

Finding a Coordinated Care Health Plan for Your Employees

Coordinated care shows strong potential to improve health while also controlling health care costs. A growing number of Oregon carriers are offering coordinated care plans; other plans can be modified to include it.

To determine whether your current plan or one you're considering uses elements of coordinated care, walk through this checklist with your broker or carrier. The more boxes you check, the more the plan aligns with coordinated care. For more details on any of these elements, please see the Framework document or the Model Contract included in the Toolkit or available on line at <http://www.oregon.gov/oha/OHPR/Pages/2014-Coordinated-Care-Model-Alignment-Work-Group.aspx>.

Choice and responsibility

- The plan offers programs to help employees engage in their health care (e.g., reduced cost sharing for engaging in positive personal health behaviors).

Transparency

- The plan shares information with providers (following privacy regulations) to help them better care for their patients.
- The plan publishes information on its provider network's quality performance and costs.

Controlled costs

- The plan has an expected rate of cost growth and a plan to manage and limit this growth while ensuring high quality care.

Paying for value and good health

- Providers are compensated based on their performance in terms of improving health outcomes (not based on volume of care).
- The plan works with its provider network to focus on evidence-based practices that show good results.

Effective care

- The plan makes efforts to integrate physical and behavioral health care and to treat an individual as a whole person rather than separate parts.
- The plan helps primary care physicians transform their practices to be Patient Centered Primary Care Homes (PCPHs).
- The plan supports effort to transform the healthcare system and increase support of primary care.
- The plan encourages providers to collaborate and share clinical information in real time to make treatment more effective.
- The plan requires physicians to use electronic health records.