

Oregon Medicaid Advisory Committee

Addressing the Social Determinants of Health in the Second Phase of Health System Transformation: Recommendations for Oregon's CCO Model

Report and Recommendations

May 2018



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Health Authority

Kate Brown, Governor

MEMORANDUM

DATE: May 23, 2018

TO: David Simnitt, Interim Medicaid Director and Jeremy Vandehey, Director of

Health Policy and Analytics Division

FROM: Medicaid Advisory Committee

RE: Addressing the Social Determinants of Health in the Second Phase of Health

Systems Transformation: Recommendations for Oregon's CCO Model

Dear Mr. Simnitt and Mr. Vandehey,

While the Medicaid Advisory Committee (MAC) recognizes the importance of quality and accessible clinical health services, we know that social factors such as housing, food insecurity, and transportation ultimately play a much larger role in determining a person's health. These social, economic, political, and environmental conditions in which people are born, grow, work, live, and age, are called the social determinants of health (SDOH). Yet, as a nation, we spend significantly more on clinical services than we do on addressing SDOH and thereby improving health equity. Since the inception of CCOs in 2012, the model has offered the potential to move the role of health care upstream to address prevention and social factors, in order to prevent downstream health care costs. As a committee, we offer a set of recommendations to harness this opportunity more directly as the state moves into its second contracting period with Oregon CCOs.

More specifically, the MAC has produced a set of recommendations to respond to a gap in guidance for CCOs, which OHA identified in the spring of 2017. After a year of exploring the issue, researching, and gathering stakeholder feedback, we are pleased to submit our report and recommendations, including:

- An explanation of why it is important to address the SDOH through Oregon CCOs (pgs. 16-19)
- Standard definitions of SDOH and social determinants of health equity that can be used for all Oregon CCOs (pg. 20)
- A set of five general recommendations for CCOs when addressing SDOH (pgs. 23-26)
- A set of roles that CCOs as health care plans can play addressing SDOH (pgs. 30-31)

In order for these recommendations to be most effective, the MAC urges OHA to use the upcoming 2020-2025 contracting cycle to require that CCOs move forward on each of the MAC's five general recommendations on CCOs and SDOH, in alignment with the committee's standard definitions of SDOH and social determinants of health equity. More specifically, the MAC recommends OHA:



Kate Brown, Governor



- Increase tracking of CCO SDOH initiatives and policies, spending, and outcomes data, and share information publicly to identify best practices and areas for improvement.
 From increased tracking and data, establish clear goals and metrics to assess CCO spending and work on SDOH and equity.
- Increase expectations for CCOs to assess health inequities and establish infrastructure and systems to improve health equity.
- Ensure CCOs are using the unique tools provided by the CCO model to spend on SDOH, including health-related services, as well as investing additional savings and profits back into the community to impact SDOH.
- Strengthen requirements for Community Health Assessments (CHA) and Community Health Improvement Plans (CHP), to ensure CCOs work with appropriate community partners and include SDOH and equity strategies in their CHAs and CHPs.
- Establish clear expectations that CCOs have the connections and relationships in the community necessary to advance community-driven work in SDOH (e.g. community based organizations, social service organizations, public health, etc.).
- Provide SDOH learning and information sharing opportunities for CCOs to promote replication and scaling up of SDOH efforts.

The recommendations above, targeted to OHA, are detailed in the accompanying document: State Actions to Support and Hold CCOs Accountable to Addressing the Social Determinants of Health: Recommendations to the Oregon Health Authority.

Throughout our work, we were struck by the innovative work already happening in Oregon CCOs and their surrounding communities to address SDOH. We hope our recommendations help the OHA and CCOs to leverage and build on this work over the next five years and beyond.

Sincerely,

Jeremiah Rigsby

Co-Chair, Medicaid Advisory Committee

Laura Etherton

In A

Co-Chair, Medicaid Advisory Committee

cc: Patrick Allen, Director, OHA

Zeke Smith, Chair, Oregon Health Policy Board

Medicaid Advisory Committee Members

Laura Etherton, Co-Chair, Policy Director, Oregon Primary Care Association

Jeremiah Rigsby, Co-Chair, Director, Public Policy & Regulatory Affairs, CareOregon

Tamara Bakewell, Family Involvement Coordinator for Oregon Center for Children and Youth with Special Health Needs (OCCYSHN) (Title V)

Glendora Claybrooks NCMA, MHA, GCPM; OHP member; CAC Member, Health Share

Regina Dehen, ND, MAcOM, Chief Medical Officer and Dean of Clinics for the National University of Natural Medicine

Robert DiPrete, public member, former MAC Director, retired Deputy Administrator, Office of Health Policy and Research

Miguel Angel Herrada, Health Equity and Diversity Strategist, Pacific Source Health Plans

Leslee Huggins, DDS, MS, Board-certified Pediatric Dentist

Anna Lansky, MPA Assistant Director, Division of Developmental Disability Services, DHS, Ex Officio Member

Marcia Hille, Executive Director, Sequoia Mental Health Services

Maria Rodriguez, MD, MPH OB/GYN, Oregon Health and Sciences University (OHSU)

Ross Ryan, OHP member, consumer advocate

David Simnitt, Interim Medicaid Director, OHA, Ex-Officio Member

Staff

Amanda Peden, MPH, lead staff Margie Fernando, project support

If you would like additional copies of this report, or if you need this material in an alternate format, please email: Mac.Info@state.or.us.

ADDRESSING THE SOCIAL DETERMINANTS OF HEALTH IN THE SECOND PHASE OF HEALTH SYSTEM TRANSFORMATION:

MEDICAID ADVISORY COMMITTEE RECOMMENDATIONS FOR OREGON'S CCO MODEL

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I. Executive Summary

The Oregon Health Plan's Coordinated Care Organization (CCO) model is on the cusp of its second phase, with a new set of CCO contracts and expectations coming in 2020. CCOs were originally designed to focus on prevention and improving community health. More and more, this requires working outside of the health care system to impact factors where we live, learn, work, and play. These factors are the social determinants of health (SDOH).

In the spring of 2017, the Oregon Health Authority (OHA) identified the need for more definition and guidance related to how Oregon's CCOs address SDOH, and brought this work to the state's Medicaid Advisory Committee (MAC). The MAC took up this charge to develop a set of recommendations, to include:

- An explanation of why it is important to address the SDOH through Oregon CCOs
- Standard definitions of SDOH and social determinants of health equity that can be used for all Oregon CCOs
- A set of general recommendations for CCOs when addressing SDOH
- A set of roles that CCOs as health care plans can play addressing SDOH
- A guide for how CCOs could use health-related services in a specific priority area

The first four of these recommendations are the focus of this document. The health-related services guide is being developed by the MAC and OHA staff under a separate timeline.

To inform its recommendations, the MAC's work involved gathering research and insights from national and local stakeholders, as well as allowing for consultation and feedback to refine the recommendations with key OHA staff, committees, and community stakeholders. This included:

- compiling and considering definitions from local, national, and international sources to develop a definition specific for Oregon CCOs (e.g. World Health Organization, CDC, Oregon's public health modernization);
- hearing presentations and public comment from local stakeholders, including CCOs, community health centers, regional health equity coalitions, and community partners;
- consulting with key OHA staff, including the Office of Equity and Inclusion and the OHA internal SDOH workgroup on the definitions of SDOH and social determinants of health equity;
- developing and fielding a stakeholder survey on SDOH activities, priorities, and barriers among all 15 CCOs, Community Advisory Councils, and a selection of key community partners, including community health centers, local public health, tribal public health, regional health equity coalitions, and behavioral health providers; and
- consulting and incorporating feedback from a selection of OHA committees and community groups to inform the final recommendations, including: the OHPB's Health Equity Committee (HEC), Allies for a Healthier Oregon (AHO), OHPB's Health Information Technology Oversight Council (HITOC), the Health Information Technology Advisory Group (HITAG), and the Quality and Health Outcomes Committee (QHOC).

As the MAC was in the process of developing its recommendations, OHA and the Oregon Health Policy Board (OHPB) launched a process to develop policies for the second phase of CCOs, otherwise known as "CCO 2.0." To guide this policy development, Governor Brown directed the OHPB to focus on four priority areas, including social determinants of health and equity. The MAC encourages the OHA and the OHPB to consider its recommendations to inform specific policies and expectations in CCO 2.0.

Recommendations

After nine months of investigation, the MAC concludes that CCOs should be among those responsible for addressing SDOH, because:

- 1. Addressing SDOH is essential to reach Oregon's triple aim of better health, better care, and lower costs, since SDOH impact health much more than health care services.
- 2. SDOH must be addressed in order to eliminate health inequities, since certain groups are disproportionately impacted by SDOH due to structural factors, such as racism and sexism.
- 3. Addressing SDOH can directly cut healthcare costs, based on a growing body of evidence.
- 4. The CCO model is particularly well-suited to address SDOH, given its emphasis on coordinated, whole-person care, local control, paying for value, and addressing inequities (see Appendix A).

The MAC subsequently advises OHA to adopt the following recommendations to expand and improve the work of CCOs addressing SDOH.

Recommended definition of social determinants of health and health equity

The MAC recommends OHA adopt definitions of SDOH and social determinants of health equity across CCOs, to support a common understanding and more targeted investment across regions. The following definitions were adapted from existing national and international definitions, and modified for an Oregon context with consideration of feedback from the committees and groups referenced above.

Definition begins on next page.

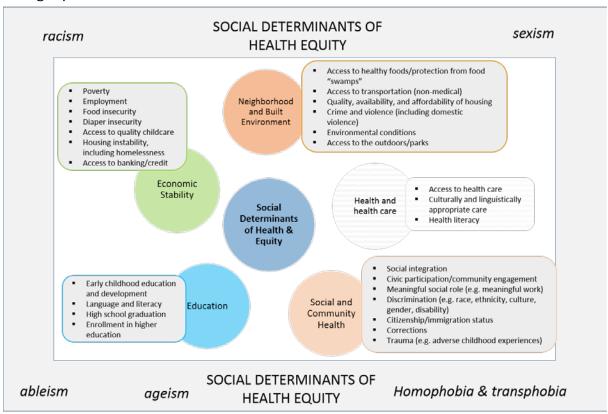
Social Determinants of Health and Equity: Definitions for CCOs

Most of our health is shaped by factors outside the clinic or hospital, in the places where we live, learn, work, and play.

Social determinants of health: The social, economic, political, and environmental conditions in which people are born, grow, work, live, and age. These conditions significantly impact length and quality of life and contribute to health inequities.

Social determinants of health equity: Systemic or structural factors that shape the unfair distribution of the social determinants of health in communities. These structural factors are evident in social norms, policies, and political systems, both historical and current. Institutionalized racism is one example.

See graphic below for a list of factors that fit the definitions above.



Five general recommendations to guide CCO efforts to address SDOH

The MAC identified five general recommendations to guide overall direction for CCO focus and spending on SDOH. The MAC encourages OHA to use these recommendations as guidelines when establishing expectations and accountabilities for CCOs related to SDOH.

CCOs address SDOH with the primary purpose of improving health equity. This approach means that CCOs:

- a) Use evidence of community health inequities to drive strategic efforts to address the SDOH that most contribute to these disparities.
- b) Build the critical infrastructure necessary to address the structural factors that influence SDOH (e.g. institutional racism). For example, ensure culturally competent CCO leadership, staff, and services.
- c) Publicly communicate, through a plan, staff, and/or other process, how the CCO is considering equity in directing its SDOH work.
- d) Recognize that improving SDOH and social determinants of health equity is a continuous process, and adjust efforts as necessary to respond to emerging and changing health disparities and SDOH challenges.

CCOs support, leverage, and augment existing internal (CCO), community, and provider efforts and capacities to address SDOH, in order to increase the effectiveness of these efforts. This approach means that CCOs:

- a) Select appropriate role(s) (see Table 1, pgs. 30-31) based on the needs and resources in a given community.
- b) Work directly with Community Advisory Councils (CACs), providers, public health, and other community partners already engaged in addressing the SDOH.

c) Consider regional assessments and plans, such as Community Health Assessments (CHA) and Community Health Improvement Plans (CHP),¹ and other available assessments of community health (e.g. public health surveys) to drive SDOH strategies. It is critical for OHA to monitor these assessments and plans.

CCOs build from their roles as the main Medicaid payer in a community, and use the unique tools provided by the CCO model to spend funds on SDOH, including:

- a) Health-related services.
- b) Value-based payment strategies² that incent and enable providers for work to address SDOH and refer patients with complex social needs.

CCOs support health care teams and community partners in working together and with patients to identify and address the SDOH challenges patients face and would like help to resolve. This approach means that CCOs:

- a) Address the variety of health care team and community partner needs to impact SDOH (e.g. need for data systems or technology to track and address SDOH).
- b) Ensure providers have the necessary SDOH data to deliver both SDOH-informed and SDOH-targeted healthcare.³

¹ CCOs are required to conduct Community Health Assessments and develop and report on Community Health Improvement Plans. CACs are required to oversee a Community Health Improvement Plan and adopt a Community Health Improvement Plan.

² Value-based payment: A strategy to pay health care providers for quality outcomes and value, rather than quantity or volume of services provided.

³ SDOH-informed healthcare: using information on social needs in clinical decision-making; SDOH-targeted healthcare: implementing interventions to address social needs (e.g. connecting individuals to social service resources).

- c) Ensure two-way data flow by facilitating reporting of SDOH efforts and outcomes from health care teams and community partners.
- d) Offer health care teams resources to help facilitate connection to or coordination with SDOH community partners.

CCOs address SDOH in a way that promotes person- and familycentered care, including tailoring SDOH efforts around member needs and desires. This means CCOs and their provider networks:

- a) Provide member-based services (e.g. flexible services)⁴ in a way that takes into account a member's desires and priorities when it comes to addressing SDOH challenges or barriers.
- b) Tailor population-based SDOH initiatives (e.g. community benefit initiatives) to the community needs and priorities identified through community health assessments and other relevant public health assessments.

10 recommended roles for CCOs in addressing SDOH

Building off of its five general recommendations, the MAC recommends CCOs be encouraged to identify the most appropriate role for their organization to play in addressing SDOH based on community- and issue-specific needs, partnerships, and capacities. With this in mind, the MAC identified one foundational and nine additional possible roles for CCOs addressing SDOH in their communities (for more detail, see Table 1, pgs.30-31):

Foundational role:

• Internal and infrastructure changes: Hiring, training, retention, recruitment, and community engagement strategies necessary to

⁴ Flexible services are the type of health-related services that are provided directly to individual members, as a part of their care plan. In contract, community benefit services are provided at a community or population level.

ensure organization and provider network's competency to address SDOH.

