.4%)
- and care coordination (36.3%)

There have been significant downward trends in the percentage of respondents who received physical health counseling (p=0.02), social skills training (p=0.04), social or recreational activities (p<0.01), and support with activities of daily living (p=0.02).

Appendices



Appendix A: 2019 Survey Forms – English and Spanish





Survey ID: [Survey_ID]

To complete this survey online, go to:tinyurl.com/OHASurvey2019Enter your Access Code:[Access Code]

□ Please check this box if, for any reason, this survey is being completed by someone other than [FIRST NAME]. Thank you.

Relationship to [FIRST_NAME]:

<u>Please tell us about the outpatient mental health services you received between April 1, 2018</u> <u>and now.</u> If you received services from more than one provider since April 1, 2018, then please rate only your *most recent* outpatient mental health service provider.

Please tell us if you Strongly Agree, Agree, are Neutral, Disagree, or Strongly Disagree with each statement below by circling ONE appropriate number for each statement.

| | Strongly | | | | Strongly | Not |
|---|--------------|-----------|------------|----------|----------|------------|
| | Agree | Agree | Neutral | Disagree | Disagree | Applicable |
| As a Direct Result of Services | s I Received | l from th | is Provide | er | | |
| 1. I deal more effectively with daily problems. | 5 | 4 | 3 | 2 | 1 | 9 |
| 2. I am better able to control my life. | 5 | 4 | 3 | 2 | 1 | 9 |
| 3. I am better able to deal with crisis. | 5 | 4 | 3 | 2 | 1 | 9 |
| 4. I am getting along better with my family. | 5 | 4 | 3 | 2 | 1 | 9 |
| 5. I do better in social situations. | 5 | 4 | 3 | 2 | 1 | 9 |
| 6. I do better in school and/or work. | 5 | 4 | 3 | 2 | 1 | 9 |
| 7. My housing situation has improved. | 5 | 4 | 3 | 2 | 1 | 9 |
| 8. My symptoms are not bothering me as much. | 5 | 4 | 3 | 2 | 1 | 9 |
| 9. I do things that are more meaningful to me. | 5 | 4 | 3 | 2 | 1 | 9 |
| 10. I am better able to take care of my needs. | 5 | 4 | 3 | 2 | 1 | 9 |

| | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree | Not Applicable |
|--|-------------------|----------|-----------|--------------|----------------------|-------------------|
| 11. I am better able to handle things when they go wrong. | 5 | 4 | 3 | 2 | 1 | 9 |
| 12. I am better able to do things that I want to do. | 5 | 4 | 3 | 2 | 1 | 9 |
| You should respond to the fo mental health provider. | llowing iter | ns based | on your e | experience v | vith your m | ost recent |
| 13. I like the services that I received here. | 5 | 4 | 3 | 2 | 1 | 9 |
| 14. If I had other choices, I would still get services from this agency. | 5 | 4 | 3 | 2 | 1 | 9 |
| 15. I would recommend this agency to a friend or family member. | 5 | 4 | 3 | 2 | 1 | 9 |
| 16. The location of services was convenient (parking, public transportation, distance, etc.). | 5 | 4 | 3 | 2 | 1 | 9 |
| 17. Staff were willing to see me as often as I felt it was necessary. | 5 | 4 | 3 | 2 | 1 | 9 |
| 18. Staff returned my call in 24 hours. | 5 | 4 | 3 | 2 | 1 | 9 |
| 19. Services were available at times that were good for me. | 5 | 4 | 3 | 2 | 1 | 9 |
| 20. I was able to get all the services I thought I needed. | 5 | 4 | 3 | 2 | 1 | 9 |
| 21. I was able to see a psychiatrist when I wanted. | 5 | 4 | 3 | 2 | 1 | 9 |
| 22. Staff here believe my health can improve and I can recover. | 5 | 4 | 3 | 2 | 1 | 9 |
| 23. I felt comfortable asking questions about my treatment and medication. | 5 | 4 | 3 | 2 | 1 | 9 |

| | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree | Not Applicable |
|--|-------------------|-------|---------|----------|----------------------|-------------------|
| 24. I felt free to complain. | 5 | 4 | 3 | 2 | 1 | 9 |
| 25. I was given information about my rights. | 5 | 4 | 3 | 2 | 1 | 9 |
| 26. Staff encouraged me to take responsibility for how I live my life. | 5 | 4 | 3 | 2 | 1 | 9 |
| 27. Staff told me what side effects to watch out for. | 5 | 4 | 3 | 2 | 1 | 9 |
| 28. Staff respected my wishes about who is and who is not to be given information about my treatment. | 5 | 4 | 3 | 2 | 1 | 9 |
| 29. I, not staff, decided my treatment goals. | 5 | 4 | 3 | 2 | 1 | 9 |
| 30. Staff were sensitive to my cultural background (race, religion, language). | 5 | 4 | 3 | 2 | 1 | 9 |
| 31. Staff helped me obtain the information I needed so that I could take charge of managing my illness. | 5 | 4 | 3 | 2 | 1 | 9 |
| 32. I was encouraged to use consumer-run programs (support groups, drop-in centers, crisis phone line). | 5 | 4 | 3 | 2 | 1 | 9 |
| 33. My most recent service providers(s) give me opportunities to learn skills that allow me to strengthen and maintain my wellness. | 5 | 4 | 3 | 2 | 1 | 9 |

For questions 34-37, please answer for relationships with people <u>other than</u> your mental health providers.

| | Strongly | | | | Strongly | Not |
|---|----------|-------|---------|----------|----------|------------|
| | Agree | Agree | Neutral | Disagree | Disagree | Applicable |
| 34. I am happy with the friendships I have. | 5 | 4 | 3 | 2 | 1 | 9 |
| 35. I have people with whom I can do enjoyable things. | 5 | 4 | 3 | 2 | 1 | 9 |
| 36. I feel I belong in my community. | 5 | 4 | 3 | 2 | 1 | 9 |
| 37. In a crisis, I would have the support I need from family or friends. | 5 | 4 | 3 | 2 | 1 | 9 |

38. How long have you received services from your most recent mental health provider?

 $\Box a. Less than 1 month \Box c. 3-5 months \Box e. More than 1 year$ $<math display="block">\Box b. 1-2 months \Box d. 6 months to 1 year$

39. Are you still receiving mental health services? (If yes, skip to question 40) □ a. Yes □ b. No □ c. Don't know

39a. If you are no longer receiving mental health services, please indicate why.

(Please check the ONE major reason why treatment ended)

| \Box a. My problem was solved. | \Box d. I had problems paying for treatment. |
|---|--|
| □ b. Treatment was not working. | \Box e. I could not find time for treatment. |
| \Box c. I had problems with transportation. | \Box f. Other reason(s) (please describe): |

40. Your provider may have worked with some of the providers or agencies listed below. If so, how satisfied were you with the way they worked together to help you?

| | | | | | | D:1 | <u>Needed</u> |
|--|----------|-----------|----------|--------------|----------|---------------------------|-----------------------|
| | | | | | | <u>Did not</u> need or | <u>but did</u> |
| My health | | | | | | <u>receive</u> | <u>not</u> receive |
| provider worked | Strongly | | Somewhat | | Strongly | these | these |
| with | ••• | Satisfied | | Dissatisfied | ••• | | services |
| Another mental health provider | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Corrections | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Developmental Disabilities | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Drug and Alcohol Treatment provider | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Aged & Physically Disabled (APD) Services | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Employment Services | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Physical Health Provider | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Hospitals (state, acute) | 5 | 4 | 3 | 2 | 1 | 9 | 8 |

41. When I started receiving services from my provider, I hoped I would... (*Please check all that apply*)

| \Box abecome happier." | \Box fget along better with family and/or others." |
|--|--|
| □ bbecome less anxious or fearful." | \Box gstart or continue a program of recovery." |
| □ cbecome more respectful or responsible." | \Box hstop or reduce the use of drugs or alcohol." |
| □ dfeel better about myself." | □ istop hurting others." |
| □ edo better in work or school." | □ jstop hurting myself." |

42. Since I started receiving services, I have...

(*Please check all that apply*)

| abecome happier." | □ fbeen getting along better with family and/or others." |
|--|--|
| □ bbecome less anxious or fearful." | \Box gstarted or continued a program of recovery." |
| □ cbecome more respectful or responsible." | □ hstopped or reduced the use of drugs or alcohol." |
| □ dbeen feeling better about myself." | □ istopped hurting others." |
| □ edone better in work or school." | □ jstopped hurting myself." |

- 43. Do you have someone who gives you checkups, routine medical care, and advice? (This might be a doctor, a nurse practitioner, or other people we call a primary care provider.) □ a. Yes □ b. No
- **44.** My primary care provider or mental health service provider has talked to me about: (*Please check <u>all that apply</u>*)

| | Health Issues | Primary Care Provider | Mental Health Provider | N/A |
|----|---|--------------------------|---------------------------|-----|
| a. | Losing weight/maintaining healthy weight | | | |
| b. | Stop using tobacco/maintaining tobacco free life | | | |
| c. | How to reduce my risk of heart disease | | | |
| d. | I was informed about the benefits and side effects of my psychiatric medications | | | |
| e. | How to reduce my risk, or manage my diabetes | | | |
| f. | Possibility of reducing psychiatric meds | | | |
| g. | Asked me if I gamble | | | |
| h. | Asked me if I use alcohol or other drugs | | | |

45. During the time that you were seeing your most recent <u>outpatient mental health</u>

<u>service provider</u>, did you need any of the following services: (*Please check <u>one</u> answer for each question*)

| Housing Services | Yes | No | Don't know | N/A |
|---|-----|----|---------------|-----|
| a. Did you want or need housing or better housing? | | | | |
| b. Did your service provider or any other community mental health program offer you choices of housing? | | | | |
| c. Did you find housing or better housing? | | | | |
| d. Were you connected to Supported Housing * or rental assistance? | | | | |
| e. Did you receive Supported Housing* services? | | | | |

*Supported Housing is affordable housing that may also provide rental assistance or on-site services such as healthcare or transportation services.

| Employment Services | Yes | No | Don't know | N/A |
|--|-----|----|---------------|-----|
| f. Did you want or need a job or a better job? | | | | |
| g. Did your service provider try to help you find a job or a better job? | | | | |
| h. Did you find a job or a better job? | | | | |
| i. Were you connected with Supported Employment* services? | | | | |
| j. Did you receive Supported Employment* services? | | | | |

***Supported Employment** is a service that helps individuals find work in the community that matches their abilities, interests, and skills. Services might include a Job Developer who helps with the application and interview process or a Job Coach who provides support in learning the tasks of a new job. Job Coaches may also help to develop career goals.

| Assistance with a Mental Health Crisis | Yes | No | Don't know | N/A |
|--|-----|----|---------------|-----|
| k. Did you need assistance as the result of a mental health crisis ? | | | | |
| 1. If you needed assistance, did your mental health provider assist you with the crisis in a satisfactory manner? | | | | |
| m. If you needed assistance, were you satisfied with the help you got from mental health services in your community, including your provider and any other mental health programs or providers? | | | | |

| | Trauma (see definition below)* | Yes | No | Not sure |
|------|--|-----|----|----------|
| 46. | When you first started to see your most recent mental health services provider, did the provider ask you about any history of trauma *? | | | |
| 46a. | If you experienced trauma*, were the problems related to this trauma * adequately addressed during your treatment? | | | |

***Trauma** results from events or circumstances that were physically or emotionally harmful or even life threatening and have affected your ability to function.

| | Peer Delivered Services (see definition below)* | Yes | No | Not sure |
|------|---|-----|----|----------|
| 47. | Have you ever used Peer Delivered Services*? | | | |
| 47a. | If you have used Peer Delivered Services *, were these services helpful? | | | |

**Peer Delivered Services* are community-based services and supports provided by peers who have been in treatment and have similar lived experiences.

48. Are you currently employed? (*Please check <u>one</u>*)

| □ a. | Competitively employed* , working more than 35 hours per week | □ e. | Not employed, looking for work |
|------|---|------|------------------------------------|
| □ b. | Competitively employed* , working between 17 and 34 hours per week | □ f. | Not employed, not looking for work |
| □ c. | Competitively employed* , working less than 17 hours per week | □ g. | Volunteer work |
| □ d. | Self-employed | □ h. | Other |
| | | | |

**Competitive employment* is a regular job in the community that is not reserved for people with disabilities and that pays at least minimum wage,

49. What is your source of income? (*Please check <u>all that apply</u>*)

| □ a. | No income source | □ h. Veteran's disability payment |
|------|--------------------------------------|---|
| □ b. | Earned employment | \Box i. Temporary Assistance to Needy |
| | | Families (TANF) |
| □ c. | Unemployment Insurance | □ j. Private disability/Worker's |
| | | compensation |
| □ d. | Supplemental Security Income (SSI) | \Box k. Pension from former job |
| □ e. | Social Security Disability Insurance | □ 1. Child support/Alimony |
| | (SSDI) | |
| □ f. | Social Security Retirement | 🗖 m. Trust |
| □ g. | Family member/Friends | □ n. Other |

| | Arrest History | Yes | No | Don't know |
|--|--|-----|----|---------------|
| 50a. | Were you arrested in the 12 months <u>before</u> you started treatment with your most recent outpatient mental health service provider? | | | |
| 50b. | Were you arrested in the first 12 months <u>after</u> you began seeing this provider? | | | |
| 50c. | Did police refer you to a mental health service such as a crisis program or shelter rather than taking you to jail? | | | |
| 51. Encounters with police include being arrested, hassled by police, or taken by the police to a shelter or crisis program. Since you began receiving services from this provider, have your encounters with the police (<i>Please check <u>one</u></i>) a. Gone down b. Gone up c. Stayed the same d. Doesn't apply (no encounters with police | | | | ı this |

52. Where are you currently living? (*Please check <u>one</u>*)

| □ a. | Own or rent home or apartment | □ e. Skilled nursing facility |
|------|--|--|
| □ b. | Someone else's home or apartment | □ f. Crisis program |
| □ c. | Substance abuse residential treatment facility | \Box g. Mental health residential treatment facility |
| □ d. | Homeless or homeless shelter | □ h. Other |

