Oregon Health Plan Prioritized List changes
Multisector Interventions for Obesity

The Health Evidence Review Commission approved the following changes to the Prioritized List of Health Services on November 10, 2016, based on the approved report on Multisector Interventions for Obesity.

This Multisector Intervention will be added to the Prioritized List effective January 1, 2018.

1) Adopt a new Multisector Intervention as shown below

   MULTISECTOR INTERVENTIONS: PREVENTION AND TREATMENT OF OBESITY
   Limited evidence supports the following interventions:
   School and childcare settings
   - School based interventions to reduce BMI (especially with physical activity focus)
   - School nutrition policy and day care meal standards
   - Family-based group education programs delivered in schools
   - Obesity prevention interventions in childcare settings (nutrition education, healthy cooking classes for 2-6 year olds, physical activity and playful games)

   Community level interventions
   - Environmental interventions (social marketing, cafeteria signs, farmers markets, walking groups, etc)
   - Introduction of light rail
   - Community-based group health education and counseling interventions, workplace education interventions
   - Workplace and college interventions to improve physical activity

   Multiple settings:
   - Interventions to reduce sedentary screen time (in some studies, also to increase physical activity and nutrition).
   - Multicomponent individual mentored health promotion programs to prevent childhood obesity
   - Parental support interventions for diet and physical activity (group education, mental health counseling)

   Policy changes
   - Sugar sweetened beverage taxes
   - Elimination of tax subsidy for advertising unhealthy food to children

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This Multisector Interventions statement is based on the work of the HERC Obesity Task Force and the full summary of the evidence report is available here: http://www.oregon.gov/oha/herc/Pages/blog-obesityMSI.aspx