Additional possible roles:

- Direct investment: Grants or more permanent funding, often to providers and community-based organizations, to build infrastructure in communities to addressing SDOH.
- Health-related services (HRS): Non-state plan, non-covered services intended to improve care delivery and member health. HRS include flexible services (member-specific services) and community benefit initiatives.
- Value-Based Payment: Payment models designed to pay for value (i.e. outcomes) rather than volume (i.e. services). Payment can be designed to incentivize SDOH activities; and allow flexibility to address both medical and social needs to improve health.
- **Workforce:** Contracting with or otherwise funding healthcare workers to address SDOH (e.g. community health workers).
- General alignment/collaboration: Aligning CCO SDOH priorities with community-selected goals or strategies.
- Convener: Bringing together diverse, multi-sectoral partners to identify common priorities and work toward addressing SDOH. Further, communicating with other CCOs to share best practices and innovations around SDOH.
- Data/analytics support: Providing health care data or data resources (e.g. Health IT, supporting development of Health Information Exchange) to partners, such as social service entities.
- **Social needs/resource clearinghouse:** Compiling and distributing social needs/resource data to providers and other partners.
- Policy/government relations: Advocating for policies that address SDOH in communities.

II. Background and Process

In 2012, Oregon begin enrolling most Oregon Health Plan members in Coordinated Care Organizations (CCOs), a new type of managed care organization with a focus on primary care, prevention, and achieving better health, better care, and lower costs (the "triple aim"). The CCOs were designed to be accountable to their local communities for improving overall health through a patient-centered, coordinated, and integrated approach. Over the past five years, the focus on prevention has led many CCOs to move beyond the clinic walls to consider and address factors outside the health care system that impact member health – such as housing, transportation, and food insecurity. These factors, called the social determinants of health (SDOH), play a much larger role in determining health than either genetics or healthcare services.

In January 2017, Oregon obtained approval from CMS for a new 5-year Section 1115 waiver, which prioritizes SDOH and enhances incentives and guidance for CCOs to use their global budgets to fund SDOH-related work and initiatives. Subsequently, the Oregon Health Authority (OHA) identified the need for more definition and guidance related to how Oregon's CCOs could most effectively address SDOH, in order to expand this work in the coming years. As the state's main stakeholder advisory body for the Medicaid program, the MAC was uniquely positioned to take on this work.

Deliverables

The OHA and the Medicaid Advisory Committee agreed on five deliverables for the MAC's SDOH recommendations:

⁵ The 2017-2022 1115 waiver includes additional guidance on the use of health-related services, which are non-state-plan services that CCOs can fund to improve health, such as activities related to the social determinants of health.

- An explanation of why it is important to address the SDOH through Oregon CCOs
- 2. Standard definitions of SDOH and social determinants of health equity that can be used for all Oregon CCOs
- 3. A set of general recommendations for CCOs when addressing SDOH
- 4. A set of roles that CCOs as health care plans can play addressing SDOH
- 5. A guide for how CCOs could use health-related services in a specific priority area

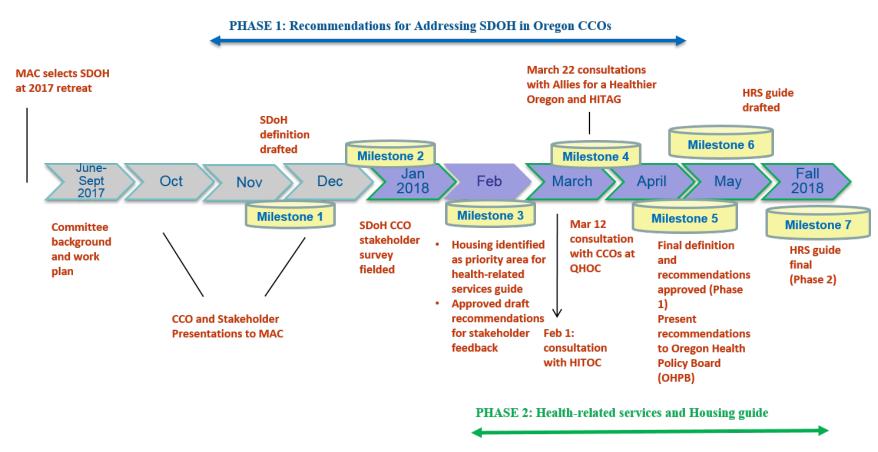
The first four of these recommendations are the focus of this document. The health-related services guide is being developed under a separate timeline.

<u>Process</u>

The MAC identified SDOH as a top policy priority during its annual retreat in spring of 2017. Subsequently, the MAC developed a work plan and timeline to complete its recommendations by mid-2018. The work plan involved two phases: phase 1, including the development of the MAC's overall recommendations on SDOH, encompassing the first four of its deliverables; and phase 2, involving the development of a health-related services guide on a priority area of SDOH.

See timeline and critical milestones, next page.

MAC SDOH Timeline & Critical Milestones



The committee's work involved gathering research and insights from national and local stakeholders, as well as allowing for consultation and feedback to refine the recommendations with key OHA staff, committees, and community stakeholders. This included:

- compiling and considering definitions from local, national and international sources to develop a definition specific for Oregon CCOs (e.g. World Health Organization, CDC, Oregon's public health modernization);
- hearing presentations and public comment from local stakeholders, including CCOs, community health centers, regional health equity coalitions, and community partners (see Sidebar, right);
- consulting with key OHA staff, including the Office of Equity and Inclusion and the OHA internal SDOH workgroup on the definition of SDOH;
- developing and fielding a stakeholder survey on SDOH activities, priorities, and barriers among all 15 CCOs, Community Advisory Councils, and a selection of key community partners, including community health centers, local and tribal public health,
 - regional health equity coalitions, and behavioral health providers. (See Appendices C & D, Survey Instrument and Survey Results); and
- consulting and incorporating feedback from select OHA committees and community groups to inform the final recommendations, including: the OHPB's Health Equity Committee (HEC), Allies for a

Stakeholder presentations and public comment to the Medicaid Advisory Committee regarding Social Determinants of Health programs (July 2017 – March, 2018)

- Accountable Health Communities
- All Care
- CCO Oregon (see letter, Appendix B)
- Health Share of Oregon
- Jackson Care Connect
- Lane Early Learning Alliance
- Next Door, Inc.
- Oregon Primary Care Association
- Columbia Gorge Health Council
- Rogue Community Health Center
- Trillium Community
 Health Plan
- SO Health-E Regional Health Equity Coalition

Healthier Oregon (AHO), OHPB's Health Information Technology Oversight Council (HITOC), the Health Information Technology Advisory Group (HITAG), and the Quality and Health Outcomes Committee (QHOC).

This process resulted in a set of recommendations that are informed by the perspectives, work, and experiences of Oregon CCOs, key community partners, and agency staff.

Recommendations begin on next page.

III. Why Social Determinants of Health in Oregon CCOs?

There is a growing acknowledgement that "place matters" when it comes to a person's health; indeed, a person's zip code is often more predictive of their health than their genetic code. These place-based factors are often referred to as the social determinants of health (SDOH) – the social, economic, political, and environmental conditions in which people are born, grow, work, live, and age (see page 20, definition of social determinants of health & equity for Oregon CCOs).

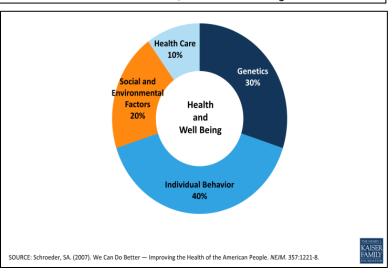
Oregon's CCOs can play an important role in addressing SDOH for their members and thereby improving overall health in their communities, reducing health disparities, and cutting health care costs. The MAC proposes four reasons this work should be a responsibility and essential component of a CCO's role:

- 1. Addressing SDOH is essential to reach Oregon's triple aim of better health, better care, and lower costs, since SDOH impact health much more than health care services.
- 2. SDOH must be addressed in order to eliminate health inequities, since certain groups are disproportionately impacted by SDOH due to structural factors, such as racism and sexism.
- 3. Addressing SDOH can directly cut healthcare costs, based on a growing body of evidence.
- 4. The CCO model is particularly well-suited to address SDOH, given its emphasis on coordinated, whole-person care, local control, paying for value, and addressing inequities (see Appendix A).

The impact of SDOH on health

In order to reach Oregon's triple aim of better health, better care and lower costs, it is essential that coordinated care organizations (CCOs) work toward addressing the social, environmental, and political factors that both predispose certain groups to health conditions and pose particular challenges to a person's

Figure 1. Impact of Different Factors on Risk of Premature Death (Kaiser Family



recovery. Research has shown that SDOH have a significantly larger impact on health, length of life, and quality of life than clinical health care (e.g., see figure 1, impact of factors on premature death).

Health inequities

The MAC recognizes that certain groups are disproportionately impacted by poor social and economic conditions and experience unfair barriers to social resources and opportunities according to race/ethnicity, gender, disability status, behavioral health, sexual orientation, and other characteristics. Institutional racism – racism reflected in policies and social systems – and discrimination can impact access to housing, employment opportunities, neighborhood characteristics, such as safety and access to healthy food retail, and other SDOH. Oregon's history of structural inequalities, institutional racism, and embedded discriminatory policies have slowed the economic progress, social standing, and health outcomes of racial minorities across generations. For example, the State's constitutional ban on black residency and covenants on home ownership for black, Chinese, and Jewish families created and sustained systematic poverty and economic

disfranchisement decades beyond each individual laws' reach. These structural factors - called the social determinants of health equity (see definition, pg.20) help determine the distribution of SDOH in populations. It is necessary to address both SDOH and the social determinants of health equity in order to improve health.

<u>Cutting healthcare costs</u>

While evidence in this area is still nascent, research is beginning to show return on investment for addressing SDOH. For example, research in central Florida found that providing supportive housing to the chronically homeless cost \$10,051 per person per year, compared with a total cost of \$31,065 per person per year in higher rates of inpatient hospitalizations, ED visits, incarceration and other system costs. iv These include savings to the health care system, corrections (justice system), and broader community, illustrating the importance of collaborative, community-wide efforts to address SDOH (for example, partnerships between health care entities and corrections). Research has also shown a link between SDOH, such as housing insecurity and household income, and pediatric hospital readmissions. V Here in Oregon, Providence Center for Outcomes Research and Education (CORE) found that Medicaid costs declined by 12% on average after people moved into affordable housing, with even higher savings for members moving into Permanent Supportive Housing (14%) and housing for seniors and people with disabilities (16%). vi

CCO model and SDOH

In general, the Medicaid program is a strong avenue by which to address SDOH. Medicaid members are often among those most negatively impacted by SDOH (e.g. food insecurity), and are often eligible for or already enrolled in other social service programs, such as the Supplemental Nutrition Assistance Program (SNAP), otherwise known as food stamps. Additionally, recent updates to Medicaid Managed Care rule facilitate Medicaid

investments in SDOH interventions, such as including community health workers in care teams. vii

Moreover, aspects of Oregon's CCO model are especially well designed for meaningful work to address SDOH. Appendix A identifies alignment between key components of health system transformation under CCOs and strategies to address SDOH. For example, CCO authorizing legislation (HB 3650) requires that CCO members "receive assistance in navigating the health care delivery system and in accessing community and social support services and statewide resources, including through the use of certified health care interpreters...community health workers, and personal health navigators." Community health workers and other traditional health workers (THWs) can be a key workforce to address SDOH. THWs often share lived experience with members and can connect members to critical social services and other resources to address SDOH.

IV. Defining Social Determinants of Health and Health Equity for Oregon CCOs

Oregon CCOs are already addressing SDOH in a variety of ways (see Appendix D, Survey Results, Appendix E, table of SDOH initiatives & roles by CCO, and Appendix F, CCO presentations to MAC). However, the degree of CCO investment in SDOH initiatives varies by community, and CCOs may have different definitions of SDOH. The MAC developed definitions of SDOH and social determinants of health equity for Oregon CCOs in order to help drive more focused and concentrated impact. The following definitions build off of existing definitions from national and international health experts, and were developed in collaboration with OHA staff and in consultation with various committees and community groups (see work timeline, page 13).

Definitions begin on next page.

Social Determinants of Health & Equity: Definitions for CCOs Most of our health is shaped by factors outside the clinic or hospital, in the places where we live, learn, work, and play.

Social determinants of health: the social, economic, political, and environmental conditions in which people are born, grow, work, live, and age. These conditions significantly impact length and quality of life and contribute to health inequities.

Social determinants of health equity: Systemic or structural factors that shape the unfair distribution of the social determinants of health in communities. These structural factors are evident in social norms, policies, and political systems, both historical and current. Institutionalized racism is one example.

Figure 2 includes SDOH and equity factors that meet these definitions.

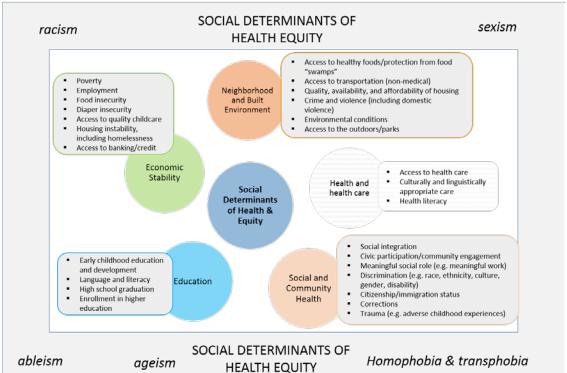


Figure 2. Social Determinants of Health & Health Equity Factors

Social determinants of health and health equity factors

The MAC built from work of the Healthy People 2020 initiative⁶ and the input from key stakeholders and community groups to identify a list of SDOH factors and underlying social determinants of health equity (see Figure 2, above). SDOH factors are categorized under five broad areas identified in Healthy People 2020:

- 1. **Economic stability**, including factors such as poverty and employment;
- 2. **Education**, including from early childhood to adult education;
- 3. **Neighborhood and built environment**, including exposure to crime/violence and access to resources such as food, transportation and housing;
- 4. **Social and community health**, including general societal integration and role as well as particular challenges such as corrections or trauma; and
- 5. **Health and health care**, including access to care, particularly culturally and linguistically appropriate care.

Underlying all of these factors, are the structural inequities (including systematic discrimination based on race, gender, and other factors) that make up the social determinants of health equity.

It is important to note that health care-related SDOH factors, such as access to care, cultural competency, and health literacy, are less emphasized in this figure. While important, these factors are already integral to the CCO model, and the MAC recommends the primary focus of CCOs be on the four remaining areas. However, the MAC strongly recommends that any health care-related activities to address racism and inequities in the health care

⁶ Healthy People 2020 is a federal interagency effort to establish 10-year objectives for improving the health of Americans

system – such as ensuring culturally competent services – be part of a CCO's foundational work in SDOH.