53. Have you lived in any of the following places in the last 12 months?

(Please check <u>all that apply</u>)

| □ a. | Owned or rented home or apartment | □ g. | Psychiatric hospital |
|------|--------------------------------------|------|---|
| □ b. | Someone else's home or apartment | □ h. | Residential substance abuse treatment program |
| □ c. | Crisis program | □ i. | Skilled nursing facility |
| □ d. | Homeless or homeless shelter | □ j. | Residential treatment facility or home |
| □ e. | Jail or correctional facility | □ k. | Other |
| □ f. | Medical hospital | | |

54. How do you identify your race, ethnicity, tribal affiliation, country of origin or ancestry?

55. Which of the following describes your racial or ethnic identity? Please check ALL that apply.

| American Indian or | Asian | Black or African American |
|--------------------------------|----------------------------|-----------------------------|
| Alaska Native | 9. Asian Indian | 25. African American |
| □ 1. American Indian | □ 10. Chinese | □ 26. African (Black) |
| 2. Alaska Native | 🗖 11. Filipino/a | □ 27. Caribbean (Black) |
| □ 3. Canadian Inuit, Metis, or | □ 12. Hmong | □ 28. Other Black |
| First Nation | □ 13. Japanese | Middle Eastern/ Northern |
| 4. Indigenous Mexican, | □ 14. Korean | African |
| Central American, or | 15. Laotian | 29. Northern African |
| South American | □ 16. South Asian | □ 30. Middle Eastern |
| Hispanic or Latino/a | □ 17. Vietnamese | White |
| □ 5. Hispanic or Latino/a | □ 18. Other Asian | □ 31. Eastern European |
| Central American | Native Hawaiian or | \square 32. Slavic |
| □ 6. Hispanic or Latino/a | Pacific Islander | □ 33. Western European |
| Mexican | □ 19. Guamanian or | □ 34. Other White |
| □ 7. Hispanic or Latino/a | Chamorro | Other Categories |
| South American | □ 20. Micronesian | □ 35. Others (please list) |
| □ 8. Other Hispanic or | 21. Native Hawaiian | |
| Latino/a | □ 22. Samoan | □ 36. Don't know/Unknown |
| | 23. Tongan | \square 37. Don't want to |
| | 24. Other Pacific Islander | answer/Decline |

56. If you selected more than one racial or ethnic identity above, please CIRCLE the ONE that best represents your racial or ethnic identity.

57. What is your gender? (*Please check <u>all that apply</u>*)

Thank you for your time and cooperation in completing this questionnaire!





Kate Brown, Gobernadora

Identificación de la encuesta: [Survey_ID]

Para completar esta encuesta en línea, ingrese a: tinyurl.com/OHASurvey2019 Introduzca su código de acceso: [Access Code]

□ Marque esta casilla si, por algún motivo, alguien que no sea [FIRST_NAME] responde a esta encuesta. Gracias.

Relación con [FIRST NAME]:

Infórmenos sobre los servicios ambulatorios de salud mental que recibió desde el 1 de abril de 2018 hasta la actualidad. Si recibió servicios de más de un proveedor desde el 1 de abril de 2018, entonces califique solo a su proveedor de servicios ambulatorios de salud mental *más reciente*.

Indique si está Totalmente de acuerdo, De acuerdo, Neutral, En desacuerdo o Totalmente en desacuerdo con cada una de las afirmaciones que encontrará a continuación. Para eso, encierre en un círculo UN número apropiado para cada afirmación.

| | | | | | Totalmente | | | |
|---|------------|----|---|------------|------------|-------------|--|--|
| | Totalmente | De | | En | en | No | | |
| | de acuerdo | | | desacuerdo | desacuerdo | corresponde | | |
| Como resultado directo de los servicios que recibí de este proveedor | | | | | | | | |
| Resuelvo con mayor eficacia los problemas cotidianos. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 2. Me siento más capacitado para controlar mi vida. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 3. Me siento más capacitado para enfrentar las crisis. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 4. Me llevo mejor con mi familia. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 5. Me desempeño mejor en situaciones sociales. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 6. Me va mejor en los estudios o en el trabajo. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 7. Mi situación de vivienda ha mejorado. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 8. Mis síntomas ya no me molestan tanto. | 5 | 4 | 3 | 2 | 1 | 9 | | |

| 9. Hago cosas que son más significativas para mí. 10. Me siento más capacitado para hacerme cargo de | Totalmente de acuerdo 5 5 | De acuerdo 4 | Neutral 3 3 | En desacuerdo 2 2 | Totalmente en desacuerdo 1 | No corresponde 9 9 |
|---|------------------------------------|--------------------|-------------------|----------------------------|-------------------------------------|-----------------------------|
| mis necesidades. 11. Me siento más capacitado para controlar las cosas | 5 | 4 | 3 | 2 | 1 | 9 |
| cuando no salen bien.12. Me siento más capacitado para hacer cosas que | 5 | 4 | 3 | 2 | 1 | 9 |
| deseo hacer. Deberá responder a las siguie salud mental más reciente. | entes afirmad | ciones se | gún su ex | cperiencia c | on su provee | edor de |
| Me agradan los servicios que recibí aquí. | 5 | 4 | 3 | 2 | 1 | 9 |
| 14. Aunque tuviera otras opciones, seguiría recibiendo los servicios de este centro. | 5 | 4 | 3 | 2 | 1 | 9 |
| 15. Recomendaría este centro a un amigo o familiar. | 5 | 4 | 3 | 2 | 1 | 9 |
| 16. La ubicación de los servicios resultó conveniente (estacionamiento, transporte público, distancia, etc.). | 5 | 4 | 3 | 2 | 1 | 9 |
| El personal estuvo dispuesto a atenderme siempre que lo consideré necesario. | 5 | 4 | 3 | 2 | 1 | 9 |
| El personal devolvió mis llamadas en un plazo de 24 horas. | 5 | 4 | 3 | 2 | 1 | 9 |
| 19. Tuve los servicios a mi disposición en horarios convenientes para mí. | 5 | 4 | 3 | 2 | 1 | 9 |
| 20. Pude obtener todos los servicios que consideré que necesitaba. | 5 | 4 | 3 | 2 | 1 | 9 |

| | Totalmente de acuerdo | De acuerdo | Neutral | En desacuerdo | Totalmente en desacuerdo | No corresponde |
|---|--------------------------|---------------|---------|------------------|--------------------------------|-------------------|
| 21. Pude consultar a un psiquiatra cada vez que lo deseaba. | 5 | 4 | 3 | 2 | 1 | 9 |
| 22. El personal aquí considera que mi salud puede mejorar y que puedo recuperarme. | 5 | 4 | 3 | 2 | 1 | 9 |
| 23. Me sentí cómodo al hacer preguntas sobre mi tratamiento y medicación. | 5 | 4 | 3 | 2 | 1 | 9 |
| 24. Me sentí con la libertad de presentar cualquier queja. | 5 | 4 | 3 | 2 | 1 | 9 |
| 25. Se me brindó información sobre mis derechos. | 5 | 4 | 3 | 2 | 1 | 9 |
| 26. El personal me alentó a asumir la responsabilidad sobre la forma en que vivo mi vida. | 5 | 4 | 3 | 2 | 1 | 9 |
| 27. El personal me informó a qué efectos secundarios debía estar atento. | 5 | 4 | 3 | 2 | 1 | 9 |
| 28. El personal respetó mis deseos con respecto a quiénes pueden o no recibir información sobre mi tratamiento. | 5 | 4 | 3 | 2 | 1 | 9 |
| 29. Yo, no el personal, decidí cuáles serían mis objetivos de tratamiento. | 5 | 4 | 3 | 2 | 1 | 9 |
| 30. El personal se mostró respetuoso y considerado con respecto a mi origen cultural (raza, religión, idioma). | 5 | 4 | 3 | 2 | 1 | 9 |
| 31. El personal me ayudó a obtener la información que necesitaba para que pudiera asumir el control de mi enfermedad. | 5 | 4 | 3 | 2 | 1 | 9 |
| 32. Se me alentó a usar los | 5 | 4 | 3 | 2 | 1 | 9 |

| | Totalmente de acuerdo | De acuerdo | Neutral | En desacuerdo | Totalmente en desacuerdo | No corresponde |
|--|--------------------------|---------------|------------|------------------|--------------------------------|--------------------|
| programas dirigidos por consumidores (grupos de apoyo, centros sociales, líneas telefónicas para casos de crisis). | | | | | | |
| 33. Mis proveedores de servicios más recientes me dieron oportunidades para aprender técnicas que me permitieran fortalecer y mantener mi bienestar. | 5 | 4 | 3 | 2 | 1 | 9 |
| Para las preguntas 34 a 37, re proveedores de servicios de sa | - | cuanto a l | las relaci | ones con pe | rsonas <u>que n</u> | <u>io sean</u> sus |
| 34. Estoy satisfecho con las amistades que tengo. | 5 | 4 | 3 | 2 | 1 | 9 |
| 35. Cuento con personas con las que puedo hacer cosas que disfruto. | 5 | 4 | 3 | 2 | 1 | 9 |
| 36. Siento que pertenezco a mi comunidad. | 5 | 4 | 3 | 2 | 1 | 9 |
| 37. En caso de una crisis, tendría el apoyo que necesito de familiares o amigos. | 5 | 4 | 3 | 2 | 1 | 9 |

38. ¿Cuánto tiempo ha recibido los servicios de su proveedor de salud mental más reciente?

- \Box a. Menos de 1 mes \Box c. 3 a 5 meses
- □ e. Más de 1 año
- \Box b. 1 a 2 meses
 - □ d. 6 meses a 1 año

39. ¿Sigue recibiendo servicios de salud mental? (Si la respuesta es Sí, vaya directamente a *la pregunta 40)*

🗆 a. Sí \Box b. No □ c. No sé

39a. Si ya no recibe servicios de salud mental, indique el motivo.

(Marque UN solo motivo, el más importante, por el cual hava terminado el tratamiento)

| \Box a. Mi problema fue resuelto. | □ d. Tuve problemas para pagar el tratamiento. |
|-------------------------------------|--|
| □ b. El tratamiento no estaba | □ e. No contaba con el tiempo para realizar el |
| funcionando. | tratamiento. |

| \Box c. Tuve problemas con el transporte. | \Box f. Otro(s) motivo(s) (describa): |
|---|---|
|---|---|

40. Su proveedor puede haber trabajado con algunos de los proveedores o centros que se enumeran a continuación. Si es así, ¿qué tan satisfecho estuvo con la forma en que trabajaron juntos para ayudarle?

| | | | | | | <u>No</u> <u>necesité ni</u> recibí | <u>Necesité</u> pero no |
|---|-----------------------|---|--------------------|--------------|-------------------------|---|----------------------------|
| Mi proveedor de salud trabajó con | Totalmente satisfecho | | Algo satisfecho | Insatisfecho | Totalmente insatisfecho | estos servicios | recibí estos servicios |
| Otro proveedor de salud mental | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Correcciones | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Discapacidades del desarrollo | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Proveedor de tratamiento para el consumo de drogas y alcohol | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Servicios para ancianos y discapacitados físicos (APD, por sus siglas en inglés) | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Servicios de empleo | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Proveedor de salud física | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Hospitales (estatales, de cuidados agudos) | 5 | 4 | 3 | 2 | 1 | 9 | 8 |

41. Cuando comencé a recibir los servicios de mi proveedor, "esperaba... (Marque <u>todo lo</u> que corresponda)

| - | * * | - | |
|------|--------------------------------|------|--|
| □ a. | sentirme más feliz". | □ f. | llevarme mejor con la familia u otras |
| | | | personas". |
| □ b. | sentirme menos ansioso o | □ g. | iniciar o continuar un programa de |
| | temeroso". | | recuperación". |
| □ c. | ser más respetuoso o | □ h. | dejar o reducir el consumo de drogas o |
| | responsable". | | alcohol". |
| □ d. | sentirme mejor conmigo | □ i. | dejar de lastimar a otras personas". |
| | mismo". | | |
| □ e. | mejorar en el trabajo o en los | □ j. | dejar de lastimarme a mí mismo". |
| | estudios". | | |
| | | | |

42. Desde que comencé a recibir los servicios, "yo...

(Marque todo lo que corresponda)

| □ a. | me siento más feliz". | □ f. | me llevo mejor con la familia u otras personas". |
|------|---|------|--|
| □ b. | me siento menos ansioso o temeroso". | □ g. | he iniciado o continuado un programa de recuperación". |
| □ c. | me he vuelto más respetuoso o responsable". | □ h. | he dejado o reducido el consumo de drogas o alcohol". |
| □ d. | me siento mejor conmigo mismo". | □ i. | he dejado de lastimar a otras personas". |
| □ e. | he mejorado en el trabajo o en los estudios". | □ j. | he dejado de lastimarme a mí mismo". |

- 43. ¿Cuenta con alguien que le realice chequeos, brinde atención médica de rutina y consejos? (Esta persona puede ser un médico, una enfermera practicante u otras personas a quienes llamamos un proveedor de atención primaria.) □ a. Sí □ b. No
- 44. Mi proveedor de atención primaria o proveedor de servicios de salud mental me ha hablado sobre: (Marque todo lo que corresponda)

| | Temas de salud | Proveedor de atención primaria | Proveedor de salud mental | N/C |
|----|--|-----------------------------------|---------------------------|-----|
| a. | Bajar de peso/mantener un peso saludable | | | |
| b. | Dejar de fumar/mantener una vida libre de tabaco | | | |
| c. | Cómo reducir el riesgo de enfermedades cardíacas | | | |
| d. | Se me informó sobre los beneficios y los efectos secundarios de mis medicamentos psiquiátricos | | | |

| | Temas de salud | Proveedor de atención primaria | Proveedor de salud mental | N/C |
|----|---|-----------------------------------|---------------------------|-----|
| e. | Cómo reducir el riesgo de presentar diabetes o cómo manejar mi diabetes | | | |
| f. | La posibilidad de reducir los medicamentos psiquiátricos | | | |
| g. | Se me preguntó si apostaba | | | |
| h. | Se me preguntó si consumía alcohol u otras drogas | | | |

