# GUIDELINE NOTE 6, REHABILITATIVE AND HABILITATIVE THERAPIES

Lines 31,​46,​57,​68,​71,​73,​80,​90,​91,​127,​131,​132,​136,​150,​153,​160,​177,​182,​183,​195,​199,​200,​206,​252,​254,​270,​283,​285,​290,​298,​299,​306,​314,​338,​342,​345,​352,​353,​356,​373,​374,​395,​398,​399,​405,​413,​414,​419,​421,​429,​440,​454,​461,​464,​465,​474,​481,​490,​502,​549,​552,​565,​583,​601

The quantitative limits in this guideline note do not apply to mental health or substance abuse conditions.

A total of 30 visits per year of rehabilitative therapy and a total of 30 visits per year of habilitative therapy (physical, occupational and speech therapy) are included on these lines when medically appropriate. Additional visits, not to exceed 30 visits per year of rehabilitative therapy and 30 visits per year of habilitative therapy, may be authorized in cases of a new acute injury, surgery, or other significant change in functional status. Children under age 21 may have additional visits authorized beyond these limits if medically appropriate. Massage therapy (CPT 97124) is included in these service limits. When billing CPT 97124, there must be a minimum of 8 minutes of massage provided. Massage is limited to no more than one session per week.

Physical, occupational and speech therapy are only included on these lines when the following criteria are met:

1. therapy is provided by a licensed physical therapist, occupational therapist, speech language pathologist, physician, or other practitioner licensed to provide the therapy,
2. there is objective, measurable documentation of clinically significant progress toward the therapy plan of care goals and objectives,
3. the therapy plan of care requires the skills of a medical provider, and
4. the client and/or caregiver cannot be taught to carry out the therapy regimen independently.

No limits apply while in a skilled nursing facility for the primary purpose of rehabilitation, an inpatient hospital or an inpatient rehabilitation unit.

Spinal cord injuries, traumatic brain injuries, or cerebral vascular accidents are not subject to the visit limitations during the first year after an acute injury.