V. MAC general recommendations for Oregon CCOs in addressing the social determinants of health

As health care systems expand their focus from health care to overall community health and well-being, more and more providers and payers have turned their attention to SDOH. Although the impact of SDOH on health is well established, historically and today SDOH have been addressed outside of the health care system by social service organizations, community-based organizations, and government entities. While it is critical for the health care system to consider and address the SDOH to improve health, it is important to consider the risks that might be inherent in this new work. Through consultation with stakeholders and research, the MAC identified the following set concerns and risks that should be considered as CCOs address SDOH.

- ➤ **Ignoring infrastructure needs:** It's important to ensure CCOs develop the staffing and training needed to address SDOH effectively.
- ➤ Over- or under-medicalization: In expanding beyond a traditional health care role to address SDOH, a CCO may run the risk of "over-medicalizing," or using an overly clinical approach to addressing a social need (such as prioritizing screenings over community interventions). CCOs and providers may also run the risk of "under-medicalizing," as when a neurological or physiological health condition is overlooked when addressing a social need.
- ➤ **Duplication/reinventing the wheel**: Community organizations, social service entities, providers, and other community partners have ongoing efforts to address SDOH that can be enhanced and built from.
- ➤ Lack of research or community engagement: Similarly, it is important to learn from national and local efforts, and also from direct community engagement, to identify the "right" work for a CCO's community.

- ➤ Lack of sustained investment: Focusing exclusively on short term investments could result in lower long term impact and limit the data available to measure effectiveness.
- ➤ Relying on a one-size-fits-all approach: As with all health care, some strategies may need to be modified for different populations. For example, a strategy for people with physical disabilities may not be transferable to the full disability community (i.e. including people with Intellectual and Developmental Disabilities (I/DD).
- ➤ Lack of clear communication around work: Clear communication will be important, including communicating a CCO's role in the work, in order to avoid confusion among partners and members.

Five recommendations for CCOs addressing SDOH

Drawing from these considerations and from the research and consultations with stakeholders, the committee offers five recommendations for CCOs addressing SDOH. The MAC encourages OHA to consider its recommendations when establishing future expectations and accountabilities for CCOs related to this work, including the next round of CCO contracts.

CCOs address SDOH with the primary purpose of improving health equity. This approach means that CCOs:

- a) Use evidence of community health inequities to drive strategic efforts to address the SDOH that most contribute to these disparities.
- b) Build the critical infrastructure necessary to address the structural factors that influence SDOH (e.g. institutional racism). For example, ensure culturally competent CCO leadership, staff, and services.
- c) Publicly communicate, through a plan, staff, and/or other process, how the CCO is considering equity in directing its SDOH work.
- d) Recognize that improving SDOH and social determinants of health equity is a continuous process, and adjust efforts as necessary to respond to emerging and changing health disparities and SDOH challenges.

CCOs support, leverage, and augment existing internal (CCO), community, and provider efforts and capacities to address SDOH, in order to increase the effectiveness of these efforts. This approach means that CCOs:

- d) Select appropriate role(s) (see Table 1, pgs. 30-31) based on the needs and resources in a given community.
- e) Work directly with Community Advisory Councils (CACs), providers, public health, and other community partners already engaged in addressing the SDOH.
- f) Consider regional assessments and plans, such as Community Health Assessments (CHA) and Community Health Improvement Plans (CHP),⁷ and other available assessments of community health (e.g. public health surveys) to drive SDOH strategies. It is critical for OHA to monitor these assessments and plans.

CCOs build from their roles as the main Medicaid payer in a community, and use the unique tools provided by the CCO model to spend funds on SDOH, including:

- c) Health-related services.
- d) Value-based payment strategies⁸ that incent and enable providers for work to address SDOH and refer patients with complex social needs.

⁷ CCOs are required to conduct Community Health Assessments and develop and report on Community Health Improvement Plans. CACs are required to oversee a Community Health Improvement Plan and adopt a Community Health Improvement Plan.

⁸ Value-based payment: A strategy to pay health care providers for quality outcomes and value, rather than quantity or volume of services provided.

CCOs support health care teams and community partners in working together and with patients to identify and address the SDOH challenges patients face and would like help to resolve. This approach means that CCOs:

- e) Address the variety of health care team and community partner needs to impact SDOH (e.g. need for data systems or technology to track and address SDOH).
- f) Ensure providers have the necessary SDOH data to deliver both SDOH-informed and SDOH-targeted healthcare.⁹
- g) Ensure two-way data flow by facilitating reporting of SDOH efforts and outcomes from health care teams and community partners.
- h) Offer health care teams resources to help facilitate connection to or coordination with SDOH community partners.

CCOs address SDOH in a way that promotes person- and familycentered care, including tailoring SDOH efforts around member needs and desires. This means CCOs and their provider networks:

- c) Provide member-based services (e.g. flexible services)¹⁰ in a way that takes into account a member's desires and priorities when it comes to addressing SDOH challenges or barriers.
- d) Tailor population-based SDOH initiatives (e.g. community benefit initiatives) to the community needs and priorities identified through

⁹ SDOH-informed healthcare: using information on social needs in clinical decision-making; SDOH-targeted healthcare: implementing interventions to address social needs (e.g. connecting individuals to social service resources).

¹⁰ Flexible services are the type of health-related services that are provided directly to individual members, as a part of their care plan. In contract, community benefit services are provided at a community or population level.

community health assessments and other relevant public health assessments.

VI. The role of CCOs in addressing social determinants of health

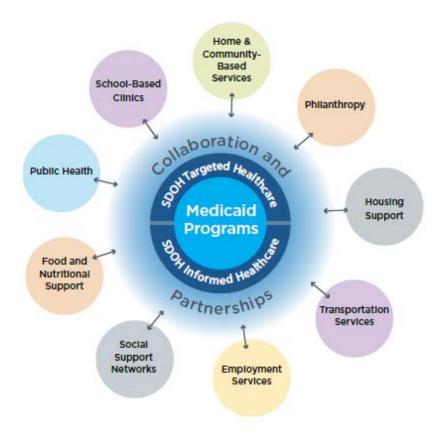
The MAC's general recommendations can help to inform a set of possible roles that CCOs can and are playing to address SDOH in their communities. For example, CCOs might act in their role as Medicaid payer to directly invest in community organizations addressing SDOH or to create value-based payment structures that help providers to solve the most pressing social needs of their patients, rather than tying payment only to clinical care services. To develop a set of possible roles, the MAC first looked to national research on the role of the health care system in this work.

National perspectives

National stakeholders have begun to develop recommendations and frameworks for health care's role in addressing SDOH. Taylor et al. described a hub-and-spoke model in which health care entities could either take the role of the "hub" or the role of a "spoke" in their collaborative efforts to address SDOH. VIII There are advantages and risks to a health care entity in either role. For example, health care's significant funding advantage and experience contracting make it well suited to play the role of a community hub. However, because many communities have competing health care entities, and due to concerns about over-medicalizing SDOH work, in many situations health care entities might better leave the hub role to a non-health care partner.

The National Quality Forum (NQF), along with a panel of expert stakeholders, developed a useful framework for the role of Medicaid programs, specifically, as "hubs" in addressing SDOH (see Figure 3).¹¹

Figure 3. A framework for Medicaid programs to address SDOH, NQF



A particularly useful aspect of NQF's framework is its description of three broad types of SDOH work for health care entities:

¹¹ National Quality Forum. (December 22, 2017). A framework for Medicaid programs to address social determinants of health: food insecurity and housing instability. Available at https://www.qualityforum.org/Publications/2017/12/Food_Insecurity_and_Housing_Instability_Final_Report.aspx

- SDOH-informed healthcare using information on social needs in clinical decision-making
- SDOH-targeted healthcare implementing interventions to address social needs (e.g. connecting individuals to social service resources)
- Collaboration and partnerships for example, purchasing social services from community organizations

These national conversations informed the MAC's recommendations for CCOs in Oregon and the committee's consideration of the types of roles that CCOs can and should play in this work. Ultimately, rather than recommending the CCO play either the role of "hub" or "spoke," the MAC recommends a more flexible and community-based approach, by encouraging CCOs to draw from a standard set of useful roles depending on community needs and assets.

Ten roles for Oregon CCOs

Oregon CCOs are unique health care entities designed to use care coordination and whole person care to achieve better health, better care, and lower costs in their communities. To better understand the possible roles CCOs can play in addressing SDOH, the MAC heard from CCOs and community partners through presentations and its SDOH survey. The MAC then identified 10 SDOH roles for Oregon CCOs. Appendices E and F provided examples of CCOs already taking on these roles to improve SDOH in their communities.

The MAC identified one foundational role as an essential role that supports all other CCO efforts: internal and infrastructure changes. Preparing a CCO's internal and provider infrastructure to address SDOH can increase effectiveness and helps to address the social determinants of equity (e.g. institutional racism). Examples of internal and infrastructure changes to support SDOH work include:

supporting equity and SDOH trainings;

- supporting cultural competence training among a CCO's staff and provider network, and otherwise combating racism in a clinic setting (see Sidebar, right);
- employing culturally diverse staff to work with specific populations;
- employing staff to manage health equity and/or SDOH-related work;
- working directly with the CCOs'
 Community Advisory Council(s) (CACs) to provide feedback on how to adapt the agency's CHA to fully address SDOH.

In addition, the MAC named nine possible roles from which CCOs can select, through collaboration with community partners, to address SDOH (Table 1, pages 30-31). In total, the ten roles offer CCOs a range of options, spanning from activities that address an individual or family need (e.g. flexible services), to supporting community efforts that affect

Cultural Competence Continuing Education Committee (CCCE) Recommendations for CCOs*

- Adopt and apply
 [CCCE Committee]
 standards for cultural
 competence
 continuing education
- Require cultural competence continuing education for providers and staff
- Support funding to develop continuing education options

*Report available at:

http://www.oregon.gov/oha/oei/report s/Cultural%20Competence%20Continui ng%20Education%20Report.pdf

groups of members (e.g. aligning or grant-making), to making systems and policy changes that affect whole populations. These roles further enable CCOs to support and engage in SDOH-informed healthcare, SDOH-targeted healthcare, and collaboration and partnership as described in the NQF framework above.

Table of roles on next page.

Table 1. Ten possible roles for CCOs to Address the Social Determinants of Health

See Appendix E for example of CCOs playing these roles to address SDOH in their communities.

CCO Role	Description	Example
Internal and infrastructure changes (Foundational Role)	Hiring, training, retention, recruitment, and community engagement strategies necessary to ensure organization and provider network's competency to address SDOH	CCO employs staff to meet the social, racial, and cultural needs of the community
Direct Investment	Grants or more permanent funding, often to providers and community-based organizations, to build infrastructure in communities for addressing SDOH	CCO partners with local farmers' market organization to establish a farmers' market in a food desert/food swamp (area with limited access to healthy food)
Health-related Services (HRS)	Non-state plan, non-covered services intended to improve care delivery and member health, including flexible services (member-specific) and community benefit initiatives.	CCO funds non-medical transportation for members to go to parenting classes, food banks, job interviews
Value-Based Payment (VBP)	Payment models designed to pay for value (i.e. outcomes) rather than volume (i.e. services). Payment can be designed to incentivize SDOH activities; allow flexibility to address both medical and social needs to improve health	CCO provides incentive payments to providers to support SDOH work, e.g. incentives for SDOH screenings, for PCPCHs to adopt standard 5.E.C. for tracking community/social service referrals (see Spotlight on PCPCH Appendix G)

CCO Role	Description	Example
Workforce	Contracting with or otherwise funding healthcare workers to address SDOH (e.g. community health workers (CHW)	CCO contracts with CHW to provide social service referrals to high utilizers or operates a care coordination hub, such as the Pathways model (see Spotlight on CHWs, Appendix G)
General alignment/collaboration	Aligning CCO SDOH priorities with community-selected goals or strategies	CCO adopts common metrics with local Early Learning Hub
Convener	Bringing together diverse, multi-sectoral partners to identify common priorities and work toward addressing SDOH. Further, communicating with other CCOs to share best practices and innovations around SDOH.	CCO engages social service and other community partners to integrate SDOH into its community health assessment and community health improvement plan; facilitate selection of common priorities for community
Data/analytics support	Providing health care data or data resources (e.g. Health IT, supporting development of Health Information Exchange) to partners, such as social service entities	CCO tracks and/or compiles data related to SDOH factors and pairs with medical data to support evaluation of SDOH interventions
Social needs/ resource clearinghouse	Compiling and distributing social needs/resource data to providers and other partners	CCO assembles social needs data on members and shares risk scores (see Spotlight on OPIP, Appendix G) with providers to inform care
Policy/ government relations	Advocating for policies that address SDOH in communities	CCO advocates for improved transportation options for residents in service area

VII. Conclusion

As Oregon's CCO model enters its second phase, there is an opportunity to increase the system's focus on SDOH, due to the significant impact these factors have on member and community health. While CCOs and community partners have already begun initiatives and programs to address these factors, such as housing, food insecurity, and trauma, more alignment and quidance can increase the impact of these efforts across the state. The MAC recommends that OHA use its definitions of SDOH and social determinants of health equity to achieve a common understanding of SDOH and SDOH factors among CCOs. Additionally, the committee makes five general recommendations for CCOs addressing SDOH to ensure that the work improves health equity; enhances existing community efforts; capitalizes on the CCO role as a Medicaid payer; supports provider efforts; and holds true to the principles of person- and family-centered care. Finally, the committee recommends a menu of roles CCOs can take, including a foundational role and nine additional roles, as the organizations increase their work in this area.

As the MAC was in the process of developing its recommendations, OHA and the Oregon Health Policy Board (OHPB) launched a process to develop policies for the second phase of CCOs, known as "CCO 2.0." To guide this policy development, Governor Brown directed the OHPB to focus on four priority areas, including social determinants of health and equity. The MAC encourages the OHA and the OHPB to consider its recommendations to inform specific policies and expectations in CCO 2.0.