45. Durante el tiempo en que estuvo viendo a su proveedor de servicios ambulatorios de <u>salud mental más reciente, ; necesitó alguno de los siguientes servicios?: (Marque una</u> *respuesta para cada pregunta)*

Servicios de alojamiento Sí No No Sé N/C a. ¿Deseaba o necesitaba alojamiento o un alojamiento mejor? b. ¿Se le ofrecieron opciones de alojamiento por parte de su proveedor de servicios u otro programa comunitario de salud mental? c. ¿Encontró alojamiento o un alojamiento mejor? d. ¿Estuvo conectado con Supported Housing (vivienda П п subvencionada)* o asistencia para la renta? e. ; Recibió los servicios de Supported Housing*? П

**Supported Housing*: alojamiento asequible que también puede proporcionar asistencia para la renta o servicios internos, como atención médica o servicios de transporte.

| Servicios de empleo | Sí | No | No sé | N/C |
|---|----|----|-------|-----|
| f. ¿Deseaba o necesitaba un empleo o un empleo mejor? | | | | |
| g. ¿Su proveedor de servicios trató de ayudarle a encontrar un empleo o un empleo mejor? | | | | |
| h. ¿Encontró un empleo o un empleo mejor? | | | | |
| i. ¿Estuvo conectado con los servicios de Supported Employment (empleo con apoyo)*? | | | | |
| j. ¿Recibió los servicios de Supported Employment*? | | | | |

*Supported Employment: servicio que ayuda a las personas a encontrar empleo en la comunidad que se ajuste a sus capacidades, intereses y habilidades. Los servicios pueden incluir un Job Developer (promotor de empleo) que ayuda con el proceso de postulación y entrevista o un Job Coach (asesor de empleo) que brinda apoyo durante el aprendizaje de las tareas de un nuevo empleo. El Job Coach también puede ayudar a desarrollar objetivos profesionales.

| Ayuda con una crisis de salud mental | Sí | No | No sé | N/C |
|--|----|----|-------|-----|
| k. ¿Necesitó ayuda como resultado de una crisis de salud mental? | | | | |
| 1. Si necesitó ayuda, ¿su proveedor de salud mental le ayudó con la crisis de manera satisfactoria? | | | | |
| m. Si necesitó ayuda, ¿se sintió satisfecho con la ayuda que recibió de los servicios de salud mental en su comunidad, incluidos su proveedor y cualquier otro programa o proveedor de salud mental? | | | | |

| | Trauma (ver definición abajo)* | Sí | No | No estoy seguro |
|------|--|----|----|--------------------|
| 46. | Cuando comenzó a ver a su proveedor de servicios de salud mental más reciente, ¿el proveedor le preguntó sobre algún antecedente de trauma *? | | | |
| 46a. | Si experimentó un trauma*, ¿se abordaron adecuadamente los problemas relacionados con este trauma * durante su tratamiento? | | | |

***Trauma**: resultado de eventos o circunstancias que fueron física o emocionalmente dañinos o incluso potencialmente mortales y que han afectado su capacidad para desenvolverse en la vida.

| | Peer Delivered Services (servicios prestados por pares) (ver definición abajo)* | Sí | No | No estoy seguro |
|------|---|----|----|--------------------|
| 47. | ¿Alguna vez ha usado Peer Delivered Services*? | | | |
| 47a. | Si usó Peer Delivered Services*, ¿fueron útiles estos servicios? | | | |

**Peer Delivered Services*: servicios y apoyos basados en la comunidad proporcionados por personas semejantes que han estado bajo tratamiento y han vivido experiencias similares.

48. ¿Cuenta con un empleo actualmente? (Marque <u>uno</u>)

| | • | 1 | |
|------|--|-------------|---|
| □ a. | Cuento con un empleo competitivo* en el que trabajo más de 35 horas por semana | □ e. | Estoy desempleado y buscando trabajo |
| □ b. | Cuento con un empleo competitivo * en el que trabajo entre 17 y 34 horas por semana | □ f. | Estoy desempleado, pero no estoy buscando trabajo |
| □ c. | Cuento con un empleo competitivo* en el que trabajo menos de 17 horas por semana | □ g. | Trabajo voluntario |
| □ d. | Soy autónomo | □ h. | Otro |

**Empleo competitivo:* empleo normal en la comunidad que no está reservado para personas con discapacidades y por el cual pagan al menos un salario mínimo.

\Box a. No tengo fuente de ingresos □ h. Pago por discapacidad para veteranos \Box b. Empleo con sueldo Asistencia Temporal para Familias □ i. Necesitadas (TANF, por sus siglas en inglés) \Box c. Seguro de desempleo Seguro privado por □ j. discapacidad/Seguro de compensación para los trabajadores Seguridad de Ingreso Suplementario □ d. □ k. Pensión de un empleo anterior (SSI, por sus siglas en inglés) □ e. Seguro por discapacidad del Seguro **□** 1. Pensión alimenticia para Social (SSDI, por sus siglas en inglés) menores/pensión conyugal □ m. Fondo fiduciario □ f. Pensión del Seguro Social \Box g. Ayuda de un familiar/amigos □ n. Otro

49. ¿Cuál es su fuente de ingresos? (Marque todo lo que corresponda)

| | Antecedentes de arresto | Sí | No | No sé |
|------|--|--------|---------|-------|
| 50a. | ¿Fue arrestado durante los 12 meses <u>anteriores</u> al inicio del tratamiento con su proveedor de servicios ambulatorios de salud mental más reciente? | | | |
| 50b. | ¿Fue arrestado durante los primeros 12 meses posteriores al inicio de la atención con este proveedor? | | | |
| 50c. | ¿La policía le remitió a un servicio de salud mental, tal como un programa de crisis o refugio, en lugar de llevarle a la cárcel? | | | |
| 51. | Los encuentros con la policía incluyen arrestos, persecución policiparte de la policía, a un refugio o programa de crisis. Desde que o servicios de este proveedor, sus encuentros con la policía (Man | coment | zó a re | |

 \Box a. Disminuyeron \Box c. Se mantuvieron iguales

 \Box d. No corresponde (no he tenido encuentros

con la policía)

52. ¿Dónde vive actualmente? (Marque <u>uno</u>)

□ b. Aumentaron

| U | | | |
|------|---|-------------|--|
| □ a. | Casa o departamento propio o alquilado | □ e. | Centro de enfermería especializada |
| □ b. | Casa o departamento de otra persona | □ f. | Programa de crisis |
| □ c. | Centro residencial para el | □ g. | Centro residencial para el tratamiento de la |
| | tratamiento de abuso de sustancias | | salud mental |
| □ d. | Sin hogar o en un refugio para personas sin hogar | □ h. | Otro |

53. ¿Ha vivido en alguno de los siguientes lugares en los últimos 12 meses?

(Marque todo lo que corresponda)

| □ a. | Casa o departamento propio o alquilado | □ g. | Hospital psiquiátrico |
|------|---|------|---|
| □ b. | Casa o departamento de otra persona | □ h. | Programa residencial para el tratamiento de abuso de sustancias |
| □ c. | Programa de crisis | □ i. | Centro de enfermería especializada |
| □ d. | Sin hogar o en un refugio para personas sin hogar | □ j. | Hogar o centro residencial de tratamiento |
| □ e. | Centro carcelario o correccional | □ k. | Otro |
| □ f. | Hospital médico | | |

54. ¿Cómo identifica su raza, etnia, afiliación tribal, país de origen o ascendencia?

55. ¿Cuál de las siguientes opciones describe su identidad racial o étnica? Marque TODO lo que corresponda.

| Amerindio o Nativo de | Asiática | Negra o afroamericana |
|--------------------------------|-----------------------|---------------------------|
| Alaska | 9. Indoasiático | □ 25. Afroamericano |
| □ 1. Amerindio | □ 10. Chino | □ 26. Africano (De color) |
| 2. Nativo de Alaska | 🗖 11. Filipino | □ 27. Caribeño (De color) |
| □ 3. Inuit canadiense, Métis o | □ 12. Hmong | □ 28. Otro |
| Naciones Originarias de | □ 13. Japonés | Medioriental o |
| Canadá | □ 14. Coreano | Norteafricana |
| □ 4. Indígena mexicano, | 15. Laosiano | □ 29. Norteafricano |
| centroamericano o | □ 16. Sudasiático | □ 30. Medioriental |
| sudamericano | □ 17. Vietnamita | |
| Hispano o Latino | □ 18. Otro | Blanca |
| 5. Hispano o Latino | | □ 31. Europeo oriental |
| centroamericano | Hawaiano nativo o | □ 32. Eslavo |
| 6. Hispano o Latino | isleño del Pacífico | □ 33. Europeo occidental |
| mexicano | 19. Guamaniano o | □ 34. Otro |
| 7. Hispano o Latino | Chamorro | Otras categorías |
| sudamericano | □ 20. Micronesio | □ 35. Otros (enumere) |
| 🗖 8. Otro | 🗖 21. Hawaiano nativo | |
| | □ 22. Samoano | □ 36. No sé/Desconocido |
| | 🗖 23. Tongano | □ 37. No deseo |
| | □ 24. Otro | responder/Declino |

56. Si seleccionó más de una identidad racial o étnica arriba, encierre en un CÍRCULO la OPCIÓN que mejor represente su raza o etnia.

57. ¿Cuál es su sexo? (Marque todo lo que corresponda)

| □ a. Masculino □ b. Femenino | □ c. Transgénero | □ d. Otro |
|------------------------------|------------------|-----------|
|------------------------------|------------------|-----------|

¡Gracias por su tiempo y cooperación para completar este cuestionario!





Survey ID: [Survey_ID]

To complete this survey online, go to: tinyurl.com/OHASurvey2019 Enter your Access Code: [Access Code]

□ Please check this box if, for any reason, this survey is being completed by someone other than [**FIRST NAME**]. Thank you.

Relationship to [FIRST_NAME]:

<u>Please tell us about the residential mental health services you received between April 1, 2018</u> <u>and now.</u> If you received services from more than one provider since April 1, 2018, then please rate only your *most recent* residential mental health service provider.

Please tell us if you Strongly Agree, Agree, are Neutral, Disagree, or Strongly Disagree with each statement below by circling ONE appropriate number for each statement.

| | Strongly | | | | Strongly | Not |
|---|--------------|-----------|------------|----------|----------|------------|
| | Agree | Agree | Neutral | Disagree | Disagree | Applicable |
| As a Direct Result of Services | s I Receivea | l from th | is Provide | er | 1 | |
| 1. I deal more effectively with daily problems. | 5 | 4 | 3 | 2 | 1 | 9 |
| 2. I am better able to control my life. | 5 | 4 | 3 | 2 | 1 | 9 |
| 3. I am better able to deal with crisis. | 5 | 4 | 3 | 2 | 1 | 9 |
| 4. I am getting along better with my family. | 5 | 4 | 3 | 2 | 1 | 9 |
| 5. I do better in social situations. | 5 | 4 | 3 | 2 | 1 | 9 |
| 6. I do better in school and/or work. | 5 | 4 | 3 | 2 | 1 | 9 |
| 7. My housing situation has improved. | 5 | 4 | 3 | 2 | 1 | 9 |
| 8. My symptoms are not bothering me as much. | 5 | 4 | 3 | 2 | 1 | 9 |
| 9. I do things that are more meaningful to me. | 5 | 4 | 3 | 2 | 1 | 9 |
| 10. I am better able to take care of my needs. | 5 | 4 | 3 | 2 | 1 | 9 |

| | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree | Not Applicable | | |
|--|---|-------|---------|----------|----------------------|-------------------|--|--|
| 11. I am better able to handle things when they go wrong. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 12. I am better able to do things that I want to do. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| You should respond to the fo mental health provider. | You should respond to the following items based on your experience with your most recent mental health provider. | | | | | | | |
| 13. I like the services that I received here. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 14. If I had other choices, I would still get services from this agency. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 15. I would recommend this agency to a friend or family member. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 16. The location of services was convenient (parking, public transportation, distance, etc.). | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 17. Staff were willing to see me as often as I felt it was necessary. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 18. Staff returned my call in 24 hours. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 19. Services were available at times that were good for me. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 20. I was able to get all the services I thought I needed. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 21. I was able to see a psychiatrist when I wanted. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 22. Staff here believe my health can improve and I can recover. | 5 | 4 | 3 | 2 | 1 | 9 | | |
| 23. I felt comfortable asking questions about my treatment and medication. | 5 | 4 | 3 | 2 | 1 | 9 | | |

| | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree | Not Applicable |
|--|-------------------|-------|---------|----------|----------------------|-------------------|
| 24. I felt free to complain. | 5 | 4 | 3 | 2 | 1 | 9 |
| 25. I was given information about my rights. | 5 | 4 | 3 | 2 | 1 | 9 |
| 26. Staff encouraged me to take responsibility for how I live my life. | 5 | 4 | 3 | 2 | 1 | 9 |
| 27. Staff told me what side effects to watch out for. | 5 | 4 | 3 | 2 | 1 | 9 |
| 28. Staff respected my wishes about who is and who is not to be given information about my treatment. | 5 | 4 | 3 | 2 | 1 | 9 |
| 29. I, not staff, decided my treatment goals. | 5 | 4 | 3 | 2 | 1 | 9 |
| 30. Staff were sensitive to my cultural background (race, religion, language). | 5 | 4 | 3 | 2 | 1 | 9 |
| 31. Staff helped me obtain the information I needed so that I could take charge of managing my illness. | 5 | 4 | 3 | 2 | 1 | 9 |
| 32. I was encouraged to use consumer-run programs (support groups, drop-in centers, crisis phone line). | 5 | 4 | 3 | 2 | 1 | 9 |
| 33. My most recent service providers(s) give me opportunities to learn skills that allow me to strengthen and maintain my wellness. | 5 | 4 | 3 | 2 | 1 | 9 |

For questions 34-37, please answer for relationships with people <u>other than</u> your mental health providers.

| | Strongly | | | | Strongly | Not |
|---|----------|-------|---------|----------|----------|------------|
| | Agree | Agree | Neutral | Disagree | Disagree | Applicable |
| 34. I am happy with the friendships I have. | 5 | 4 | 3 | 2 | 1 | 9 |
| 35. I have people with whom I can do enjoyable things. | 5 | 4 | 3 | 2 | 1 | 9 |
| 36. I feel I belong in my community. | 5 | 4 | 3 | 2 | 1 | 9 |
| 37. In a crisis, I would have the support I need from family or friends. | 5 | 4 | 3 | 2 | 1 | 9 |

38. How long have you received services from your most recent mental health provider?

□ a. Less than 1 month □ c. 3-5 months □ e. More than 1 year □ b. 1-2 months □ d. 6 months to 1 year

39. Are you still receiving mental health services? (If yes, skip to question 40) □ a. Yes □ b. No □ c. Don't know

39a. If you are no longer receiving mental health services, please indicate why.

