

Controlling High Blood Pressure No-cost, CME-accredited webinar for clinicians

The Transformation Center invites clinicians who serve Oregonians to a no-cost CME-accredited webinar focused on controlling high blood pressure. The webinar will feature Dr. Mark Backus, a Bend physician who was named a hypertension control champion by the Centers for Disease Control and Prevention Million Hearts® campaign. After this one-hour presentation, participants will be able to:

- 1) Review CCO hypertension metric specifications
- 2) Explain the implications of the SPRINT blood pressure study and new American Heart Association guidelines
- 3) Illustrate the proper body position for taking blood pressure
- 4) Identify ways for providers to improve blood pressure control
- 5) Share strategies for clinics to improve blood pressure control
- 6) Describe how to identify patients who require referral or special testing for their hypertension

When: On demand through September 20, 2019

Webinar registration: <https://attendee.gotowebinar.com/register/9066652441072643329>

This educational activity is supported by the Oregon Health Authority.



Mark Backus, MD, FACP is a graduate of Stanford undergraduate and Duke University Medical School, and has been in private practice for over 20 years. He has given his blood pressure talk to hundreds of clinicians, with consistently positive feedback. His emphasis is on practical knowledge to make it easier to care for patients, to ensure you will walk away with useful information.

CME credit is available to qualified participants who complete the one-hour training and pre- and post-test. Qualified participants include physicians, nurse practitioners, registered nurses, physician assistants, certified nurse midwives, and licensed social workers (for more details, see next page). The pre-test will be part of the webinar registration, and the post-test will be part of the post-webinar evaluation. You must achieve a score of 70 percent or higher on the post-test to receive CME credit.

ACCREDITATION:

CME certification begins 09/20/18. Term of approval is for one year from this date.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of St. Charles Health System and the Oregon Health Authority. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

After completion of its contract with OHA, we anticipate St. Charles Health System to designate this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians (MD and DO)

In Oregon, physicians must earn 60 hours of CME over the course of two years (OAR 847-008-0070) *AMA PRA Category 1 Credit*[™] or equivalent.

Nurse practitioners and registered nurses

- For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit*[™] issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education).
- For the purpose of relicensure, the Oregon State Board of Nursing accepts *AMA PRA Category 1 Credit*[™] for attendance at structured learning activities offered by organizations accredited by the ACCME. (OAR 851-050-0142). St. Charles Health System is accredited by the Oregon Medical Association (OMA), which is recognized by ACCME as an accreditor of CME providers in Oregon. The OMA's system of accreditation is equivalent to that of ACCME's national system.

Physician assistants

The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA PRA Category 1 Credits*[™] are acceptable for continuing medical education requirements for recertification.

Certified nurse midwives

The American College of Nurse Midwives has granted reciprocity status for *AMA PRA Category 1 Credit*[™] issued by providers accredited by the ACCME and relevant to midwifery.

Licensed social workers

The Oregon Board of Licensed Social Workers accepts *AMA PRA Category 1 Credit*[™] for continuing education requirements.

Other

Many other disciplines such as researchers, PharmD's, occupational therapists, physical therapists and anes-techs request credit memos for re-licensure or recertification if applicable. Many societies and credentialing bodies accept the *AMA PRA Category 1 Credit*[™] as an equivalent as long as the topic is relevant to the applicant's field or discipline.

If you have doubts whether an activity will qualify for CE, contact your professional board prior to registering for the course.