VII. Appendix A. Alignment of health system transformation expectation and work to address social determinants of health

CCO model	Expectation (Source)	SDOH alignment
HB 3650 Authorizing Led	<u>iislation</u>	
Local accountability and governance, including community advisory council	Each coordinated care organization convenes a community advisory councilwith consumers making up a majority of the membershipthat meets regularly to ensure that the health care needs of the consumers and the community are being addressed. (4)(1)(0)(C))	Enables CCOs to target SDOH needs of their communities, as SDOH factors and priorities vary by region
	Each coordinated care organization has a governance structure that includesthe community at large, to ensure that the organization's decision-making is consistent with the values of the members and the community; and at least one member of the community advisory council.	Provides opportunity to engage community partners in governance of CCO to help shape SDOH efforts, such as public health, housing, food system, transportation, city planning, education
Metrics to improve quality and access	[OHA] shall incorporate [quality] measures into coordinated care organization contracts to hold the organizations accountable for performance and customer satisfaction requirements	 SDOH can be targeted to improve incentive metrics for example, improving access to healthy food can help improve HbA1c control for people with

		diabetes; providing affordable housing could help lower ED visits.New metrics can be established to address SDOH and health equity.
Coordinated, person- centered, whole person care	Each member [of a CCO] has a consistent and stable relationship with a care team that is responsible for comprehensive care management and service delivery. Each member of the coordinated care organization receives integrated person centered care and services designed to provide choice, independence and dignity.	 CCOs can explore innovative care team arrangements that include members to address SDOH, such as community health workers and social workers Addressing the "whole person" should ideally incorporate efforts to address the social determinants contributing to a person's health
Patient-centered primary care (PCPCH) homes	Each coordinated care organization shall implement, to the maximum extent feasible, patient centered primary care homes, including developing capacity for services in settings that are accessible to families, diverse communities and underserved populations.	The PCPCH model emphasizes whole person care and care coordination, with the primary care provider as epicenter of care. PCPCHs can choose to track social service referrals as

	The supportive and therapeutic needs of each member are addressed in a holistic fashion, using patient centered primary care homes and individualized care plans to the extent feasible.	part of their attestation process to be recognized.
Traditional health workers	Members receive assistance in navigating the health care delivery system and in accessing community and social support services and statewide resources, including through the use of certified health care interpreters, as defined in ORS 409.615, community health workers and personal health navigators who meet competency standards established by the authority under section 11 of this 2011 Act or who are certified by the Home Care Commission under ORS 410.604 (HB 3650) Membersmust have access to advocates, including qualified peer wellness specialists, peer support specialists, personal health navigators, and qualified community health workers who are part of the member's care team to provide assistance that is culturally and linguistically appropriate to the member's need to access appropriate services and participate in processes	Community health workers and other traditional health workers (THWs) can be a key workforce to address SDOH. THWs often share lived experience with members and can connect members to critical social services and other resources to address SDOH.

	affecting the member's care and services. (ORS 414.635)	
Focus on high-utilizers and reducing emergency department use	Each coordinated care organization prioritizes working with members who have high health care needs, multiple chronic conditions, mental illness or chemical dependency and involves those members in accessing and managing appropriate preventive, health, remedial and supportive care and services to reduce the use of avoidable emergency room visits and hospital admissions. (HB 3650)	Research has shown addressing social determinants of health can reduce emergency department use and hospital readmissions.
Address health inequities	Communities and regions are accountable forreducing avoidable health gaps among different cultural groups (HB 3650, Section 1(3)(d)	As described above, addressing social determinants of health is important to improve health equity.
Alternative payment methodologies/value-based payment (APM/VBP) (payment for value, not volume)	The Oregon Health Authority shall encourage coordinated care organizations to use alternative payment methodologies thatpromote preventionand reward comprehensive care coordination using delivery models such as patient centered primary care homes (HB 3650)	APMs/VBPs can be designed to support SDOH work (e.g. incentives for SDOH screening) or can be designed to allow providers flexibility to address SDOH factors (e.g. global payment)
Health Information Technology (HIT) and	Each coordinated care organization uses health information technology to link	SDOH information can be factored into HIT (such as

Health Information Exchange (HIE) 2012 RFA Transformation Community health assessment/community health improvement plan	services and care providers across the continuum of care to the greatest extent practicable (HB 3650) **Scope Elements (Appendix H) Contractor's CAC partners with the local public health authority, local mental health authority, community based organizations and hospital system to develop a shared community health assessment and adopt a community health improvement plan to serve as a strategic population health and health care system service plan for the community served by Contractor. (2012 RFA, Appendix H – Transformation Scope Elements)	EHRs) to provide a more holistic picture of a person's health concerns CHA and CHP offer ideal opportunities to identify SDOH needs and build strategic partnerships and collaboration in a CCOs service area
Community partnership	CCOs to work with Providers to develop the partnerships necessary to allow for access to and coordination with social and support services, including culturally specific community based organizations; work to develop formal relationships with providers, community health partners, including culturally and socially diverse community based organizations and service providers, and state and local government support services in its service area(s); participate in the development of coordination	Partnerships with community-based organizations and local public health partners are critical to addressing SDOH in communities. Partners likely have ongoing efforts that CCOs can support or with which CCOs can align.

	agreements between those groups (2012 RFA, Appendix H – Transformation Scope Elements)	
	Contractor partners with local public health and culturally, linguistically and professionally diverse community partners to address the causes of health disparities (2012 RFA, Appendix H – Transformation Scope Elements)	
Health care services beyond medical care may be provided to improve health (i.e. health-related services	CCOs are required to include health-related services in covered benefits, and to have policies and procedures to provide these services (CCO contract)	Health-related services can be used to address SDOH at an individual level (e.g. providing housing transition services or non-medical transportation) and a community level (e.g. farmers market in a food desert)



March 28, 2018

Dear Members of Oregon's Medicaid Advisory Committee:

The CCO Oregon Social Determinants of Health (SDOH) Workgroup commends the Medicaid Advisory Committee (MAC) for your work and discussion on the potential roles of Coordinated Care Organizations (CCOs) in mitigating the effects of SDOH and equity on community members being served by the coordinated care model in Oregon.

We are under the umbrella of CCO Oregon, which convenes workgroups across select focus areas to facilitate collaboration with multiple voices and organizational perspectives invested in the coordinated care model. We are a newer workgroup that meets monthly and convenes CCOs, provider groups, and other community-based organizations from across Oregon that directly provide critical services every day, including housing, food, peer counseling, and primary care. The population we serve contains geographic, socioeconomic, and racial diversity.

Your recommendations presented earlier this month to the Quality and Health Outcomes Committee (QHOC) aligned with many of our thoughts:

- We agree value-based models are a strong strategy for CCOs and their partners to incentivize particular practices and outcomes. To assist with this goal, the coordinated care system (the Oregon Health Authority (OHA), CCOs, workgroups/committees, and stakeholders) may need to:
 - Develop and disseminate best practices for coding and billing to CCOs and other coordinated care stakeholders
 - Share ideas for care team workflows (from physician to peer support worker) that strive for balance between data tracking and direct patient care
 - o Identify best practices for how health related services may best operate in this model
 - Provide guidance on operations and fiscal sustainability within a value-based model for CCOs and other care access points (as many partners are still fee-for service)
- We also agree that greater direct investments in SDOH and equity projects are needed, even with the recent passage of HB 4018 and beyond CCOs. Other potential funding sources may come from continuing to:
 - Encourage the use of community benefit dollars on data-based SDOH and equity projects
 - Identify metrics to incentivize SDOH and equity work by CCOs and insurers, and incorporate measurement of existing projects
 - Develop communications for social service providers and other partners to know more about securing potential funding
 - Contract directly with workforce teams specifically trained to serve populations adversely affected by SDOH such as peer support specialists and traditional health workers
 - Support diverse workforce teams by incentivizing health worker training and/or reimbursement for different types of care team visits

- Your presentation at QHOC called out the development of screening tools, greater access to electronic
 health records for more types of care or service delivery providers, and disseminating compiled data
 more broadly back to providers and partners -- we agree. And, we identified a few additional
 components:
 - Streamline the collection of data and potential screening tools:
 - Optimize current systems and assess existing screening tools
 - Strive for the greatest cohesion across how screening questions are asked (for consistency)
 - Ensure that when data and screens are collected they "roll up" into larger datasets (for analysis and targeting)
 - Strengthen work across the OHA, the Department of Human Services (DHS), and Public Health to align systems, data collection, and dissemination
- As your presentation notes, it is important for CCOs, OHA, and other coordinated care stakeholders to align priorities with community needs and goals, and not duplicate efforts. We agree that when possible SDOH and equity projects should leverage existing structures within the coordinated care model and maximize efficacy. For instance:
 - Continue and increase Community Advisory Council (CAC) trainings on how to engage, set expectations, and attain goals for the committee members themselves and the CCO staff working with the CACs
 - Embrace and prioritize diversity and health equity in daily decisions throughout OHA and CCOs [not just in projects with SDOH or equity titles]; including the development of health equity metrics across care access points that measure existing and new work
 - Incorporate current Community Health Needs Assessment (CHNA) and Community Health
 Improvement Plan (CHIP) recommendations into forward-thinking organizational plans; develop
 mechanisms for CHNA and CHIP implementation and continue to report plan accomplishments
 - Increase learning opportunities for CCOs and potential coordinated care partners to build skills that aid local partnerships with those organizations focused on homelessness, ACEs, education, criminal justice, foster care, and more
 - Strengthen statewide and regional referral networks and the ability for providers and care teams across referred resources to communicate electronically

We acknowledge the importance of local CCO and care partnerships to best address the unique needs of the members in a given community. Strategic relationships across clinical and non-clinical care providers, social service agencies, community-based organizations, and system-wide structures like transportation and education can harness the experience and population-specific resources from each facet. A challenge to this work is how to best measure success and how to appropriately reimburse within the structure of the global budget that the coordinated care model leverages in Oregon. We will be discussing those challenges at a retreat in May and will provide you and other entities with further comment.

Again, we appreciate the leadership that the MAC has taken with this work. We encourage your consideration and integration of our thoughts into your discussions with the Oregon Health Policy Board and other bodies as Oregon continues to further health system transformation and advance the Quadruple Aim.

Thank you,
John Duke, MBA, Cascadia Behavioral Health
Sam Engel, AllCare Health CCO
Social Determinants of Health Workgroup Co-Chairs

MAC Social Determinants of Health (SDOH) Survey

BACKGROUND

The Oregon Medicaid Advisory Committee (MAC) is currently developing recommendations for addressing social determinants of health (SDOH) through Coordinated Care Organizations (CCOs). The MAC has developed a draft definition of the social determinants of health and health equity for Oregon CCOs, available here for reference. This brief survey aims to better understand current work and priorities around SDOH within your community. Your time is valuable, and we thank you for completing the survey.

INSTRUCTIONS

We expect this survey to take approximately 30 minutes to complete. Please complete one (1) survey per organization.

HOW WE WILL USE THE DATA

The MAC will use the results of this survey to develop policy recommendations for Oregon Health Authority regarding (1) the role of CCOs in addressing social determinants of health, and (2) how CCOs can use health-related services to address social determinants needs in their communities.

The Oregon Health Authority will also use the results of this survey to better understand how CCOs and their community partners are addressing social determinants of health, including successes and challenges of this work.

Survey results and summary data will be posted on the Medicaid Advisory Committee website: http://www.oregon.gov/oha/hpa/hp-mac/pages/index.aspx

CONFIDENTIALITY

Your privacy is important. Results of this survey will only be reported with summary data; your individual responses will not be linked to your identity. However, as part of the survey, you'll be asked if we can contact you for more questions or to clarify information. If you consent, some information you share may be identified as your organization's work (e.g. project case study).

CONTACT INFORMATION

For questions, please contact Amanda Peden at amanda.m.peden@dhsoha.state.or.us

MAC Social determinants of nealth survey
MAC Social Determinants of Health (SDOH) Survey
* 1. Name
2. Title/role
* 3. Organization
* 4. Contact email/phone
* 5. In what ZIP code is your organization located? (enter 5-digit ZIP code; for example, 00544 or 94305)
* 6. Can we contact you to clarify your answers or ask follow up questions?
Yes
No No
* 7. In what role are you completing this survey today?
Coordinated Care Organization staff
Health Plan Partner staff (i.e. health plan contracting with a CCO)
Community Advisory Council member/coordinator
Regional Health Equity Coalition coordinator
Community Health Center Leadership/Staff
Local public health authority staff
Tribal public health authority staff
Other healthcare provider, e.g. behavioral health (please specify title)

8. Please indicate the degree to which your organization is engaged in work to address the social determinants of health (see MAC definition)? My organization currently does this My organization will do this within six (6) months My organization is not doing this Other (please specify)
8. Please indicate the degree to which your organization is engaged in work to address the social determinants of health (see MAC definition)? My organization currently does this My organization will do this within six (6) months My organization is not doing this
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My organization will do this within six (6) months My organization is not doing this
My organization is not doing this

SDOH Survey for CCOs and Health Plan Partners: Part 2

Question tip: The following questions will ask about your organization's work addressing the social determinants of health, including the role your organization has played in this work. Please use the following definitions as guidelines for questions related to your role.

Role of CCOs/Health Plans in Addressing SDOH

Direct investment: For example, investing in or funding a program in a community-based organization focused on social determinants of health, or partnering with other health care entities to support a larger initiative (e.g. housing).

Utilize health-related services (HRS) (flexible services/community benefit): For example, CCOs have used health-related services to provide trauma-informed care training in schools, fund intensive case management in permanent supportive housing, fund non-medical transportation (such as transportation to WIC, farmers markets), and other innovative ways to address social determinants of health.

Convener: For example, partnering with local community and health organizations to complete a community health assessment and prioritize actions related to social determinants of health

General alignment/collaboration: For example, participating in a regional health equity coalition; aligning CCO priorities with community organizational priorities

Workforce: For example, funding community health workers that address social determinants of health

Data/analytics/technology support: For example, producing utilization and cost data for program evaluation purposes to identify health impacts of community social determinants of health initiative OR providing TA or incentivizing providers to integrate social determinants of health into EHR systems

Alternative Payment Models (APMs)/Value-based Payment (VBP): APMs/VBP are payment arrangements that pay for value (outcomes) rather than volume of care (services). These pay arrangements can be designed to give providers more flexibility or even incentives to address the social determinants of health.

Policy advocacy/government relations: For example, developing and/or advocating for policies to address social determinants of health and inequities, such as increasing housing stock, strengthening rental protections, increasing the minimum wage, paid family leave, healthy retail policies, universal pre-k, etc.

Internal training/infrastructure changes to support SDOH activities: For example, training staff in trauma-informed care or hiring a social determinants of health coordinator.