(*Please check the ONE major reason why treatment ended*)

| \Box a. My problem was solved. | \Box d. I had problems paying for treatment. |
|---|--|
| □ b. Treatment was not working. | \Box e. I could not find time for treatment. |
| \Box c. I had problems with transportation. | \Box f. Other reason(s) (please describe): |

40. Your provider may have worked with some of the providers or agencies listed below. If so, how satisfied were you with the way they worked together to help you?

| | | | | | | Did not need or | <u>Needed</u> <u>but did</u> not |
|--|-----------|-----------|-----------|--------------|--------------|--------------------|--|
| My health | | | | | | receive | receive |
| provider worked | Strongly | | Somewhat | | Strongly | these | these |
| with | Satisfied | Satisfied | Satisfied | Dissatisfied | Dissatisfied | services | services |
| Another mental health provider | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Corrections | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Developmental Disabilities | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Drug and Alcohol Treatment provider | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Aged & Physically Disabled (APD) Services | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Employment Services | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Physical Health Provider | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Hospitals (state, acute) | 5 | 4 | 3 | 2 | 1 | 9 | 8 |

41. When I started receiving services from my provider, I hoped I would... (*Please check all that apply*)

| <u>an mai appiy</u>) | |
|--|--|
| □ abecome happier." | \Box fget along better with family and/or others." |
| □ bbecome less anxious or fearful." | \Box gstart or continue a program of recovery." |
| □ cbecome more respectful or responsible." | \Box hstop or reduce the use of drugs or alcohol." |
| □ dfeel better about myself." | □ istop hurting others." |
| \Box edo better in work or school." | □ jstop hurting myself." |

42. Since I started receiving services, I have... (Please check <u>all that apply</u>)

| □ abecome happier." | \square fbeen getting along better with family and/or |
|---|---|
| | others." |
| □ bbecome less anxious or fearful." | □ gstarted or continued a program of recovery." |
| \Box cbecome more respectful or | \Box hstopped or reduced the use of drugs or |
| responsible." | alcohol." |
| □ dbeen feeling better about myself." | □ istopped hurting others." |
| \Box edone better in work or school." | □ jstopped hurting myself." |

- **43.** Do you have someone who gives you checkups, routine medical care, and advice? (This might be a doctor, a nurse practitioner, or other people we call a primary care provider.) □ a. Yes □ b. No
- **44.** My primary care provider or mental health service provider has talked to me about: (*Please check all that apply*)

| | Health Issues | Primary Care Provider | Mental Health Provider | N/A |
|----|---|--------------------------|---------------------------|-----|
| a. | Losing weight/maintaining healthy weight | | | |
| b. | Stop using tobacco/maintaining tobacco free life | | | |
| c. | How to reduce my risk of heart disease | | | |
| d. | I was informed about the benefits and side effects of my psychiatric medications | | | |
| e. | How to reduce my risk, or manage my diabetes | | | |
| f. | Possibility of reducing psychiatric meds | | | |
| g. | Asked me if I gamble | | | |
| h. | Asked me if I use alcohol or other drugs | | | |

45. During the time that you were seeing your most recent <u>residential mental health</u> <u>service provider</u>, did you need any of the following services:

(Please check <u>one</u> answer for each question)

| Housing Services | Yes | No | Don't know | N/A |
|---|-----|----|---------------|-----|
| a. Did you want or need housing or better housing? | | | | |
| b. Did your service provider or any other community mental health program offer you choices of housing? | | | | |
| c. Did you find housing or better housing? | | | | |
| d. Were you connected to Supported Housing * or rental assistance? | | | | |
| e. Did you receive Supported Housing* services? | | | | |

***Supported Housing** is affordable housing that may also provide rental assistance or on-site services such as healthcare or transportation services.

| Employment Services | Yes | No | Don't know | N/A |
|--|-----|----|---------------|-----|
| f. Did you want or need a job or a better job? | | | | |
| g. Did your service provider try to help you find a job or a better job? | | | | |
| h. Did you find a job or a better job? | | | | |
| i. Were you connected with Supported Employment* services? | | | | |
| j. Did you receive Supported Employment* services? | | | | |

***Supported Employment** is a service that helps individuals find work in the community that matches their abilities, interests, and skills. Services might include a Job Developer who helps with the application and interview process or a Job Coach who provides support in learning the tasks of a new job. Job Coaches may also help to develop career goals.

| Assistance with a Mental Health Crisis | Yes | No | Don't know | N/A |
|--|-----|----|---------------|-----|
| k. Did you need assistance as the result of a mental health crisis ? | | | | |
| 1. If you needed assistance, did your mental health provider assist you with the crisis in a satisfactory manner? | | | | |
| m. If you needed assistance, were you satisfied with the help you got from mental health services in your community, including your provider and any other mental health programs or providers? | | | | |

| | Trauma (see definition below)* | | | Not sure |
|-------------|--|--|--|----------|
| 46. | When you first started to see your most recent mental health services provider, did the provider ask you about any history of trauma *? | | | |
| 46a. | 46a. If you experienced trauma *, were the problems related to this trauma* adequately addressed during your treatment? | | | |

*Trauma results from events or circumstances that were physically or emotionally harmful or even life threatening and have affected your ability to function.

| | Peer Delivered Services (see definition below)* | | No | Not sure |
|------|---|--|----|-------------|
| 47. | Have you ever used Peer Delivered Services*? | | | |
| 47a. | 47a. If you have used Peer Delivered Services *, were these services helpful? | | | |

**Peer Delivered Services* are community-based services and supports provided by peers who have been in treatment and have similar lived experiences.

48. Are you currently employed? (*Please check <u>one</u>*)

| □ a. | Competitively employed* , working more than 35 hours per week | □ e. | Not employed, looking for work |
|------|---|------|------------------------------------|
| □ b. | Competitively employed* , working between 17 and 34 hours per week | □ f. | Not employed, not looking for work |
| □ c. | Competitively employed* , working less than 17 hours per week | □ g. | Volunteer work |
| □ d. | Self-employed | □ h. | Other |

**Competitive employment* is a regular job in the community that is not reserved for people with disabilities and that pays at least minimum wage,

49. What is your source of income? (*Please check <u>all that apply</u>*)

| □ a. | No income source | □ h. | Veteran's disability payment |
|------|--------------------------------------|-------------|-------------------------------|
| □ b. | Earned employment | □ i. | Temporary Assistance to Needy |
| | | | Families (TANF) |
| □ c. | Unemployment Insurance | □ j. | Private disability/Worker's |
| | | | compensation |
| □ d. | Supplemental Security Income (SSI) | □ k. | Pension from former job |
| □ e. | Social Security Disability Insurance | □ 1. | Child support/Alimony |
| | (SSDI) | | |
| □ f. | Social Security Retirement | □ m. | Trust |
| □ g. | Family member/Friends | □ n. | Other |

| | Arrest History | Yes | No | Don't know |
|------|---|--------|--------|---------------|
| 50a. | Were you arrested in the 12 months <u>before</u> you started treatment with your most recent residential mental health service provider? | | | |
| 50b. | Were you arrested in the first 12 months <u>after</u> you began seeing this provider? | | | |
| 50c. | Did police refer you to a mental health service such as a crisis program or shelter rather than taking you to jail? | | | |
| 51. | Encounters with police include being arrested, hassled by police, or taken by the police to a shelter or crisis program. Since you began receiving services from this provider, have your encounters with the police (<i>Please check <u>one</u></i>) a. Gone down c. Stayed the same | | | |
| | □ b. Gone up □ d. Doesn't apply (no end | Junier | s with | ponce) |

52. Where are you currently living? (*Please check <u>one</u>*)

| □ a. | Own or rent home or apartment | □ e. Skilled nursing facility |
|------|--|--|
| □ b. | Someone else's home or apartment | □ f. Crisis program |
| □ c. | Substance abuse residential treatment facility | \Box g. Mental health residential treatment facility |
| □ d. | Homeless or homeless shelter | □ h. Other |

53. Have you lived in any of the following places in the last 12 months?

(Please check <u>all that apply</u>)

| □ a. | Owned or rented home or | □ g. | Psychiatric hospital |
|------|-------------------------------|------|--|
| | apartment | | |
| □ b. | Someone else's home or | □ h. | Residential substance abuse treatment |
| | apartment | | program |
| □ c. | Crisis program | □ i. | Skilled nursing facility |
| □ d. | Homeless or homeless shelter | □ j. | Residential treatment facility or home |
| □ e. | Jail or correctional facility | □ k. | Other |
| □ f. | Medical hospital | | |

54. Why are you living in a residential facility? (Please check <u>all that apply</u>)

| □ a. I am civilly committed and the county wants me to be here. | □ e. I want addictions treatment so I can get better. |
|---|---|
| \Box b. My guardian wants me to be here. | □ f. I need housing. |
| c. I am under the jurisdiction of the Psychiatric Security Review Board or I have other legal requirements. | □ g. I need help taking care of myself. |
| □ d. I want mental health treatment so I can get better. | □ h. Other |

55. Since you've been here, do you feel like you've made progress in any of the following areas? (*Please check all that apply*)

| areas. (Treuse check <u>uit that apply</u>) | | | | |
|--|--|--|--|--|
| a. Mental Health (decrease in symptoms, medications, increased coping skills, better relationships, staying out of the hospital, fewer crises, etc.) | e. Physical Health (identification of physical health conditions, making appointments, managing physical health conditions.) | | | |
| □ b. Activities of daily living (cleaning, bathing, cooking, dressing, etc.) | □ f. Social/Recreation (family, friends, hobbies, getting out in the community, etc.) | | | |
| □ c. Self-Care (nutrition, exercise, quitting smoking, spiritual life, establishing a recovery program, etc.) | □ g. Substance Use/Abuse (awareness of problems and decreasing use) | | | |
| □ d. Job/School | h. Managing Money (budgeting, managing your own money, spending money appropriately, shopping, etc.) | | | |

56. What types of services do you receive? (*Please check all that apply*)

| □ a. | Community meetings | □ i. | Social/recreational activities |
|------|--|-------------|--------------------------------------|
| □ b. | Support with activities of daily living | □ j. | Skills training either in a group or |
| | (cleaning, bathing, cooking, dressing, etc.) | | individually |
| □ c. | Peer counseling/mentorship | □ k. | Physical health counseling |
| □ d. | Social skills training | □ 1. | Vocational/Educational counseling |
| □ e. | Medication management | □ m. | Psychiatric visits |
| □ f. | Individual, family, or group psychotherapy | 🗆 n. | Chemical dependency education and |
| | | | counseling |
| □ g. | Care coordination | □ o. | Formal mental health or chemical |
| | | | dependency assessments |
| □ h. | Transition/discharge planning | □ p. | Other |
| | | | |

57. Do you feel ready for more independent living? a. Yes b. No c. Not sure

| \Box a. My symptoms are too bad right now. | \Box g. I don't feel like I have support from staff. | | |
|--|--|--|--|
| \Box b. I don't know where else I would go. | \Box h. I don't have a plan. | | |
| \Box c. I am worried that if I leave I won't | \Box i. I am worried that I will get sick again. | | |
| get the help I need. | | | |
| □ d. I like it here. | \Box j. I don't have the skills to live on my own. | | |
| \Box e. I have legal issues that keep me here. | \Box k. I have lived on my own before and it did | | |
| | not work. | | |
| \Box f. My family does not want me to leave. | □ 1. Other | | |

57a. If not, why? (*Please check all that apply*)

58. What would be your options if you were ready to move to more independent living?

| □ a. I don't know | \Box c. Living with family or friends |
|---|---|
| \Box b. Living in my own apartment or | □ d. Other |
| home | |

Please answer questions 59-62 on the next page to tell us a little bit about yourself.

59. How do you identify your race, ethnicity, tribal affiliation, country of origin or ancestry?

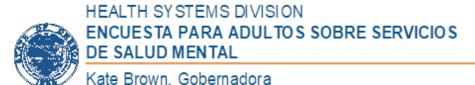
60. Which of the following describes your racial or ethnic identity? Please check ALL that apply.

| American Indian or | Asian | Black or African American |
|--------------------------------|----------------------------|-----------------------------|
| Alaska Native | 9. Asian Indian | 25. African American |
| 1. American Indian | □ 10. Chinese | □ 26. African (Black) |
| 2. Alaska Native | 🗖 11. Filipino/a | □ 27. Caribbean (Black) |
| □ 3. Canadian Inuit, Metis, or | □ 12. Hmong | □ 28. Other Black |
| First Nation | □ 13. Japanese | Middle Eastern/ Northern |
| □ 4. Indigenous Mexican, | 🗖 14. Korean | African |
| Central American, or | □ 15. Laotian | 29. Northern African |
| South American | □ 16. South Asian | □ 30. Middle Eastern |
| Hispanic or Latino/a | □ 17. Vietnamese | White |
| □ 5. Hispanic or Latino/a | □ 18. Other Asian | □ 31. Eastern European |
| Central American | Native Hawaiian or | □ 32. Slavic |
| □ 6. Hispanic or Latino/a | Pacific Islander | □ 33. Western European |
| Mexican | □ 19. Guamanian or | □ 34. Other White |
| □ 7. Hispanic or Latino/a | Chamorro | Other Categories |
| South American | □ 20. Micronesian | □ 35. Others (please list) |
| □ 8. Other Hispanic or | 🗖 21. Native Hawaiian | |
| Latino/a | □ 22. Samoan | □ 36. Don't know/Unknown |
| | □ 23. Tongan | \square 37. Don't want to |
| | 24. Other Pacific Islander | answer/Decline |

61. If you selected more than one racial or ethnic identity above, please CIRCLE the ONE that best represents your racial or ethnic identity.