	Not applicable	Direct investment	Utilize Health- related services (HRS)		General Alignment/ Collaboration	Workforce	Data support	APMs/VBP	advocacy/ govt	Into trai infras to so SI acti
Economic stability (e.g., poverty, employment, addressing food or diaper insecurity, access to quality childcare, housing instability, including homelessness)										[
Neighborhood/physical environment (e.g., quality/availability/affordability of housing; transportation (non-medical); crime and violence (including domestic) access to healthy food; environmental/neighborhood conditions; access to outdoors/parks)										
Education (e.g., language and literacy, early childhood education, high school graduation, enrollment in higher education)										
Community and social context (e.g., social integration, community engagement, discrimination [race, ethnicity, age, gender], incarceration)										
Other (please indicate the role y	our organiz	zation plays	in this wo	rk)						

Through a co	mmunity health assessment or other assessment
Through a m	ember survey or member screening
Through coll	aboration with community advisory council
Through coll	aboration with partner organization(s)
Identified pro	mising practice by other CCO or health care organizations
Other (please	e specify)
11. Please brie	fly describe up to three of your projects in the social determinants of health.
Project 1	
Project 2	
12. Is your soc are homeless,	ial determinants of health work targeted to specific populations? For example, people who people with a specific health condition (like diabetes), certain age groups (like children), etc
	people with a specific health condition (like diabetes), certain age groups (like children), etc
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12. Is your soc are homeless, No YES. Please 13. Do you have health? No	people with a specific health condition (like diabetes), certain age groups (like children), etc. describe re any outcome data/program evaluation data related to your work in social determinants of
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12. Is your soc are homeless, No YES. Please 13. Do you have health? No	people with a specific health condition (like diabetes), certain age groups (like children), etc. describe re any outcome data/program evaluation data related to your work in social determinants of

SDOH Survey for CCOs and Health Plan Partners: Part 3

Question tip: Please use the following definitions as guidelines for guestions related to your role.

Role of CCOs/Health Plans in Addressing SDOH

Direct investment: For example, investing in or funding a program in a community-based organization focused on social determinants of health, or partnering with other health care entities to support a larger initiative (e.g. housing).

Utilize health-related services (HRS) (flexible services/community benefit): For example, CCOs have used health-related services to provide trauma-informed care training in schools, fund intensive case management in permanent supportive housing, fund non-medical transportation (such as transportation to WIC, farmers markets), and other innovative ways to address social determinants of health.

Convener: For example, partnering with local community and health organizations to complete a community health assessment and prioritize actions related to social determinants of health

General alignment/collaboration: For example, participating in a regional health equity coalition; aligning CCO priorities with community organizational priorities

Workforce: For example, funding community health workers that address social determinants of health

Data/analytics/technology support: For example, producing utilization and cost data for program evaluation purposes to identify health impacts of community social determinants of health initiative OR providing TA or incentivizing providers to integrate social determinants of health into EHR systems

Alternative Payment Models (APMs)/Value-based Payment (VBP): APMs/VBP are payment arrangements that pay for value (outcomes) rather than volume of care (services). These pay arrangements can be designed to give providers more flexibility or even incentives to address the social determinants of health.

Policy advocacy/government relations: For example, developing and/or advocating for policies to address social determinants of health and inequities, such as increasing housing stock, strengthening rental protections, increasing the minimum wage, paid family leave, healthy retail policies, universal pre-k, etc.

Internal training/infrastructure changes to support SDOH activities: For example, training staff in trauma-informed care or hiring a social determinants of health coordinator.

14. Based on your experience and the work of your organization, wh CCO/health plan partner can play in addressing social determinants	` '

	Don't know how to identify the need
	Don't know how to appropriately engage in the work (e.g. which strategies to use)
	Challenges prioritizing which area(s) to work on
	Lack of funding/funding challenges
	Billing issues
	Don't see the impact on member health/CCO operations
	Lack of partners/challenges collaborating
	Lack of leadership support
	Not a current organizational priority
]	Don't understand the role or responsibility of a CCO to address social determinants of health
	Other (please specify)
ld	Which area(s) of Social Determinants of Health would your organization be most interested in dressing based on the priorities of your organization and community? (please choose up to three). These can include areas of current work or areas of future work.
dd	dressing based on the priorities of your organization and community? (please choose up to three). ese can include areas of current work or areas of future work. Housing
dd	dressing based on the priorities of your organization and community? (please choose up to three). dese can include areas of current work or areas of future work. Housing Food or diaper insecurity
dd	dressing based on the priorities of your organization and community? (please choose up to three). dese can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support
dd	dressing based on the priorities of your organization and community? (please choose up to three). dese can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical)
dd	dressing based on the priorities of your organization and community? (please choose up to three). dese can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic)
ld	dressing based on the priorities of your organization and community? (please choose up to three). dese can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic) Environmental/neighborhood conditions and safety
dd	dressing based on the priorities of your organization and community? (please choose up to three). description areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic) Environmental/neighborhood conditions and safety Early childhood education
dd	dressing based on the priorities of your organization and community? (please choose up to three). dese can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic) Environmental/neighborhood conditions and safety
dd	dressing based on the priorities of your organization and community? (please choose up to three). Best can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic) Environmental/neighborhood conditions and safety Early childhood education Language & Literacy
dd	dressing based on the priorities of your organization and community? (please choose up to three). dese can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic) Environmental/neighborhood conditions and safety Early childhood education Language & Literacy Parenting education
dd	dressing based on the priorities of your organization and community? (please choose up to three), ese can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic) Environmental/neighborhood conditions and safety Early childhood education Language & Literacy Parenting education Discrimination
dd	dressing based on the priorities of your organization and community? (please choose up to three). These can include areas of current work or areas of future work. Housing Food or diaper insecurity Employment support Transportation (non-medical) Crime & violence (including domestic) Environmental/neighborhood conditions and safety Early childhood education Language & Literacy Parenting education Discrimination Incarceration

MAC Social determinants of health survey
SDOH survey for CCOs and Health Plan Partners: Part 4
The last two questions ask about health-related services. Health-related servcies are non-medical services that CCOs can pay for to improve a member's health. For example, a CCO can use health-related services to cover transportation not covered under State Plan benefits (i.e. other than transportation to a medical appointment). OHA recently released new guidance on health-related services, available here .
* 17. What are the three (3) main reasons that may prevent your organization from using health-related services to address the social determinants of health? (please choose up to 3)
Don't know how to identify member needs
Don't know how to appropriately engage in the work
Don't see the impact on member health/CCO operations
Challenges prioritizing which area(s) to work on/which needs to address
Billing issues
Lack of funding/funding issues
Lack of partners/challenges collaborating
Lack of leadership support
Not a current organizational priority
Other (please specify)

* 18. Which area(s) of Social Determinants of Health would you be most interested in addressing through health-related services, but are experiencing barriers in doing so (e.g. don't know how, don't know whether	
the work is a good fit for health-related services)? (please choose up to three)	
Housing	
Food or diaper insecurity	
Employment support	
Transportation (non-medical)	
Crime & violence (including domestic)	
Environmental/neighborhood conditions and safety	
Early childhood education	
Language & Literacy	
Parenting education	
Discrimination	
Incarceration	
Trauma	
Other (please specify)	

Question tip: The next question asks about your CAC's work in social determinants of health. For example, some CACs provide grants (direct investment of CCO money) to community organizations like a food bank or housing organization. CACs could also complete a member or community survey related to social determinants of health. Or, CACs could work on social determinants of health in another way. 19. Is your CAC actively engaged in any work to improve social determinants of health in your community?
example, some CACs provide grants (direct investment of CCO money) to community organizations like a food bank or housing organization. CACs could also complete a member or community survey related to social determinants of health. Or, CACs could work on social determinants of health in another way. 19. Is your CAC actively engaged in any work to improve social determinants of health in your community? No
example, some CACs provide grants (direct investment of CCO money) to community organizations like a food bank or housing organization. CACs could also complete a member or community survey related to social determinants of health. Or, CACs could work on social determinants of health in another way. 19. Is your CAC actively engaged in any work to improve social determinants of health in your community? No
○ No
Yes

AC Social dete	rminants of health survey
OOH Survey for	r Community Advisory Councils: Part 2
20 Please hrief	ly describe up to three of your organization's projects in the social determinants of health.
Zo. i icase brief	y describe up to time of your organizations projects in the social determinants of neutrin.
Project 1	
Project 2	
Project 3	
	identify and/or prioritize the specific areas (e.g. housing, education) related to social health in which you work? (select all that apply)
From a commi	unity health assessment or other assessment
From a member	er survey or member screening
The CCO iden	tified/prioritized the area for our CAC
Through a CA	C meeting
Through collab	poration with partner organization(s)
	nising practice by other CCO or health care organization
Other (please	specify)
Examples of gro	al determinants of health work (indicated in question 19) targeted to specific groups? oups include people who are homeless, people with a specific health condition (like in age groups (like children), etc.
Yes. Please de	escribe:
	AC identified an area of high need related to social determinants of health in your could use more support or resources?
Unsure	
○ No	
	ndicate the area(s).

24. Based on the needs in your community, which area(s) of the social determinants of health vorganization be most interested in addressing? (Please choose up to 3)	vould your
Llauring	
Housing Food or dispositions with:	
Food or diaper insecurity	
Employment support	
Transportation (non-medical)	
Crime & violence (including domestic)	
Early childhood education	
Language & Literacy	
Parenting education	
Discrimination	
Incarceration	
Trauma	
Other (please specify)	

MAC Social determinants of health survey
SDOH survey for Regional Health Equity Coalitions, providers, tribal and local public health
25. Is your organization actively engaged in any work to improve social determinants of health in your community?
○ No
Yes

SDOH survey for Regional Health Equity Coalitions, providers, tribal and local public health: Part 2

Question tip: The following questions will ask about your organization's work addressing the social determinants of health and how this work is or is not connected with your local CCO. The organization will also ask about the role your CCO plays in your social determinants of health work (if applicable). Please use the following definitions as guidelines for questions related to your role.

Role of CCOs/Health Plans in Addressing SDOH

Direct investment: For example, investing in or funding a program in a community-based organization focused on social determinants of health, or partnering with other health care entities to support a larger initiative (e.g. housing).

Utilize health-related services (HRS) (flexible services/community benefit):For example, CCOs have used health-related services to provide trauma-informed care training in schools, fund intensive case management in permanent supportive housing, fund non-medical transportation (such as transportation to WIC, farmers markets), and other innovative ways to address social determinants of health.

Convener: For example, partnering with local community and health organizations to complete a community health assessment and prioritize actions related to social determinants of health

General alignment/collaboration: For example, participating in a regional health equity coalition; aligning CCO priorities with community organizational priorities

Workforce: For example, funding community health workers that address social determinants of health

Data/analytics/technology support: For example, producing utilization and cost data for program evaluation purposes to identify health impacts of community social determinants of health initiative OR providing TA or incentivizing providers to integrate social determinants of health into EHR systems

Alternative Payment Models (APMs)/Value-based Payment (VBP): APMs/VBP are payment arrangements that pay for value (outcomes) rather than volume of care (services). These pay arrangements can be designed to give providers more flexibility or even incentives to address the social determinants of health.

Policy advocacy/government relations: For example, developing and/or advocating for policies to address social determinants of health and inequities, such as increasing housing stock, strengthening rental protections, increasing the minimum wage, paid family leave, healthy retail policies, universal pre-k, etc.

Internal training/infrastructure changes to support SDOH activities: For example, training staff in trauma-informed care or hiring a social determinants of health coordinator.

Project 1					
Project 2					
Project 3					
27. Do you partne community?	er with a CCO in any of y	your work to improve	e the social determinan	ts of health in your	
No					
Yes					
Unsure					
					1

	My organization does not partner with a CCO in this work	Direct investment	Utilize Health- related services (HRS)	General Alignment/ Collaboration	Workforce	Data support	APMs/VBP	Policy advocacy govt relations	Interi trainii infrastru to sup SDC activit
Economic stability (e.g., poverty, employment, addressing food or diaper insecurity, access to quality childcare, housing instability, including homelessness)									
Neighborhood/physical environment (e.g., quality/availability/affordability of housing; transportation (non-medical); crime and violence (including domestic) access to healthy food; environmental/neighborhood conditions; access to outdoors/parks)									
Education (e.g., language and literacy, early childhood education, high school graduation, enrollment in higher education)									
Community and social context (e.g., social integration, community engagement, discrimination [race, ethnicity, age, gender], incarceration)	t								
Other (please indicate the role a	a CCO plays ir	n this work)							
29. Is your social determinate homeless, people with No YES. Please describe.									

	No
\bigcirc	YES. Please (briefly) describe/share links to reports:
	Based on the needs in your community, which area(s) of the social determinants of health would your anization be most interested in addressing? (please choose up to 3)
	Housing
	Food or diaper insecurity
	Employment support
	Transportation (non-medical)
	Crime & violence (including domestic)
	Early childhood education
	Language & Literacy
	Parenting education
	Discrimination
	Incarceration
	Trauma
	Other (please specify)

MAC Social determinants of health survey	
hank you!	
hank you for taking the time to complete this survey. Your feedback will help the Medicaid advisory Committee and the Oregon Health Authority to better support CCOs in addressing the ocial determinants of health!	
you have any questions about this survey, please contact Amanda Peden at manda.m.peden@dhsoha.state.or.us	

MAC Social Determinants of Health Survey January 2018 Results



Who responded to the survey?

66 total respondents

Types of respondents	Number of respondents
Coordinated Care Organizations (CCOs)	15
Community Advisory Councils	21
Community Health Centers	10
Regional Health Equity Coalitions	5
Behavioral Health Providers	5
Local Public Health Authorities	9
Tribal Health Clinics	1



Responses by CCO service area

Coordinated Care Organizations	Number of Partners who responded								
	Community Advisory Councils	Regional Health Equity Coalitions	Community Health Centers	Behavioral Health Providers	Local public health authorities	Tribal health			
AllCare CCO, Inc	3	1	1						
Cascade Health Alliance, LLC		1				1			
Columbia Pacific CCO	3		2		1				
Eastern Oregon CCO	5			1	2				
FamilyCare, Inc (No CCO Response)	1		2	1	2				
Health Share of Oregon	1		2		2				
InterCommunity Health Network CCO	1	1	1		2				
Jackson Care Connect	2	1	1						
PacificSource Columbia Gorge	1	1	2		1				
PacificSource Central Oregon	1	1			1				
PrimaryHealth of Josephine County				1					
Trillium Community Health Plan, Inc			1	1					
Umpqua Health Alliance	1		1						
Western Oregon Advanced Health LLC	1								
Willamette Valley Community Health LLC	1		1	1					
Yamhill Community Care Organization	1								



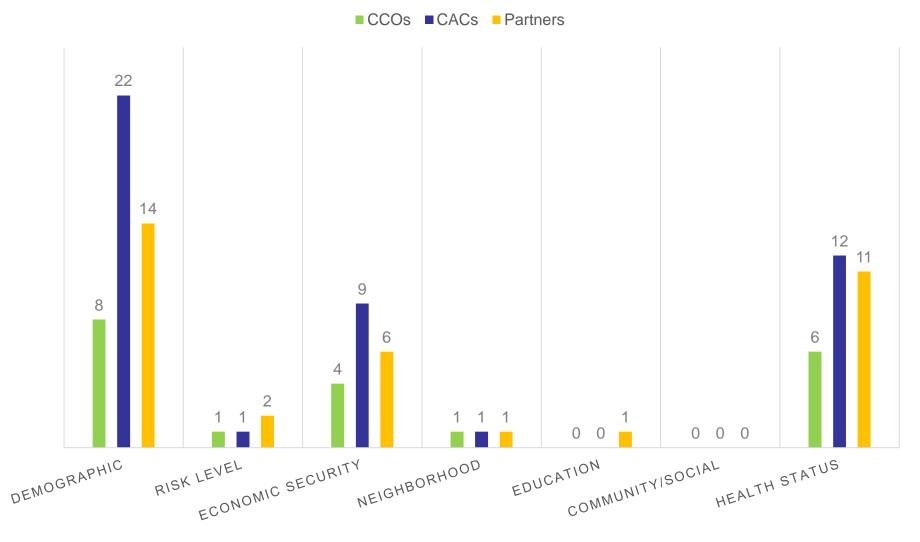
What SDOH-related projects are CCOs and partners doing?

- Projects focused on:
 - Workforce development (e.g., CLAS training, utilizing THWs)
 - Food insecurity (e.g., VeggieRx, Kitchen Garden project)
 - Housing (e.g., funding partner orgs, supporting transitional housing)
 - Infrastructure and training (e.g., health equity strategic plans, SDOH workgroups, community ed on trauma-informed care)
 - Education (e.g., ELHub partner)
 - Adverse Childhood Experiences (ACEs)
 - Environment (e.g., invest in local parks, improve air quality)

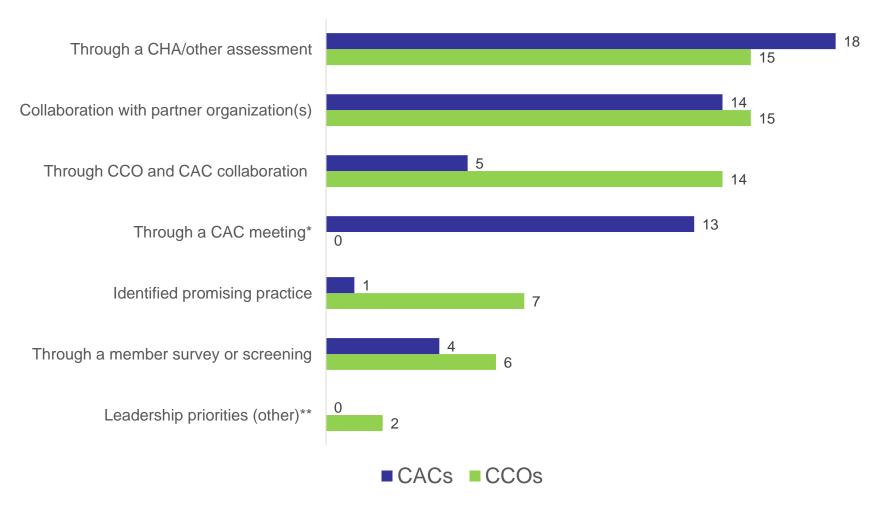
70% of partners indicated working with a CCO on addressing SDOH



Are CCOs and partners targeting specific populations in their SDOH work?



How are CCOs & CACs prioritizing/ selecting their work in SDOH?



^{*}option for CAC survey, not CCO

^{**}leadership priorities indicated as "other" response

What roles do CCOs play? (CCO responses)

Q: Please indicate the role(s) that your organization currently plays or has played in the past in each of the identified areas of social determinants of health

	Internal training/ infrastructure	Policy advocacy	APMs/ VBP	Data support	Workforce	Collaboration	Convener	Utilize HRS	Direct \$\$
Economic Stability (e.g. poverty, food insecurity, homelessness)	53.3%	60.0%	33.3%	53.3%	73.3%	93.3%	66.7%	86.7%	100.0%
Neighborhood & Physical Environment (e.g. transportation, crime/violence)	60.0%	46.7%	33.3%	60.0%	46.7%	93.3%	66.7%	66.7%	80.0%
Education	60.0%	53.3%	26.7%	40.0%	46.7%	93.3%	66.7%	46.7%	93.3%
Community & Social Context (e.g. discrimination, incarceration)	86.7%	46.7%	20.0%	53.3%	66.7%	86.7%	80.0%	53.3%	93.3%

Peach 35-50% Gray <25%

Green >75% Blue 50-75%

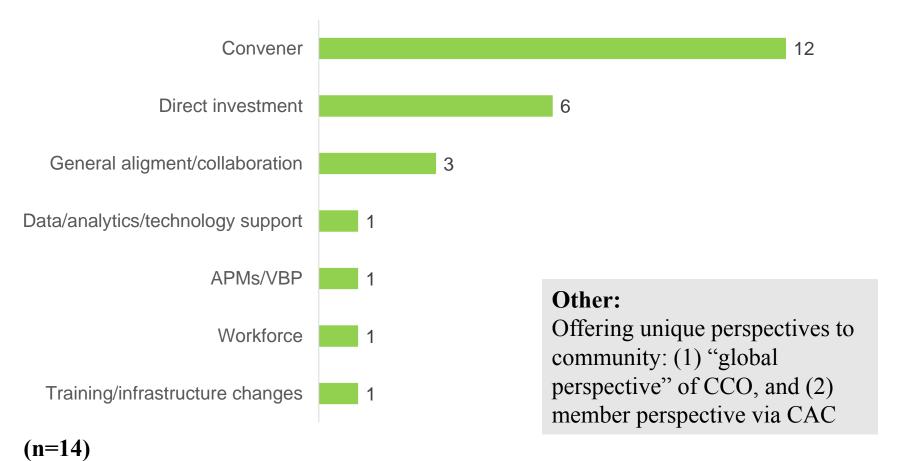
What roles do CCOs play? (partner responses)

Q: Please indicate the role(s) that a CCO currently plays or has played in the past in each of the identified areas of social determinants of health in which your organization works.

	Internal training/ infrastructure	Policy advocacy	APMs/ VBP	Data support	Workforce	Collaboration	Convener	Utilize HRS	Direct \$\$	No partner- ship
Economic Stability										
(e.g. poverty, food insecurity,										
homelessness)	14.81%	3.70%	11.11%	14.81%	3.70%	40.74%	14.81%	11.11%	18.52%	37.04%
Neighborhood & Physical										
Environment (e.g.										
transportation, crime/violence)										
crime, violence,	14.81%	3.70%	11.11%	11.11%	3.70%	37.04%	7.41%	3.70%	22.22%	55.56%
Education	7.41%	0.00%	0.00%	7.41%	0.00%	29.63%	11.11%	3.70%	18.52%	62.96%
Community & Social Context (e.g. discrimination, incorporation)	40.0004	7.000	0.053/	44.510	0.050		7.000		40.000	0.4.053/
incarceration)	19.23%	7.69%	3.85%	11.54%	3.85%	38.46%	7.69%	11.54%	19.23%	34.62%

Green >75% Blue 50-75% **Peach 35-50%** Gray <25% Lilac 0

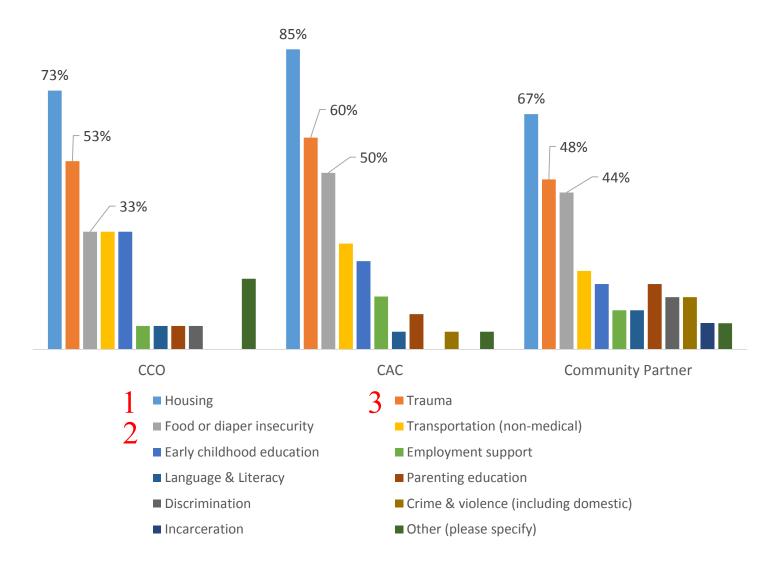
Most effective role for CCOs (cco question)



Note: analyst categorized qualitative answers



Priority areas for future work in SDOH



Other priority areas for future work

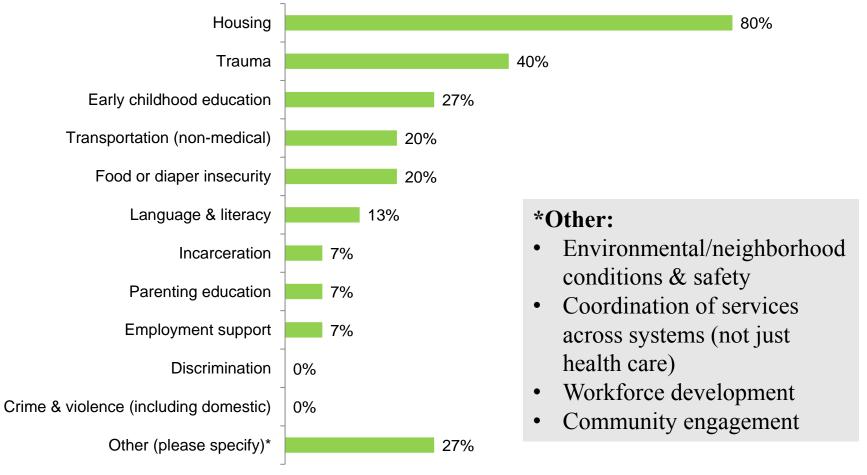
- Environmental/neighborhood conditions, including safe, affordable recreation
- Health equity and access
- Workforce development
- Social isolation
- Community engagement



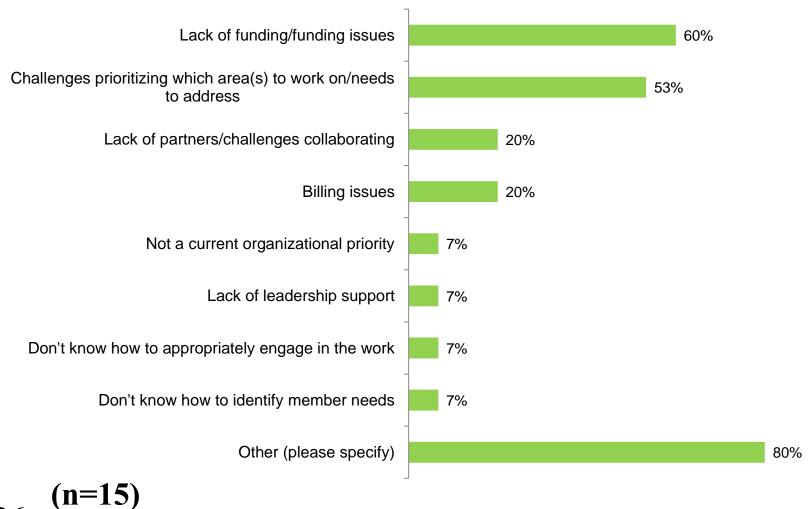
What are the barriers to SDOH work, according to CCOs?



Top areas of SDOH CCOs would like to address using health-related services, but are experiencing barriers



Barriers to using health-related services to address SDOH



Other barriers to using health-related services

- Other funding challenges
 - Lack of consistent vision for CCO global budget
 - Dueling last resort funding pools
 - Demand feels endless compared to CCO budget
- Safe harbors for funding housing
- Other partnership challenges
 - Sharing risk
 - Knowledge among partners re: SDOH, heath-related services, how to partner
- Difficulty evaluating impact
 - Linking services provided to outcomes
 - Proving ROI
- Administrative complexity
- Implementing consistent & fair treatment for all members within funding restrictions

The role of CCOs in addressing the social determinants of health: Examples from CCO Transformation Plans and Reports*

Direct Investment	Utilize health-related	Alternative Payment	Workforce	Policy/government	Convener	Data/analytics support	General	Internal
	services	Models/Value-based		relations		, , , , , , ,	alignment/collaboration	training/infrastructure
		Payment						changes to support
								SDOH activities
Support community	Housing-related		Community Health	Early childhood health	Convene cross-sector	Data/mapping to identify	Collaborate on programs	Train staff on trauma-
food projects: food	assistance: hotel rooms		Workers: help connect	and preventing abuse:	partners around an	community issues: Using	and service provision:	informed care; ACES,
bank programs,	post discharge, rental		patients with	Work with policymakers	issue including Child	GIS technology and other	Cross-sector partnerships	health equity; social
projects to increase	assistance, temporary		organizations to meet	to advance awareness	Abuse System Task	mapping software,	to secure funding and	determinants of
access to healthy	housing, plumbing, roof		daily living needs,	of lifetime social and	Force; education-	describe points of food	provide services for	health ******
foods, food security	repair, small		provide care	economic impact of	related partners to	access for all communities	healthy food **********	
screenings, Veggie Rx ************	construction projects		coordination and	child maltreatment, to	address health	in service region ************************************		Cascade Health
	(e.g. steps up to a		assistance with daily	ensure support for	improvement		PacificSource Columbia	Alliance;
AllCare Health,	home), utility bills,		living (e.g. escort to	programs to reduce	strategies for	Columbia Pacific	Gorge	InterCommunity
Columbia Pacific, InterCommunity	support for a homeless shelter		pharmacy, shopping) ************************************	maltreatment (i.e. Nurse Family Partnership,	students; and partners to address			Health Network; Primary Health of
Health Network,	Sileitei		Cascade Health Alliance,	Healthy Families)	child poverty			Josephine County;
PacificSource Central			PacificSource Central	***********	******			Yamhill Community
Oregon			Oregon	PacificSource Central	PacificSource Central			Care; Columbia
0.080			0.000	Oregon	Oregon			Pacific; Jackson Care
								Connect; Willamette
								Valley Community
								Health; Umpqua
								Health Alliance
Bridges to Health:	Food insecurity/access		Provider/Community	Healthy food system:		Survey members/review	Align goals/policies with	Train CACs in social
Pathways Hub model	to healthy food: Veggie		training: Conduct	Modify beliefs and		data identify disparities	community stakeholders:	determinants of
that uses "community	RX (providers write		trauma/resilience	create sustainable		and social determinants	Promote policies that	health and
care coordinators"	prescriptions for		training to address ACES	policies that eliminate		of health in membership:	support universal	applications to
(e.g. community health	vegetables); farmers		in clinical and non-	constraints to creating a		Comprehensive survey;	screening tools, data	CHA/CHIP work *******
workers) to connect	market		clinical settings (e.g.	regional healthy food		evaluate ER data to	sharing, and service	
individuals to care and			schools); educate/train	system ************************************		identify disparities by	coordination between	Western Oregon Advanced Health
social resources. (note – model uses braided			providers, reduce wait times for victims of	Columbia Pacific		race, ethnicity, and residential location	health/education partners; adopt at least	Advanced nearth
funding through			person crimes or abuse,	Columbia Facilic		******	one early learning goal in	
health-related services,			and increase patients			Health Share of Oregon;	addition to developmental	
health council, CCO,			seeking follow-up care;			Umpqua Health Alliance	and screening rates;	
grants, etc.)			providers integrate ACE				implement policies	
******			and resilience scores				adopted in Central Oregon	
PacificSource Columbia			into well child visits to				10-year Homelessness	
Gorge			inform anticipatory				Plan; collaborate with	
			guidance				early learning hub to	
			********				promote parent-child	
			Columbia Pacific;				reading at well child visits	
			InterCommunity Health				********	
			Network; Health Share				PacificSource Central	
			of Oregon				Oregon; Umpqua Health	
							Alliance	

^{*}Project/initiative information is not exhaustive. Information gathered from OHA Transformation Center CCO Reports and Good Ideas Database (including Transformation and Community Health Improvement Plans, as well as Transformation Fund Grant reports and miscellaneous reports of CCO innovations). Health-related services data pulled from separate survey report and not tied to specific CCOs.