62. What is your gender? (*Please check <u>all that apply</u>*)

Thank you for your time and cooperation in completing this questionnaire!





Identificación de la encuesta: [Survey_ID]

Para completar esta encuesta en línea, ingrese a: URL Introduzca su código de acceso: [Access Code]

□ Marque esta casilla si, por algún motivo, alguien que no sea [FIRST_NAME] responde a esta encuesta. Gracias.

Relación con [FIRST NAME]:

Infórmenos sobre los servicios residenciales de salud mental que recibió desde el 1 de abril de 2018 hasta la actualidad. Si recibió servicios de más de un proveedor desde el 1 de abril de 2018, entonces califique solo a su proveedor de servicios residenciales de salud mental *más reciente*.

Indique si está Totalmente de acuerdo, De acuerdo, Indeciso, En desacuerdo o Totalmente en desacuerdo con cada una de las afirmaciones que encontrará a continuación. Para eso, encierre en un círculo UN número apropiado para cada afirmación.

| | Totalmente | De | | En | Totalmente en | No |
|--|------------|----|----------|----|------------------|-----|
| | | | Indeciso | | desacuerdo | |
| Como resultado directo de l | | | | | | · • |
| 1. Resuelvo con mayor eficacia los problemas cotidianos. | 5 | 4 | 3 | 2 | 1 | 9 |
| 2. Me siento más capacitado para controlar mi vida. | 5 | 4 | 3 | 2 | 1 | 9 |
| 3. Me siento más capacitado para enfrentar las crisis. | 5 | 4 | 3 | 2 | 1 | 9 |
| 4. Me llevo mejor con mi familia. | 5 | 4 | 3 | 2 | 1 | 9 |
| 5. Me desempeño mejor en situaciones sociales. | 5 | 4 | 3 | 2 | 1 | 9 |
| 6. Me va mejor en los estudios o en el trabajo. | 5 | 4 | 3 | 2 | 1 | 9 |
| 7. Mi situación de | 5 | 4 | 3 | 2 | 1 | 9 |

| vivienda ha mejorado. | Totalmente de acuerdo | De acuerdo | Indeciso | En desacuerdo | Totalmente en desacuerdo | No corresponde |
|---|--------------------------|---------------|------------|------------------|--------------------------------|-------------------|
| 8. Mis síntomas ya no me molestan tanto. | 5 | 4 | 3 | 2 | 1 | 9 |
| 9. Hago cosas que son más significativas para mí. | 5 | 4 | 3 | 2 | 1 | 9 |
| 10. Me siento más capacitado para hacerme cargo de mis necesidades. | 5 | 4 | 3 | 2 | 1 | 9 |
| 11. Me siento más capacitado para controlar las cosas cuando no salen bien. | 5 | 4 | 3 | 2 | 1 | 9 |
| 12. Me siento más capacitado para hacer cosas que deseo hacer. | 5 | 4 | 3 | 2 | 1 | 9 |
| Deberá responder a las sigu salud mental más reciente. | iientes afirm | aciones s | egún su e. | xperiencia c | on su provee | dor de |
| 13. Me agradan los servicios que recibí aquí. | 5 | 4 | 3 | 2 | 1 | 9 |
| 14. Aunque tuviera otras opciones, seguiría recibiendo los servicios de este centro. | 5 | 4 | 3 | 2 | 1 | 9 |
| 15. Recomendaría este centro a un amigo o familiar. | 5 | 4 | 3 | 2 | 1 | 9 |
| 16. La ubicación de los servicios resultó conveniente (estacionamiento, transporte público, distancia, etc.). | 5 | 4 | 3 | 2 | 1 | 9 |
| El personal estuvo dispuesto a atenderme siempre que lo consideré necesario. | 5 | 4 | 3 | 2 | 1 | 9 |

| | Totalmente de acuerdo | De acuerdo | Indeciso | En desacuerdo | Totalmente en desacuerdo | No corresponde |
|---|--------------------------|---------------|----------|------------------|--------------------------------|-------------------|
| El personal devolvió mis llamadas en un plazo de 24 horas. | 5 | 4 | 3 | 2 | 1 | 9 |
| 19. Tuve los servicios a mi disposición en horarios convenientes para mí. | 5 | 4 | 3 | 2 | 1 | 9 |
| 20. Pude obtener todos los servicios que consideré que necesitaba. | 5 | 4 | 3 | 2 | 1 | 9 |
| 21. Pude consultar a un psiquiatra cada vez que lo deseaba. | 5 | 4 | 3 | 2 | 1 | 9 |
| 22. El personal aquí considera que mi salud puede mejorar y que puedo recuperarme. | 5 | 4 | 3 | 2 | 1 | 9 |
| 23. Me sentí cómodo al hacer preguntas sobre mi tratamiento y medicación. | 5 | 4 | 3 | 2 | 1 | 9 |
| 24. Me sentí con la libertad de presentar cualquier queja. | 5 | 4 | 3 | 2 | 1 | 9 |
| 25. Se me brindó información sobre mis derechos. | 5 | 4 | 3 | 2 | 1 | 9 |
| 26. El personal me alentó a asumir la responsabilidad sobre la forma en que vivo mi vida. | 5 | 4 | 3 | 2 | 1 | 9 |

| | Totalmente de acuerdo | De acuerdo | Indoniso | En desacuerdo | Totalmente en | No |
|--|--------------------------|---------------|----------|------------------|------------------|----|
| 27. El personal me informó a qué efectos secundarios debía estar atento. | 5 | 4 | 3 | 2 | desacuerdo 1 | 9 |
| 28. El personal respetó mis deseos con respecto a quiénes pueden o no recibir información sobre mi tratamiento. | 5 | 4 | 3 | 2 | 1 | 9 |
| 29. Yo, no el personal, decidí cuáles serían mis objetivos de tratamiento. | 5 | 4 | 3 | 2 | 1 | 9 |
| 30. El personal se mostró respetuoso y considerado con respecto a mi origen cultural (raza, religión, idioma). | 5 | 4 | 3 | 2 | 1 | 9 |
| 31. El personal me ayudó a obtener la información que necesitaba para que pudiera asumir el control de mi enfermedad. | 5 | 4 | 3 | 2 | 1 | 9 |
| 32. Se me alentó a usar los programas dirigidos por consumidores (grupos de apoyo, centros sociales, líneas telefónicas para casos de crisis). | 5 | 4 | 3 | 2 | 1 | 9 |

Para las preguntas 34 a 37, responda en cuanto a las relaciones con personas que no sean sus proveedores de servicios de salud mental.

| | Totalment | | | En | Totalmente | |
|---|-----------|---------|---------|-----------|------------|-------------|
| | e de | De | Indecis | desacuerd | en | No |
| | acuerdo | acuerdo | 0 | 0 | desacuerdo | corresponde |
| 33. Estoy satisfecho con las amistades que tengo. | 5 | 4 | 3 | 2 | 1 | 9 |
| 34. Cuento con personas con las que puedo hacer cosas que disfruto. | 5 | 4 | 3 | 2 | 1 | 9 |
| 35. Siento que pertenezco a mi comunidad. | 5 | 4 | 3 | 2 | 1 | 9 |
| 36. En caso de una crisis, tendría el apoyo que necesito de familiares o amigos. | 5 | 4 | 3 | 2 | 1 | 9 |

38. ¿Cuánto tiempo ha recibido los servicios de su proveedor de salud mental más reciente?

 \Box a. Menos de 1 mes

- \Box c. 3 a 5 meses
- □ e. Más de 1 año

- \Box b. 1 a 2 meses
- \Box d. 6 meses a 1 año

39. ¿Sigue recibiendo servicios de salud mental? (Si la respuesta es Sí, vaya directamente a la pregunta 40)

🗆 a. Sí \Box b. No □ c. No sé

39a. Si ya no recibe servicios de salud mental, indique el motivo.

(Marque UN solo motivo, el más importante, por el cual haya terminado el tratamiento)

| \Box a. Mi problema fue resuelto. | □ d. Tuve problemas para pagar el tratamiento. |
|---|---|
| □ b. El tratamiento no estaba funcionando. | □ e. No contaba con el tiempo para realizar el tratamiento. |
| \Box c. Tuve problemas con el transporte. | \Box f. Otro(s) motivo(s) (describa): |

40. Su proveedor puede haber trabajado con algunos de los proveedores o centros que se enumeran a continuación. Si es así, ¿qué tan satisfecho estuvo con la forma en que trabajaron juntos para ayudarle?

| <u> </u> | • • | | | | | No | |
|------------------|------------|------------|------------|--------------|--------------|------------------|---------------------|
| | | | | | | <u>necesité</u> | <u>Necesité</u> |
| Mi proveedor | | | | | | <u>ni recibí</u> | pero no |
| de salud trabajó | Totalmente | | Algo | | Totalmente | | <u>recibí</u> estos |
| con | satisfecho | Satisfecho | satisfecho | Insatisfecho | insatisfecho | servicios | servicios |
| Otro proveedor | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| de salud mental | | • | | _ | - | | |
| Correcciones | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| Discapacidades | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| del desarrollo | 5 | 4 | 3 | Z | 1 | 9 | 0 |
| Proveedor de | | | | | | | |
| tratamiento para | | | | | | | |
| el consumo de | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| drogas y | | | | | | | |
| alcohol | | | | | | | |
| Servicios para | | | | | | | |
| ancianos y | | | | | | | |
| discapacitados | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| físicos (APD, | C | | 5 | _ | - | | 0 |
| por sus siglas | | | | | | | |
| en inglés) | | | | | | | |
| Servicios de | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| empleo | | | | | | | |
| Proveedor de | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| salud física | | | | | | | |
| Hospitales | | | | | | | |
| (estatales, de | 5 | 4 | 3 | 2 | 1 | 9 | 8 |
| cuidados | | | | | | | |
| agudos) | | | | | | | |

41. Cuando comencé a recibir los servicios de mi proveedor, "esperaba... (Marque <u>todo lo</u> que corresponda)

| - | | | |
|------|--------------------------------|------|--|
| □ a. | sentirme más feliz". | □ f. | llevarme mejor con la familia u otras |
| | | | personas". |
| □ b. | sentirme menos ansioso o | □ g. | iniciar o continuar un programa de |
| | temeroso". | | recuperación". |
| □ c. | ser más respetuoso o | □ h. | dejar o reducir el consumo de drogas o |
| | responsable". | | alcohol". |
| □ d. | sentirme mejor conmigo | □ i. | dejar de lastimar a otras personas". |
| | mismo". | | |
| □ e. | mejorar en el trabajo o en los | □ j. | dejar de lastimarme a mí mismo". |
| | estudios". | _ | _ |
| | | | |

42. Desde que comencé a recibir los servicios, "yo... (Marque todo lo que corresponda)

| □ a. | me siento más feliz". | □ f. | me llevo mejor con la familia u otras personas". |
|------|---|------|---|
| □ b. | me siento menos ansioso o temeroso". | □ g. | 4 |
| □ c. | me he vuelto más respetuoso o responsable". | □ h. | he dejado o reducido el consumo de drogas o alcohol". |
| □ d. | me siento mejor conmigo mismo". | □ i. | he dejado de lastimar a otras personas". |
| □ e. | he mejorado en el trabajo o en los estudios". | □ j. | he dejado de lastimarme a mí mismo". |

- 43. ¿Cuenta con alguien que le realice chequeos, brinde atención médica de rutina y consejos? (Esta persona puede ser un médico, una enfermera practicante u otras personas a quienes llamamos un proveedor de atención primaria.) □ a. Sí □ b. No
- 44. Mi proveedor de atención primaria o proveedor de servicios de salud mental me ha hablado sobre: (Marque todo lo que corresponda)

| | Temas de salud | Proveedor de atención primaria | Proveedor de salud mental | N/C |
|----|--|-----------------------------------|---------------------------|-----|
| a. | Bajar de peso/mantener un peso saludable | | | |
| b. | Dejar de fumar/mantener una vida libre de tabaco | | | |
| c. | Cómo reducir el riesgo de enfermedades cardíacas | | | |
| d. | Se me informó sobre los beneficios y los efectos secundarios de mis medicamentos psiquiátricos | | | |

| | Temas de salud | Proveedor de atención primaria | Proveedor de salud mental | N/C |
|----|--|-----------------------------------|---------------------------|-----|
| e. | Cómo reducir el riesgo de presentar diabetes o cómo manejar mi diabetes | | | |
| f. | La posibilidad de reducir los medicamentos psiquiátricos | | | |
| g. | Se me preguntó si apostaba | | | |
| h. | Se me preguntó si consumía alcohol u otras drogas | | | |

45. Durante el tiempo en que estuvo viendo a su <u>proveedor de servicios residenciales de</u> <u>salud mental</u> más reciente, ¿necesitó alguno de los siguientes servicios?:

(Marque <u>una</u> respuesta para cada pregunta)

| Servicios de alojamiento | Sí | No | No sé | N/C |
|--|----|----|-------|-----|
| a. ¿Deseaba o necesitaba <u>alojamiento</u> o un alojamiento mejor? | | | | |
| b. ¿Se le ofrecieron opciones de alojamiento por parte de su proveedor de servicios u otro programa comunitario de salud mental? | | | | |
| c. ¿Encontró alojamiento o un alojamiento mejor? | | | | |
| d. ¿Estuvo conectado con Supported Housing (vivienda subvencionada) * o asistencia para la renta? | | | | |
| e. ¿Recibió los servicios de Supported Housing*? | | | | |

**Supported Housing*: alojamiento asequible que también puede proporcionar asistencia para la renta o servicios internos, como atención médica o servicios de transporte.

| | Servicios de empleo | Sí | No | No sé | N/C |
|------------|--|----|----|-------|-----|
| <i>f</i> . | ¿Deseaba o necesitaba un empleo o un empleo mejor? | | | | |
| g. | ¿Su proveedor de servicios trató de ayudarle a encontrar un empleo o un empleo mejor? | | | | |
| h. | ¿Encontró un empleo o un empleo mejor? | | | | |
| i. | ¿Estuvo conectado con los servicios de Supported Employment (empleo con apoyo)*? | | | | |
| j. | ¿Recibió los servicios de Supported Employment*? | | | | |