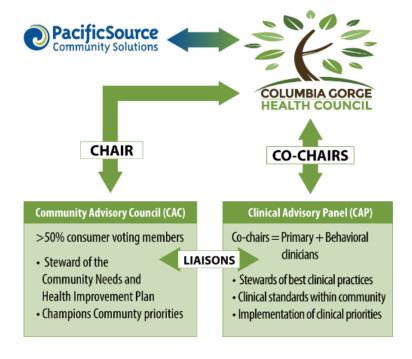
Direct Investment	Utilize health-related services	Alternative Payment Models/Value-based	Workforce	Policy/government relations	Convener	Data/analytics support	General alignment/collaboration	Internal training/infrastructure
	SCIVICCS	Payment		relations			angimenty conaboration	changes to support SDOH activities
Implement a Healthy Homes Demonstration Pilot *************** Columbia Pacific	Transportation assistance: bicycles, car repairs, car seats, vouchers for gasoline		Integrate health care staff into local social resources: Integrate housing and health services through partnership with local affordable housing communities ***********************************	Transportation: Advocate at the city or state level to improve transportation safety and options ************************************		Provide data/technology supports to partners: Create registry of ASQ-SE (Ages and Stages Questionnaire); Partner with Oregon Food Bank to assess impact of healthy food access on health, economy ************************************		Learning Collaborative on trauma-informed care **************** Jackson Care Connect
Provide crisis respite services to member children through partnership with Partner with Morrison Child & Family Services ************* InterCommunity Health Network	Employment: employment services for members with substance use disorders		Community service/involvement opportunities for members: targeted to youth involved in juvenile justice programming ************************ PacificSource Central Oregon	Engage community partners in systems change: Increase participation by local food retailers in "Fresh Alliance" program, donating fresh foods to local food pantries ************************************				Compensate members to participate in CAC **********************************
	Crime and violence: abuse prevention		Individualized case management for at-risk youth to decrease further involvement in juvenile justice system ************************************					
	Education: parenting programs		Recruitment/training of mentors (including peer mentors) for youth to increase protective factors and encourage positive life choices ***********************************					
	Multiple SDOH: community health worker hub							

^{*}Project/initiative information is not exhaustive. Information gathered from OHA Transformation Center CCO Reports and Good Ideas Database (including Transformation and Community Health Improvement Plans, as well as Transformation Fund Grant reports and miscellaneous reports of CCO innovations). Health-related services data pulled from separate survey report and not tied to specific CCOs.

Columbia Gorge Health Council/Pacific Source Columbia Gorge

Coco Yackley, Operations Manager





Using the Coordinated Care Organization structure we...

•"turned an ordinary requirement from Oregon lawmakers into an extraordinary opportunity to improve the health and wellness of all residents."

-RWJF Culture Of Health Prize

- Columbia Gorge CCO =
 - PacificSource (Health Plan)
 - Columbia Gorge Health Council (501c3)
 - Medicaid (low income) client
 - ~25% of residents; +50% of kids
 - Hood River & Wasco Counties

For More Information Contact: Suzanne Cross, MPH, CHW Snr. Program Manager Suzanne@gorgehealthcouncil.org



Bridges to Health Pathways Community HUB

The Columbia Gorge's implementation of the Pathways Community HUB model

Funding provided by:

Columbia Gorge CCO-(Columbia Gorge Health Council and PacificSource Community Solutions), Meyer Memorial Trust, Oregon Community Foundation, PacificSource Foundation, PacificSource Health Plans, Providence Clinical Transformation Council, Providence Hood River Memorial Hospital



Pathways is centralized system that coordinates, tracks and measures both the process and the resources that allow for Community Care Coordination of those served.

Pathways ties payments to milestones that improve clients health and well being.



Sarah Redding, MD, MPH, co-developed the Pathways Model with her husband, Mark Redding, MD, in 2001 and successive work led to the Pathways Community HUB Model

The Pathways Model Overview:



- Community Care Coordination with clients outside the office walls
- Uses a skeleton of steps (in a Pathway) to meet an outcome
- A closed loop system using shared measurements
- Recognizes the importance of social issues & health issues
- Uses a "hub" (neutral clearinghouse) and many agencies



Bridges to Health





CORE PATHWAYS (Needs)

- Behavioral Health
- **Developmental Screening**
- **Developmental Referral**
- Education
- **Family Planning**
- Food
- **Immunization**
- Pregnancy
- Postpartum
- **Employment**
- Health Insurance
- Housing
- Medical Home
- Medical Referral
- Medication
- **Smoking Cessation**
- Social Service Referral (transportation, debt management, utility assistance, legal, documentation, etc.)





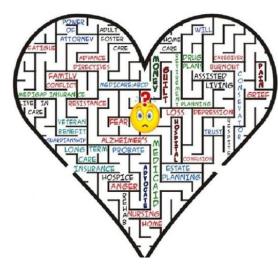
Bridges to Health Pathways Community HUB:

TARGET POPULATION: "HOUSING CHALLENGED"

Doubling up, transportation concerns, DHS custody related, inadequate square footage, struggling to cover rent, at risk of losing home, unsafe housing situation, homeless, etc.

PROGRAM GOALS:

- Ability to address the needs of the HOUSEHOLD
- Build on community strengths and collaboration
- Limit duplication of services
- Standard process regardless of agency (CLARA software)
- Data-driven decision making

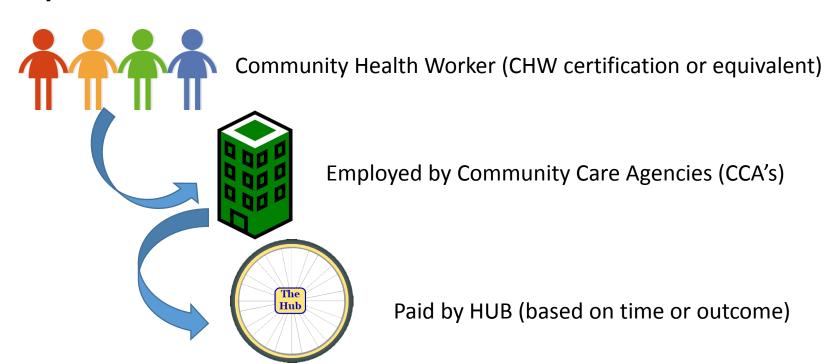






Workforce:

Community Care Coordinators- CCC's:





HUB Payment Structure:



\$ FUNDING POSSIBILITIES \$

(may cover populations or outcomes):

Grant Funding

Health Plans

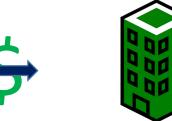
Hospital Foundations

Local Government Funding





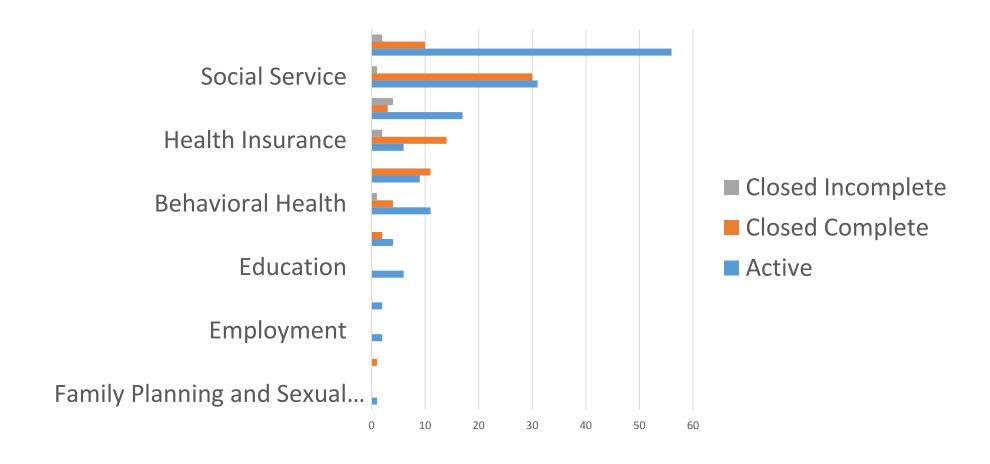
- Braids funding to cover payments for the work (outcomes)
- Tracks demographics of clients/outcomes to ensure payments go to the right population per funding mechanism



Community Care Agencies (CCA's) employ
Community Care
Coordinators to provide
services to clients



Pathways of Current Bridges to Health Clients





Responsibilities of the Bridges to Health HUB:



- General Infrastructure:
 - Support & Training (Model, Software, Hosting a Community of Practice)
 - Monitor quality improvement
 - Reporting
 - Evaluation & Research
- Software and data management
- Fiscal oversight and staffing to constantly move towards ongoing sustainable funding mechanisms





Thank you!



- Academy Health/ CHCS/ Nemours
- Columbia Gorge Health Council
- Gorge Grown Food Network
- Hood River Health Department
- Hood River School District
- Mid-Columbia Children's Council
- Meyer Memorial Trust
- Mid-Columbia Medical Center
- Mid-Columbia Housing Authority
- North Central Public Health District
- North Wasco Co School District

- Oregon Community Foundation
- OSU Extension Services
- PacificSource Community Solutions
- PacificSource Health Plans
- PacificSource Foundation
- Providence Clinical Transformation Council
- Providence Hood River Memorial Hospital
- The Next Door, Inc.
- Work source Oregon



Creating a Healthy Community



Medicaid Advisory Committee November 3, 2017

Creating a Healthy Community

- CHIP 2.0
- Community Benefit
- Program Evaluation
- Prevention
- Lane Kids

CHIP 2.0

Community Health Assessment-collaboration with Lane County, PeaceHealth, United Way

- State of Lane County Health
- What we learned

Action plan to improve health core focus areas:

- Increase economic and social opportunities
- Increase and promote healthy behaviors to improve health and well-being

Community Benefit

Increase economic and social opportunities

Cornerstone Community Housing

Healthy Homes Program

Centro Latino

Wrap around services for Spanish speaking families

Medical Recuperation Program

Collaboration with PeaceHealth and Sheltercare

Data Sharing/Program Evaluation

- Community partner keeps registry
- CCO looks at utilization and cost pre- during- and postprogram
- Expected movement direction
- Compare with similar population not in program

Evaluation Challenges

- Small sample sizes and outliers
- Enrollment gaps/churn
- Sufficient enrollment

Evaluation Example

SC Stay	Members	Days	ED	UC	ВН	PCP	IP	Cost
Before	32	161	877	47	1,499	758	284	\$5,502
During	32	46	836	21	1,483	1,233	42	\$1,625
After	24	107	821	48	2,560	905	167	\$3,676

- Costs were 60% and 33% lower during and post-ShelterCare stays, respectively
- Inpatient rates were 85% lower and 40% lower during and post-ShelterCare stays, respectively
- Little impact on ED utilization
- Behavioral and primary care utilization increased dramatically

Prevention

Increase and promote healthy behaviors

\$1.33 PM/PM-Unique public/private partnership Staff positions at Lane County H&HS CAC Prevention committee Prevention Program Summary

- Tobacco-GBG, QTIP
- Obesity-Double Up Food Bucks, CATCH
- Mental health-Family Check-up, parenting series
- Lane Kids-Triple P



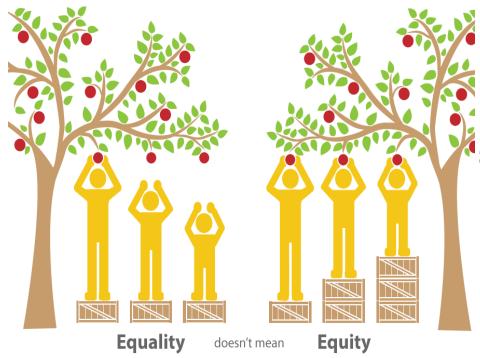




SO Health-E, AllCare, and Jackson Care Connect



To advance policy, systems, and environmental changes that promote equity and address the social determinants of health. We prioritize health disparities for underrepresented populations, including racially and ethnically diverse communities, people with disabilities, gender and sexual minorities (GSM), and low-income individuals.



Health equity means that we all have equal opportunity to live healthy and fulfilling lives, that we are able to reach our full potential, and that barriers (based on race, gender/sexuality, income, disability, etc.) to achieve that potential are effectively removed.



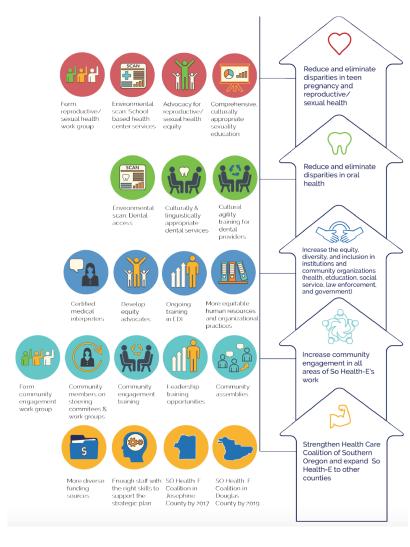
Jackson County Steering Committee Chair (far left) Carolina Castañeda del Río and other RHEC coordinators talking with Senator Steiner Hawyard about what the RHECs do!