*Supported Employment: servicio que ayuda a las personas a encontrar empleo en la comunidad que se ajuste a sus capacidades, intereses y habilidades. Los servicios pueden incluir un Job Developer (promotor de empleo) que ayuda con el proceso de postulación y entrevista o un Job Coach (asesor de empleo) que brinda apoyo durante el aprendizaje de las tareas de un nuevo empleo. El Job Coach también puede ayudar a desarrollar objetivos profesionales.

| Ayuda con una crisis de salud mental | Sí | No | No sé | N/C |
|---|----|----|-------|-----|
| k. ¿Necesitó ayuda como resultado de una crisis de salud mental? | | | | |
| 1. Si necesitó ayuda, ¿su proveedor de salud mental le ayudó con la crisis de manera satisfactoria? | | | | |
| m. Si necesitó ayuda, ¿se sintió satisfecho con la ayuda que recibió de los servicios de salud mental en su comunidad, incluidos su proveedor y cualquier otro programa o proveedor de salud mental? | | | | |

| | Trauma (ver definición abajo)* | | No | No estoy seguro |
|-------------|--|--|----|--------------------|
| 46. | Cuando comenzó a ver a su proveedor de servicios de salud mental más reciente, ¿el proveedor le preguntó sobre algún antecedente de trauma *? | | | |
| 46a. | 46a. Si experimentó un trauma *, ¿se abordaron adecuadamente los problemas relacionados con este trauma* durante su tratamiento? | | | |

*Trauma: resultado de eventos o circunstancias que fueron física o emocionalmente dañinos o incluso potencialmente mortales y que han afectado su capacidad para desenvolverse en la vida.

| | Peer Delivered Services (servicios prestados por pares) (ver definición abajo)* | | No | No estoy seguro |
|------|---|--|----|--------------------|
| 47. | ¿Alguna vez ha usado Peer Delivered Services*? | | | |
| 47a. | Si usó Peer Delivered Services* , ¿fueron útiles estos servicios? | | | |

**Peer Delivered Services*: servicios y apoyos basados en la comunidad proporcionados por personas semejantes que han estado bajo tratamiento y han vivido experiencias similares.

48. ¿Cuenta con un empleo actualmente? (Marque <u>uno</u>)

| U | ion Couchen con un empreo actualmenter (inter que <u>unto</u>) | | | | | |
|------|---|------|--|--|--|--|
| □ a. | Cuento con un empleo competitivo* en el que trabajo más de 35 horas por semana | □ e. | Estoy desempleado y buscando trabajo | | | |
| □ b. | Cuento con un empleo competitivo* en el que trabajo entre 17 y 34 horas por semana | □ f. | Estoy desempleado, pero no estoy buscando trabajo | | | |
| □ c. | Cuento con un empleo competitivo* en el que trabajo menos de 17 horas por semana | □ g. | Trabajo voluntario | | | |
| □ d. | Soy autónomo | □ h. | Otro | | | |

**Empleo competitivo:* empleo normal en la comunidad que no está reservado para personas con discapacidades y por el cual pagan al menos un salario mínimo.

49. ¿Cuál es su fuente de ingresos? (Marque todo lo que corresponda)

| □ a. No tengo fuente de ingresos | □ h. Pago por discapacidad para veteranos |
|----------------------------------|---|
| □ b. Empleo con sueldo | □ i. Asistencia Temporal para Familias Necesitadas (TANF, por sus siglas en inglés) |

| □ c. | Seguro de desempleo | □ j. | Seguro privado p discapacidad/Seg para los trabajado | guro de | e comp | ensación |
|------|---|---------|--|---------|----------|----------|
| □ d. | Seguridad de Ingreso Suplementario (SSI, por sus siglas en inglés) | □ k. | Pensión de un en | npleo a | interior | • |
| □ e. | Seguro por discapacidad del Seguro Social (SSDI, por sus siglas en inglés) | □ 1. | Pensión alimenti menores/pensión | - | | |
| □ f. | Pensión del Seguro Social | □ m. | Fondo fiduciario | | | |
| □ g. | Ayuda de un familiar/amigos | □ n. | Otro | | | |
| | Antecedentes de arresto | | | Sí | No | No sé |
| 50a. | ¿Fue arrestado durante los 12 meses <u>anteriores</u> al inicio del tratamiento con su proveedor de servicios residenciales de salud mental más reciente? | | | | | |
| 50b. | ¿Fue arrestado durante los primeros 12 n inicio de la atención con este proveedor? | | oosteriores al | | | |
| 50c. | | | | | | |
| 51. | Los encuentros con la policía incluyen a parte de la policía, a un refugio o progran servicios de este proveedor, sus encuentr | ma de o | crisis. Desde que o | comenz | zó a rec | - |
| | \Box a. Disminuyeron \Box c | e. Se m | antuvieron iguales | 8 | | |
| | \Box b. Aumentaron \Box c | | orresponde (no he a policía) | tenido | encue | ntros |

52. ¿Dónde vive actualmente? (Marque <u>uno</u>)

| □ a. | Casa o departamento propio o alquilado | □ e. | Centro de enfermería especializada |
|------|--|------|---|
| □ b. | Casa o departamento de otra persona | □ f. | Programa de crisis |
| □ c. | Centro residencial para el tratamiento de abuso de sustancias | □ g. | Centro residencial para el tratamiento de la salud mental |
| □ d. | Sin hogar o en un refugio para personas sin hogar | □ h. | Otro |

53. ¿Ha vivido en alguno de los siguientes lugares en los últimos 12 meses?

(Marque todo lo que corresponda)

| □ a. | Casa o departamento propio o | □ g. | Hospital psiquiátrico |
|------|------------------------------|------|---|
| | alquilado | | |
| □ b. | Casa o departamento de otra | □ h. | Programa residencial para el tratamiento de |
| | persona | | abuso de sustancias |

| □ c. | Programa de crisis | □ i. | Centro de enfermería especializada |
|------|---|------|---|
| □ d. | Sin hogar o en un refugio para personas sin hogar | □ j. | Hogar o centro residencial de tratamiento |
| □ e. | Centro carcelario o correccional | □ k. | Otro |
| □ f. | Hospital médico | | |

54. ¿Por qué está viviendo en un centro residencial? (Marque todo lo que corresponda)

| □ a. Estoy sujeto a confinamiento civil y el condado quiere que permanezca aquí. | Deseo recibir tratamiento para mis adicciones para que pueda mejorar. |
|---|---|
| □ b. Mi tutor desea que permanezca aquí. | □ f. Necesito alojamiento. |
| c. Estoy bajo la jurisdicción de la Junta de Revisión de Seguridad Psiquiátrica o tengo otros requisitos legales. | □ g. Necesito ayuda para cuidar de mí mismo. |
| ☐ d. Deseo recibir tratamiento de salud mental para poder mejorar. | □ h. Otro |

55. Desde que ha estado aquí, ¿siente que ha hecho progresos en alguna de las siguientes

áreas? (Marque todo lo que corresponda)

| (inter que corresponde) | |
|--|---|
| □ a. Salud mental (disminución de los | □ e. Salud física (identificación de las |
| síntomas, los medicamentos, aumento | afecciones de la salud física, |
| en la capacidad para enfrentar | coordinación de citas, manejo de las |
| situaciones, mejora en las relaciones, | afecciones de la salud física). |
| permanencia fuera del hospital, | |
| disminución de las crisis, etc.) | |
| □ b. Actividades de la vida cotidiana | ☐ f. Actividades sociales/recreativas (familia, |
| (hacer la limpieza, bañarse, cocinar, | amigos, pasatiempos, salidas en la |
| vestirse, etc.) | comunidad, etc.) |
| □ c. Cuidado personal (nutrición, | □ g. Consumo/abuso de sustancias |
| ejercicio, dejar de fumar, vida | (concienciación de los problemas y |
| espiritual, establecer un programa de | disminución del consumo) |
| recuperación, etc.) | |
| □ d. Empleo/estudios | □ h. Administración del dinero (presupuesto, |
| | administración del propio dinero, gastar el |
| | dinero de manera adecuada, compras, etc.) |
| | |

56. ¿Qué tipo de servicios recibe? (Marque todo lo que corresponda)

| □ a. Reuniones comunitarias | □ i. Actividades sociales/recreativas |
|---|---|
| □ b. Apoyo con las actividades de la vida | □ j. Capacitación de las habilidades, ya |
| cotidiana (hacer la limpieza, bañarse, | sea en grupo o en forma individual |
| cocinar, vestirse, etc.) | |
| □ c. Asesoramiento/tutoría entre pares | \Box k. Asesoramiento sobre la salud física |
| □ d. Capacitación de las habilidades sociales | □ 1. Asesoramiento vocacional/educativo |
| □ e. Administración de los medicamentos | □ m. Visitas psiquiátricas |
| ☐ f. Psicoterapia individual, familiar o de | □ n. Educación y asesoramiento sobre la |
| grupo | farmacodependencia |
| □ g. Coordinación de la atención | □ o. Evaluaciones formales sobre la salud |
| | mental o la farmacodependencia |
| □ h. Planificación de la transición/alta | □ p. Otro |

57. ¿Se siente listo para una vida más independiente? 🗆 a. Sí 🗆 b. No 🗆 c. No estoy seguro

| 57a. Si no es así, ¿por que: (<i>Marque <u>todo t</u></i> | o que corresponda) |
|--|--|
| □ a. Mis síntomas son demasiado intensos | □ g. No siento que tenga el apoyo del |
| en este momento. | personal. |
| □ b. No sé a dónde más podría ir. | □ h. No tengo nada planificado. |
| \Box c. Me preocupa pensar que si me voy, | □ i. Me preocupa enfermarme de nuevo |
| no tendré la ayuda que necesite. | |
| □ d. Me gusta estar aquí. | □ j. No tengo las habilidades para vivir por |
| | mi cuenta. |
| □ e. Tengo problemas legales que me | □ k. Ya viví por mi cuenta antes y no |
| obligan a permanecer aquí. | funcionó. |
| ☐ f. Mi familia no quiere que me vaya. | □ 1. Otro |

57a. Si no es así, ¿por qué? (Marque todo lo que corresponda)

58. ¿Cuáles serían sus opciones si estuviera listo para mudarse y llevar una vida más independiente?

| □ a. No sé | \Box c. Vivir con la familia o con amigos |
|--|---|
| □ b. Vivir en mi propio departamento o | □ d. Otro |
| casa | |

Responda las preguntas 59 a 62 de la página siguiente para contarnos un poco acerca de usted.

59. ¿Cómo identifica su raza, etnia, afiliación tribal, país de origen o ascendencia?

| Amerindio o Nativo de | Asiática | De color o afroamericana |
|---------------------------|-----------------------|------------------------------|
| Alaska | Indoasiático | □ Afroamericano |
| Amerindio | □ Chino | □ Africano (De color) |
| 🗖 Nativo de Alaska | 🗖 Filipino | □ Caribeño (De color) |
| Inuit canadiense, Métis o | □ Hmong | □ Otro |
| Naciones Originarias de | Japonés | Medioriental o |
| Canadá | Coreano | Norteafricana |
| Indígena mexicano, | 🗖 Laosiano | □ Norteafricano |
| centroamericano o | □ Sudasiático | □ Medioriental |
| sudamericano | □ Vietnamita | |
| Hispano o Latino | □ Otro | Blanca |
| Hispano o Latino | | Europeo oriental |
| centroamericano | Hawaiano nativo o | □ Eslavo |
| Hispano o Latino mexicano | isleño del Pacífico | Europeo occidental |
| 🗖 Hispano o Latino | Guamaniano o Chamorro | □ Otro |
| sudamericano | □ Micronesio | Otras categorías |
| □ Otro | Hawaiano nativo | □ Otros (enumere) |
| | □ Samoano | |
| | 🗖 Tongano | □ No sé/Desconocido |
| | □ Otro | □ No deseo responder/Declino |

60. ¿Cuál de las siguientes opciones describe su identidad racial o étnica? Marque TODO lo que corresponda.

61. Si seleccionó más de una identidad racial o étnica arriba, encierre en un CÍRCULO la OPCIÓN que mejor represente su raza o etnia.

62. ¿Cuál es su sexo? (Marque todo lo que corresponda)

| □ a. Masculino | □b.] | Femenino | □ c. | Transgénero | □ d. | Otro |
|----------------|-------|----------|------|-------------|------|------|
| | | | | | | |

¡Gracias por su tiempo y cooperación para completar este cuestionario!

Appendix B: Survey Data Security and Quality Assurance Procedures

HealthInsight Assure stored the electronic data for this survey in REDCap software on a secure server. Only essential team members had access to the raw data to perform data entry. Exported data files were also saved on the secure server, where access was limited. HealthInsight kept the original paper copies of the surveys in a secure location.

Data entry staff members were trained on entering the survey data, and other authorized staff checked every tenth survey to ensure consistent and correct data entry. HealthInsight maintained data quality on two tiers. First, built-in data checks in the REDCap software ensured that only valid field values could be entered, and enforced the use of custom codes to note missing or out-of-range data. For example, the application checked to make sure that the field corresponding to Question 1 was coded with 1–5 (Strongly Disagree to Strongly Agree), or 9 for NA, or 0 for missing or invalid response on the paper copy.

Second, SAS analytic programs written by the data analyst used logic controls for relevant questions.