HCCSO's Community
Engagement Advocate
Annie ValtierraSanchez facilitating a
SO Health-E
community
engagement event
called Conozca a sus
Oficiales!



RHECs help diverse communities build on their capacity to work with policy and decision makers, coordinated care organizations (CCOs), and other **health systems** to address systemic inequalities that are barriers to communities realizing their full health potential.

SO Health-E Strategic Priorities



Social Determinants

- Housing
- Transportation
- Education
- Oral Health
- Physical environment/Nutrition
- Health Interpreters
- Reproductive Health
- Health Equity/Cultural Agility

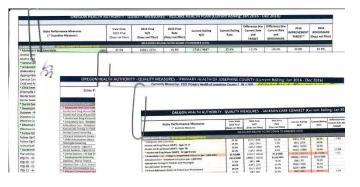


















Leading for Equity and Inclusion

A southern Oregon peer learning cohort for rural-serving nonprofit leaders

Thank you!

Amanda Singh Bans
Amanda.Singh.Bans@hccso.org

Jovita Castillo CastilloJ@careoregon.org

Stick Crosby
Stick.Crosby@allcarehealth.co
m



AllCare Health

Social Determinants of Health

Changing healthcare to work for you.





Social Determinants

Education Housing

Utilities

Natural Environment

Build

Environment

Nutrition

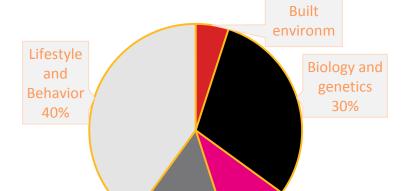
Transportation

Violence

Income

Housing Education Utilities Housing Nutrition Community Engagement Transportation

Violence



Healthcare

10%

Social

15%

Health Factors



Silver Bullet Silver Buckshot

As a team, company, community, and as individuals, our goal is to tackle interconnected problems concurrently to make the greatest impact for the most people as quickly as possible.





ACEIT Team

AllCare Community Engagement and Investment Team



Cynthia Ackerman, RN Chief Quality Officer

Built this team and oversees our work in the community



Lana McGregor Behavioral Health Integration Manager

Oversees and advises all mental and behavioral health integration investments



Andi Ross Finance Manager

Advises funding methods and policy and budget insight for investment opportunities



Kelley Burnett, D.O.Associate Medical
Director

Provides clinical expertise addressing SDoH in children and families



Laura McKeaneOral Health Integration
Manager

Provides expertise in oral health integration and oversees oral health investments



Sam Engel
SDOH Coordinator
ACEIT Team Facilitator

Oversees housing and nutrition investments and provides integration coordination



Kari SwobodaWellness Programs
Supervisor

Oversees and advises CHIP integration and Health and Wellness investments.



Susan Fischer Health and Education Integration Coordinator

Oversees and advises early childhood and education investments



Oral Health Integration



"Kids that are 0-3 will see their pediatrician 11 times in the first three years of life but most won't see a dentist at all."

-Laura McKeane

Oral Health Integration

- 4x more children 0-6 received Oral Health
 Assessments at their pediatricians' office with
 AllCare than with the next highest CCO
- Oral Health included in Care Coordination
- Family oral health education
- Fluoride varnish applied in the providers' offices
- Family practice integration initiative in progress with Oregon Oral Health Coalition

First Tooth Program:

- 250 medical staff trained in all three counties
- Developed dental referral materials
- Over 2,000 children served



Education and Family Strengthening



"Good things will naturally grow, they don't have to be mandated."

- Teresa Sayre

PAX Good Behavior Game

Trauma Informed School Districts

Support of CASA, Foster Parents, and DHS Child Welfare

Family Strengthening Programs

Cradle to career initiatives

Boys & Girls Club and other youth development programs







Housing Partner: Rogue Retreat

Many types of housing makes for adaptive service



- Second-chance housing
- Diverse array of options
- Strong case-management
- Evolving investment model
- Member-centric







Research and Evaluation

Internal evaluation and reporting

Third-party external review

- Health outcomes
- Healthcare costs
- Social Determinants improvements
- Member / partner satisfaction
- Engagement
- Sustainability
- Economic impact

SDoH – Quality Metrics – APMs

These three tools, your SDoH foci, Quality Metrics, and provider APMs can work together to be mutually informative and supportive and promote behavior change in the community.

- APMs linked to Quality Metrics
- Quality Metrics used to inform SDoH investments
- Feedback from providers used to prioritize SDoH
- SDoH investments targeting QM and APM areas
- QM and AMPs can be targeted to SDoH needs



SDoH – Quality Metrics – APMs

Project Baby Check and Siskiyou Pediatric Care Coordinator:

M: Developmental Screening Childhood Immunizations

Adolescent Well-Care

APM: Developmental Screening

Childhood Immunizations

Adolescent Well-Care

SDoH: Home environment

Transportation

Trauma-informed

Screenings and assessment

Smoking Cessation:

QM: Smoking Prevalence

APM: Smoking Prevalence
Member Satisfaction

SDoH: Smoking Prevalence
Assessment
Member Satisfaction

Transportation:

QM: Developmental Screening

Childhood Immunizations

Member Satisfaction

ED Visits

APM: Developmental Screening

Childhood Immunizations

Member Satisfaction (Provider Satisfaction)

ED Visits

SDoH: Trauma-informed

Food security/nutrition

Isolation

Transportation



Thank you for the opportunity to share our thoughts

and approach to SDoH work and for engaging in this

work in your own communities.

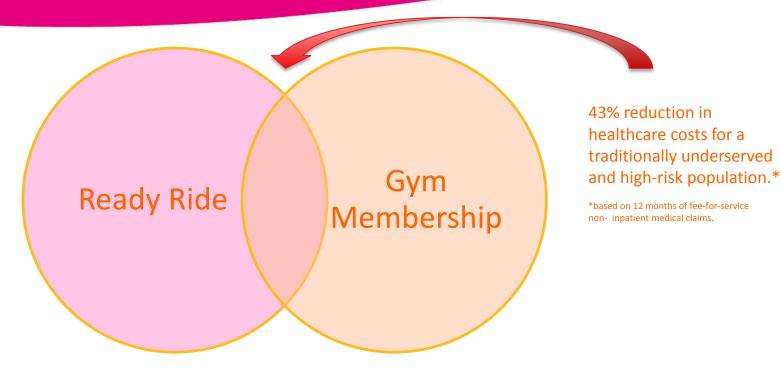
If the goal is to improve individual lives and outcomes,

therefore improving community wellness; then

collectively, we are improving community health as part

of making Oregon, as a whole, a healthier state.

Compounded Benefits: Transportation and Fitness



QM: Member Satisfaction

APM: Provider and Member Satisfaction

SDoH: Transportation, preventative wellness, fitness, TI



A Healthy Community for All

Health Related Services Investments

Medicaid Advisory Committee
December 2017



Commitment to Health Equity

Health Share's mission is to partner with communities to achieve ongoing transformation, health equity, and the best possible health for each individual.

Everything we do is designed to address a social determinant of health—poverty.



Health Related Services

Two types:

- 1. Flexible Services
 - Targeted interventions for individual members that supplement covered benefits

- 2. Community Benefit Initiatives
 - Investments in broader programs that improve population or community health



Flexible Services

- Partnership with Project Access Now (PANOW)
- All Health Share health plans can use Clara system
- Online system allows care coordinators to authorize flexible services for patients



Flexible Services Examples

HEALTH SHARE CATEGORY	EXAMPLES OF SERVICES
1. Training/Education for health improvement or management	Class on health meal preparation or diabetes self-management curriculum
2. Self-help or support group activities	Postpartum depression programs, Weight Watchers groups
3. Home/Living environment items or improvements or non-DME items to improve mobility, access, hygiene, etc	Air conditioner, athletic shoes, or other special clothing
4. Transportation not covered under State Plan Benefits	Ride to a gym, cooking class



Flexible Services Examples

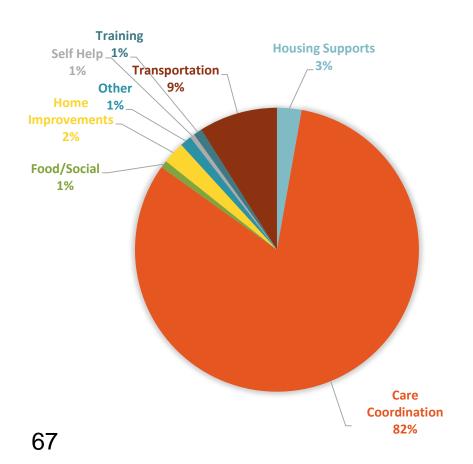
HEALTH SHARE CATEGORY	EXAMPLES OF SERVICES
5. Housing supports related to social determinants of health	Shelter, utilities, critical repairs, short term rental assistance
6. Care coordination or case management activities	High utilizer intervention programs
7. Assistance with food or social resources	Meals on Wheels
8. Other	Cell phones, Visa gift cards to purchase health-related support items not available through the other categories.

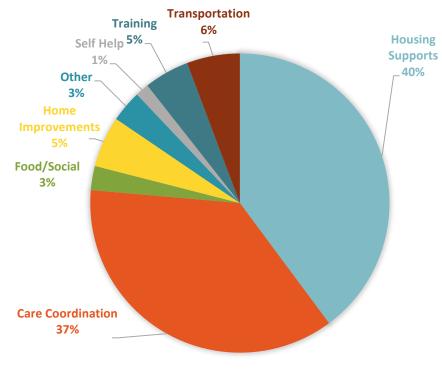


Flexible Services Delivered 2016 Q1 - 2017 Q2

SERVICES BY MEMBERS SERVED

SERVICE CATEGORIES BY COST







Barriers to Flexible Services

- OHA rules and financial reporting requirements in flux for 5 years
- Provider education
- Lack of guidance from OHA around how to show return on investment



Community Benefit Initiatives

- Highlights from current investments
 - Medical Legal Partnership Pilot
 - Community Health Worker Infrastructure Investment
- Ready + Resilient Strategic Plan for 2017-2020



CBI Highlight: Medical Legal Partnership

- Medical Legal Partnership (MLP) is a model that integrates legal services into the health care setting to address legal issues that affect health
 - Ex: Substandard housing where housing codes are not enforced
- Also includes transforming health care delivery and focus on public policy to affect population health



CBI Highlight: Medical Legal Partnership

- Health Share piloted the first Medical Legal Partnership in Oregon
- Partnership with OHSU's Richmond Clinic
- In it's first 10 months, the MLP pilot served 154 clients with 217 distinct legal issues
- Producing an evaluation of the pilot in 2018 to encourage statewide adoption



CBI Highlight: CHW Workforce Infrastructure

Community Health Worker

Community health workers are trusted members of their community. CHWs serve as a link between individuals and communities with health and social services to improve quality and cultural competence of service delivery.



CBI Highlight: CHW Workforce Infrastructure

Community Health Workers & Social Determinants of Health

Culturally specific and community-based CHWs have increased success building relationships with and connecting Medicaid members to services addressing social determinants of health and improving health outcomes



CBI Highlight: CHW Workforce Infrastructure

\$3.3 Million Investment in Infrastructure

- Workforce Development
- CHW Integration

- Technical Assistance
- (ORCHWA) Internal Capacity

Goals:

- Support workforce stability and improvement in outcomes through standardized training, professional development and supervision.
- Create a platform to **build necessary information technology** enabling documentation of CHW efforts in a standardized way and evaluates outcomes.
- Create and sustain an **infrastructure** that enables various systems to reliably contract for culturally specific and community-based CHWs.
- Identify a sustainable payment model that values community-based community health workers, increasing capacity and support of culturally specific community-based CHWs.



Ready + Resilient

Start Strong: Children are ready for kindergarten, and families are connected to the health and social resources they need to thrive.

Support Recovery: People are able to access quality mental health and substance use services delivered by a trauma-informed workforce when and where they need them.

Share Health: Our equity first approach prioritizes eliminating health disparities for future generations.



Start Strong

Strategy 1: Improve quality and quantity of screening of women and children in health care and community settings

Strategy 2: Build and enhance clinical and community interventions and referral systems

Strategy 3: Improve systems of care for populations with complex needs



Support Recovery

Strategy 1: Strengthen the Behavioral Health Workforce

Strategy 2: Improve the Substance Use Disorder system of care

Strategy 3: Improve the availability of information across care settings



Share Health

All six strategies have **health equity** elements built in to the key outcomes, tactic, metric, or activity level.



Together health we are



Health Share of Oregon

XIII. Appendix G: SDOH Program Spotlights

Patient-Centered Primary Care Homes (PCPCH)

The PCPCH model includes many aspects that lend it to work to address social determinants of health, including an emphasis on whole person care and care coordination, with a primary care provider as the epicenter of care. About 46% of PCPCHs (283/618) have attested to standard 5.E.3: PCPCH tracks referrals and cooperates with community service providers outside the PCPCH, such as dental, educational, social service, foster care, public health, traditional health workers, and pharmacy services. CCOs could ensure members are connected to a PCPCH, and could explore incentives or other value-based payment strategies for PCPCHs that encourage connection with social referral resources.

Community Health Workers

Under the CCO model, members must have access to community health workers and other advocates part of a member's care team that provide assistance that is culturally and linguistically appropriate to the member's need (414.635 (1)(c)). The American Public Health Association defines a community health worker as a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the worker to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery. CCOs can support and utilize community health workers in a variety of ways. For example, in the Pathways model, such as Columbia Gorge Health Council's Bridges to Health program, a care coordination HUB connects members with community health workers and other care coordinators to address their health and social needs. Eastern

Addressing Social Determinants of Health in the Second Phase of Health System Transformation (2017-2022): Medicaid Advisory Committee Recommendations for Oregon's CCO Model

Oregon CCO has adopted and posted a policy for FFS reimbursement of community health workers for specific functions, including home visiting, though reimbursement for social service related functions is limited. CCOs can also use health-related services to support community health worker case management for populations that are not currently covered in the Medicaid state plan.

Oregon Pediatric Improvement Project – Health Complexity Score

The Oregon Pediatric Improvement Project (OPIP) and OHA have been partnering to develop a health complexity score for children with complex health care needs. The "health complexity score" combines medical factors (medical risk score) and social factors (social risk score) into a total score for an individual child's health. Social factors include factors such as poverty, child welfare system involvement, and limited English proficiency. OHA is aiming to share health complexity data with CCOs in 2018. CCOs could use this data in a variety of ways, including sharing risk scores with providers to aid in screening and other SDOH initiatives, and incorporating scores into value-based payment methodology to factor in social risk of a population.

XIV. References

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