Appendix C: Weighting Explanation and Code

```
#Import the datasets
   library(readr)
   respondents <- read_csv("file path")</pre>
   population <- read csv("file path")</pre>
   sample <- read_csv("file path")</pre>
library(survey)
respondents.unwgtd <- svydesign(ids =~1, data=respondents)</pre>
#getting the marginal probabilities for the variables
#These will need to be manually added in. You may need to rename the variables within the csv
(or here).
#SEX
  table(population$CDE_SEX)
  prop.table(table(population$CDE_SEX))
  # F =64285= 0.5968286
  # M =43426= 0.4031714
   sex dist <- data.frame(CDE SEX = c("F","M"),</pre>
                          Freq = nrow(respondents) * c(0.5968286,0.4031714))
#RACE
  table(population$RACE GROUP)
  prop.table(table(population$RACE GROUP))
  # ASIAN
                                       =1277=
                                                 0.011855799
  # BLACK
                                       =2900=
                                                0.026923898
  # HISPANIC
                                       =3147=
                                                0.029217072
  # NATIVE AMERICAN
                                       =2615=
                                                0.024277929
  # NATIVE HAWAIIAN/PACIFIC ISLANDER =255=
                                                0.002367446
  # OTHER
                                                0.006294622
                                       =678=
  # UNKNOWN
                                       =37053= 0.344003862
  # WHITE
                                       =59786= 0.555059372
   race_dist <- data.frame(RACE_GROUP = c("ASIAN","BLACK","HISPANIC","NATIVE AMERICAN","NATIVE</pre>
HAWAIIAN/PACIFIC ISLANDER", "OTHER", "UNKNOWN", "WHITE"),
                           Freq = nrow(respondents) *
c(0.011855799,0.026923898,0.029217072,0.024277929,0.002367446,0.006294622,0.344003862,0.555059
372))
#Ethnicity
  table(population$ETHNIC GROUP)
  prop.table(table(population$ETHNIC GROUP))
  # HISPANIC =4651= 0.04318036
  # NOT HISPANIC =66990= 0.62194205
  # UNKNOWN
                  =36070= 0.33487759
   ETHNIC_dist <- data.frame(ETHNIC_GROUP = c("HISPANIC","NOT HISPANIC","UNKNOWN"),
                             Freq = nrow(respondents) * c(0.04318036,0.62194205,0.33487759))
```

#Age Groups

```
table(population$AGEGRP)
   prop.table(table(population$AGEGRP))
   # "18 to 25" =17586= 0.16327023
   # "26 to 64" =84172= 0.78146150
                 =5953=
   # "65+"
                           0.05526826
   age dist <- data.frame(AGEGRP = c("18 \text{ to } 25", "26 \text{ to } 64", "65+"),
                           Freq = nrow(respondents) * c(0.16327023,0.78146150,0.05526826))
#Urbanicity
   table(population$DESIG)
   prop.table(table(population$DESIG))
   # Frontier =2424= 0.022504665
   # Rural
               =36474= 0.338628367
   # Unknown =879=
                        0.008160726
            =67934= 0.630706242
   # Urban
   Desig_dist <- data.frame(DESIG = c("Frontier", "Rural", "Unknown", "Urban"),</pre>
                             Freq = nrow(respondents) *
c(0.022504665,0.338628367,0.008160726,0.630706242))
#Calculate the weights
   data.svy.rake <- rake(design = respondents.unwgtd,</pre>
                          sample.margins =
list(~CDE_SEX,~DESIG,~ETHNIC_GROUP,~RACE_GROUP,~AGEGRP),
                          population.margins =
list(sex_dist,Desig_dist,ETHNIC_dist,race_dist,age_dist))
   summary(weights(data.svy.rake))
   data.svy.rake.trim <- trimWeights(data.svy.rake, lower=0.3, upper=3,</pre>
                                      strict=TRUE)
   summary(weights(data.svy.rake.trim))
   weights <-weights(data.svy.rake.trim)</pre>
   respondents weights<-cbind(respondents,weights)</pre>
#Export
   write.csv(respondents weights, file = "file path")
```

Appendix D: CCO-Specific Results

The following table shows the average scores for each outpatient survey domain question by CCO. The scores are on a 1-5 scale:

- 1) Strongly disagree
- 2) Disagree
- 3) Neutral
- 4) Agree
- 5) Strongly Agree

Table D-1. Outpatient Survey: Average Domain Question Responses by CCO.

| | | | | | | | | | | ССО | | | | | | | | |
|----------------------|--|-----------------|---------|-----|-------|-------|---------------|-------|--------------|-----|-----|--------|--------|------|------|-----|------|------|
| Domain | Question | Advanced Health | AllCare | СНА | CPCCO | EOCCO | FFS /OpenCard | GOBHI | Health Share | NHI | JCC | PCS-CG | PCS-CO | PHJC | TCHP | NHA | WVCH | Ассо |
| | Total responses | 120 | 185 | 178 | 185 | 158 | 112 | 30 | 228 | 101 | 122 | 173 | 98 | 124 | 99 | 89 | 125 | 201 |
| Access | 16. The location of services was convenient (parking, public transportation, distance, etc.) | 4.1 | 4.3 | 4.1 | 3.9 | 4.2 | 4.1 | 3.9 | 4.2 | 4.0 | 4.1 | 4.1 | 4.2 | 4.2 | 4.2 | 4.0 | 4.2 | 4.2 |
| | 17. Staff were willing to see me as often as I felt it was | 3.8 | 4.1 | 4.0 | 3.8 | 4.0 | 4.3 | 3.9 | 4.0 | 3.9 | 4.0 | 4.1 | 4.3 | 4.0 | 4.2 | 4.0 | 4.2 | 4.1 |
| | necessary 18. Staff returned my call in 24 hours | 3.9 | 4.1 | 3.9 | 3.8 | 3.9 | 4.5 | 3.9 | 4.0 | 3.9 | 4.0 | 4.1 | 4.5 | 4.0 | 4.2 | 3.8 | 4.2 | 4.1 |
| | 19. Services were available at times that were good for me | 4.0 | 4.1 | 4.1 | 3.9 | 4.1 | 4.4 | 4.1 | 4.0 | 4.0 | 4.0 | 4.1 | 4.3 | 4.0 | 4.2 | 4.0 | 4.4 | 4.2 |
| | 20. I was able to get all the services I thought I needed 21. I was able to see a | 3.6 | 3.9 | 3.8 | 3.5 | 3.8 | 4.2 | 3.7 | 3.7 | 3.5 | 3.7 | 3.9 | 4.0 | 3.7 | 4.0 | 3.6 | 4.1 | 4.0 |
| | psychiatrist when I wanted | 3.4 | 3.4 | 3.5 | 3.3 | 3.6 | 4.0 | 3.8 | 3.5 | 3.3 | 3.6 | 3.6 | 3.6 | 3.4 | 3.7 | 3.5 | 3.7 | 3.7 |
| Daily functioning | 08. My symptoms are not bothering me as much | 3.2 | 3.4 | 3.2 | 3.1 | 3.3 | 3.6 | 3.3 | 3.3 | 3.1 | 3.0 | 3.2 | 3.6 | 3.2 | 3.4 | 3.0 | 3.5 | 3.5 |
| | 09. I do things that are more meaningful to me | 3.3 | 3.6 | 3.6 | 3.4 | 3.7 | 3.6 | 3.4 | 3.6 | 3.5 | 3.5 | 3.6 | 3.8 | 3.4 | 3.9 | 3.4 | 3.7 | 3.7 |
| | 10. I am better able to take care of my needs | 3.3 | 3.7 | 3.6 | 3.4 | 3.6 | 3.6 | 3.6 | 3.6 | 3.6 | 3.4 | 3.6 | 3.7 | 3.5 | 3.8 | 3.4 | 3.8 | 3.7 |
| | 11. I am better able to handle things when they go wrong | 3.3 | 3.6 | 3.6 | 3.4 | 3.5 | 3.6 | 3.4 | 3.5 | 3.4 | 3.3 | 3.6 | 3.7 | 3.5 | 3.7 | 3.2 | 3.6 | 3.7 |
| | 12. I am better able to do things that I want to do | 3.4 | 3.5 | 3.5 | 3.3 | 3.6 | 3.5 | 3.5 | 3.4 | 3.4 | 3.4 | 3.6 | 3.7 | 3.4 | 3.7 | 3.2 | 3.6 | 3.6 |

| | | | | | | | | | | ССО | | | | | | | | |
|---------------|---|-----------------|---------|-----|-------|-------|---------------|-------|--------------|-----|-----|--------|--------|------|------|-----|------|------|
| Domain | Question | Advanced Health | AllCare | СНА | CPCCO | EOCCO | FFS /OpenCard | GOBHI | Health Share | NHI | JCC | PCS-CG | PCS-CO | PHJC | TCHP | UHA | WVCH | YCCO |
| General | 13. I like the services that I | | | | | | | | | | | | | | | | | |
| satisfaction | received here | 4.0 | 4.2 | 4.2 | 3.9 | 4.1 | 4.3 | 4.0 | 4.2 | 4.0 | 4.1 | 4.1 | 4.3 | 4.1 | 4.4 | 3.8 | 4.3 | 4.1 |
| | 14. If I had other choices, I would still get services from this agency | 3.8 | 4.0 | 4.0 | 3.8 | 3.9 | 4.3 | 3.9 | 4.0 | 3.9 | 3.9 | 4.0 | 4.1 | 3.8 | 4.3 | 3.8 | 4.0 | 4.0 |
| | 15. I would recommend this agency to a friend or family member | 3.9 | 4.2 | 4.1 | 3.8 | 4.0 | 4.4 | 3.9 | 4.0 | 3.9 | 4.1 | 4.0 | 4.3 | 3.9 | 4.3 | 3.8 | 4.3 | 4.1 |
| Outcomes | 01. I deal more effectively with daily problems | 3.3 | 3.8 | 3.7 | 3.5 | 3.7 | 3.8 | 3.7 | 3.7 | 3.4 | 3.7 | 3.8 | 3.9 | 3.7 | 3.8 | 3.4 | 3.9 | 3.8 |
| | 02. I am better able to control my life | 3.4 | 3.7 | 3.6 | 3.4 | 3.6 | 3.8 | 3.7 | 3.6 | 3.6 | 3.6 | 3.6 | 3.9 | 3.6 | 3.9 | 3.4 | 3.8 | 3.7 |
| | 03. I am better able to deal with crisis | 3.2 | 3.8 | 3.5 | 3.4 | 3.5 | 3.7 | 3.1 | 3.6 | 3.4 | 3.4 | 3.6 | 3.8 | 3.5 | 3.8 | 3.4 | 3.7 | 3.6 |
| | 04. I am getting along better with my family | 3.5 | 3.7 | 3.7 | 3.5 | 3.8 | 3.7 | 3.6 | 3.7 | 3.6 | 3.6 | 3.9 | 4.1 | 3.7 | 3.9 | 3.5 | 3.8 | 3.8 |
| | 05. I do better in social situations | 3.2 | 3.5 | 3.3 | 3.3 | 3.5 | 3.5 | 3.6 | 3.5 | 3.1 | 3.3 | 3.4 | 3.5 | 3.3 | 3.6 | 3.3 | 3.5 | 3.5 |
| | 06. I do better in school and/or work | 3.0 | 3.5 | 3.2 | 3.3 | 3.5 | 3.5 | 3.3 | 3.4 | 3.2 | 3.4 | 3.4 | 3.6 | 3.6 | 3.6 | 3.3 | 3.7 | 3.6 |
| | 07. My housing situation has improved | 3.3 | 3.4 | 3.4 | 3.2 | 3.5 | 3.7 | 3.2 | 3.4 | 3.3 | 3.4 | 3.5 | 3.5 | 3.3 | 3.6 | 3.2 | 3.5 | 3.5 |
| | 08. My symptoms are not bothering me as much | 3.2 | 3.4 | 3.2 | 3.1 | 3.3 | 3.6 | 3.3 | 3.3 | 3.1 | 3.0 | 3.2 | 3.6 | 3.2 | 3.4 | 3.0 | 3.5 | 3.5 |
| Participation | 23. I felt comfortable asking questions about my treatment and medication | 3.9 | 4.1 | 4.0 | 3.9 | 4.1 | 4.3 | 3.8 | 4.2 | 3.8 | 4.2 | 4.2 | 4.3 | 4.0 | 4.2 | 4.0 | 4.3 | 4.1 |

| | | | | | | | | | | CCO | | | | | | | | |
|-----------------|---|-----------------|---------|-----|-------|-------|---------------|-------|--------------|-----|-----|--------|--------|------|------|-----|------|------|
| Domain | Question | Advanced Health | AllCare | СНА | CPCCO | EOCCO | FFS /OpenCard | GOBHI | Health Share | NHI | JCC | PCS-CG | PCS-CO | PHJC | TCHP | UHA | WVCH | VCCO |
| | 29. I, not staff, decided my | | | | | | | | | | | | | | | | | |
| | treatment goals | 3.5 | 3.8 | 3.8 | 3.7 | 3.9 | 4.1 | 3.8 | 4.0 | 3.8 | 3.9 | 3.9 | 3.9 | 3.6 | 4.0 | 3.7 | 4.1 | 4.0 |
| Quality / | 22. Staff here believe my health | | | | | | | | | | | | | | | | | |
| Appropriateness | can improve and I can recover | 3.7 | 4.0 | 4.2 | 3.9 | 4.1 | 4.3 | 3.9 | 4.2 | 4.0 | 4.1 | 4.2 | 4.3 | 4.2 | 4.3 | 3.9 | 4.2 | 4.1 |
| | 24. I felt free to complain | 3.7 | 3.9 | 3.9 | 3.8 | 3.9 | 4.1 | 3.8 | 4.0 | 3.8 | 4.1 | 4.0 | 4.1 | 3.8 | 4.2 | 3.9 | 3.9 | 3.8 |
| | 25. I was given information about my rights | 4.0 | 4.2 | 4.2 | 4.2 | 4.2 | 4.3 | 4.1 | 4.2 | 4.0 | 4.4 | 4.2 | 4.4 | 4.1 | 4.5 | 4.2 | 4.3 | 4.3 |
| | 26. Staff encouraged me to take responsibility for how I live my life | 3.9 | 4.1 | 4.1 | 4.0 | 4.0 | 4.1 | 4.0 | 4.1 | 4.0 | 4.1 | 4.0 | 4.3 | 4.0 | 4.3 | 4.0 | 4.1 | 4.1 |
| | 27. Staff told me what side | 0.0 | | | | | | | | | | | | | | | | |
| | effects to watch out for | 3.6 | 3.8 | 4.0 | 3.7 | 3.9 | 3.9 | 3.7 | 3.9 | 3.7 | 4.0 | 4.0 | 3.9 | 3.9 | 4.1 | 3.8 | 4.1 | 4.0 |
| | 28. Staff respected my wishes about who is and who is not to be given information about my treatment | 4.1 | 4.3 | 4.3 | 4.2 | 4.2 | 4.5 | 4.2 | 4.4 | 4.3 | 4.3 | 4.3 | 4.4 | 4.3 | 4.4 | 4.2 | 4.4 | 4.4 |
| | 30. Staff were sensitive to my cultural background (race, religion, language) | 4.1 | 4.1 | 4.1 | 4.0 | 4.1 | 4.3 | 4.0 | 4.2 | 4.0 | 4.3 | 4.2 | 4.4 | 4.1 | 4.3 | 4.1 | 4.2 | 4.2 |
| | 31. Staff helped me obtain the information I needed so that I could take charge of managing my illness | 3.9 | 4.1 | 4.1 | 3.7 | 4.0 | 4.0 | 3.6 | 4.2 | 3.9 | 4.0 | 3.9 | 4.4 | 3.8 | 4.3 | 3.8 | 4.2 | 4.2 |
| | 32. I was encouraged to use consumer-run programs (support groups, drop-in centers, crisis phone line) | 3.7 | 3.9 | 3.8 | 3.8 | 3.9 | 3.8 | 3.7 | 3.9 | 3.9 | 4.0 | 3.7 | 4.1 | 3.5 | 4.2 | 3.4 | 3.8 | 4.1 |

| | | | | | | | | | | ССО | | | | | | | | |
|---------------|-----------------------------------|-----------------|---------|-----|-------|-------|---------------|-------|--------------|-----|-----|--------|--------|------|------|-----|------|------|
| Domain | Question | Advanced Health | AllCare | СНА | CPCCO | EOCCO | FFS /OpenCard | GOBHI | Health Share | NHI | JCC | PCS-CG | PCS-CO | PHJC | TCHP | ИНА | WVCH | λςςο |
| Social | 34. I am happy with the | | | | | | | | | | | | | | | | | |
| connectedness | friendships I have | 3.5 | 3.5 | 3.9 | 3.6 | 3.8 | 3.7 | 3.4 | 3.7 | 3.7 | 3.8 | 3.9 | 3.8 | 3.6 | 3.8 | 3.6 | 3.8 | 3.7 |
| | 35. I have people with whom I | | | | | | | | | | | | | | | | | |
| | can do enjoyable things | 3.6 | 3.7 | 4.0 | 3.8 | 4.0 | 3.8 | 3.7 | 3.9 | 3.9 | 3.9 | 4.0 | 3.9 | 3.7 | 4.0 | 3.6 | 3.9 | 4.0 |
| | 36. I feel I belong in my | | | | | | | | | | | | | | | | | |
| | community | 3.0 | 3.3 | 3.5 | 3.2 | 3.5 | 3.6 | 3.0 | 3.4 | 3.3 | 3.3 | 3.5 | 3.4 | 3.1 | 3.6 | 3.2 | 3.6 | 3.4 |
| | 37. In a crisis, I would have the | | | | | | | | | | | | | | | | | |
| | support I need from family or | | | | | | | | | | | | | | | | | |
| | friends | 3.7 | 3.8 | 4.1 | 3.8 | 3.9 | 4.1 | 3.7 | 3.8 | 4.0 | 3.9 | 4.1 | 3.9 | 3.8 | 4.0 | 3.8 | 4.1 | 4.0 |

Appendix E: CCBHC-Specific Results

The following table shows the average scores for each outpatient survey domain question by certified community behavioral health clinic (CCBHC). The scores are on a 1-5 scale:

- 1) Strongly disagree
- 2) Disagree
- 3) Neutral
- 4) Agree
- 5) Strongly Agree

Table E-1. Outpatient Survey: Average Domain Question Responses by CCBHC.

| | | | | | | | | ссвнс | | | | | | |
|-------------|--|----------------------------|----------------------------------|-----------------------------------|--------------------------------|--|--------------|--------------------------------|----------|-----------------------------|-------------------------|-------------------|------------------------------|--------------------------|
| Domain | Question | Cascadia Behavioral Health | Columbia Community Mental Health | Community Counseling Sol John Day | Deschutes County Mental Health | Klamath Child and Family Treatment Center | Lifeworks NW | Mid Columbia Center for Living | No CCBHC | Options for Southern Oregon | PeaceHealth Medical Grp | Symmetry Care Inc | Wallowa Valley Mental Health | Yamhill Co Mental Health |
| | Total responses | 61 | 120 | 27 | 7 | 122 | 68 | 124 | 1368 | 221 | 4 | 18 | 32 | 144 |
| | 16. The location of services was convenient (parking, public transportation, distance, etc.) | 4.2 | 3.9 | - | - | 4.2 | 4.2 | 4.1 | 4.1 | 4.1 | - | - | 4.3 | 4.2 |
| | 17. Staff were willing to see me as often as I felt it was necessary | 4.0 | 3.9 | - | - | 4.0 | 3.9 | 4.0 | 4.1 | 3.8 | - | - | 4.2 | 4.1 |
| | 18. Staff returned my call in 24 hours | 4.0 | 3.9 | - | - | 3.9 | 4.0 | 3.9 | 4.1 | 3.9 | - | - | 4.3 | 4.0 |
| Access | 19. Services were available at times that were good for me | 4.0 | 4.1 | - | - | 4.0 | 4.0 | 4.0 | 4.1 | 4.0 | - | - | 4.2 | 4.3 |
| | 20. I was able to get all the services I thought I needed | 3.7 | 3.6 | - | - | 3.8 | 3.8 | 3.8 | 3.9 | 3.6 | - | - | 3.9 | 3.9 |
| | 21. I was able to see a psychiatrist when I wanted | 3.6 | 3.5 | - | - | 3.5 | 3.5 | 3.6 | 3.6 | 3.4 | - | - | 3.8 | 3.6 |
| | 08. My symptoms are not bothering me as much | 3.0 | 3.1 | - | - | 3.2 | 3.4 | 3.2 | 3.4 | 3.0 | - | - | 3.4 | 3.4 |
| | 09. I do things that are more meaningful to me | 3.3 | 3.5 | - | - | 3.6 | 3.6 | 3.6 | 3.7 | 3.3 | - | - | 3.7 | 3.6 |
| Daily | 10. I am better able to take care of my needs | 3.3 | 3.5 | - | - | 3.6 | 3.8 | 3.6 | 3.7 | 3.4 | - | - | 3.7 | 3.6 |
| functioning | 11. I am better able to handle things when they go | | | | | | | | | | | | | |
| | wrong | 3.3 | 3.5 | - | - | 3.6 | 3.7 | 3.5 | 3.6 | 3.3 | - | - | 3.6 | 3.5 |
| | 12. I am better able to do things that I want to do | 3.1 | 3.4 | - | - | 3.5 | 3.5 | 3.7 | 3.5 | 3.2 | - | - | 3.6 | 3.5 |

| | | ССВНС | | | | | | | | | | | | |
|------------------------------|---|----------------------------|----------------------------------|-----------------------------------|--------------------------------|--|--------------|--------------------------------|----------|-----------------------------|-------------------------|-------------------|------------------------------|--------------------------|
| Domain | Question | Cascadia Behavioral Health | Columbia Community Mental Health | Community Counseling Sol John Day | Deschutes County Mental Health | Klamath Child and Family Treatment Center | Lifeworks NW | Mid Columbia Center for Living | No CCBHC | Options for Southern Oregon | PeaceHealth Medical Grp | Symmetry Care Inc | Wallowa Valley Mental Health | Yamhill Co Mental Health |
| General satisfaction | 13. I like the services that I received here | 4.2 | 4.1 | - | - | 4.3 | 4.1 | 4.1 | 4.2 | 4.0 | - | - | 4.2 | 4.1 |
| | 14. If I had other choices, I would still get services from this agency | 4.2 | 4.0 | - | - | 4.1 | 3.9 | 4.0 | 4.0 | 3.9 | - | - | 4.1 | 4.0 |
| Satisfaction | 15. I would recommend this agency to a friend or family member | 4.1 | 4.0 | - | - | 4.2 | 4.0 | 4.0 | 4.2 | 3.9 | - | - | 4.1 | 4.1 |
| | 01. I deal more effectively with daily problems | 3.5 | 3.6 | - | - | 3.6 | 3.8 | 3.7 | 3.7 | 3.5 | - | - | 3.6 | 3.7 |
| | 02. I am better able to control my life | 3.4 | 3.5 | - | - | 3.6 | 3.7 | 3.5 | 3.7 | 3.5 | - | - | 3.5 | 3.6 |
| | 03. I am better able to deal with crisis | 3.3 | 3.5 | - | - | 3.5 | 3.6 | 3.5 | 3.6 | 3.4 | - | - | 3.6 | 3.6 |
| Outcomes | 04. I am getting along better with my family | 3.5 | 3.6 | - | - | 3.8 | 3.7 | 3.8 | 3.7 | 3.6 | - | - | 3.6 | 3.7 |
| Outcomes | 05. I do better in social situations | 3.3 | 3.4 | - | - | 3.2 | 3.5 | 3.3 | 3.5 | 3.2 | - | - | 3.4 | 3.4 |
| | 06. I do better in school and/or work | 3.0 | 3.3 | - | - | 3.2 | 3.5 | 3.2 | 3.5 | 3.2 | - | - | 3.5 | 3.4 |
| | 07. My housing situation has improved | 3.3 | 3.3 | - | - | 3.4 | 3.5 | 3.5 | 3.5 | 3.2 | - | - | 3.2 | 3.6 |
| | 08. My symptoms are not bothering me as much | 3.0 | 3.1 | - | - | 3.2 | 3.4 | 3.2 | 3.4 | 3.0 | - | - | 3.4 | 3.4 |
| Participation | 23. I felt comfortable asking questions about my treatment and medication | 4.2 | 4.0 | - | - | 4.0 | 4.2 | 4.1 | 4.1 | 4.1 | - | - | 4.1 | 4.0 |
| | 29. I, not staff, decided my treatment goals | 4.1 | 3.9 | - | - | 3.8 | 4.0 | 3.8 | 3.9 | 3.6 | - | - | 4.0 | 3.9 |
| Quality / Appropriateness | 22. Staff here believe my health can improve and I can recover | 4.2 | 4.0 | - | - | 4.2 | 4.2 | 4.3 | 4.2 | 4.0 | - | - | 4.0 | 4.1 |

| | | | | | | | | ССВНС | | | | | | |
|-------------------------|--|----------------------------|----------------------------------|-----------------------------------|--------------------------------|--|--------------|--------------------------------|----------|-----------------------------|-------------------------|-------------------|------------------------------|--------------------------|
| Domain | Question | Cascadia Behavioral Health | Columbia Community Mental Health | Community Counseling Sol John Day | Deschutes County Mental Health | Klamath Child and Family Treatment Center | Lifeworks NW | Mid Columbia Center for Living | No CCBHC | Options for Southern Oregon | PeaceHealth Medical Grp | Symmetry Care Inc | Wallowa Valley Mental Health | Yamhill Co Mental Health |
| | 24. I felt free to complain | 4.0 | 4.0 | - | - | 4.0 | 4.0 | 4.0 | 4.0 | 3.8 | - | - | 3.8 | 3.8 |
| | 25. I was given information about my rights | 4.3 | 4.3 | - | - | 4.3 | 4.2 | 4.2 | 4.2 | 4.3 | - | - | 3.9 | 4.3 |
| | 26. Staff encouraged me to take responsibility for how I live my life | 3.9 | 4.0 | - | - | 4.1 | 4.2 | 4.0 | 4.1 | 4.1 | - | - | 4.1 | 4.1 |
| | 27. Staff told me what side effects to watch out for | 3.8 | 3.8 | - | - | 4.0 | 3.9 | 3.8 | 3.9 | 3.9 | - | - | 3.9 | 4.0 |
| | 28. Staff respected my wishes about who is and who is not to be given information about my treatment | 4.4 | 4.3 | - | - | 4.4 | 4.5 | 4.2 | 4.3 | 4.3 | - | - | 4.3 | 4.3 |
| | 30. Staff were sensitive to my cultural background (race, religion, language) | 4.2 | 4.1 | - | - | 4.2 | 4.3 | 4.2 | 4.2 | 4.1 | - | - | 4.2 | 4.1 |
| | 31. Staff helped me obtain the information I needed so that I could take charge of managing my illness | 4.0 | 3.9 | - | - | 4.1 | 4.1 | 3.8 | 4.0 | 3.8 | - | - | 4.3 | 4.0 |
| | 32. I was encouraged to use consumer-run programs (support groups, drop-in centers, crisis phone line) | 3.9 | 4.0 | - | - | 4.1 | 4.0 | 3.7 | 3.8 | 3.8 | - | - | 4.0 | 4.1 |
| Social connectedness | 34. I am happy with the friendships I have | 3.6 | 3.8 | - | - | 3.9 | 3.7 | 3.8 | 3.8 | 3.5 | - | - | 3.8 | 3.8 |
| | 35. I have people with whom I can do enjoyable things | 3.8 | 4.0 | - | - | 4.0 | 3.9 | 3.9 | 3.9 | 3.6 | - | _ | 4.2 | 3.9 |
| | 36. I feel I belong in my community | 3.1 | 3.3 | - | - | 3.5 | 3.4 | 3.3 | 3.4 | 3.1 | - | - | 3.9 | 3.3 |

| | | ССВНС | | | | | | | | | | | | |
|--------|---|----------------------------|----------------------------------|-----------------------------------|--------------------------------|--|--------------|--------------------------------|----------|-----------------------------|-------------------------|-------------------|------------------------------|--------------------------|
| Domain | Question | Cascadia Behavioral Health | Columbia Community Mental Health | Community Counseling Sol John Day | Deschutes County Mental Health | Klamath Child and Family Treatment Center | Lifeworks NW | Mid Columbia Center for Living | No CCBHC | Options for Southern Oregon | PeaceHealth Medical Grp | Symmetry Care Inc | Wallowa Valley Mental Health | Yamhill Co Mental Health |
| | 37. In a crisis, I would have the support I need from family or friends | 3.7 | 3.8 | - | _ | 4.1 | 3.9 | 4.0 | 4.0 | 3.6 | - | _ | 4.0 | 3.9 |